

Health Assessment Guidelines Introduction

The purpose of the Child Health and Disability Prevention (CHDP) Program Health Assessment Guidelines (Guidelines) is to set a standard for pediatric health assessments for children served by CHDP. The Guidelines include the frequency and content of the examination, the definition of the test to be provided, and recommendations for anticipatory guidance. CHDP expects that eligible children between ages 0-21 years will receive all assessments and appropriate testing, except when deemed by the health care provider to be contraindicated; recently done and therefore not needed; or refused by the patient and/or parent. The Guidelines are not designed to constrain the examiner from doing a more extensive examination nor from using similar but equivalent tests, as long as they are performed and billed within the regulations and policies of the Program. The overview of CHDP legislative codes and regulation are located on the Program website titled [The Child Health and Disability Prevention Program Overview](#). The [CHDP Programs by county or city](#) is available on the [CHDP web page](#).

The Guidelines describe the required screening procedures and tests and include recommended criteria for appropriate referrals to diagnosis and treatment. Any child with a suspected condition identified during a health assessment, and who is not currently receiving care for that condition, must be offered diagnostic and treatment services. Examiners are to give care within their area or areas of expertise. If care is needed outside of their expertise, the examiner must refer the child and the family to appropriate and accessible providers. When an examiner suspects a child of having a California Children's Services eligible condition, the examiner must inform the family of the availability of the California Children's Services program services and refer the child and their family. The [list of the California Children's Services programs by county](#) is available on the California Children's Services' website.

CHDP is implementing Bright Futures' guidelines and tools, including the American Academy of Pediatrics (AAP) updates and revisions that become AAP official policy. AAP's goal is to periodically update and promote implementation of [Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*](#) among health care professionals, public/private partners with key child health constituencies, communities, and families. AAP also recognizes that the Affordable Care Act requires the provision of essential preventive care services as recommended by Bright Futures. In addition, Medi-Cal managed care health plans are required to provide preventive services for all members less than 21 years of age as specified by the most recent AAP guidelines and [periodicity schedules](#). Bright Futures and AAP will continue to update and release future editions with the most recent AAP approved scientific based standards for pediatric child health care. California's CHDP program will also continue to provide updated information based on AAP's Bright Futures recommendations.

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Please see CHDP Notice: [CHDP Notice: Additional Bright Futures Benefits Reimbursable Beginning July](#) [2016] and future updates.

Quality care and comprehensive services for children and their families occur because of dedicated and concerned health care providers. It is the hope that the revised Guidelines, AAP, and Bright Futures will reflect changes in scientific knowledge and preventive health care, and that they will be helpful in planning and providing those services specified by CHDP regulations.

Resources

American Academy of Pediatrics (2014). *Bright Futures American Academy of Pediatrics Affordable Care Act*. Retrieved June 4, 2014 from [Implementation of the Affordable Care Act Preventive Services Provision](#).

American Academy of Pediatrics. (2014). [Bright Futures American Academy of Pediatrics Codes and Regulations](#). Retrieved June 4, 2014.

American Academy of Pediatrics. (2014). [Bright Futures American Academy of Pediatrics Periodicity Table](#). Retrieved June 4, 2014.

American Academy of Pediatrics. (2014). [Bright Futures American Academy of Pediatrics Health Assessment Tools and Resource Kit](#). Retrieved June 6, 2014.

Legislation of the Child Health and Disability Prevention Program

[California Code of Regulations \(CCR\) Title 17 Section 6800 through 6874](#). Retrieved June 4, 2014.

[Health and Safety Code, Sections 124025 through 124110 and Section 104395](#). Retrieved June 4, 2014.

[Medi-Cal regulations pertaining to Early Periodic Screening, Diagnosis and Treatment Services through the Child Health and Disability Prevention Program](#)

Title 22, Division 3, Subdivision 1, Chapter 3 Article 4, Sections 51304, 51340, and 51532 Retrieved June 4, 2014.

California Department of Health Care Services Systems of Care Division releases

[CHDP Provider Manual and Bulletins](#). Retrieved June 4, 2014.

[All County Welfare Director's Letters and Medi-Cal Eligibility Division Information Letters](#).

Retrieved June 4, 2014.

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[State Child Health and Disability Prevention Program Letters and information Notices – Health Services](#)

Retrieved June 4, 2014.

[CHDP Notice: Additional Bright Futures Benefits Reimbursable Beginning July](#) [2016]

Federal Regulations governing States' Provision of EPSDT

[Code of Federal Regulations](#) Title 42, Section 440.40 and Part 441, Subpart B

Retrieved June 4, 2014.

Federal Statutes applying to the Early Periodic Screening, Diagnosis and Treatment program

[Omnibus Budget Reconciliation Act - Public Law 101-239, Section 6403.](#)

Retrieved June 4, 2014.

[Social Security Act SECTION.1902 \(42 U.S.C. 1396a\) \(a\), \(43\), 1905\(a\)\(4\)\(B\), and 1905\(r\).](#)

Retrieved June 4, 2014.

Statutes requiring review of new program standards by State Advisory Groups

New program standards affecting local programs to be reviewed by the [California Conference of Local Health Officers. Health and Safety Code Section 100925-100930.](#)

Retrieved June 4, 2014.

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