

Performance Outcomes Adult Specialty Mental Health Services Report Report Date March 22, 2018

Background

This report measures the effectiveness of adult specialty mental health services. It models reports developed to measure Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services as mandated by Welfare and Institutions Code Section 14707.5. The intent of these reports is to improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop a Performance Measurement Paradigm, and to design indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.asp>

Overview

Three reports will be provided: statewide aggregate data; population-based county groups; and county-specific data. These aggregate reports provide adult information on the initial indicators that were developed for the Performance Outcomes System. DHCS plans to move to annual reporting of these data for the Performance Outcomes System. The first series of charts and tables focus on the demographics of adults 21* and older who are receiving SMHS based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Utilization of services reports are shown in terms of dollars, as well as by service in time increments. Two types of penetration information are provided; both penetration rate tables are also broken out by demographic characteristics. The snapshot table provides a point-in-time view of adults arriving, exiting, and continuing services over a two-year period. The time-to-step-down table provides a view over the past four years of the time to stepdown services following inpatient discharge. Where possible, the reports provide trend information by displaying information for Fiscal Years (FY) 13/14, 14/15, 15/16, and 16/17.

Definitions

Population - Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 20 or younger during the approved date of service on the claim.

Data Sources - Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 13/14 through FY 16/17.

- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 13/14 through FY16/17.

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Additional Information

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at: http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog_Sept15Reporting_Final_1.11.15.pdf

Note on Privacy: The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium; whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A “Public Aggregate Reporting – DHCS Business Reports” process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, these data are represented as follows: 1) Data that are missing is indicated as "-" 2) Data that have been suppressed due to privacy concerns is indicated as "^".

Report Highlights

*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.

*The **penetration** rates reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology makes comparison between the POS penetration rates and the EQRO penetration rates not appropriate nor useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of adults who received a number of SMHS (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible adults for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

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*The **snapshot** report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses five general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here:
<http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

*The psychiatric emergency services/hospital data reported on in the **time to step-down services** report includes data from Short Doyle/Medi-Cal II claims data and fee-for-service data. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based off of the county of fiscal responsibility for the patient and whom has been attributed the time to next service in days used in the calculations for this indicator.

Please contact cmhpos@dhcs.ca.gov for any questions regarding this report.

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year
Santa Clara County as of March 22, 2018**

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
FY 13-14	9,205		205,211	
FY 14-15	11,344	23.2%	253,777	23.7%
FY 15-16	11,748	3.6%	271,726	7.1%
FY 16-17	11,439	-2.6%	275,393	1.3%
Compound Annual Growth Rate SFY**		7.5%		10.3%

**SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.*

***SFY = State Fiscal Year which is July 1 through June 30.*

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year
Santa Clara County as of March 22, 2018**

Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %
FY 13-14	79	0.9%	2,045	22.2%	563	6.1%	1,793	19.5%	2,994	32.5%	505	5.5%	1,226	13.3%
FY 14-15	105	0.9%	2,324	20.5%	749	6.6%	2,220	19.6%	3,716	32.8%	761	6.7%	1,469	12.9%
FY 15-16	112	1.0%	2,331	19.8%	742	6.3%	2,428	20.7%	3,812	32.4%	857	7.3%	1,466	12.5%
FY 16-17	105	0.9%	2,217	19.4%	705	6.2%	2,403	21.0%	3,690	32.3%	903	7.9%	1,416	12.4%

**This report uses the Medi-Cal Eligibility Data System for racial data, while CDSS uses the Child Welfare Services/Case Management System.*

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year
Santa Clara County as of March 22, 2018**

Fiscal Year	Adults 21-44 Count	Adults 21-44 %	Adults 45-64 Count	Adults 45-64 %	Adults 65+ Count	Adults 65+ %
FY 13-14	4,032	43.8%	4,367	47.4%	806	8.8%
FY 14-15	5,276	46.5%	5,130	45.2%	938	8.3%
FY 15-16	5,663	48.2%	5,104	43.4%	981	8.4%
FY 16-17	5,593	48.9%	4,872	42.6%	974	8.5%

