

Periodicity Schedules for Health Assessment and Dental Referral

RATIONALE

The state of California CHDP program is implementing CHDP periodicity schedules to conform with the American Academy of Pediatrics¹ [Bright Futures Recommendations for Periodic Preventive Health Care](#), which are also used by Medi-Cal managed care health plans. These periodicity schedules for health assessment and dental referral standardize the assessment intervals and promote continuity of care.

Every patient encounter offers an opportunity for preventive care. The periodicity schedule becomes a way of tracking and prompting health care providers to practice preventive health care. Each section of the guidelines furnishes information on what should be included in the required health assessments, the rationale for the health assessment, screening requirements considerations for referral, treatment and/or follow-up. Other information is included when pertinent to the specific health assessment and helpful to the health care provider.

CHDP reimburses the complete health assessment for preventive care performed according to the periodicity schedule. In addition, CHDP reimburses complete health assessments for preventive care which are performed out of periodicity, referred to as Medically Necessary Interperiodic Health Assessment (MNIHA), when any of the following situations exist:

- There is a need for a sports or camp physical examination
- The individual is in foster care or out-of-home placement
- There is a need for a school or preschool entrance examination
- There is a need for providing additional anticipatory guidance to the individual or the parent or legal guardian
- There is a history of perinatal problems
- There is a history of developmental disability
- There is a need to complete health assessment requirements*

*California's CHDP program also reimburses for all periodic health assessments as recommended by the AAP Bright Futures periodicity schedules. Please see the Medi-Cal Newsflash: "[CHDP Notice: Additional Bright Futures Benefits Reimbursable Beginning July 11 \[2016\]](#)". Future CHDP updates may follow regarding the CHDP periodicity schedules as they relate to Bright Futures Recommendations for Periodic Preventive Health Care.

When any additional health assessments are provided outside of the periodicity schedule, the reason must be stated in the Comments/Problems section on the Confidential Screening/Billing Report (PM 160). For further information and instructions, please refer to the [CHDP Provider Manual](#), Health Assessments Section, (health assess) pages 1-3.

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Additional services are available for children in need of ongoing treatment, care, or monitoring of a specific disease or previously diagnosed disorder. Diagnosis and treatment services for Medi-Cal eligible children are reimbursable according to the Medi-Cal program benefits. Diagnosis and treatment services for non Medi-Cal children may be available through the [Covered California](#) program or the health department in the child's county of residence. For more information, families may contact their [local CHDP program](#) or the Covered California program at 1-800-300-1506.

Bright Futures

[Bright Futures Recommendations for Preventive Pediatric Health Care](#)

[Bright Futures Tool and Resource Kit](#)

References

1 Hagan, JF, Shaw PM, eds. 2008. [Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents](#), Third Edition, Elk Grove Village, IL: American Academy of Pediatrics.