

Frequently Asked Questions (FAQ)

Gorngv taux borqv jaa fu'loqc nyaanh bun meih nyei Medi-Cal

1. Yie corc se haih duqv longc Medi-Cal beu weih sou-gorn nyei fai?

Zeiz. Meih corc maaih Medi-Cal nyei. Ninh mbuo saengv zangc duqv jaa nyaanh bun camv faaux yiem meih nyei Medi-Cal beu weih sou-gorn liouh goux mangc baengc zingh. Nzunc baav siepv-siepv naaiv meih haih duqv zipv tengx fu'loqc nyaanh jaa camv faaux.

2. Wueic haaix diuc yie cingx duqv zipv jaa benx Medi-Cal nyaanh camv faaux?

Yiem naaiv **hmz hlaax saengh 1, 2022** jiex gorn mingh, yiem naaiv California siang doh leiz oix zuqc bun full scope Medi-Cal bun Californians dungh maaih hnyangx-jeiv buangv 50 hnyangx aengx caux goz faaux nyei buonc dungh maaih puix-juang horpc zipv Medi-Cal. Mv gunv jiex bieqc deic bung sou-gorn hngangv haaix yaac baac.

3. Ih zanc minc zinh yie oix zuqc liuc leix zoux haaix diuc gong nyei fai?

Maiv. Ih zanc meih nyei Medi-Cal nyaanh se maiv zuqc tiuv yienc siang oc. Meih maiv zuqc zoux haaix diuc jauv-louc oc. Meih maaih jienv restricted scope Medi-Cal sou-gorn nyei, meih maiv zuqc dinc sou-nzangc yiem siang sou-gorn liouh tov benx full scope Medi-Cal aqv. Beiv taux meih duqv zipv benx sou-fienx daaih mbuox heuc borqv meih nyei Medi-Cal siang sou-gorn nor, dinh nzoih liuz aengx caux fungx nzuonx oc. Meih corc haih korh waac lorx taux meih nyei nquenc zangc ze'weic gorn liouh tov ninh mbuo tengx meih.

4. Naaiv full scope Medi-Cal se benx haaix nyungc?

Medi-Cal se benx wang-henh tengx a'fai tengx zuangx mienh muoz yiem njiec California wuov z anv nyaanh liouh goux mangc baengc zingh aengx caux zoux bun maaih puix-juang horpc. Naaiv Full scope Medi-Cal caux naaiv restricted scope Medi-Cal dungh ih zanc meih maaih sou-gorn wuov mv dongh diuc oc. Restricted scope Medi-Cal kungx tengx beu weih bun zorc diuc baav baengc hngangv. Ninh maiv beu weih nzoih ndie-nyungc aengx caux goux mangc jiex gorn baengc. Full scope Medi-Cal tengx beu weih camv-diuc jauv-louc. Meih oix zuqc maaih ndie-sai tengx zorc mangc jiex gorn baengc (PCP). Meih oix zuqc duqv naaiv deix nyaanh:

- Zorc hopv diuv aengx caux buov in baengc
- Goux mangc nyaah
- Goux mangc jiepv sih baengc
- Tengx goux nqaeqv maaih gu'nguaaz saa
- Goux mangc zauz
- Jaa-sic topv m'norm muangx waac
- Goux mangc sin zangc baengc
- Ndie yiem gan ndie-sai paaiv heuc nyanc wuov
- Zorc baengc jaa-sic
- Goux mangc corngh zingh baengc

- Tengx zoqc dauh mienh si'jeiv goux mangc aengx caux nzie weih da'nyeic diuc gong liouh bun mienh goz mienh longx hienv mv zuqc yiem zorc baengc dorngx
- Zoux sou fungx baengc mienh bun liouc siouv mienh, beiv taux qiexx zuqc longc
- Tengx zaah seix dungx ndie-sai paaiv nyei waac
- Cie tor mingh nzuonx liouh lorx ndie-sai zorc baengc aengx caux zorc mangc nyaah aengx caux zorqv ndie yiem ndie-pouz
- Goux mangc m'zing (muoc-ziuz)

Beiv taux gorngv ih zanc meih maaih gu'nguaaz yiem caux Medi-Cal nor, meih corc duqv tengx yietc zungv javv-louc dungx Medi-Cal beu weih bun.

Liouh hoqc yietc nyeic jaa gorngv taux full scope Medi-Cal nyaanh nor, bieqc doqc yiem <https://bit.ly/medi-cal-ehb-benefits>.