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year
Santa Clara County as of March 22, 2018**

Fiscal Year	Female Count	Female %	Male Count	Male %
FY 13-14	5,029	54.6%	4,176	45.4%
FY 14-15	5,859	51.6%	5,485	48.4%
FY 15-16	5,971	50.8%	5,777	49.2%
FY 16-17	5,650	49.4%	5,789	50.6%

Penetration Rates* Report: Adults With At Least One SMHS Visit
Santa Clara County as of March 22, 2018**

	FY 13-14			FY 14-15			FY 15-16			FY 16-17		
	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate
All	9,205	205,211	4.5%	11,344	253,777	4.5%	11,748	271,726	4.3%	11,439	275,393	4.2%
Adults 21-44	4,032	82,456	4.9%	5,276	112,077	4.7%	5,663	122,227	4.6%	5,593	123,319	4.5%
Adults 45-64	4,367	66,390	6.6%	5,130	82,270	6.2%	5,104	87,067	5.9%	4,872	87,164	5.6%
Adults 65+	806	56,365	1.4%	938	59,430	1.6%	981	62,432	1.6%	974	64,910	1.5%
Alaskan Native or American Indian	79	988	8.0%	105	1,226	8.6%	112	1,289	8.7%	105	1,293	8.1%
Asian or Pacific Islander	2,045	78,690	2.6%	2,324	95,499	2.4%	2,331	103,218	2.3%	2,217	104,062	2.1%
Black	563	8,048	7.0%	749	9,864	7.6%	742	10,357	7.2%	705	10,496	6.7%
Hispanic	1,793	46,992	3.8%	2,220	58,514	3.8%	2,428	62,581	3.9%	2,403	65,392	3.7%
White	2,994	38,861	7.7%	3,716	48,071	7.7%	3,812	49,938	7.6%	3,690	49,055	7.5%
Other	505	14,245	3.5%	761	19,789	3.8%	857	22,355	3.8%	903	24,027	3.8%
Unknown	1,226	17,387	7.1%	1,469	20,814	7.1%	1,466	21,988	6.7%	1,416	21,068	6.7%
Female	5,029	118,396	4.2%	5,859	141,354	4.1%	5,971	150,154	4.0%	5,650	152,199	3.7%
Male	4,176	86,815	4.8%	5,485	112,423	4.9%	5,777	121,572	4.8%	5,789	123,194	4.7%

*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system.

**Adults and Older Adults at least one SMHS that was claimed through the Short-Doyle/ Medi-Cal claiming system on at least one (1) day in the Fiscal Year.

Penetration Rates* Report: Adults With At Least One SMHS Visit
Santa Clara County as of March 22, 2018**

	FY 13-14			FY 14-15			FY 15-16			FY 16-17		
	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate
All	6,419	205,211	3.1%	7,884	253,777	3.1%	7,698	271,726	2.8%	7,608	275,393	2.8%
Adults 21-44	2,698	82,456	3.3%	3,525	112,077	3.1%	3,580	122,227	2.9%	3,626	123,319	2.9%
Adults 45-64	3,102	66,390	4.7%	3,665	82,270	4.5%	3,416	87,067	3.9%	3,282	87,164	3.8%
Adults 65+	619	56,365	1.1%	694	59,430	1.2%	702	62,432	1.1%	700	64,910	1.1%
Alaskan Native or American Indian	52	988	5.3%	65	1,226	5.3%	72	1,289	5.6%	59	1,293	4.6%
Asian or Pacific Islander	1,414	78,690	1.8%	1,537	95,499	1.6%	1,343	103,218	1.3%	1,345	104,062	1.3%
Black	394	8,048	4.9%	514	9,864	5.2%	497	10,357	4.8%	462	10,496	4.4%
Hispanic	1,217	46,992	2.6%	1,493	58,514	2.6%	1,589	62,581	2.5%	1,586	65,392	2.4%
White	2,099	38,861	5.4%	2,682	48,071	5.6%	2,625	49,938	5.3%	2,567	49,055	5.2%
Other	332	14,245	2.3%	481	19,789	2.4%	509	22,355	2.3%	554	24,027	2.3%
Unknown	911	17,387	5.2%	1,112	20,814	5.3%	1,063	21,988	4.8%	1,035	21,068	4.9%
Female	3,517	118,396	3.0%	4,102	141,354	2.9%	3,891	150,154	2.6%	3,811	152,199	2.5%
Male	2,902	86,815	3.3%	3,782	112,423	3.4%	3,807	121,572	3.1%	3,797	123,194	3.1%

