

## Performance Outcomes Adult Specialty Mental Health Services Report

### Report Date September, 2016

#### Background

This report measures the effectiveness of adult specialty mental health services. It models reports developed to measure Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services as mandated by Welfare and Institutions Code Section 14707.5. The intent of these reports is to improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services.

Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop a Performance Measurement Paradigm, and to design indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.aspx>.

#### Overview

Three reports will be provided: statewide aggregate data; population-based county groups; and county-specific data. These aggregate reports provide adult information on the initial indicators that were developed for the Performance Outcomes System. DHCS plans to move to annual reporting of these data for the Performance Outcomes System.

The first series of charts and tables focus on the demographics of adults 21\* and older who are receiving SMHS based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Utilization of services reports are shown in terms of dollars, as well as by service in time increments. Two types of penetration information are provided; both penetration rate tables are also broken out by demographic characteristics. The snapshot table provides a point-in-time view of adults arriving, exiting, and continuing services over a two-year period. The time-to-step-down table provides a view over the past four years of the time to stepdown services following inpatient discharge.

Where possible, the reports provide trend information by displaying information for Fiscal Years (FY) 11/12, 12/13, 13/14, and 14/15.

#### Definitions

**\*Population** - Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 22 or older during the approved date of service on the claim; or
- Age 21 during the approved date of the service on the claim and a birth date on or after July 1st of the Fiscal Year.

#### Data Sources -

- Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 11/12 through FY 14/15.
- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 11/12 through 14/15.

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#### Additional Information

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at:

[http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog\\_Sept15Reporting\\_Final\\_1.11.15.pdf](http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog_Sept15Reporting_Final_1.11.15.pdf)

#### Note on Privacy:

The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium; whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A “Public Aggregate Reporting – DHCS Business Reports” process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, these data are represented as follows: 1) Data that are missing is indicated as "-" 2) Data that have been suppressed due to privacy concerns is indicated as "^".

#### Report Highlights

\*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.

\*The **penetration** rates reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology makes comparison between the POS penetration rates and the EQRO penetration rates not appropriate nor useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of adults who received a number of SMHS (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible adults for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

\*The **snapshot** report provides a point-in-time look at adults' movement through the SMHS system. The report uses five general categories to classify if an adult is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). As of now, this report only classifies adults and their service usage for FY 12/13 through FY14/15. Eventually the snapshot data will be used along with measures of service effectiveness to identify whether adults are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

\*The psychiatric emergency services/hospital data measured in the **time to step-down services** report relies solely on claims data from Short Doyle/Medi-Cal II. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based on the county of the hospital from which the patient is discharged and receives step-down services.

Please contact [cmhpos@dhcs.ca.gov](mailto:cmhpos@dhcs.ca.gov) for any questions regarding this report.

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year  
Los Angeles County**

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
<b>FY 11-12</b>	69,113		1,028,584	
<b>FY 12-13</b>	69,779	1.0%	1,050,664	2.1%
<b>FY 13-14</b>	92,492	32.5%	1,734,282	65.1%
<b>FY 14-15</b>	103,930	12.4%	2,142,039	23.5%
<b>Compound Annual Growth Rate SFY**</b>		<b>14.6%</b>		<b>27.7%</b>

\*SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.

\*\*SFY = State Fiscal Year which is July 1 through June 30.

The Measures Catalog may be found at: [http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog\\_Sept15Reporting\\_Final\\_1.11.15.pdf](http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog_Sept15Reporting_Final_1.11.15.pdf)

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year  
Los Angeles County**

Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %
FY 11-12	314	0.5%	6,187	9.0%	17,999	26.0%	16,997	24.6%	19,359	28.0%	829	1.2%	7,428	10.7%
FY 12-13	347	0.5%	6,078	8.7%	18,487	26.5%	17,792	25.5%	17,531	25.1%	737	1.1%	8,807	12.6%
FY 13-14	438	0.5%	6,819	7.4%	23,681	25.6%	25,144	27.2%	22,100	23.9%	1,316	1.4%	12,994	14.0%
FY 14-15	466	0.4%	6,893	6.6%	25,892	24.9%	29,575	28.5%	23,975	23.1%	1,625	1.6%	15,504	14.9%

*\*FY 13-14 claims are estimated to be 95% complete as of January 1, 2015.*

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year  
Los Angeles County**

Fiscal Year	Adults 21-44 Count	Adults 21-44 %	Adults 45-64 Count	Adults 45-64 %	Adults 65+ Count	Adults 65+ %
FY 11-12	26,083	37.7%	37,811	54.7%	5,219	7.6%
FY 12-13	26,782	38.4%	37,098	53.2%	5,899	8.5%
FY 13-14	38,309	41.4%	48,086	52.0%	6,097	6.6%
FY 14-15	45,792	44.1%	51,751	49.8%	6,387	6.1%