5. Yie oix zuqc maaih Share of Cost (SOC) sou-gorn fai?

SOC se benx meih oix zuqc ziux hlaax-souz cuotv nyei nyaanh liouh goux mangc baengc zingh nyaanh ndaangc ninh mbuo Medi-Cal cuotv bun. Haaix zanc meih maaih puix-dauh gauz yiem meih nyei SOC, ninh mbuo Medi-Cal oix zuqc cuotv bun dungx zengc njiec nyei buonc jaaz yiem hlaax-souz nyaanh liouh goux mangc baengc zingh. Meih nyei SOC oix zuqc ei nyaanh hlaax funx. Beiv taux ih zanc meih maaih SOC sou-gorn liuz aengx caux meih nyei nyaanh hlaax corc duqv mbuoqc lox wuov, meih horpc zuqc duqv zipv SOC dungx haaix zanc meih zipv benx full scope Medi-Cal. Meih oix zuqc duqv zipv benx full scope nyaanh yiem njiec Fee-for-Service (regular) Medi-Cal. Yiem naaiv Fee-for-Service Medi-Cal, meih mingh lorx haaix dauh ndie-sai yaac duqv dungx ninh laengx zipv longc Fee-for-Service wuov.

6. Yie hnangv haaix longc yie nyei buangv mouh full scope Medi-Cal siang-sou-gorn?

Beiv taux meih mv gaengx duqv SOC sou-gorn, haaix zanc meih duqv full scope Medi-Cal sou-gorn liuz meih horpc zuqc faaux mbuoz bieqc Medi-Cal Managed Care Plan. Yiem naaic mingh meih mingh lorx ndie-sai dungx zoux gong jiu caux beu weih sou-gorn yiem buonh deic duqv. Meih corc haih duqv zipv zaah baengc, mingh lorx liouc siouv ndie-sai, tengx zorc baengc-ngaaiz beiv taux benx nziaamv-gaam baengc, a'fai zuqc paaiz. Meih nyei Medi-Cal Managed Care Plan sou-gorn oix zuqc beu weih baengc zingh dungx beu yiem caux Medi-Cal wuov.

Beiv taux meih yiem njiec haaix norm nquenc dungx bun Medi-Cal yiem njiec naaic norm County Organized Health System (COHS), meih zuqc faaux mbuoz bieqc naaic norm Medi-Cal Managed Care Plan bungx zaqc bieqc naaic norm nquenc mi'aqc. Beiv taux yiem meih nyei nquenc maaih gauh camv yietc norm Medi-Cal Managed Care Plan sou-gorn, meih oix zuqc duqv zipv waac-fienx mbuox gorngv hnangv haaix ginv beu weih daan.

Beiv taux meih maaih SOC sou-gorn mi'aqc aengx caux yiem naaic norm nquenc **mv** mbenc maaih Medi-Cal yiem COHS wuov, meih oix zuqc zipv full scope nyaanh yiem Fee-for-Service (regular) Medi-Cal.

Lorx mangc yietc nyeic beiv taux meih yiem COHS nquenc, bieqc lorx <https://bit.ly/mmcd-county-map>.

7. **Naaiv Medi-Cal Managed Care Plan se benx haaix nyungc?**

Naaiv Medi-Cal Managed Care Plan se benx yietc diuc beu weih baengc sou-gorn. Ninh mbuo caux ndie-sai, zorc baengc dorngh, ndie-pouz, aengx caux da'nyeic deix goux mangc baengc zingh gorn zangc borqv caux beu weih gorn juangc gong zoux yiem buonh deic. Ninh mbuo domh nzoih juangc gong zoux liouh Medi-Cal zorc baengc gong-bou dugh meih qiemx longc wuov. Ninh corc oix zuqc:

- Tengx goux meih nyei Medi-Cal nyaanh aengx caux nzie weih zorc baengc
- Tengx meih lorx ndie-sai aengx caux liouc siouv goux mangc baengc dugh cauxyiem beu weih sou-gorn juangc gong zoux wuov (ninh mbuo nyei doic)
- Mbenc finx-gorn yiem 24 norm ziangh hoc douc waac lorx ndie-sai njiaaux waac goux zorc baengc
- Mbenc nzoih gong-mienh yiem gorn zangc dau waac-cai dugh meih naaic gorngv taux goux mangc baengc zingh
- Tengx meih lorx cie mingh buangh ndie-sai aengx caux zorqv ndie yiem ndie-pouz
- Tengx meih lorx dorngh zorc baengc dugh ninh mbuo beu weih sou-gorn maiv duqv beu bun wuov
- Tengx faan waac bun meih muangx dugh qiemx zuqc

8. **Yie hngangv haaix ginv longc Medi-Cal Managed Care Plan?**

Meih nyei Medi-Cal Managed Care Plan se suei ei meih yiem haaix norm nquenc dugh mbenc bun ginv longc wuov. Ninh mbuo Health Care Options oix zuqc dorh *My Medi-Cal Choice* packet fungx bun meih. Ninh mbuo oix zuqc zoux benx Medi-Cal Managed Care Plans mbuoz-daan yiem meih nyei quenc. Ninh mbuox meih gorngv hngangv haaix bieqc mbuoz.

