



# Medi-Cal Diabetes Prevention Program (DPP) Overview

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# Medi-Cal vs Medicare

|                               | Medi-Cal   | Medicare                             |
|-------------------------------|--|--------------------------------------|
| Overview                      | Medicaid program of California (state and federal funding) | Federal program with federal funding |
| Beneficiaries                 | Low-income residents of California                         | Age 65+                              |
| Administered by               | DHCS   | CMS                                  |
| National DPP program coverage | Medi-Cal DPP benefit                                       | MDPP benefit                         |



# Medi-Cal Delivery Systems

|                                 | Fee-for-Service (FFS)  | Managed Care  |
|---------------------------------|--|---|
| Terminology for Patients Served | Beneficiaries  | Members   |
| Structure                       | Beneficiaries are not associated with Managed Care Plans. Must find their own doctors and providers. | Members are associated with Managed Care Plans (MCPs) who assist in assigning doctors or providers in their network |
| Number of Patients Served       | 2.3 million  | 10.8 million  |
| Characteristics                 | Complex, high needs patients   | Majority of Medi-Cal population   |



# Medi-Cal DPP Provider Overview for FFS and Managed Care

|                     | Fee-for-Service (FFS)   | Managed Care  |
|---------------------|---|---|
| Medi-Cal enrollment | Required  | Required  |
| Billing             | Medi-Cal DPP providers bill DHCS directly by submitting claims for DPP services provided to FFS beneficiaries | Medi-Cal DPP providers form billing arrangements or contracts with Managed Care Plans to offer DPP services to Managed Care members. They do not bill DHCS. |
| Reimbursement       | DHCS provides reimbursement to DPP provider per claim   | MCPs provide reimbursement payments to DPP providers based on arrangements/contracts. DHCS not involved in these arrangements.                              |



# Medi-Cal Diabetes Prevention Program Policy

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# SB 97 and AB 1810

- Established the Diabetes Prevention Program (DPP) for Medi-Cal
- To help prevent or delay the onset of type 2 diabetes
- Requires compliance with CDC guidelines and CDC recognition





# Core Benefit: FFS and Managed Care

- **Eligibility Criteria:** Medi-Cal beneficiaries/members must meet the eligibility criteria described in the Centers for Disease Control and Prevention (CDC) National Diabetes Prevention Recognition Program
- **Core Benefit:** Core services period is at least 22 sessions in 12 consecutive months
  - **Core sessions:** Typically consist of weekly sessions over months 1-6
  - **Core maintenance sessions:** Monthly sessions over months 6-12
  - Offered regardless of weight loss
  - Approx. 1-hour sessions



# Ongoing Maintenance: FFS and Managed Care

- Ongoing Maintenance:
  - Sessions for an additional 12 months
  - Offered after the core benefit IF participants achieve and maintain the required 5% weight loss and attend at least 1 session during the final core maintenance interval (months 10 to 12)







# CDC Curriculum

- Medi-Cal DPP providers must use a CDC-approved lifestyle change curriculum
- DHCS will translate the CDC's curriculum into the required threshold languages and post them to the Medi-Cal DPP webpage





# Who Can Become a Medi-Cal DPP Provider? (FFS and Managed Care)

1. Must be a Medi-Cal Enrolled Provider
  - Enroll using the **new Medi-Cal DPP provider type**
  - or
  - Are an approved **existing Medi-Cal enrolled provider** that has added DPP as a new category of service:
    - Home Health Agencies, Community Outpatient Hospitals, Physicians, Physician Groups, FQHCs, Rural Health Clinics, Free Clinics, Community Clinics, Multispecialty Clinics, County Clinics Not associated with Hospitals, Otherwise Undesignated Clinics, Home and Community Based Services Nursing Facilities, Outpatient County Hospitals, and Indian Health Services



