



Growth Assessment Resources

Online Tutorials

[Centers for Disease Control and Prevention \(CDC\) Growth Chart Training](http://www.cdc.gov/nccdphp/dnpa/growthcharts/training/modules/index.htm)

<http://www.cdc.gov/nccdphp/dnpa/growthcharts/training/modules/index.htm>

[CDC: Using the WHO Growth Charts to Assess Growth in the United States](http://www.cdc.gov/nccdphp/dnpao/growthcharts/who/index.htm)

<http://www.cdc.gov/nccdphp/dnpao/growthcharts/who/index.htm>

[Maternal and Child Health Bureau: Growth Charts Training Modules](http://depts.washington.edu/growth/)

<http://depts.washington.edu/growth/>

Online Resources

[AAP Prevention and Treatment of Childhood Overweight and Obesity](http://www2.aap.org/obesity/index.html)

<http://www2.aap.org/obesity/index.html>

[CHDP Body Mass Index \(BMI\)-for-Age Percentile Job Aid \(Program Information Notice No.: 08-02\)](http://www.dhcs.ca.gov/services/chdp/Documents/Letters/chdppin0802.pdf)

<http://www.dhcs.ca.gov/services/chdp/Documents/Letters/chdppin0802.pdf>

[CHDP Provider Support and Educational Materials](http://www.dhcs.ca.gov/services/chdp/Pages/Support.aspx)

<http://www.dhcs.ca.gov/services/chdp/Pages/Support.aspx>

[California Medical Association Foundation Programs: Obesity](http://www.thecmafoundation.org/Programs/Obesity)

<http://www.thecmafoundation.org/Programs/Obesity>

[Expert Committee Recommendations](http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full)

[on the Assessment, Prevention and Treatment of Childhood Overweight and Obesity](http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full)

http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full

[National Institute for Children's Health Quality: Healthy Care for Healthy Kids Obesity Toolkit](http://obesity.nichq.org/resources/healthy%20care%20for%20healthy%20kids%20obesity%20toolkit)

<http://obesity.nichq.org/resources/healthy%20care%20for%20healthy%20kids%20obesity%20toolkit>

Website links were selected and reviewed by the statewide CHDP Nutrition Subcommittee.

This listing is for informational purposes only.

No endorsement of any commercial product is intended or implied.

California Department of Health Care Services

[Child Health and Disability Prevention Program](http://www.dhcs.ca.gov/services/chdp/ProviderSupportandEducationalMaterials) • <http://www.dhcs.ca.gov/services/chdp/ProviderSupportandEducationalMaterials>



Growth Assessment Resources

Pediatric Growth Charts

[CDC Growth Charts \(Ages 2 to 20\)](http://www.cdc.gov/growthcharts/cdc_charts.htm)

http://www.cdc.gov/growthcharts/cdc_charts.htm

[WHO Growth Charts \(Birth to 24 Months\)](http://www.cdc.gov/growthcharts/who_charts.htm)

http://www.cdc.gov/growthcharts/who_charts.htm

[American Academy of Pediatrics: shopAAP](http://shop.aap.org)

<http://shop.aap.org>

[52 10 Let 's Go! Color-Coded BMI Charts](http://www.letsgo.org/programs/healthcare/toolkits/) > **Health Care** > **Provider Tools**

<http://www.letsgo.org/programs/healthcare/toolkits/>

[Eat Smart, Move More North Carolina Color-Coded BMI Charts](http://www.eatsmartmovemorenc.com/PediatricObesityTools/PediatricObesityTools.html)

<http://www.eatsmartmovemorenc.com/PediatricObesityTools/PediatricObesityTools.html>

BMI Calculation Wheels

[Perspective Enterprises](http://www.perspectiveent.com/) > **Growth Assessment Tools** > **The BMI Wheel**

<http://www.perspectiveent.com/>

Online BMI Calculator

[CDC Body Mass Index](http://www.cdc.gov/healthyweight/assessing/bmi/index.html) > **Child and Teen BMI Calculator**

<http://www.cdc.gov/healthyweight/assessing/bmi/index.html>

[The Children 's Hospital of Philadelphia: Body Mass Index and Z-Score Calculation in Children](http://stokes.chop.edu/web/zscore/)

<http://stokes.chop.edu/web/zscore/>

Pocket Calculator with BMI function (Seca 491 BMI Calculator)

[QuickMedical Medical Equipment and Supplies: Pocket Calculator with BMI Function](http://quickmedical.com/seca/accessories/491.html)

<http://quickmedical.com/seca/accessories/491.html>

Growth Chart Plotting Tools

[Perspective Enterprises](http://www.perspectiveent.com/) > **Growth Assessment Tools** > **The PrecisePlot™**

<http://www.perspectiveent.com/>

[QuickMedical Medical Equipment and Supplies: Graph Ease Growth Chart Plotting Tool](http://www.quickmedical.com/seca/pediatrics/404.html)

<http://www.quickmedical.com/seca/pediatrics/404.html>

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