Beiv taux ih zanc meih maaih ndie-sai a'fai zorc baengc dorngh liuz nor, naaic gaax ninh mbuo juangc zoux gong caux Medi-Cal Managed Care Plan yiem meih nyei nquenc nyei fai. Se gorngv meih oix nzipc jienv lorx lox ndie-sai a'fai lox zorc baengc dorngh nor, meih oix zuqc ginv benx haaix dauh ndie-sai a'fai zorc baengc dorngh dugh laengx zipv Medi-Cal Managed Care Plan sou-gorn wuov.

Beiv taux meih lorx ndie-sai a'fai zorc baengc dorngh dugh **maiv** juangc zoux gong caux Medi-Cal Managed Care Plan yiem nquenc zangc wuov, nzunc baav meih haih zuqc goux siou jienv meih nyei Fee-for-Service (regular) Medi-Cal. Haaix deix mienh dugh butv camv-diuc baengc-ngaaiz zorpc benx HIV/AIDS, mienh gu'nguaaz yiem dong gueiz, nzipc jienv zorc kaen ser baengc, nzaaux zorc nyutc zeiv aengx caux lorpc zorpc baengc hoicwuov nzunc baav haih maaih puix-juang

horpc bun siou jienv Fee-for-Service Medi-Cal sou-gorn mingh. Beiv taux meih hnamv daaix naaiv diuc jauv-louc puix horpc meih nor, dinc nzoih sou-gorn aengx caux fungx naaiv zeiv “Tov heuc gec simv zorc baengc” sou-form dugh juangc caux *My Medi-Cal Choice* packet daaih wuov.

Beiv taux meih maiv duqv ginv longc Medi-Cal Managed Care Plan nor, ninh mbuo Medi-Cal oix zuqc ginv yietc diuc Medi-Cal Managed Care Plan yiem meih nyei nquenc wuov bun meih. Haaix zanc yaac duqv meih corc maaih doh leiz bouc liouh tov tiuv yienx meih nyei Medi-Cal Managed Care Plan. Korh waac lorx Health Care Options yiem naaiv **1-800-430-4263**, (TTY 1-800-430-7077), yiem liv-baaiz yietv – liv-baaiz hnz, yiem 8 diemv lungn ndorm mingh taux 6 diemv lungn muonx a’fai, bieqc mangc yiem <https://www.healthcareoptions.dhcs.ca.gov>.

Beiv taux meih tiuv yienx meih nyei Medi-Cal Managed Care Plan, meih zuqc bieqc mbuoz yiem Medi-Cal Managed Care Plan yiem dongh norm nquenc. Meih maiv haih tiuv sou-gorn nzuonx benx lox Fee-for-Service Medi-Cal aqv se gorngv meih duqv bieqc yiem Medi-Cal Managed Care Plan lauh jiex 90 hnoi liuz.

9. Naaiv Health Care Options se benx haaix nyungc?

Health Care Options se benx yietc diuc DHCS nzie weih gong-bou. Ninh tengx zuangx baengc mienh duqv hoqc gorngv taux Medi-Cal Managed Care Plan. Ninh tengx meih ginv Medi-Cal beu weih sou-gorn bun longc aengx caux nzie weih gong-bou bun puix zuqc baengc. Nzunc baav beu weih sou-daan se lemh jienv zorc baengc gong aengx caux tengx goux zorc mangc nyaah. Ninh mbuo Health Care Options website se yiem njiec <https://www.healthcareoptions.dhcs.ca.gov>. Health Care Options maaih waac-fienx bun dugh maiv zeiz yiem COHS nquenc wuov. Beiv taux meih yiem naaiv norm COHS nquenc nor, lorx buangh nquenc zangc goux zuangx mienh ze’weic gorn liouh hoqc hiuv yietc nyeic waac-fienx tipv.

10. Yie hnangv haaix duqv zipv tengx goux mangc baengc yiem caux Fee-for-Service (regular) Medi-Cal?

Zuangx mienh bieqc Fee-for-Service (regular) Medi-Cal aengx caux diuc baav mbuoz bieqc yiem Medi-Cal Managed Care Plan yiem luoqc hlaax 2022 wuov mingh lorx buangh haaix dauh ndie-sai yaac duqv dugh laengx zipv benx zong horngh Medi-Cal wuov. Se gorngv mingh lorx siang-ndie-sai nor bieqc online mangc ndie-sai mbuoz-daan yiem naaiv Medi-Cal Fee-For-Service kou-gong gorn yiem njiec <https://bit.ly/profile-enrolled-ffs-providers>.

