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CHDP Provider Information Notice No.: 17-03

TO: ALL CHILD HEALTH AND DISABILITY PREVENTION (CHDP)  
PROGRAM PROVIDERS AND MEDI-CAL MANAGED CARE PLANS

SUBJECT: CHDP HEALTH ASSESSMENT GUIDELINES ADDITIONAL REVISIONS

The purpose of this CHDP Provider Information Notice is to inform CHDP Providers and Medi-Cal managed health care plans about additional revisions to the CHDP Health Assessment Guidelines (CHDP Guidelines) and their availability on the CHDP website. Please see new and/or updated changes highlighted in **bold** in the CHDP Guidelines immediately below. Revisions to the CHDP Guidelines will be posted to the CHDP Health Assessment Guidelines webpage at <http://www.dhcs.ca.gov/services/chdp/Pages/HAG.aspx> as they become available. These CHDP Guidelines support the American Academy of Pediatrics' (AAP) Bright Futures Guidelines.

**CHDP Guidelines:**

1. Introduction
2. Adolescent Health
3. Adolescent Preparticipation Physical Exam (PPE)
4. Anthropometric Measurements
5. Asthma Assessment in Children and Anticipatory Guidance
6. **Blood Lead Test and Anticipatory Guidance**
7. Blood Pressure
8. Cervical Dysplasia/PAP test
9. Child Maltreatment
10. Development, Socio-Emotional Behavioral Assessment and Anticipatory Guidance
11. Fasting Blood Glucose and Cholesterol Screening Tests
12. **Health Education and the Process of Anticipatory Guidance**
13. Health History
14. Hearing Screening and Anticipatory Guidance
15. Immunizations
16. **Iron Deficiency and Iron Deficiency Anemia**

**17. Nutritional Assessment and Anticipatory Guidance**

18. Oral Health and Anticipatory Guidance

19. Ova and Parasite Screening

20. Periodicity Schedules for Health Assessment and Dental Referral

21. Risk of Injury Assessment and Anticipatory Guidelines

22. Sexually Transmitted Infections

23. Sickle Cell and Other Hemoglobinopathies

**24. Substance Use: Alcohol and Drugs**

25. Tobacco Exposure and Use Assessment

**26. Tuberculosis**

**27. Vision Screening**

The purpose of the CHDP Guidelines is to set CHDP provider standards for pediatric health assessments for children served by the CHDP Program. These CHDP Guidelines can be used by CHDP providers; Medi-Cal managed care health plans, and other healthcare professionals. These guidelines are consistent with the AAP Bright Futures™ Guidelines and provide guidance to ensure compliance with California state specific regulations. The Systems of Care Division encourages you to review each section in its entirety.

All CHDP providers are required to comply with the most recent AAP [Bright Futures Guidelines](#) and the AAP Bright Futures [Recommendations for Preventive Pediatric Health Care](#) (periodicity table)\*. Please refer to the “Resources” section below.

All CHDP providers are also required to comply with any additional state regulatory requirements for risk assessments and testing as outlined in the [CHDP Health Assessment Guidelines](#) (<http://www.dhcs.ca.gov/services/chdp/Pages/HAG.aspx>).

Please note that the CHDP Program is continuing to update the CHDP Guidelines to meet Bright Futures Guidelines, as well as state regulations that may supersede some of the Bright Futures periodicity requirements for screening and testing. As a result, there may be some differences between the CHDP Guidelines and Bright Futures Guidelines. There will be future CHDP notices with guideline revisions to the CHDP Guidelines.

CHDP uses the term “Health Assessments” which is not a term used in the Bright Futures periodicity schedules. Health assessments include Bright Futures periodicity categories: history, measurements, sensory screening, developmental/behavioral health, physical examinations, procedures, oral health, and anticipatory guidance.

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\* The recommendations in this statement [Recommendations for Preventive Pediatric Health Care] do not indicate an exclusive course of treatment or standard of medical care. Variations, taking into account individual circumstances, may be appropriate.

The Guidelines Workgroup acknowledges the efforts of the CHDP Guidelines Workgroup, contributing members of the CHDP Executive Committee, and the AAP in providing advice, authorship, and/or review of the CHDP Guidelines.

The revised sections can be downloaded from the CHDP Health Assessment Guidelines web page available at:

<http://www.dhcs.ca.gov/services/chdp/Pages/HAG.aspx>.

Resources:

1. Bright Futures™: <https://brightfutures.aap.org/Pages/default.aspx>
2. Bright Futures™ Guidelines: <https://brightfutures.aap.org/materials-and-tools/guidelines-and-pocket-guide/Pages/default.aspx>
3. Bright Futures™ Recommendations for Preventive Pediatric Health Care: [https://www.aap.org/en-us/Documents/periodicity\\_schedule.pdf](https://www.aap.org/en-us/Documents/periodicity_schedule.pdf)
4. California Department of Health Care Services, CHDP Health Assessment Guidelines <http://www.dhcs.ca.gov/services/chdp/Pages/HAG.aspx>.

We hope that this updated information will assist you in providing quality care in your practice. If you have any questions, please contact your local CHDP Program or address any additional inquires to the Department of Health Care Services, Systems of Care Division at (916) 327-1400.

Sincerely,

**ORIGINAL SIGNED BY PATRICIA MCCLELLAND**

Patricia McClelland, Chief  
Systems of Care Division

Attachments