*\*FY 13-14 claims are estimated to be 95% complete as of January 1, 2015.*

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year  
Los Angeles County**

Fiscal Year	Female Count	Female %	Male Count	Male %
FY 11-12	38,827	56.2%	30,286	43.8%
FY 12-13	38,984	55.9%	30,795	44.1%
FY 13-14	49,173	53.2%	43,319	46.8%
FY 14-15	53,848	51.8%	50,082	48.2%

**Penetration Rates\* Report: Adults With At Least One SMHS Visit\*\*  
Los Angeles County**

	FY 11-12			FY 12-13			FY 13-14			FY 14-15		
	Adults with 1 or more SMHS Visits	Certified Eligible Adults	Penetration Rate	Adults with 1 or more SMHS Visits	Certified Eligible Adults	Penetration Rate	Adults with 1 or more SMHS Visits	Certified Eligible Adults	Penetration Rate	Adults with 1 or more SMHS Visits	Certified Eligible Adults	Penetration Rate
<b>All</b>	<b>69,113</b>	<b>1,028,584</b>	<b>6.7%</b>	<b>69,779</b>	<b>1,050,664</b>	<b>6.6%</b>	<b>92,492</b>	<b>1,734,282</b>	<b>5.3%</b>	<b>103,930</b>	<b>2,142,039</b>	<b>4.9%</b>
Adults 21-44	26,083	383,093	6.8%	26,782	397,722	6.7%	38,309	747,820	5.1%	45,792	1,000,927	4.6%
Adults 45-64	37,811	283,575	13.3%	37,098	284,906	13.0%	48,086	603,860	8.0%	51,751	733,975	7.1%
Adults 65+	5,219	361,916	1.4%	5,899	368,036	1.6%	6,097	382,602	1.6%	6,387	407,137	1.6%
Alaskan Native or American Indian	314	2,087	15.0%	347	2,134	16.3%	438	3,497	12.5%	466	4,241	11.0%
Asian or Pacific Islander	6,187	135,599	4.6%	6,078	135,564	4.5%	6,819	220,840	3.1%	6,893	271,222	2.5%
Black	17,999	137,236	13.1%	18,487	138,840	13.3%	23,681	224,788	10.5%	25,892	257,826	10.0%
Hispanic	16,997	421,362	4.0%	17,792	434,381	4.1%	25,144	721,617	3.5%	29,575	905,845	3.3%
White	19,359	205,705	9.4%	17,531	205,457	8.5%	22,100	334,104	6.6%	23,975	412,550	5.8%
Other	829	17,263	4.8%	737	17,264	4.3%	1,316	30,679	4.3%	1,625	40,998	4.0%
Unknown	7,428	109,332	6.8%	8,807	117,024	7.5%	12,994	198,757	6.5%	15,504	249,357	6.2%
Female	38,827	652,096	6.0%	38,984	667,368	5.8%	49,173	1,004,057	4.9%	53,848	1,205,614	4.5%
Male	30,286	376,488	8.0%	30,795	383,296	8.0%	43,319	730,225	5.9%	50,082	936,425	5.3%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

\*\*Adults that have received at least one SMHS that was claimed through the Short-Doyle/ Medi-Cal claiming system on at least one (1) day in the Fiscal Year.

Penetration rates decreased because the number of Affordable Care Act SMHS eligible beneficiaries increased markedly beginning in SFY 2013-14 while claims increased more gradually.

**Penetration Rates\* Report: Adults With At Least One SMHS Visit\*\*  
Los Angeles County**

	FY 11-12			FY 12-13			FY 13-14			FY 14-15		
	Adults with 5 or more SMHS Visits	Certified Eligible Adults	Penetration Rate	Adults with 5 or more SMHS Visits	Certified Eligible Adults	Penetration Rate	Adults with 5 or more SMHS Visits	Certified Eligible Adults	Penetration Rate	Adults with 5 or more SMHS Visits	Certified Eligible Adults	Penetration Rate
<b>All</b>	<b>50,388</b>	<b>1,028,584</b>	<b>4.9%</b>	<b>51,414</b>	<b>1,050,664</b>	<b>4.9%</b>	<b>62,738</b>	<b>1,734,282</b>	<b>3.6%</b>	<b>71,879</b>	<b>2,142,039</b>	<b>3.4%</b>
Adults 21-44	18,986	383,093	5.0%	19,392	397,722	4.9%	24,700	747,820	3.3%	30,324	1,000,927	3.0%
Adults 45-64	27,979	283,575	9.9%	27,981	284,906	9.8%	33,765	603,860	5.6%	37,217	733,975	5.1%
Adults 65+	3,423	361,916	0.9%	4,041	368,036	1.1%	4,273	382,602	1.1%	4,338	407,137	1.1%
Alaskan Native or American Indian	226	2,087	10.8%	258	2,134	12.1%	332	3,497	9.5%	331	4,241	7.8%
Asian or Pacific Islander	5,240	135,599	3.9%	5,151	135,564	3.8%	5,502	220,840	2.5%	5,530	271,222	2.0%
Black	12,759	137,236	9.3%	13,038	138,840	9.4%	15,395	224,788	6.8%	17,254	257,826	6.7%
Hispanic	12,531	421,362	3.0%	13,108	434,381	3.0%	16,708	721,617	2.3%	20,142	905,845	2.2%
White	13,599	205,705	6.6%	12,811	205,457	6.2%	14,868	334,104	4.5%	16,412	412,550	4.0%
Other	670	17,263	3.9%	580	17,264	3.4%	904	30,679	2.9%	1,103	40,998	2.7%
Unknown	5,363	109,332	4.9%	6,468	117,024	5.5%	9,029	198,757	4.5%	11,107	249,357	4.5%
Female	28,221	652,096	4.3%	28,574	667,368	4.3%	33,490	1,004,057	3.3%	37,699	1,205,614	3.1%
Male	22,167	376,488	5.9%	22,840	383,296	6.0%	29,248	730,225	4.0%	34,180	936,425	3.7%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