Haaix zanc meih korh waac lorx ndie-sai ze’weic gorn nor, naaic gaax ninh laengx zipv siang “Medi-Cal Fee-For-Service” baengc mienh nyei fai. Liouh lorx mienh tengx ginv longc Fee-For-Service Medi-Cal ndie-sai nor, korh waac lorx Department of Health Care Services (DHCS) Medi-Cal Helpline yiem njiec **1-800-541-5555** (TTY 1-800-430-7077). Naaiv norm douc waac gorn se wang-henh longc.

Beiv taux meih yiem haaix norm nquenc dugh maaih Medi-Cal yiem naaic norm COHS wuov, meih oix zuqc duqv zipv benx goux mangc yiem Medi-Cal Managed Care Plan yiem **hmz hlaax saengh 1, 2022** jiex gorn mingh.

11. Haaix dauh benx yie nyei ndie-sai beiv taux yie bieqc Medi-Cal Managed Care Plan?

Haaix zanc meih bieqc mbuoz yiem Medi-Cal Managed Care Plan liuz, meih oix zuqc ginv longc haaix dauh ndie-sai goux mangc baengc (PCP) yiem meih nyei Medi-Cal Managed Care Plan juangc doic zoux gong wuov. Meih corc haih naaic ih zanc ndie-sai se gorngv beiv taux ninh mbuo yiem Medi-Cal Managed Care Plan yiem meih nyei nquenc zangc. Beiv taux meih ginv longc beu weih sou-gorn dugh juangc doic zoux gong wuov, nzunc baav meih haih nzipc jienv lorx lox ndie-sai.

Meih nyei Medi-Cal Managed Care Plan se maaih ndie-sai mbuoz-daan yiem online bun ginv longc. Meih corc haih tov ninh mbuo dorh ndie-sai mbuoz-daan fungx gan zipv fiengx dorngx mingh bun. Beiv taux meih maiv ginv ndie-sai, ninh mbuo sou-daan gorn zuqc lorx bun meih. Meih corc haih tiuv yienc meih nyei ndie-sai yiem Medi-Cal Managed Care Plan juangc doic haaix zanc yaac duqv. Liouh tengx lorx ndie-sai a'fai tiuv yienc siang ndie-sai bun nor, haaix zanc meih bieqc mbuoz liuz korh waac lorx nzie weih baengc mienh yiem Medi-Cal Managed Care Plan's gorn.

12. Yie corc haih lorx lox ndie-sai nyei fai beiv taux ninh mbuo maiv duqv juangc doic gong caux Medi-Cal Managed Care Plan?

Ninh sueih ei sic dauh. Beiv taux meih duqv lorx buangh liuz ndie-sai yiem 12 hlaax nyieqc jiex daaih wuov aengx caux naaic dauh ndie-sai yaac maiv zoux gong caux Medi-Cal Managed Care Plan, nzunc baav meih corc haih nzipc jienv lox ndie-sai mingh se gorngv meih tov heuc beu weih sou-gorn "nzipc jienv goux mangc baengc" mingh. Meih nyei ndie-sai oix zuqc lorqc doih laengz juangc zoux gong caux Medi-Cal Managed Care Plan. Naaiv diuc jauv-louc se longc duqv lauh taux 12 hlaax nyieqc a'fai maaih nzunc baav gauh lauh. Beiv taux meih oix nzipc jienv goux mangc baengc nor, korh waac lorx Medi-Cal Managed Care Plan's nzie weih baengc mienh gorn haaix zanc meih bieqc sou-gorn liuz.

13. Yie corc haih duqv bun tengx gec simv zorc baengc dugh duqv bieqc mbuoz yiem caux managed care nyei fai?

Beiv taux meih butv camv-diuc lorpc zorpc baengc aengx caux meih nyei ndie-sai a'fai zorc baengc dorngv mv duqv juangc doic zoux gong caux Medi-Cal Managed Care Plan yiem meih nyei nquenc maiv baac ninh mbuo laengx zipv Fee-For-Service (regular) Medi-Cal nyei, nzunc baav meih corc haih nzipc jienv lorx lauh benx 12 hlaax nyieqc. Meih oix zuqc tov heuc tengx gec simv zorc baengc.

