

## Performance Outcomes Adult Specialty Mental Health Services Report Report Date March 22, 2018

### Background

This report measures the effectiveness of adult specialty mental health services. It models reports developed to measure Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services as mandated by Welfare and Institutions Code Section 14707.5. The intent of these reports is to improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop a Performance Measurement Paradigm, and to design indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.asp>

### Overview

Three reports will be provided: statewide aggregate data; population-based county groups; and county-specific data. These aggregate reports provide adult information on the initial indicators that were developed for the Performance Outcomes System. DHCS plans to move to annual reporting of these data for the Performance Outcomes System. The first series of charts and tables focus on the demographics of adults 21\* and older who are receiving SMHS based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Utilization of services reports are shown in terms of dollars, as well as by service in time increments. Two types of penetration information are provided; both penetration rate tables are also broken out by demographic characteristics. The snapshot table provides a point-in-time view of adults arriving, exiting, and continuing services over a two-year period. The time-to-step-down table provides a view over the past four years of the time to stepdown services following inpatient discharge. Where possible, the reports provide trend information by displaying information for Fiscal Years (FY) 13/14, 14/15, 15/16, and 16/17.

### Definitions

**Population** - Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 20 or younger during the approved date of service on the claim.

**Data Sources** - Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 13/14 through FY 16/17.

- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 13/14 through FY16/17.

**Performance Outcomes Adult Specialty Mental Health Services Report**  
**Report Date March 22, 2018**

**Additional Information**

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at: [http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog\\_Sept15Reporting\\_Final\\_1.11.15.pdf](http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog_Sept15Reporting_Final_1.11.15.pdf)

**Note on Privacy:** The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium; whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A “Public Aggregate Reporting – DHCS Business Reports” process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, these data are represented as follows: 1) Data that are missing is indicated as "-" 2) Data that have been suppressed due to privacy concerns is indicated as "^".

**Report Highlights**

\*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.

\*The **penetration** rates reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology makes comparison between the POS penetration rates and the EQRO penetration rates not appropriate nor useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of adults who received a number of SMHS (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible adults for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

**Performance Outcomes Adult Specialty Mental Health Services Report**  
**Report Date March 22, 2018**

\*The **snapshot** report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses five general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here:  
<http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

\*The psychiatric emergency services/hospital data reported on in the **time to step-down services** report includes data from Short Doyle/Medi-Cal II claims data and fee-for-service data. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based off of the county of fiscal responsibility for the patient and whom has been attributed the time to next service in days used in the calculations for this indicator.

**Please contact [cmhpos@dhcs.ca.gov](mailto:cmhpos@dhcs.ca.gov) for any questions regarding this report.**

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year  
Sacramento County as of March 22, 2018**

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
FY 13-14	10,194		262,337	
FY 14-15	11,493	12.7%	323,815	23.4%
FY 15-16	12,195	6.1%	353,435	9.1%
FY 16-17	12,415	1.8%	361,867	2.4%
<b>Compound Annual Growth Rate SFY**</b>		<b>6.8%</b>		<b>11.3%</b>

\*SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.

\*\*SFY = State Fiscal Year which is July 1 through June 30.

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year  
Sacramento County as of March 22, 2018**

Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %
<b>FY 13-14</b>	123	1.2%	886	8.7%	1,951	19.1%	904	8.9%	4,045	39.7%	806	7.9%	1,479	14.5%
<b>FY 14-15</b>	134	1.2%	967	8.4%	2,178	19.0%	1,042	9.1%	4,495	39.1%	987	8.6%	1,690	14.7%
<b>FY 15-16</b>	145	1.2%	1,017	8.3%	2,305	18.9%	1,119	9.2%	4,746	38.9%	1,078	8.8%	1,785	14.6%
<b>FY 16-17</b>	148	1.2%	987	8.0%	2,390	19.3%	1,166	9.4%	4,740	38.2%	1,226	9.9%	1,758	14.2%

*\*This report uses the Medi-Cal Eligibility Data System for racial data, while CDSS uses the Child Welfare Services/Case Management System.*

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year  
Sacramento County as of March 22, 2018**

<b>Fiscal Year</b>	<b>Adults 21-44 Count</b>	<b>Adults 21-44 %</b>	<b>Adults 45-64 Count</b>	<b>Adults 45-64 %</b>	<b>Adults 65+ Count</b>	<b>Adults 65+ %</b>
<b>FY 13-14</b>	4,626	45.4%	5,003	49.1%	565	5.5%
<b>FY 14-15</b>	5,407	47.0%	5,455	47.5%	631	5.5%
<b>FY 15-16</b>	5,624	46.1%	5,883	48.2%	688	5.6%
<b>FY 16-17</b>	5,857	47.2%	5,817	46.9%	741	6.0%

**Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year  
Sacramento County as of March 22, 2018**

<b>Fiscal Year</b>	<b>Female Count</b>	<b>Female %</b>	<b>Male Count</b>	<b>Male %</b>
<b>FY 13-14</b>	5,998	58.8%	4,196	41.2%
<b>FY 14-15</b>	6,613	57.5%	4,880	42.5%
<b>FY 15-16</b>	6,961	57.1%	5,234	42.9%
<b>FY 16-17</b>	7,039	56.7%	5,376	43.3%

**Penetration Rates\* Report: Adults With At Least One SMHS Visit\*\*  
Sacramento County as of March 22, 2018**

	FY 13-14			FY 14-15			FY 15-16			FY 16-17		
	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate
<b>All</b>	<b>10,194</b>	<b>262,337</b>	<b>3.9%</b>	<b>11,493</b>	<b>323,815</b>	<b>3.5%</b>	<b>12,195</b>	<b>353,435</b>	<b>3.5%</b>	<b>12,415</b>	<b>361,867</b>	<b>3.4%</b>
Adults 21-44	4,626	138,701	3.3%	5,407	179,315	3.0%	5,624	198,161	2.8%	5,857	202,816	2.9%
Adults 45-64	5,003	84,939	5.9%	5,455	103,096	5.3%	5,883	110,501	5.3%	5,817	111,638	5.2%
Adults 65+	565	38,697	1.5%	631	41,404	1.5%	688	44,773	1.5%	741	47,413	1.6%
Alaskan Native or American Indian	123	2,361	5.2%	134	2,806	4.8%	145	3,010	4.8%	148	3,039	4.9%
Asian or Pacific Islander	886	44,959	2.0%	967	54,918	1.8%	1,017	59,896	1.7%	987	60,823	1.6%
Black	1,951	42,362	4.6%	2,178	50,428	4.3%	2,305	54,130	4.3%	2,390	54,799	4.4%
Hispanic	904	34,635	2.6%	1,042	43,628	2.4%	1,119	48,269	2.3%	1,166	51,070	2.3%
White	4,045	83,770	4.8%	4,495	103,054	4.4%	4,746	110,320	4.3%	4,740	109,492	4.3%
Other	806	35,490	2.3%	987	46,607	2.1%	1,078	53,897	2.0%	1,226	59,286	2.1%
Unknown	1,479	18,760	7.9%	1,690	22,374	7.6%	1,785	23,913	7.5%	1,758	23,358	7.5%
Female	5,998	149,583	4.0%	6,613	177,384	3.7%	6,961	191,726	3.6%	7,039	196,517	3.6%
Male	4,196	112,754	3.7%	4,880	146,431	3.3%	5,234	161,709	3.2%	5,376	165,350	3.3%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system.

\*\*Adults and Older Adults at least one SMHS that was claimed through the Short-Doyle/ Medi-Cal claiming system on at least one (1) day in the Fiscal Year.



**Penetration Rates\* Report: Adults With At Least One SMHS Visit\*\*  
Sacramento County as of March 22, 2018**

	FY 13-14			FY 14-15			FY 15-16			FY 16-17		
	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate
<b>All</b>	<b>7,676</b>	<b>262,337</b>	<b>2.9%</b>	<b>8,328</b>	<b>323,815</b>	<b>2.6%</b>	<b>9,145</b>	<b>353,435</b>	<b>2.6%</b>	<b>9,136</b>	<b>361,867</b>	<b>2.5%</b>
Adults 21-44	3,303	138,701	2.4%	3,720	179,315	2.1%	4,040	198,161	2.0%	4,027	202,816	2.0%
Adults 45-64	3,943	84,939	4.6%	4,156	103,096	4.0%	4,604	110,501	4.2%	4,566	111,638	4.1%
Adults 65+	430	38,697	1.1%	452	41,404	1.1%	501	44,773	1.1%	543	47,413	1.1%
Alaskan Native or American Indian	85	2,361	3.6%	90	2,806	3.2%	104	3,010	3.5%	110	3,039	3.6%
Asian or Pacific Islander	717	44,959	1.6%	764	54,918	1.4%	833	59,896	1.4%	777	60,823	1.3%
Black	1,418	42,362	3.3%	1,527	50,428	3.0%	1,687	54,130	3.1%	1,699	54,799	3.1%
Hispanic	697	34,635	2.0%	751	43,628	1.7%	813	48,269	1.7%	818	51,070	1.6%
White	3,033	83,770	3.6%	3,246	103,054	3.1%	3,533	110,320	3.2%	3,489	109,492	3.2%
Other	580	35,490	1.6%	681	46,607	1.5%	767	53,897	1.4%	868	59,286	1.5%
Unknown	1,146	18,760	6.1%	1,269	22,374	5.7%	1,408	23,913	5.9%	1,375	23,358	5.9%
Female	4,495	149,583	3.0%	4,809	177,384	2.7%	5,265	191,726	2.7%	5,204	196,517	2.6%
Male	3,181	112,754	2.8%	3,519	146,431	2.4%	3,880	161,709	2.4%	3,932	165,350	2.4%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system.