*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system.

**Adults and Older Adults that have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Y

Utilization Report*: Approved Specialty Mental Health Services for Adults - Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year*
Santa Clara County as of March 22, 2018

Fiscal Year	SDMC Total Approved	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
FY 13-14	\$ 8,752	744	974	213	148	31	0	369	12	19	9	25	69	10
FY 14-15	\$ 7,901	682	919	227	131	33	0	226	12	19	9	24	64	10
FY 15-16	\$ 7,454	606	968	230	149	33	0	222	9	24	8	25	69	9
FY 16-17	\$ 12,314	620	1,040	264	143	32	51	152	10	31	9	28	77	11
MEAN	\$ 9,105	663	975	234	143	32	51	242	11	24	9	26	70	10

**The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.*

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

^ Data has been suppressed to protect patient privacy.

**Snapshot Report: Unique Count of Adults Receiving SMHS
Arriving, Exiting, and with Service Continuance by Fiscal Year
Santa Clara County as of March 22, 2018**

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Adults that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
Service Continuance	Adults receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR).
Exiting	Adults that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
Arriving & Exiting	A distinct category in which Adults met both the criteria for Arrivals and Exiting above for the fiscal year.
Service Continuance &	A distinct category in which Adults had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance (>= 2 YR) Count	Service Continuance (>= 2 YR) %	Service Continuance (<2 YR) Count	Service Continuance (< 2 YR) %	Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %	Service Continuance (>= 2 YR) & Exiting Count	Service Continuance (>= 2 YR) and Exiting %	Total Count	Total %
FY 13-14	2,380	25.9%	1,910	20.7%	936	10.2%	1,040	11.3%	2,605	28.3%	334	3.6%	9,205	100%
FY 14-15	2,317	20.4%	1,914	16.9%	1,425	12.6%	1,532	13.5%	3,868	34.1%	288	2.5%	11,344	100%
FY 15-16	2,216	18.9%	1,968	16.8%	1,518	12.9%	1,755	14.9%	3,965	33.8%	326	2.8%	11,748	100%
FY 16-17	1,875	16.4%	1,992	17.4%	1,141	10.0%	2,032	17.8%	3,912	34.2%	487	4.3%	11,439	100%

Time to Step Down Report: Adults Stepping Down in SMHS Services Post Inpatient Discharge*
Santa Clara County as of March 22, 2018

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down Between 8 and 30 Days	Percentage of Inpatient Discharges with Step Down Between 8 and 30 Days	Count of Inpatient Discharges with a Step Down > 30 Days from Discharge	Percentage of Inpatient Discharges with a Step Down > 30 Days from Discharge	Count of Inpatient Discharges with No Step Down*	Percentage of Inpatient Discharges with No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 13-14	305	44.4%	155	22.6%	181	26.3%	46	6.7%	0	345	35.2	11
FY 14-15	498	48.8%	212	20.8%	201	19.7%	110	10.8%	0	358	33.1	8
FY 15-16	333	43.5%	155	20.3%	182	23.8%	95	12.4%	0	343	39.1	10
FY 16-17	325	47.6%	118	17.3%	131	19.2%	109	16.0%	0	345	36.7	9

**No Step Down is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date.*