Beiv taux meih yiem naaic norm nquenc dugh **mv** maaih County Organized Health System (COHS) aengx caux oix tov heuc tengx gec simv zorc baengc nor, longc naaiv zeiv "Tov heuc tengx gec simv zorc baengc" sou-daan. Ninh duqv juangc caux naaiv zeiv *My Medi-Cal Choice* Packet fungx daaih yiem feix hlaax wuov. Meih nyei ndie-sai oix zuqc dinh sou-nzangc yiem naaic zeiv sou-form. Haaix zanc meih aengx caux ndie-sai dinh nzoih sou-form liuz, meih oix zuqc fungx nzuonx bun taux Health

Care Options. Meih corc haih lorx meih nyei ndie-sai tengx a'fai zorc baengc gorn a'fai da'nyeic norm njiaaux waac gorn zangc tengx.

Beiv taux meih duqv zipv bun gec simv zorc baengc nor, meih oix zuqc yiem Fee-For-Service Medi-Cal. Meih oix zuqc nzipc jienv lorx ndie-sai zuov taux meih tov nyei bouc dauh dorng. Beiv taux meih meih maaih baengc kouv, nzunc baav haih tov longc lox ndie-sai zorc baengc lauh taux 12 hlaax nyieqc. Meih oix zuqc tov heuc tengx borqv bouc dauh ziangh hoc ndaauv faaux benx 11 hlaax nyieqc a'fai faaux mingh dungh yiem meih tov heuc tengx gec simv zorc baengc hnoi-nyieqc jiex gorn mingh.

Health Care Options oix zuqc mbuox meih gorngv taux dunz bun-paaiv yiem 45 hnoi ndangc taux meih tov tengx gec simv ziangh hoc dorng. Ninh mbuo oix zuqc mbuox gorngv hngangv haaix tov tengx borqv bouc dauh ziangh hoc ndaauv faaux. Beiv taux meih corc oix yiem Fee-for-Service Medi-Cal nor zuqc gaanv jien sin dinh nzoih sou-nzangc yiem gec simv cuotv nyei sou-form siepv. Yietc gau nor, meih maiv maaih puix-juang horpc tengx gec simv zorc baengc yiem managed care se gorngv meih duqv bieqc sou-gorn jiex ndaangc 90 hnoi liuz.

Se gorngv meih yiem naaiv COHS nquenc a'fai naaic norm nquenc dungh maaih Coordinated Care Initiative (CCI) kou-gong gorn, nzunc baav meih **maiv** haih tov heuc tengx gec simv zorc baengc.

Liouh lorx hoqc yietc nyeic tipv gorngv taux tov tengx gec simv zorc baengc aengx caux hngangv haaix tov benx yietc diuc jauv-louc nor, bieqc lorx mangc yiem naaiv Health Care Options website yiem njiec <https://www.healthcareoptions.dhcs.ca.gov>.

14. Yie oix zuqc juangc cuotv nyaanh bun fai?

Maiv. Ninh maiv paaiv duqv maaih juangc-cuotv nyaanh bun liouh goux zorc mangc baengc zingh. Naaiv Medi-Cal Managed Care Plan beu weih bun yietc zungv benx jienv jauv-louc liouh zorc baengc jaaz nzengc.

15. Yie haih duqv zipv benx haaix diuc gong-bou jauv-louc yiem full scope Medi-Cal?

Meih haih duqv zipv benx:

Tengx goux zorc nyaah

Naaiv deix gong-bou se lemh zorc yietc buonc nyaah zorngh aengx caux zoux junh nyaah zorngh, nzaaux nyaah, ziux fangx x-rays, zotv nyaah kuotv, buang nyaah, nyaah nzungh jaav, aengx caux corc maaih ziex diuc jauv-louc jaa zoux bun.

- Beiv taux meih yiem naaiv **Sacramento County**, meih yaac haih duqv zipv benx nzie weih gong-bou yiem Medi-Cal Dental Managed Care Plan. Liouh hoqc yietc nyeic jaa gorngv taux Medi-Cal zorc nyaah gong Managed Care plans, korh waac lorx Health Care Options yiem naaiv **1-800-430-4263** (TTY 1-800-430-7077). A'fai dinh sou-form liouh gin v longc zorc nyaah yiem meih nyei *My Medi-Cal Choice* Packet.