# Who Can Become a Medi-Cal DPP Provider? (FFS and Managed Care)

2. Must comply with Provider Enrollment Division's (PED) Requirements
  - **Enrollment requirements:** “Medi-Cal Enrollment Requirements and Procedures for DPPs” bulletin and
  - **Screening requirements:** “Designation of Categorical Risk Levels for DPPs” bulletin”
3. Must have Pending, Preliminary, or Full recognition from the CDC's Diabetes Prevention Recognition Program
4. Must comply with policies in the Medi-Cal Provider Manual



# FFS Delivery Methods

- Medi-Cal DPP Providers can offer the DPP to Fee-for-Service beneficiaries through:
  1. In-person: Participants are physically present in a classroom or a classroom-like setting.
    - Organizations that conduct make-up sessions online or over the phone are still considered in-person programs.
  2. Distance Learning: Trained peer coaches deliver sessions via remote classroom or telehealth



# FFS Payment Structure

- The DPP coverage policy will be published in the Medi-Cal Provider Manual when the Fee-For-Service billing system becomes available.
- For the list of billing codes, please see the DPP Policy Preview on the DPP Webpage.
- **Please hold all billing claims until further notice from DHCS.**



# Managed Care Specific Guidance and Implementation

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# Managed Care: Policy and Delivery Methods

- **Policy:** Outlined in APL 18-018
  - This APL provides guidance specifically for MCPs. Not intended for Medi-Cal DPP providers
  - A reference is made to the Medi-Cal Provider Manual for criteria needed to receive ongoing maintenance. For now, please see the DPP Policy Preview on DPP Webpage for this criteria.
- **Delivery Methods:** the following **can** be covered by MCPs
  - In-person
  - Distance learning
  - Online
  - Combination



# Managed Care Guidance

- Documentation of Codes in Encounter Data:
  - DHCS highly encourages documentation of appropriate HCPCS codes from DPP Policy Preview for each member even though MCPs and DPP providers do not bill DHCS directly
- Member Incentives:
  - All Member Incentives offered to Managed Care members must be receive prior approval from DHCS through [mmcdhealtheducationmailbox@dhcs.ca.gov](mailto:mmcdhealtheducationmailbox@dhcs.ca.gov)





# Provider Enrollment in Managed Care

- **DPP providers must be Medi-Cal enrolled.**
  - Contact the MCP you are partnering with for more information
- **2 Potential Pathways** that Medi-Cal DPP providers can enroll through:
  1. Provider Enrollment Division (PED) at DHCS

**or**

  2. Through MCPs
- **APL 17-019:** Enrollment and Screening process in Managed Care delivery system
  - MCPs must use similar enrollment and screening requirements as PED



# Main Differences in FFS and Managed Care

|                       | Fee-for-Service (FFS)   | Managed Care  |
|-----------------------|---|---|
| Patients Served       | 2.3 million beneficiaries   | 10.8 million members  |
| Billing/Reimbursement | Medi-Cal DPP providers bill DHCS directly through claims  | Medi-Cal DPP providers contract or make payment arrangements with MCPs  |
| Policy details        | DPP Policy Preview on Medi-Cal DPP Webpage  | APL 18-018  |
| Delivery Methods      | In-person and distance Learning   | In-person, distance learning, online, and combination   |
| Provider Enrollment   | Through Provider Enrollment Division at DHCS. See DPP provider enrollment and screening bulletins | Provider Enrollment Division at DHCS <u>or</u> through MCPs. See APL 17-019 and contact MCP for more information. |