\*\*Adults that have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Year.

Penetration rates decreased because the number of Affordable Care Act SMHS eligible beneficiaries increased markedly beginning in SFY 2013-14 while claims increased more gradually.



**Utilization Report\*: Approved Specialty Mental Health Services for Adults  
Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year\*  
Los Angeles County**

Fiscal Year	SDMC Total Approved	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
FY 11-12	3,883	361	1,111	350	295	14	36	0	8	28	16	20	126	45
FY 12-13	4,255	348	857	271	309	15	336	0	8	25	16	19	118	48
FY 13-14	3,755	322	803	246	297	18	336	0	8	23	13	17	132	26
FY 14-15	4,117	348	880	264	291	17	0	0	8	32	12	14	149	23
<b>MEAN</b>	<b>\$ 4,002.39</b>	<b>345</b>	<b>913</b>	<b>283</b>	<b>298</b>	<b>16</b>	<b>236</b>	<b>0</b>	<b>8</b>	<b>27</b>	<b>14</b>	<b>18</b>	<b>131</b>	<b>36</b>

*\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.  
Please note that (n) values listed at the bottom of each bar graph represent the actual number of adults that received the SMHS represented in their respective graph by Fiscal Year.*

**Snapshot Report: Unique Count of Adults Receiving SMHS  
Arriving, Exiting, and with Service Continuance by Fiscal Year  
Los Angeles County**

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Adults that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
Service Continuance	Adults receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR).
Exiting	Adults that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
Arriving & Exiting	A distinct category in which adults met both the criteria for <b>Arrivals</b> and <b>Exiting</b> above for the fiscal year.
Service Continuance & Exiting	A distinct category in which adults had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance (>= 2 YR) Count	Service Continuance (>= 2 YR) %	Service Continuance (<2 YR) Count	Service Continuance (< 2 YR) %	Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %	Service Continuance (>= 2 YR) & Exiting Count	Service Continuance (>= 2 YR) and Exiting %	Total Count	Total %
FY 12-13	12,554	18.0%	15,731	22.6%	9,538	13.7%	10,694	15.3%	19,467	27.9%	1,747	2.5%	69,731	100%
FY 13-14	24,006	26.0%	14,836	16.0%	8,972	9.7%	11,747	12.7%	30,713	33.2%	2,176	2.4%	92,450	100%
FY 14 - 15	20,359	19.6%	14,118	13.6%	14,128	13.6%	17,264	16.6%	35,856	34.5%	2,156	2.1%	103,881	100%

**Time to Step Down Report: Adults Stepping Down in SMHS Services Post Inpatient Discharge\***

**Los Angeles County**

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down Between 8 and 30 Days	Percentage of Inpatient Discharges with Step Down Between 8 and 30 Days	Count of Inpatient Discharges with a Step Down > 30 Days from Discharge	Percentage of Inpatient Discharges with a Step Down > 30 Days from Discharge	Count of Inpatient Discharges with No Step Down*	Percentage of Inpatient Discharges with No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 11-12	5,014	32.2%	3,270	21.0%	5,836	37.4%	1,464	9.4%	0	365	74.8	19
FY 12-13	5,489	33.4%	3,352	20.4%	5,819	35.4%	1,777	10.8%	0	365	73.7	17
FY 13-14	5,651	33.1%	3,308	19.4%	5,610	32.9%	2,482	14.6%	0	365	67.2	15
FY 14-15	6,153	27.4%	4,470	19.9%	6,852	30.5%	4,971	22.1%	0	365	56.7	18

\* **No Step Down** is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date. This category may include data currently unavailable to DHCS, such as beneficiaries that were moved to a community-based program or beneficiaries that were incarcerated.