

California Behavioral Health Planning Council

Performance Outcomes Committee Agenda

Tuesday, October 15, 2019
Courtyard Marriott Sacramento Midtown
2244 Y Street, Sacramento CA
Palm Room
2:00 pm to 5:00 pm

- | | | |
|---------|--|-------|
| 2:00 pm | Welcome and Introductions
<i>Susan Wilson</i> | |
| 2:05 pm | Re-Cap of June Meeting
<i>Susan Wilson</i> | Tab 1 |
| 2:10 pm | Setting the Stage for Today's Meeting
<i>Susan Wilson</i> | |
| 2:15 pm | WP #1 & #2- Update on 2018 Report & 2019 Notebook
<i>Susan Wilson and Linda Dickerson</i> | Tab 2 |
| 2:30 pm | Public Comment | |
| 2:35 pm | WP #3- Discussion of CBHPC Annual Review of Performance Outcomes Data
<i>Susan Turner</i> | Tab 3 |
| 3:15 pm | Public Comment | |
| 3:20 pm | Break | |
| 3:35 pm | Continue WP #3- Discussion of CBHPC Annual Review of Performance Outcomes Data
<i>Susan Turner</i> | |
| 4:35 pm | Public Comment | |
| 4:40 pm | Wrap Up and Next Steps for Work Plan Projects
<i>Susan Wilson</i> | |
| 5:00 pm | Adjourn | |

The scheduled times on the agenda are estimates and subject to change.

If reasonable accommodations are required, please contact the Council at (916) 323-4501, not less than 5 working days prior to the meeting date.

Performance Outcome Committee Members

Susan Morris Wilson	Raja Mitry
Lorraine Flores	Walter Shwe
Noel O'Neill	Steve Leoni
Darlene Prettyman	Karen Baylor

Council Staff

Jane Adcock, Linda Dickerson, and Ashneek Nanua

Invited External Partners

Susan Turner, University of CA Irvine

Theresa Comstock, CA Assoc of Local Behavioral Health Boards/Commissions

Samantha Spangler, CA Institute for Behavioral Health Strategies

**California Behavioral Health Planning Council
Performance Outcomes Committee
Tuesday, October 15, 2019**

Agenda Item: Re-Cap of June 2019 Committee Meeting

Enclosures: June Meeting Summary

2019 Performance Outcomes Work Plan

Background/Description:

Attached is the meeting summary for review.

CA Behavioral Health Planning Council
Performance Outcomes Committee
June 18, 2019
Meeting Summary
Embassy Suites Santa Ana
1325 E. Dyer Road, Santa Ana

Members Present:

Susan Morris Wilson, Chairperson	Walter Shwe
Raja Mity	Susan Turner, UCI
Lorraine Flores	Theresa Comstock, CALBHBC
Steve Leoni	Jane Adcock, Executive Officer
Noel O'Neill	

Member(s) of the Public Present:

Mae Sherman, Lassen County MH Board
Stacy Dalgliesh, L.A. County MH Commission
Kristine Haataja

Staff Present by Telephone:

Linda Dickerson
Ashneek Nanua

Item #1 Recap of April 16, 2019 Meeting and Review of Work Plan (WP)

Chairperson Susan Wilson briefly presented a recap of the prior meeting. (included in Tab 1). The updated Work Plan was also reviewed (Tab 1).

Item #2 Setting the Stage for Today's Meeting

Chairperson Susan Wilson provided an overview of the goals of this meeting's Agenda. She related the development of these goals to the prior meeting's discussion and follow-up work on the Data Notebook. The main goals were/are:

(a) Present a very brief update of the 2019 Data Notebook (DN) in current development. She reminded the group that the plan for the 2019 Data Notebook contains some standard data-related questions to ask annually, and also that the special focus topic is trauma-informed practices.

(b) Hear the total number of 2018 DNs received to date, which are ready for the initiation of data extraction and analysis.

(c) Discuss various indicators for measuring performance outcomes and establish standard processes for the annual review of performance outcomes data for the CA behavioral health system. This is the major goal of today's meeting.

Item #3 Work Plan Goals #1 and #2: Updates on the 2018 and 2019 Data Notebooks Develop Standard Data Items and Questions — Susan Wilson and All

Chairperson Wilson introduced this agenda item and Linda Dickerson provided a brief overview, with reference to the summary table in Tab 2 for DN 2018 reports received to date. In addition to those in the attached table, four more Data Notebooks had been received from: Amador, Trinity, Tulare, and San Mateo, bringing the totals up to 44 2018 DN responses received, covering 45 counties plus a report from the Tri-Cities MH Board. Four additional counties have indicated they are "in-process." (Colusa, Santa Clara, Los Angeles, and Yolo).

