

Department of  
**Health Care Services**



**Adult Day Health Care Transition Plan  
Stakeholder Meeting  
May 13, 2011**





# ADHC Centers

<b>Number of ADHC Centers</b>	
<b>Licensed and Certified</b>	<b>273</b>
<b>Licensed Only</b>	<b>1</b>
<b>FQHC</b>	<b>15</b>
<b>PACE</b>	<b>20</b>
<b>Total</b>	<b>309</b>





# Where are They?

## Geographic Distribution

County	Percent of ADHC Centers	Percent of ADHC Participants	Days of ADHC per Week				
			1	2	3	4	5
<b>Los Angeles</b>	55%	63%	1%	21%	57%	9%	12%
<b>Orange</b>	7%	5%	2%	10%	43%	16%	29%
<b>San Diego</b>	7%	8%	5%	37%	35%	5%	18%
<b>San Francisco</b>	6%	4%	1%	15%	44%	16%	24%
<b>Alameda</b>	3%	2%	1%	27%	35%	14%	23%
<b>All Others (<math>\leq 2\%</math> each)</b>	22%	18%	1%	16%	48%	11%	24%



# The Participants

**Total Number of ADHC Participants: 34,735**  
**83% are dual eligible (Medicare/Medi-Cal)**

<b>ADHC Days Per Week</b>	<b>Percentage of ADHC Participants</b>
<b>1</b>	1%
<b>2</b>	21%
<b>3</b>	53%
<b>4</b>	9%
<b>5</b>	16%





# The Services

ADHC Participants with/who use:	Percent
01-Adult Day Health Care Center	
89-IHSS	67.46%
26-Pharmacist	64.04%
40-Other Provider (usually DME)	15.36%
20-Physician	13.23%
22-Physician Group	13.20%
62-Community Hospital-Outpatient	8.49%
42-Medical Transportation	6.43%
74-Short-Doyle Community Mental Health-Clinic Svs	5.74%
24-Clinical Lab	4.26%
77-Rural Health Clinic/Federally Qualified Health Center/Indian Health Clinic	4.16%
81-MSSP Waiver Services	2.80%
76-DDS Waiver Services	2.40%
93-DDS Targeted Case Management	2.13%
60-Community Hospital-Acute Inpatient	1.98%
27-Dentist	1.37%
32-Podiatrist	1.15%





# Other Medi-Cal Long Term Care Services

## ADHC Participants' Utilization of Other Medi-Cal LTC Services

ADHC Participants with/who use:	Percent
IHSS	67.46%
MSSP Waiver Services	2.80%
DDS Waiver Services	2.40%
DDS Targeted Case Management	2.13%
Intermediate Care Facilities for the Developmentally Disabled	0.76%
Nursing Facility (formerly known as Skilled Nursing Facility)	0.31%
Medi-Cal Targeted Case Management	0.2%
Assisted Living Waiver Pilot Project	0.12%
Home Health Agency	0.05%
Home & Community Based Waiver Svcs-(IHO Waivers)	0.02%
AIDS Waiver Services	0.02%





# ADHC and IHSS

## Number of IHSS Hours per ADHC Participant (average): 83 hours

ADHC Days Per Week	Percentage of ADHC Participants	Average IHSS Hours per Month
1	1%	64
2	21%	66
3	53%	78
4	9%	94
5	16%	109





# Draft Transition Framework

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## Goal:

- Assist Medi-Cal ADHC participants with the process of accessing available services that:
  - Address their needs,
  - Keep them in the community, and
  - Minimize risk of institutionalization.







# Draft Transition Framework

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- Collaborative Effort
  - Collaboration between the Department of Health Care Services and the California Department of Aging
  - Coordination with the Department of Social Services and the Department of Developmental Services
  - Input from stakeholders





# Draft Transition Framework

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- ADHC Centers begin the discharge planning process for Medi-Cal participants
  - Services participants may have access to include, but are not limited to:
    - Clinics
    - Physicians
    - Home Health
    - IHSS





# Draft Transition Framework

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## –Services cont...

- Adult Day Programs
- Senior Centers
- Regional Transportation
- Local Area Agency on Aging Services





# Draft Transition Framework

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- IPCs will be reviewed for Medi-Cal participants that ADHC Centers identify as needing further assistance in accessing services.
  - The review may include additional health record documents.





# Draft Transition Framework

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- Participants will be assisted with the process of accessing other programs/services:
  - IHSS
  - Regional Center
  - HCBS Waivers
  - Medi-Cal Managed Care Plans
  - Medicare Advantage Special Needs Health Plans
  - Other medically necessary services (e.g. home health care, physical therapy, non-emergency medical transportation)





# Draft Transition Framework

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- If the Medi-Cal participant cannot be transitioned to another program or service:
  - The participant may continue to receive short-term transition-related therapy and treatment to the extent funding is appropriated by the legislature and allocated by DHCS.





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# Discussion