- Beiv taux meih yiem naaiv **Los Angeles County**, meih yaac haih duqv zipv benx nzie weih gong yiem Medi-Cal Dental Program. Naaiv diuc jauv-louc se benx wang-henh gong tengx zorc nyaah Fee-for-Service. A'fai meih corc haih ginv longc benx Medi-Cal zorc nyaah gong Managed Care Plan Liouh hoqc yietc nyeic jaa gorngv taux hnavg haaix bieqc mbuoz yiem Medi-Cal zorc nyaah gong Managed Care plans, korh waac lorx Health Care Options yiem naaiv **1-800-430-4263** (TTY 1-800-430-7077). A'fai dinh sou-form liouh ginv longc zorc nyaah yiem meih nyei *My Medi-Cal Choice* Packet.
- Beiv taux meih yiem naaiv **San Mateo County**, meih haih duqv zipv nzie weih yiem njiec Health Plan San Mateo. Naaiv se benx Managed Care Plan. Liouh hoqc yietc nyeic jaa gorngv taux hnavg haaix lorx zipv tengx zorc nyaah njiec Health Plan San Mateo, korh waac lorx yiem liv-baaix yietv – liv-baaiz hmz, yiem 8 diemv lungh ndorm mingh taux 6 diemv lungh muonx yiem naaiv **1-800-750-4776** fai 650-616-2133. (TTY: Call California Relay Service (CRS) yiem naaiv 1-800-735-2929 a'fai 7-1-1.
- Dugh yiem njiec **yietc zungv da'nyeic norm zuangx nquenc**, meih oix zuqc zipv benx Fee-for-Service (regular) Medi-Cal zorc nyaah gong yiem Medi-Cal Dental Program. Meih oix zuqc mingh lorx zorc nyaah mienh dugh laengx zipv longc Medi-Cal zorc nyaah sou-daan wuov. Liouh lorx zorc nyaah zangc, korh waac lorx Medi-Cal tengx nzie zorc nyaah fonh domh gorn yiem naaiv **1-800-322-6384** (TTY 1-800-735-2922), yiem liv-baaix yietv – liv-baaix hmz, 8 diemv lungh ndorm mingh taux 5 diemv lungh muonx. Naaiv norm douc waac finx-gorn se bun wang-henh longc. Meih corc haih lorx mangc waac-fienx gorngv taux zorc nyaah mienh aengx caux hoqc hiuv yietc nyeic jaa benx zorc nyaah gong yiem Medi-Cal Dental Program's "Smile, California" website yiem njiec <http://smilecalifornia.org/>.

Tengx zoux bun nqaeqv longx

Naaiv deix jauv-louc lemh zaah funx mangc taux butv baengc, mangc nyaah, mangc m'zing, mangc m'normh, corng zingh baengc, aengx caux substance use disorders. Yietv zungv goux nqaeqv longx baengc zingh aengx caux zaah ndorqc funx mangc baengc zingh gong se baeqc benx wang-henh tengx.

Liouh hoqc yietc nyeic jaa, lorx meih nyei Medi-Cal Managed Care Plan gorn zangc goux mangc baengc mienh.

Tengx mbenc goux bun maaih gu'nguaaz saa

Meih corc haih duqv zipv tengx goux bun maaih gu'nguaaz saa yiem haaix norm Medi-Cal gorn yaac duqv, mv gunv jhex gorngv meih mv zeiz yiem zuqc Medi-Cal Managed Care Plan juangc doic zoux gorn yaac duqv. Maiv zuqc qiex zoux sou-gorn fungx daaih bun a'fai jaa-nziouv nqoi nzuih ndaangc (pre-approval). Ninh

maiv zuqc juangc cuotv nyaanh bun. Liouh hoqc yietc nyeic jaa, lorx meih nyei Medi-Cal Managed Care Plan gorn zangc goux mangc baengc mienh. Naaiv diuc beu weih gong-bou se lemh benx nzoih jauv-louc:

- Mingh zaa mangc baengc mienh liouh maaih gu'nguaaz saa maqc nyei gong
- Ca'laangh njiaaux waac bun muangx gorngv taux maaih gu'nguaaz saa dungh mingh zaah dimv baengc mienh nyei ziangh hoc
- Dorh jaa-sic dapv ga'nyuoz gu'nguaaz-mbuoqc (IUD) aengx caux dorh jaa-sic dapv ga'nyuoz gu'nguaaz-mbuoqc nqaeqv mv maaih gu'nguaaz (IUCD), a'fai da'nyeic nyungc jaa-sic liouh nqaeqv mv maaih gu'nguaaz a'fai jaa-sic
- Paaiz im gu'nguaaz-mbuoqc
- Paaiz im
- Nyanc ndie a'fai hietv jaa-sic mv bun maaih gu'nguaaz
- Wuaaic gu'nguaaz
- Zorc la'nyauv lorpc zorpc baengc dungh wueic laaix benx gec nqaeqv mv bun maaih gu'nguaaz hoic nyei baengc
- Zaah nziaamv, ziux fangx mangc gua'nyuoz, aengx caux nyanc ndie gec mv bun maaih gu'nguaaz

