



March 2012

## **IMPORTANT MEDI-CAL CHANGES**

### **Notice Regarding CBAS Medi-Cal Benefit**

Recently, we sent you a letter telling you that you can get Community Based Adult Services (CBAS). Now, **to continue to get CBAS on and after 7/1/2012, you must enroll in a Medi-Cal managed care health plan.** You will not be able to get CBAS if you are not in a Medi-Cal managed care health plan by 6/30/2012.

#### **What do I need to do?**

As a Medi-Cal beneficiary you have two choices:

- **If you would like to get CBAS you must be in a Medi-Cal managed care health plan.** You have until **6/19/2012** to fill out and return the choice form in your "My Medi-Cal Choice for Healthy Care" booklet. If you do not complete the form and make a choice, you will be enrolled in a health plan. You can also enroll by phone (see next page).
- **If you do not want to get CBAS and would like to stay in regular Medi-Cal,** you must choose Regular Medi-Cal (fee-for-service) on your choice form. **Remember, if you choose Regular Medi-Cal (fee-for-service), you cannot get CBAS on or after 7/1/2012.** You must return the form by **6/19/2012.** If you do not make a choice you will be enrolled in a health plan.

Your enrollment will start **7/1/2012.** If you are not happy with your health plan, you can change health plans or choose to go back to regular Medi-Cal at any time by calling Health Care Options (see next page). **If you choose to stay in or go back to regular Medi-Cal, you cannot get CBAS.**

#### **This does not change your:**

- Medicare coverage
- Medicare doctors and specialists you see outside a CBAS center
- Social Security benefits

#### **What is a Medi-Cal managed care health plan?**

Medi-Cal managed care health plans help manage your care, help you find doctors and specialists, have a 24-hour nurse advice line, have member services to assist you, can help you with non-emergency transportation to medical visits, and more. The health plan will also help you get the services that they do not cover. The benefits are the same in a managed care health plan as in regular Medi-Cal. You can join a health plan at **no cost** and you will still be on Medi-Cal. When you enroll in a health plan, they may call you to find out what care you need.

## How do I enroll or get more information?

- **To enroll by phone** or to get help with enrollment, please call the Medi-Cal enrollment line which is called Health Care Options.

Health Care Options – Representatives are available between the hours of 8:00 a.m. - 5:00 p.m., Monday – Friday:

<b>English</b>		1-800-430-4263	<b>Korean</b>	한국어	1-800-576-6883
<b>Arabic</b>	اللغة العربية	1-800-576-6881	<b>Mandarin</b>	國語	1-800-576-6885
<b>Armenian</b>	Հայերեն	1-800-840-5032	<b>Russian</b>	Русский	1-800-430-7007
<b>Cambodian</b>	ភាសាខ្មែរ	1-800-430-5005	<b>Spanish</b>	<b>Español</b>	1-800-430-3003
<b>Cantonese</b>	粵語	1-800-430-6006	<b>Tagalog</b>	<b>Tagalog</b>	1-800-576-6890
<b>Farsi</b>	فارسی	1-800-840-5034	<b>Vietnamese</b>	Tiếng Việt	1-800-430-8008
<b>Hmong</b>	<b>Hmoob</b>	1-800-430-2022	<b>Other Languages</b>		1-800-430-4263

TDD/TTY 1-800-430-7077

- **To enroll in person**, please use the “Health Care Options” presentation schedule in your “My Medi-Cal Choice for Healthy Care” booklet.
- **To enroll by mail**, please fill out and return the choice form in your booklet. If you don’t have a form call Health Care Options.

## Is that all I need to do?

No. When you enroll in a health plan you will still receive some services through regular Medi-Cal.

- **If you get In-Home Supportive Services (IHSS)**, contact your social worker to find out if you can get more IHSS hours.
- **If you are in the Multipurpose Senior Services Program (MSSP)**, contact your caseworker for help.
- **If you are a client of a Regional Center**, contact your service coordinator for assistance.

## What are my health plan choices?

Please use the Medi-Cal choice form in your “My Medi-Cal Choice for Healthy Care” booklet to help you choose a health plan. If you would like more information or have questions about the health plans, see the “Where to get answers if you have questions” section in your booklet.