



JENNIFER KENT
DIRECTOR

State of California—Health and Human Services Agency
Department of Health Care Services



GAVIN NEWSOM
GOVERNOR

April 9, 2019

Medi-Cal Eligibility Division Information Letter No.: I 19-11

TO: ALL COUNTY WELFARE DIRECTORS
ALL COUNTY ADMINISTRATIVE OFFICERS
ALL COUNTY MEDI-CAL PROGRAM SPECIALISTS/LIAISONS
ALL COUNTY HEALTH EXECUTIVES
ALL COUNTY MENTAL HEALTH DIRECTORS
ALL COUNTY MEDS LIAISONS
ALL CONSORTIA/SAWS PROJECT MANAGERS

SUBJECT: My Medi-Cal: How to Get the Health Care You Need (PUB 68)

The purpose of this Medi-Cal Eligibility Division Letter (MEDIL) is to provide counties with the updated English publication “My Medi-Cal: How to Get the Health Care You Need” (PUB 68 (3/19)), formerly known as “Medi-Cal What it Means To You”.

Counties received initial orders of the July 2018 English version of the “My Medi-Cal: How to Get the Health Care You Need” in October 2018, which included the changes below.

Improvements to the PUB 68

The PUB 68 redesign improved the format and visual look to help applicants and beneficiaries easily access important information about their Medi-Cal coverage. Changes to the PUB 68 include:

- A new color scheme for the cover and for the full web version
- Subject Title Pages
- Graphic elements to emphasize important information
- Improved organizational flow of content
- Incorporation of Affordable Care Act Information

Since the October 2018 release, the Department of Health Care Services (DHCS) made minor modifications to the original July 2018 version. Counties shall continue to use their existing supply of PUB 68 and shall insert the enclosed errata for “My Medi-Cal: How to Get the Health Care You Need”, Version 0718, document into the PUB 68

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prior to distribution. Additional copies of the PUB 68 are available to order from the DHCS Warehouse.

DHCS is currently translating the PUB 68 into all threshold languages. Upon completion, DHCS will release the translated versions through a MEDIL.

If you have any questions or if you need further information, please contact Theresa Hasbrouck at Theresa.Hasbrouck@dhcs.ca.gov or (916) 345-8059.

Original Signed By

Karen Chang, Branch Chief
Policy Development Branch
Medi-Cal Eligibility Division

Enclosure 1- [“My Medi-Cal: How to Get the Health Care You Need” \(PUB 68 \(3/19\) \(link\)\)](#)
Enclosure 2- “Errata for My Medi-Cal: How to Get the Health Care You Need, Version 0718”



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Errata for My Medi-Cal: How to Get the Health Care You Need, Version 0718

Page 12 and 16: References to Denti-Cal should read Medi-Cal Dental

Page 12: Title “What Are Denti-Cal and Dental Managed Care?” should read “How Do I Get Medi-Cal Dental Services?”

Page 16, Early and Periodic Screening, Diagnostic, and Treatment Section should be located under section “Medi-Cal Covered Benefits” and read:

Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

If you or your child are under 21 years old, Medi-Cal covers preventive services, such as regular health check-ups and screenings. Regular checkups and screenings look for any problems with your medical, dental, vision, hearing, mental health, and any substance use disorders. You can also get vaccinations to keep you healthy. Medi-Cal covers screening services any time there is a need for them, even if it is not during your regular check-up. All of these services are at no cost to you.

Checkups and screenings are important to help your health care provider identify problems early. When a problem is found during a check-up or screening, Medi-Cal covers the services needed to fix or improve any physical or mental health condition or illness. You can get the diagnostic and treatment services your doctor, other health care provider, dentist, county Child Health and Disability Prevention program (CHDP), or county mental or behavioral health provider says you need to get better. EPSDT covers these services at no cost to you.

Your provider will also tell you when to come back for the next health check-up, screening, or medical appointment. If you have questions about scheduling a medical visit or how to get help with transportation to the medical visit, Medi-Cal can help. Call your Medi-Cal Managed Care Health Plan (MCP). If you are not in a MCP, you can call your doctor or other provider or visit <http://dhcs.ca.gov/mymedi-cal> for transportation assistance.

For more information about EPSDT you may call **1-800-541-5555**, go to <http://dhcs.ca.gov/mymedi-cal>, contact your county CHDP Program, or your MCP. To learn more about EPSDT Specialty Mental Health or Substance Use Disorder services, contact your county mental or behavioral health department.