



CALIFORNIA CHDP/EPSDT DENTAL TRAINING: Local CHDP Program Fluoride Varnish Trainer Guide

All CHDP local personnel who are responsible for provider education should familiarize and educate themselves with this training. CHDP staff should be prepared to answer questions from providers.

Planning for a Successful Fluoride Varnish (FV) Training

While FV is extremely effective and easy to apply, one of the biggest challenges to establishing FV in a medical office is ensuring leadership is fully engaged and committed to its implementation. It is important for success, to identify who can make the decisions to implement FV. Once identified, plan to meet in advance of the training to discuss implementation, and encourage the leadership to attend the training.

Engaging Medical Office Leadership Ideas

Meet with the clinical decision maker to discuss the possibility of implementing FV in their clinic. Explain benefits of early prevention. Show data reflecting high risk for dental caries in their Medi-Cal pediatric population. Be sure to address workflow solutions, and ease of application. If barriers arise during your discussion, listen to their concerns and look for possible solutions together. One option is to offer to start with a very small “pilot” in their clinic, for example: one provider, or one day a week, or one age group to see what works best.

Refer to the Steps to Implement Fluoride Varnish in Your Medical Practice handout for more details.

Explore Offering Continuing Education Units (CEUs): (optional)

Note: Please do not delay scheduling trainings while exploring CEU options.

- Inquire if your county public health department can offer CEUs for nurses, or Continuing Medical Education (CMEs) for medical providers.
- Visit [California Board of Registered Nursing](#) website to learn how to be a provider that offer CEUs to nurses
- Visit [California Certifying Board of Medical Assistants](#) or [American Association of Medical Assistants](#) website for information needed to provide medical assistants with continuing education hours
- For medical assistants to receive full or partial continuing education credits be sure to provide the:
 - Training agenda
 - Certificate of participation with total training hours
- To offer medical provider CMEs, ask a medical provider in your public health department to apply through their professional association: [American Association of Family Physicians](#) (AAFP), [American Academy of Pediatrics](#) (AAP etc., or your local medical society.

Schedule the Training

- Inform your clinic contact of the importance of including the individual(s) who can make clinical decisions to implement FV.

- Invite all staff including: medical providers, nursing staff, front desk and clinic leadership.
- Find a location for training: conference rooms in local hospitals, clinics, health plans, county offices, libraries, etc.
- Ensure there is a projector, screen, and laptop. (You will need to bring each of these, if they do not have at the location.)
- Ask if there is internet connection; you will need to bring a flash drive as backup.
- Determine a date and location. (Lunch time is optimal.)
- Alternatively, invite multiple clinics to attend at one central location.

Prepare for the Training

- Review the PowerPoint (PPT) and the PPT notes to become familiar with the information and materials. (PPT notes contain very detailed information that will need to be addressed during the training.)
- It is best to practice the training several times before presenting.
- The person presenting should experience FV prior to the presentation, by applying the varnish, for example: on themselves, a co-worker, son, daughter, etc.
- To best understand the experience, have FV samples available and include time at the end of training for attendees to practice on each other. Give a print-out of FV Practicum Guide to each participant.
- This training is optimally presented in an individual office or group setting, but providers can also be directed to self-study.

Power Point (Technical Tips)

- Download [Fluoride Varnish PPT](https://dhcs.ca.gov/services/chdp/Pages/FluorideVarnish.aspx) and videos (mp4 files) onto flash drive or laptop. (<https://dhcs.ca.gov/services/chdp/Pages/FluorideVarnish.aspx>)
- Bring extension cord with power strip and an outlet adaptor.
- Best to have a pdf file saved as a back-up, in addition to the PPT, to ensure proper formatting.

Trainer Materials

1. Printable items can be accessed from the [CHDP Dental Training: Fluoride Varnish](#) home page:
 - Labels for trainee folder(s) (optional)
 - Educational materials for trainee folder(s) (optional)
 - Sign-in sheet
 - Evaluation form(s)
 - Certificate(s) of Completion (optional)
2. Participant practicum materials: sample FV, hand sanitizer, gauze, and gloves
 - To request samples and practice materials, contact:
 - Health department clinic
 - Local dentist, dental society or dental hygiene society
 - Local First Five Commission
 - Prop 56 Local Oral Health Program - (within health department)
 - Dental supply companies
 - Write a small grant to purchase these training materials

3. Incentive materials can be given to participants in appreciation for attending the training (optional)
 - Examples: toothbrush, toothpaste, floss, tote bags, etc. and/or provide lunch.

Trainee Folders

Prepare individual folders for each attendee, or one sample folder per office/clinic. Suggested items for folder: (Links for the items below may be found on the [CHDP Dental Training: Fluoride Varnish](#) home page. Copies of: PPT, Application Protocol, Practicum Guide, and Steps to Implement

- Provider Guides: Dental Referral Classification Guide, Oral Health for Infants and Toddlers - A Medical Providers Guide, CHDP-CCS Orthodontic and Craniofacial Guide, CHDP/ EPSDT Periodicity Schedule for Dental Referral by Age.
- CHDP Care Coordination/Follow-up Request Form
- Educational materials including brochures: Fluoride Varnish Helping Smiles Stay Strong, Every Child Needs a Dental Home, Prevent Tooth Decay in Babies and Toddlers.
- [AAP Oral Health Risk Assessment Tool](#)
- Your local CHDP Program dental referral list (Note: include link/website for [Medi-Cal Dental Provider Directory](#) and Denti-Cal referral number 1-800-322-6384)

Reminders

- Be sure to have trainees sign-in.
- During the introduction, review the contents of the training folder with participants.
- After the PPT training, allow participants time to practice FV application. (Refer to Practicum Guide handout).
- Distribute and collect evaluations.
- Remind participants that the training can be accessed online.
- Hand out certificates. (optional)
- Offer to provide follow-up support for FV implementation.