Goux zorc corngh zingh baengc

Beiv taux meih qiemx heuc tengx zorc corngh zingh baengc nor, ca'laangh gorngv caux meih nyei siang Medi-Cal Managed Care Plan gorn zangc A'fai, ca'laangh gorngv caux meih nyei ndie-sai. Nzunc baav meih haih duqv zipv benx zorc corngh zingh baengc yiem caux meih nyei siang Medi-Cal Managed Care Plan jiu doic gorn zangc Nzunc baav meih corc maaih puix-juang horpc liouh lengc jeiv gorqv-zeic zorc corngh zingh baengc. Meih corc haih zipv benx lengc jeiv gorqv-zeic zorc corngh zingh baengc yiem caux nquenc zangc goux zorc corngh zingh beu weih sou-gorn. Meih nyei Medi-Cal Managed Care Plan oix zuqc tengx zoux bun zipv zorc corngh zingh baengc. Ninh mbuo oix zuqc tengx meih lorx zuqc zien zorc baengc dorngx. Naaiv se benx nquenc zangc beu weih corngh baengc mbuoz-daan liouh lengc jeiv gorqv-zeic corc corngh zingh baengc yiem njiec <https://bit.ly/mhp-contact-list>.

Tengx zorc hopv diuv baengc aengx caux buov yong in baengc

Beiv taux meih qiemx zuqc longc mienh tengx goux hopv diuc baengc a'fai da'nyeic diuc inv nor, meih nyei Medi-Cal Managed Care Plan gorn haih tengx zaah lorx mangc gaax meih se butv benx substance use disorder (SUD). Meih corc korh waac lorx nquenc zangc goux buov in Medi-Cal kou-gong gorn tengx zorc baengc. A'fai, meih tov heuc Medi-Cal Managed Care Plan goux mangc c mienh tengx lorx dorngx bun zorc SUD.

Tengx nzie lorx ndie-pouz

Medi-Cal Rx beu weih bun ndie yiem caux meih nyei zorc baengc gorn zangc. Ninh corc beu weih bun ndie-nyanc dungh benx da'nyeic-diuc ndie maiv maaih sou-gorn beu weih bun. Beiv taux meih maaih Medicare, Medicare Part D beu weih sou-gorn beu bun zuangx ndie-nyanc nzengc. Meih oix zuqc juangc cuotv nyaanh bun diuc

baav Medicare juangc bun nyei nyaanh. Medi-Cal kungx cuotv nyaanh tengx nyungc baav ndie dugh mv yiem meih nyei Part D beu bun nyei buonc hngv.

Cie-zinh mingh nzuonx

Beiv taux meih ganh mv haih lorx duqv javu mingh lorx buangh ndie-sai, zorc baengc dorngx, a'fai zorc nyaah zangc, a'fai zorqv ndie a'fai maaih da'nyeic diuc zorc baengc jaa-sic nor, nzunc baav meih corc haih maaih puix-juang horpc zipv benx wang-hengh tengx cie tor faaux njiec. Meih corc haih duqv zipv benx domh cie, cie taxi, cie-ndaauv a'fai da'nyeic diuc saeng-eiz cie a'fai ga'ganh si'jeiv cie. Beiv taux meih maaih baengc kouv dugh ndie-sai mv bun bieqc domh cie, cie-ndaauv, cie-taxi, a'fai da'nyeic diuc saeng-eiz cie a'fai ga'ganh si'jeiv cie mingh lorx buangh ndie-sai dunz daaih wuov, nzunc baav meih maaih puix-juang horpc benx wang-henh cie faaux njiec zorc baengc. Naaiv se benx ambulance cie, cie-ndaauv maaih eiv-fungv a'fai haih nzitv tuiz fungz faaux njiec nyei cie. Naaiv diuc nzie weih gong-bou javu-louc se kungx bun ninh mbuo haaix dauh mienh maiv haih bieqc domh zuangx saeng-eiz cie a'fai si'jeiv cie nyei buonc hngv oc.

Liouh tov heuc ndie-dorngx tengx cie zipv faaux njiec nor, meih oix zuqc heuc ninh mbuo maaih sou-gorn benx goux baengc mienh nyei gong-mienh tengx zoux sou bun ndaangc. Meih nyei ndie-sai, zorc nyaah zangc, zorc zauz ndie-sai, zorc corngx zingh baengc a'fai SUD ndie-sai se haih tengx paaiv heuc lorx cie tor faaux njiec bun meih. Meih corc haih lorx taux meih nyei Medi-Cal Managed Care Plan liouh tov ninh mbuo tengx cie tor faaux njiec. Haaix zanc meih bieqc Fee-for-Service (regular) Medi-Cal, meih se haih tov heuc ninh mbuo zorc baengc gorn zangc tengx lorx cie-ziouv bun. Meih corc haih lorx mangc tengx mienh nyei dorngx yiem njiec <https://bit.ly/medi-cal-transportation>.

