



State of California-Health and Human Services Agency  
**Department of Health Care Services**  
P.O. Box 989009  
West Sacramento, CA 95798-9850



**EDMUND G. BROWN JR.**  
Governor

August XXXX

00 000\_000000\_000



JOHN SAMPLE  
ANY ADDRESS  
ANY TOWN CA XXXXX

## Important Medi-Cal Changes

### Notice Regarding CBAS Medi-Cal Benefit

Community Based Adult Services (CBAS) is the program that replaced the Adult Day Health Care (ADHC) Program on 4/1/2012.

Recently, we sent you a letter and packet telling you how **you can get CBAS on and after 10/1/2012. You must enroll in a Medi-Cal managed care health plan to still get CBAS.**

You can choose a Medi-Cal managed care health plan or you can choose to stay in regular Medi-Cal. **If you do not make a choice, you will be enrolled into a Medi-Cal managed care health plan on 10/1/2012.** If you are not in a Medi-Cal managed care health plan by 10/1/2012, you will not be able to get CBAS.

If you already chose a managed care health plan or regular Medi-Cal, you do not need to choose again. If you still need to make a choice, this letter and packet materials you have already received can help you.

#### What do I need to do?

You have two choices:

- **If you want to still get CBAS on and after 10/1/12, you must be in a Medi-Cal managed care health plan.** To choose a health plan, fill out and return the choice form by **9/18/2012**. The choice form is in your "My Medi-Cal Choice for Healthy Care" booklet that you have already received. **If you do not fill out and return the form, you will be enrolled in a health plan. You can also enroll by phone** (please see the next page).
- **If you stay in regular Medi-Cal, you cannot get CBAS after 10/1/2012. To stay in regular Medi-Cal, you must choose** regular Medi-Cal (fee-for-service) on the choice form that you have already received. You must return the form by **9/18/2012**. If you went to an Adult Day Health Care (ADHC) center between 7/1/2011 and 2/29/2012, you will be able to get Enhanced Case Management services in regular Medi-Cal.

**If you do not make a choice you will be enrolled in a health plan.** Your enrollment will start **10/1/2012**. If you want to change your health plan or go back to regular Medi-Cal, you can choose

at any time by calling Health Care Options. **If you choose to stay in regular Medi-Cal or go back to regular Medi-Cal, you cannot get CBAS.**

### What if I have Medicare?

Your Medicare **will not** change. This includes your:

- Medicare coverage
- Medicare doctors and specialists you see outside a CBAS center
- Social Security benefits

**Please tell your Medicare doctors that being in a Medi-Cal managed care health plan will not change your Medicare services.** You can join a health plan and get CBAS and still get all your regular Medicare services.

### How do I enroll or get more information?

- **To enroll by phone**, to get help or more information, call **Health Care Options. Health Care Options Representatives are available: Monday - Friday, between the hours of 8:00 a.m. - 5:00 p.m.**

English		1-800-430-4263	Korean	한국어	1-800-576-6883
Arabic	اللغة العربية	1-800-576-6881	Mandarin	國語	1-800-576-6885
Armenian	Հայերեն	1-800-840-5032	Russian	Русский	1-800-430-7007
Cambodian	ភាសាខ្មែរ	1-800-430-5005	Spanish	Español	1-800-430-3003
Cantonese	粵語	1-800-430-6006	Tagalog	Tagalog	1-800-576-6890
Farsi	فارسی	1-800-840-5034	Vietnamese	Tiếng Việt	1-800-430-8008
Hmong	Hmoob	1-800-430-2022	Other Languages		1-800-430-4263

TDD/TTY 1-800-430-7077

- **To enroll in person**, look in your *“My Medi-Cal Choice for Healthy Care”* booklet for the schedule of presentations. You have already received this booklet.
- **To enroll by mail**, fill out and return the choice form in your booklet. If you don't have a form call Health Care Options.
- **For more information**, visit: <http://www.healthcareoptions.dhcs.ca.gov>

### Is that all I need to do?

No. When you enroll in a health plan you will still get some services through regular Medi-Cal.

- **If you get In-Home Supportive Services (IHSS)**, contact your social worker to find out if you can get more IHSS hours.
- **If you are in the Multipurpose Senior Services Program (MSSP)**, contact your caseworker for help.
- **If you are a client of a Regional Center**, contact your caseworker for help.

### What are my health plan choices?

To choose a health plan, please use the Medi-Cal Choice Form in your *“My Medi-Cal Choice for Healthy Care”* booklet that you have already received. If you would like more information or have questions about the health plans, see the *“Medi-Cal Managed Care Comparison Chart”* inside your booklet. You can also talk to your doctors about which health plan may be best for you.