\*\*Adults and Older Adults that have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Y

**Utilization Report\*: Approved Specialty Mental Health Services for Adults - Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year\***  
**Sacramento County as of March 22, 2018**

Fiscal Year	SDMC Total Approved	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
<b>FY 13-14</b>	\$ 3,740	325	918	235	149	19	0	207	16	6	11	18	99	12
<b>FY 14-15</b>	\$ 4,018	306	923	243	161	19	0	75	8	38	13	25	66	12
<b>FY 15-16</b>	\$ 3,712	311	844	241	154	21	0	0	8	0	11	21	31	16
<b>FY 16-17</b>	\$ 4,519	283	911	258	153	23	0	148	6	15	11	13	101	16
<b>MEAN</b>	<b>\$ 3,997</b>	<b>306</b>	<b>899</b>	<b>244</b>	<b>154</b>	<b>21</b>	<b>0</b>	<b>143</b>	<b>9</b>	<b>20</b>	<b>11</b>	<b>19</b>	<b>74</b>	<b>14</b>

*\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.*

*Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.*

*^ Data has been suppressed to protect patient privacy.*

**Snapshot Report: Unique Count of Adults Receiving SMHS  
Arriving, Exiting, and with Service Continuance by Fiscal Year  
Sacramento County as of March 22, 2018**

<b>Category</b>	<b>Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)</b>
<b>Arrivals</b>	Adults that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
<b>Service Continuance</b>	Adults receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR).
<b>Exiting</b>	Adults that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
<b>Arriving &amp; Exiting</b>	A distinct category in which Adults met both the criteria for Arrivals and Exiting above for the fiscal year.
<b>Service Continuance &amp;</b>	A distinct category in which Adults had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

<b>Service Fiscal Year</b>	<b>Arrivals Count</b>	<b>Arrivals %</b>	<b>Service Continuance (&gt;= 2 YR) Count</b>	<b>Service Continuance (&gt;= 2 YR) %</b>	<b>Service Continuance (&lt;2 YR) Count</b>	<b>Service Continuance (&lt; 2 YR) %</b>	<b>Exiting Count</b>	<b>Exiting %</b>	<b>Arriving &amp; Exiting Count</b>	<b>Arriving &amp; Exiting %</b>	<b>Service Continuance (&gt;= 2 YR) &amp; Exiting Count</b>	<b>Service Continuance (&gt;= 2 YR) and Exiting %</b>	<b>Total Count</b>	<b>Total %</b>
<b>FY 13-14</b>	2,289	22.5%	1,710	16.8%	1,609	15.8%	1,514	14.9%	2,805	27.5%	267	2.6%	10,194	100%
<b>FY 14-15</b>	2,233	19.4%	1,813	15.8%	1,755	15.3%	1,904	16.6%	3,548	30.9%	240	2.1%	11,493	100%
<b>FY 15-16</b>	2,635	21.6%	1,946	16.0%	1,748	14.3%	1,890	15.5%	3,656	30.0%	320	2.6%	12,195	100%
<b>FY 16-17</b>	2,247	18.1%	2,053	16.5%	1,937	15.6%	2,008	16.2%	3,808	30.7%	362	2.9%	12,415	100%

**Time to Step Down Report: Adults Stepping Down in SMHS Services Post Inpatient Discharge\***  
**Sacramento County as of March 22, 2018**

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down Between 8 and 30 Days	Percentage of Inpatient Discharges with Step Down Between 8 and 30 Days	Count of Inpatient Discharges with a Step Down > 30 Days from Discharge	Percentage of Inpatient Discharges with a Step Down > 30 Days from Discharge	Count of Inpatient Discharges with No Step Down*	Percentage of Inpatient Discharges with No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 13-14	88	45.4%	31	16.0%	45	23.2%	30	15.5%	0	327	39.9	8
FY 14-15	197	41.8%	53	11.3%	113	24.0%	108	22.9%	0	364	57.5	19
FY 15-16	382	60.7%	55	8.7%	93	14.8%	99	15.7%	0	353	27.9	0
FY 16-17	369	48.3%	102	13.4%	111	14.5%	182	23.8%	0	325	31.7	9

*\*No Step Down is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date.*