## Measuring Weight Infants: Birth - 2 years

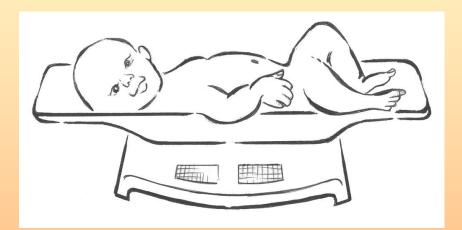
Step 1 - Dress Code

Weigh infant wearing light underclothing or a clean dry diaper.

Step 2 - Center Child on Scale

Balance and zero the scale including the paper drape

Place infant on the center of the scale platform



## **Respect Privacy**

Provide a private area for:

- Clothing removal
- Taking and discussing measurements

## **Alternate Weighing Method**

- 1) Weigh both caregiver and child
- 2) Weigh caregiver alone
- 3) Subtract caregiver's weight from the combined weight



## Step 3 — Read and Document the Measurements

Read measurement to nearest 1/2 ounce (0.01 kg) and write it down.

| Conversion Chart |        |         |
|------------------|--------|---------|
| Fraction         | Ounces | Decimal |
| 1/8              | 2      | .125    |
| 1/4              | 4      | .25     |
| 3/8              | 6      | .375    |
| 1/2              | 8      | .5      |
| 5/8              | 10     | .625    |
| 3/4              | 12     | .75     |
| 7/8              | 14     | 875     |

For more information on accurately measuring infants, children and adolescents, visit <a href="https://www.dhcs.ca.gov/services/chdp/">www.dhcs.ca.gov/services/chdp/</a>.

Select Support and Educational Materials.

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