Beiv taux mv zoux duqv maaih mbuoz-daan benx tengx nzie weih mienh yiem njiec meih nyei deic dauh nor, meih corc haih tov heuc ninh mbuo fungx gan email mingh bun DHCSNMT@dhcs.ca.gov. Daaix luic **mv** dungx hietv ga'ganh si'jeiv waac-fienx yiem meih nyei daauh nzunc email oc. Department of Health Care Services (DHCS) gong-mienh oix zuqc goux longx liouh dauh email nzuonx. Ninh mbuo oix zuqc naaic lorx meih nyei waac-fienx. Daaix luic jien sin borqv lorx DHCS siepv dugh meih hiuv gorngv haaix zangc qiemx longc cie tor faaux njiec. Ninh yaac benx jienv javu-louc tengx duqv camv se gorngv meih jaa-nziouv tov heuc ninh mbuo ndaangc biao hnoi taux meih mingh nyei hnoi-nyieqc.

Home and community-based services (HCBS)

Naaiv se lemh jienv:

- In Home Supportive Services (IHSS) bieqc goux mangc yiem meih ganh nyei biau
- Home and Community-Based Alternatives Waiver services beiv taux goux zorc baengc yiem biau, zorc biau, aengx caux si'jeiv goux
- Community-Based Adult Services (CBAS) yiem domh gorn
- Da'nyeic diuc fu'loqc nyaanh

Liouh hoqc hiuv taux yietc nyeic gorngv taux naaiv deix nzie weih gong-bou, bieqc lorx yiem <https://www.cdss.ca.gov/in-home-supportive-services>.

16. Yie se haih lorx hoqc hiuv taux naaiv deix jauv-louc jaa yiem haaix fai haih lorx heuc mienh tengx yiem haaix?

- Korh waac lorx DHCS Medi-Cal Helpline yiem njiec **1-800-541-5555**., yiem liv-baaiz yietv – liv-baaiz hmz, yiem 8 diemv lungh ndorm mingh taux 5 diemv lungh muonx, simv cuotv guoqv zangc hnoi-gingz oc. Naaiv norm douc waac gorn se wang-henh longc.
- Korh waac lorx DHCS Ombudsman ze'weic gorn yiem njiec **1-888-452-8609**., yiem liv-baaiz yietv – liv-baaiz hmz, yiem 8 diemv lungh ndorm mingh taux 5 diemv lungh muonx. Naaiv norm douc waac finx-gorn se bun wang-henh longc oc. Naaiv norm Ombudsman ze'weic gorn se haih tengx meih siou liouh managed care.
- Lorx hoqc mangc waac-fienx jaa yiem naaiv DHCS web site yiem njiec <https://bit.ly/older-adult-expansion>.
- Email OlderAdultExpansion@dhcs.ca.gov.

17. Oix zuqc funcg zoux beiv taux yie maaih waac qiex oix naaic taux naaiv diuc Medi-Cal aengx caux bieqc deic bung sou-gorn benx hngangv haaix?

DHCS mv haih dau naaiv diuc waac-cai gorngv taux bieqc deic bung sou-gorn a'fai "public charge" bun muangx. Beiv taux meih maaih waac qiex naaic gorngv taux meih nyei bieqc deic bung sou-gorn aengx caux Medi-Cal nyaanh nor, ca'laangh gorngv caux ninh mbuo goux bieqc deic bung bouc doh leiz jien oc.

Naaiv California Department of Social Services (CDSS) tengx nyaanh bun ninh mbuo maaih puix-juang gauz nyei gorn zangc goux mangc bieqc deic bung mienh dungh yiem njiec California. Ninh maaih gong-gorn mbuoz-daan yiem njiec naaiv <https://bit.ly/immigration-service-contractors>.

Liouh lorx mangc bieqc deic bung waac-fienx aengx caux gorn zangc jaa-dorngx, bieqc lorx yiem California's Immigrant Guide yiem njiec <https://immigrantguide.ca.gov/>.

Liouh hoqc hiuv gorngv taux "public charge", bieqc lorx naaiv California Health and Human Services Agency Public Charge yiem njiec <https://bit.ly/calhhs-public-charge-guide>.