

# Performance Outcomes System Children in Foster Care Report

## Report run on August 9, 2017

### Background

Two reports will be created during each new reporting period. The reports that will be produced are as follows: statewide aggregate data and population-based county groups. These reports help meet the intent of the Legislature, as stated in Welfare and Institutions Code Section 14707.5, to develop a performance outcomes system for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services that will improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. This reporting effort is part of the implementation of a performance outcomes system for Medi-Cal Specialty Mental Health Services (SMHS) for children and youth.

Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop the Performance Measurement Paradigm, and to develop indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.aspx>

### Purpose and Overview

This population-based aggregate report provides updated information on the initial indicators that were developed for the Performance Outcomes System. DHCS plans to move to annual reporting of this data for the Performance Outcomes System.

The first series of charts and tables focus on the demographics of Foster Care case children and youth under 21 who are receiving SMHS' based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Two types of penetration information are provided. Both penetration rates tables are also broken out by demographic characteristics. Utilization of services data are shown in terms of dollars, as well as by service, in time increments. The snapshot table provides a point-in-time view of children/youth arriving, exiting, and continuing services over a two-year period. The time to step down table provides a view over the past four years of the time to step-down services following inpatient discharge.

Where possible, the reports provide trend information by displaying information for four Fiscal Years (FY). A FY is from July 1st to June 30th. For all of the measures and indicators included in this report, the denominator is the "Unique Count of Children and Youth receiving SMHS" shown on page 3 of the report and is broken out by state FY.

Utilization of services reports are shown in terms of dollars, as well as by service in time increments. The snapshot report provides a point-in-time view of children arriving, exiting, and continuing services over a two-year period. The final report provides a view over the past four years of the time to step-down services (i.e., time to next contact after an inpatient discharge). **Note:** *The time to step-down report has a change in methodology from the first report produced in February 2015. In the initial report only outpatient services provided at least one day after the inpatient discharge were included in the calculations. On subsequent reports any outpatient service that occurs on or after the inpatient discharge is included in the analysis.*

### Definitions

**Population:** Foster Care beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 20 or younger during the approved date of service on the claim.

**Data Sources:**

- Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 12/13 through FY 15/16.
- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 12/13 through FY15/16.
- Child Welfare Services/Case Management System (CWS/CMS) data for children in FY 12/13 through FY 15/16.

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#### Additional Information

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at:

<http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

#### Note on Privacy:

The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium, whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A "Public Aggregate Reporting – DHCS Business Reports" process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, this data is represented as follows: 1) Data that is missing is indicated as "-" 2) Data that has been suppressed due to privacy concerns is indicated as "^".

\*Population-based report findings may be interpreted alongside the POS statewide report findings.

\*The **penetration rates** reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology make comparison between the POS penetration rates and the EQRO penetration rates not appropriate or useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of youth who received X number of SMHS (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible youth for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

\*The **snapshot** report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses five general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here:

<http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

\*The psychiatric emergency services/hospital data reported on in the **time to step-down services** report includes data from Short Doyle/Medi-Cal II claims data and fee-for-service data. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based off of the county of the hospital the patient is discharged from and whom has been attributed the time to next service in days used in the calculations for this indicator.

\***Data Source Methodology:** Demographic & Penetration and Snapshot - based on MEDS data; Utilization - based on Claims Submission data; Time to step-down - based on Inpatient Hospital data.

\***Open Child Welfare:** Children/youth who are provided child welfare services either while living in their home, or while living out-of-home in a foster care setting. Excludes children: placed in California under the jurisdiction of another state (incoming interstate Compact on the Placement of Children (ICPC)) and who are placed with non-dependent guardians.

\***Foster Care Placement:** Children/youth who are removed from their home by a child placement agency, including county child welfare services and probation departments and placed in a foster care setting. Excludes children: placed in California under the jurisdiction of another state (incoming interstate Compact on the Placement of Children (ICPC)) and who are placed with non-dependent legal guardians.

**Please contact [cmhpos@dhcs.ca.gov](mailto:cmhpos@dhcs.ca.gov) for any questions regarding this report.**

**Demographics Report: Unique Count of Children and Youth in Foster Care Receiving SMHS by Fiscal Year**  
 Small Sized Counties as of August 9, 2017

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Foster Care Youth in Medi-Cal	Year-Over-Year Percentage Change
<b>FY 12-13</b>	1,693		4,945	
<b>FY 13-14</b>	1,910	12.8%	5,227	5.7%
<b>FY 14-15</b>	2,096	9.7%	5,584	6.8%
<b>FY 15-16</b>	1,917	-8.5%	5,479	-1.9%
<b>Compound Annual Growth Rate SFY**</b>		<b>4.2%</b>		<b>3.5%</b>

*\*SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.*

*\*\*SFY = State Fiscal Year which is July 1 through June 30.*

**Demographics Report: Unique Count of Children and Youth in Foster Care Receiving SMHS by Fiscal Year**  
 Small Sized Counties as of August 9, 2017

Fiscal Year	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %
FY 12-13	87	5.1%	396	23.4%	1,000	59.1%	210	12.4%
FY 13-14	97	5.1%	467	24.5%	1,108	58.0%	238	12.5%
FY 14-15	121	5.8%	604	28.8%	1,113	53.1%	258	12.3%
FY 15-16	108	5.6%	549	28.6%	1,019	53.2%	241	12.6%

\*Please note: This report uses the Medi-Cal Eligibility Data System to obtain race/ethnicity data. CDSS uses Child Welfare Services/ Case Management System to obtain race/ethnicity data. For more information, please refer to the Measures Catalog.

