

**How to Accurately Weigh and Measure Children for the CHDP Well-Child Exam**  
*Pre-Training Assessment*

Clinic: \_\_\_\_\_ Date: \_\_\_\_\_

Contact person: \_\_\_\_\_ Phone/e-mail: \_\_\_\_\_

Date of training: \_\_\_\_\_ Location of training: \_\_\_\_\_

How many staff will be attending the training? \_\_\_\_\_

A/V equipment needs: \_\_\_\_\_

**Pre-training questions:**

1. Which staff person weighs and measures patients? (check all that apply)  
 doctor                       LVN                       medical assistant                       nurse  
 nurse practitioner                       PA                      other \_\_\_\_\_
2. Which staff person records the weight and height data? (check all that apply)  
 doctor                       LVN                       medical assistant                       nurse  
 nurse practitioner                       PA                      other \_\_\_\_\_
3. Who plots the measurements on the growth chart? (check all that apply)  
 doctor                       LVN                       medical assistant                       nurse  
 nurse practitioner                       PA                      other \_\_\_\_\_
4. What equipment do you use to measure an infant?  
 infant measuring board                       tape measure                       measuring mat  
 mark exam table paper at head and feet                      other \_\_\_\_\_
5. What equipment do you use to weigh an infant?  
 mechanical infant scale                       digital infant scale                       portable scale  
other \_\_\_\_\_
6. What equipment do you use to measure a child?  
 stadiometer w/headboard                       stature device attached to balance scale  
 tape measure or stick attached to wall                      other \_\_\_\_\_
7. What equipment do you use to weigh a child?  
 mechanical beam scale                       digital beam scale  
 mechanical floor scale                       digital floor scale                      other \_\_\_\_\_
8. Will we be able to use this equipment during the training?  
 Yes                       No