# Resources

- **Medi-Cal DPP Webpage:** <https://www.dhcs.ca.gov/services/medi-cal/Pages/Diabetes-Prevention-Program.aspx>
- **Medi-Cal DPP Policy Preview:** [https://www.dhcs.ca.gov/services/medi-cal/Documents/DPP\\_OIL\\_Enclosure\\_A\\_Webpage.pdf](https://www.dhcs.ca.gov/services/medi-cal/Documents/DPP_OIL_Enclosure_A_Webpage.pdf)
- **Medi-Cal DPP FAQs** (intended for Fee-for Service delivery system): [https://www.dhcs.ca.gov/services/medi-cal/Documents/DPP\\_FAQ\\_Clean.pdf](https://www.dhcs.ca.gov/services/medi-cal/Documents/DPP_FAQ_Clean.pdf)
- **Medicare MDPP:** <https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/>
- **DHCS website to find Managed Care Plans by County:** <https://www.dhcs.ca.gov/individuals/Pages/MMCDHealthPlanDir.aspx>
- **Registry of CDC-recognized DPPs:** [https://nccd.cdc.gov/DDT\\_DPRP/Registry.aspx](https://nccd.cdc.gov/DDT_DPRP/Registry.aspx)
- **CDC Diabetes Prevention Recognition Program Procedures:** <https://www.cdc.gov/diabetes/prevention/pdf/dprp-standards.pdf>
- **PED's Enrollment bulletin aka "Medi-Cal Enrollment Requirements and Procedures for DPPs":** [http://files.medi-cal.ca.gov/pubsdoco/Publications/masters-other/provappsenroll/PED\\_Medi-Cal\\_Enrollment\\_Requirements\\_for\\_Diabetes\\_Prevention\\_Program.pdf](http://files.medi-cal.ca.gov/pubsdoco/Publications/masters-other/provappsenroll/PED_Medi-Cal_Enrollment_Requirements_for_Diabetes_Prevention_Program.pdf)
- **PED's Screening bulletin aka "Designation of Categorical Risk Levels for DPPs":** [http://files.medi-cal.ca.gov/pubsdoco/Publications/masters-other/provappsenroll/PED\\_Designation\\_of\\_Categorical\\_Risk\\_for\\_Diabetes\\_Prevention\\_Programs.pdf](http://files.medi-cal.ca.gov/pubsdoco/Publications/masters-other/provappsenroll/PED_Designation_of_Categorical_Risk_for_Diabetes_Prevention_Programs.pdf)
- **APL 18-018:** <https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2018/APL18-018.pdf>
- **APL 17-019:** <https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2017/APL17-019.pdf>



# Definitions/Acronyms

- **DHCS:** Department of Health Care Services which is the Medicaid agency for California
- **Medi-Cal:** The Medicaid program of California, operated by DHCS
- **Patients:** Fee-for-Service beneficiaries or Managed Care members; people who receive Medicaid as their health insurance
- **FFS:** Fee-for-Service delivery system
- **Medi-Cal DPP Provider:** DPP Suppliers who offer DPP services directly to participants and who are eligible to offer the Medi-Cal DPP benefit. Can be organizations, companies, clinics, physicians, health plans, nonprofits, etc.
  - Must be Medi-Cal enrolled
  - Must have pending, preliminary, or full CDC recognition
- **CMS:** Centers for Medicare and Medicaid Services
- **CDC:** Centers for Disease Control and Prevention
- **Provider Enrollment:** Process to become a enrolled in the Medi-Cal program as a Medi-Cal enrolled provider
- **PED:** Provider Enrollment Division at DHCS which enrolls providers
- **MCPs:** Medi-Cal Managed Care Plans
- **DPP Policy Preview:** Medi-Cal Coverage and Reimbursement Policy located on Medi-Cal DPP Webpage; houses the Medi-Cal DPP policy until it gets published in the Medi-Cal Provider Manual



# DHCS Contact Information

- [DHCS DPP @dhcs.ca.gov](mailto:DHCS DPP@dhcs.ca.gov)
- Managed Care:  
[DHCS\\_PMMB@dhcs.ca.gov](mailto:DHCS_PMMB@dhcs.ca.gov)
- Provider Enrollment Questions:  
[DHCS PED Stakeholder@dhcs.ca.gov](mailto:DHCS PED Stakeholder@dhcs.ca.gov)