\*\*The race/ethnicity data have changed considerably since it was last published in 2016. DHCS is currently performing analyses to determine the nature of these changes and may update this table, if needed.

**Demographics Report: Unique Count of Children and Youth in Foster Care Receiving SMHS by Fiscal Year**  
 Small Sized Counties as of August 9, 2017

Fiscal Year	Children 0-2 Count	Children 0-2 %	Children 3-5 Count	Children 3-5 %	Children 6-11 Count	Children 6-11 %	Youth 12-17 Count	Youth 12-17 %	Youth 18-20 Count	Youth 18-20 %
FY 12-13	30	1.8%	213	12.6%	602	35.6%	689	40.7%	159	9.4%
FY 13-14	29	1.5%	239	12.5%	732	38.3%	726	38.0%	184	9.6%
FY 14-15	62	3.0%	282	13.5%	800	38.2%	745	35.5%	207	9.9%
FY 15-16	58	3.0%	215	11.2%	752	39.2%	699	36.5%	193	10.1%

**Demographics Report: Unique Count of Children and Youth in Foster Care Receiving SMHS by Fiscal Year**  
Small Sized Counties as of August 9, 2017

Fiscal Year	Female Count	Female %	Male Count	Male %
FY 12-13	823	48.6%	870	51.4%
FY 13-14	911	47.7%	999	52.3%
FY 14-15	1,022	48.8%	1,074	51.2%
FY 15-16	947	49.4%	970	50.6%

**Penetration Rates\* Report: Children and Youth in Foster Care with At Least One SMHS Visit\*\***  
 Small Sized Counties as of August 9, 2017

	FY 12-13			FY 13-14			FY 14-15			FY 15-16		
	Children and Youth in Foster Care with 1 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 1 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 1 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 1 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate
<b>All</b>	<b>1,693</b>	<b>4,945</b>	<b>34.2%</b>	<b>1,910</b>	<b>5,227</b>	<b>36.5%</b>	<b>2,096</b>	<b>5,584</b>	<b>37.5%</b>	<b>1,917</b>	<b>5,479</b>	<b>35.0%</b>
Children 0-2	30	987	3.0%	29	1,028	2.8%	62	1,112	5.6%	58	1,157	5.0%
Children 3-5	213	863	24.7%	239	914	26.1%	282	976	28.9%	215	919	23.4%
Children 6-11	602	1,321	45.6%	732	1,414	51.8%	800	1,542	51.9%	752	1,507	49.9%
Youth 12-17	689	1,353	50.9%	726	1,344	54.0%	745	1,390	53.6%	699	1,327	52.7%
Youth 18-20	159	421	37.8%	184	527	34.9%	207	564	36.7%	193	569	33.9%
Black	87	248	35.1%	97	266	36.5%	121	275	44.0%	108	254	42.5%
Hispanic	396	1,457	27.2%	467	1,579	29.6%	604	1,720	35.1%	549	1,703	32.2%
White	1,000	2,585	38.7%	1,108	2,639	42.0%	1,113	2,745	40.5%	1,019	2,671	38.2%
Other	210	655	32.1%	238	743	32.0%	258	844	30.6%	241	851	28.3%
Female	823	2,345	35.1%	911	2,494	36.5%	1,022	2,708	37.7%	947	2,708	35.0%
Male	870	2,600	33.5%	999	2,733	36.6%	1,074	2,876	37.3%	970	2,771	35.0%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in the Medi-Cal Managed Care sy.

\*\*Children and Youth in Foster Care that have received at least one SMHS in the Fiscal Year.

**Penetration Rates\* Report: Children and Youth in Foster Care with Five or More SMHS Visits\*\*  
Small Sized Counties as of August 9, 2017**

	FY 12-13			FY 13-14			FY 14-15			FY 15-16		
	Children and Youth in Foster Care with 5 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 5 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 5 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate	Children and Youth in Foster Care with 5 or more SMHS Visits	Certified Eligible Children and Youth in Foster Care	Penetration Rate
<b>All</b>	1,249	4,945	25.3%	1,380	5,227	26.4%	1,467	5,584	26.3%	1,351	5,479	24.7%
Children 0-2	^	987	^	^	1,028	^	16	1,112	1.4%	17	1,157	1.5%
Children 3-5	130	863	15.1%	151	914	16.5%	151	976	15.5%	120	919	13.1%
Children 6-11	467	1,321	35.4%	543	1,414	38.4%	574	1,542	37.2%	533	1,507	35.4%
Children 12-17	528	1,353	39.0%	551	1,344	41.0%	572	1,390	41.2%	532	1,327	40.1%
Youth 18-20	^	421	^	^	527	^	154	564	27.3%	149	569	26.2%
Black	61	248	24.6%	72	266	27.1%	88	275	32.0%	78	254	30.7%
Hispanic	271	1,457	18.6%	304	1,579	19.3%	359	1,720	20.9%	344	1,703	20.2%
White	771	2,585	29.8%	841	2,639	31.9%	830	2,745	30.2%	760	2,671	28.5%
Other	146	655	22.3%	163	743	21.9%	190	844	22.5%	169	851	19.9%
Female	584	2,345	24.9%	645	2,494	25.9%	716	2,708	26.4%	650	2,708	24.0%
Male	665	2,600	25.6%	735	2,733	26.9%	751	2,876	26.1%	701	2,771	25.3%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

\*\*Children and Youth in Foster Care that have received at least five SMHS in the Fiscal Year.

^ Data has been suppressed to protect patient privacy.



**Utilization Report\*: Approved Specialty Mental Health Services for Children/Youth in Foster Care  
Mean Expenditures and Mean Service Quantity per Beneficiary by Fiscal Year  
Small Sized Counties as of August 9, 2017**

Fiscal Year	SDMC Total Approved	IHBS (Minutes)	ICC (Minutes)	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Therapeutic Behavioral Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
FY 12-13	\$ 7,956.95	0	0	701	2,151	5,705	396	248	17	635	372	5	6	13	0	0	7
FY 13-14	\$ 7,378.64	1,048	952	532	1,696	6,230	378	284	22	685	396	10	37	14	0	90	31
FY 14-15	\$ 6,944.93	1,867	923	462	1,612	6,462	319	341	19	720	509	3	0	10	0	0	33
FY 15-16	\$ 7,548.95	2,817	727	484	1,705	4,855	343	303	22	631	748	35	0	11	5	0	11
<b>MEAN</b>	<b>\$ 7,457.37</b>	<b>1,911</b>	<b>867</b>	<b>545</b>	<b>1,791</b>	<b>5,813</b>	<b>359</b>	<b>294</b>	<b>20</b>	<b>668</b>	<b>506</b>	<b>13</b>	<b>22</b>	<b>12</b>	<b>5</b>	<b>90</b>	<b>20</b>

\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

## Snapshot Report: Unique Count of Children and Youth in Foster Care Receiving SMHS

### Arriving, Exiting, and with Service Continuance by Fiscal Year

Small Sized Counties as of August 9, 2017

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Children/Youth that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
Service Continuance	Children/Youth receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years ( $\geq 2$ YR) or a period of 1 to 2 years ( $< 2$ YR).
Exiting	Children/Youth that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
Arriving & Exiting	A distinct category in which children/youth met both the criteria for <b>Arrivals</b> and <b>Exiting</b> above for the fiscal year.
Service Continuance & Exiting	A distinct category in which Children/Youth had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance ( $\geq 2$ YR) Count	Service Continuance ( $\geq 2$ YR) %	Service Continuance ( $< 2$ YR) Count	Service Continuance ( $< 2$ YR) %	Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %	Service Continuance ( $\geq 2$ YR) & Exiting Count	Service Continuance ( $\geq 2$ YR) and Exiting %	Total Count	Total %
FY 12-13	472	27.9%	141	8.3%	167	9.9%	338	20.0%	495	29.2%	80	4.7%	1,693	100%
FY 13-14	540	28.3%	132	6.9%	206	10.8%	366	19.2%	595	31.2%	71	3.7%	1,910	100%
FY 14-15	481	22.9%	156	7.4%	220	10.5%	410	19.6%	735	35.1%	94	4.5%	2,096	100%
FY 15-16	446	23.3%	183	9.5%	171	8.9%	405	21.1%	619	32.3%	93	4.9%	1,917	100%

## Time to Step Down Report: Children and Youth in Foster Care Stepping Down in SMHS Services Post Inpatient Discharge\*

Small Sized Counties as of August 9, 2017

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down between 8 and 30 days of Discharge	Percentage of Inpatient Discharges with Step Down between 8 and 30 days of Discharge	Count of Beneficiaries with a Step Down > 30 Days from Discharge or No Step Down*	Percentage of Beneficiaries with a Step Down > 30 Days from Discharge or No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 12-13	59	67.0%	11	12.5%	18	20.5%	0	259	16.9	1
FY 13-14	73	76.0%	^	^	^	^	0	338	20.9	0
FY 14-15	58	73.4%	^	^	^	^	0	222	16.4	1
FY 15-16	43	67.2%	^	^	^	^	0	358	19.9	0

\* **No Step Down** is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date. This category may include data currently unavailable to DHCS, such as beneficiaries that were moved to a community-based program or beneficiaries that were incarcerated.

^ Data has been suppressed to protect patient privacy.