We have developed a final draft of DN 2019, and are seeking some key data items from the Department of Social Services for foster youth/children and for adult residential care facilities. After some further editing, the questions and sample data will be sent within the full-length DN 2019 to committee members for their final review and input.

Public comment: None

Item #4 Work Plan Goal #3: Discussion of CBHPC Annual Review of Performance Outcomes Data — Susan Turner and All

Dr. Turner spoke to the group about domains of data, and how these relate to key questions for an annual review which can be summarized as: "Who was served? What services did they receive? What was the outcome? Was there improvement?"

Dr. Turner discussed some information presented in a summary table (Tab 3), listing 18 potential performance indicators based on the committee's prior discussions. Items not previously discussed included various categories of costs and expenditures, and staffing levels, such as the number of MH staff within the community or available to provide services within the counties (either by direct county employment, or by contract, or by Medi-Cal fee-for-service re-imbusement, etc).

Additionally, the group discussion included the identification of the target audience and purpose of the review. Jane Adcock reminded the group that we need to keep in mind

“what is the end goal of the information we collect, and what actions would we recommend be taken based on that information?”

During Dr. Turner’s presentation, members of the group asked definition/clarification-type questions or made brief comments on the usefulness or need for specific items. The group’s attention was also directed to examples of specific DHCS data sources, or from other state agencies, when relevant. It was noted that some services are Medi-Cal funded, thus having a link to data resources, while other services are not Medi-Cal funded thus, the data must come from another source (if available).

Public Comment: none.

Item #5 Continue Work Plan Goal #3: Discussion of CBHPC Annual Review of Performance Outcomes Data —Susan Turner and All

The discussion continued with group members suggesting specific items to be considered for inclusion in the table of performance outcome indicators.

- Crisis stabilization stays, number of admissions
- Peer Respite services
- Crisis Residential (up to two weeks)
- Number of ER/ED visits for psychiatry-involved reasons
- How many formerly homeless individuals with SMI are now housed (or not housed but need to be)?
- Residential Care Facilities: number of beds available, length of stay(s), number served.
- Data for Children under 18: number receiving Medi-Cal paid Wrap-around services, and # receiving FSP services (MHSA), and outcomes if available. Also: EPSDT-designated BH services (up to age 21).
- Data for county availability of services for early psychosis treatment and intervention, and participation numbers youth served. (Funded by SAMHSA-block grant). [Not all counties have this].
- Number of juveniles in county shelters (i.e., especially in those counties not able to provide STRTP services).
- Number of foster youth/children in county who are in group homes, and in foster homes (family resource homes), and who receive (or do not receive) BH services.
- BH services provided in Jail and/or Juvenile Hall, and those provided by county Offices of Diversion and Re-entry (ODR) and/or Probation departments: e.g. (AB 109 funded services, and other resources).
- Child/youth ACEs scores, for those receiving Medi-Cal funded medical and/or behavioral health services.

- Drug Medi-Cal data (from DHCS).

Action/Resolution: The majority of the group members agreed to further consideration of the indicators and/or data items discussed. Susan Turner will continue research into data sources, refining datasets and identifying priority areas.

An updated summary of performance indicators and data sources will be presented at the October meeting, an updated summary will be based on further research and study by committee members, staff, and Dr. Turner and her group.

Item #4 Public Comment Time

Public comment: All members of the work group and those members of the public present had participated in the ongoing discussion and work of the group.

Discussion and Comments by the Group highlighted these points the follow-up to the Dr. Turner's presentation and group discussion

- General comments were made about attention to vulnerable groups with specific needs for services, outreach, and efforts to combat stigma. These vulnerable groups include those based on age (children, TAY, older adults), LGBTQ, gender identification, demographics relating to race/ethnicity, national or cultural origin, tribal members, and veterans, and others.
- Theresa Comstock of CALBHBC reminded the group of the W.I.C.-defined responsibilities of local BH boards/commissions to review performance data for their local county behavioral health services. She suggested that this responsibility should inform development of the final versions of not only the data notebooks but the Council's review of performance indicators as well.

Chairperson Wilson, Mr. O'Neill, and the group at large supported a set of proposed steps and goals. The major goals of the Planning Council's data-related efforts and review should include the following:

- Educate and advocate (Vision and mission- related goals)
- Identify and publicize successful programs
- Provide information for education, advocacy, priorities, and specific policy recommendations
- Include and publicize information from stakeholder input, including clients with lived experience, family members, local BH boards/commissions, and possibly other groups such as NAMI, etc).

Item #6 Processes for Annual Review of Performance Outcomes Data

Important consensus items: Chairperson Wilson, Mr. O'Neill, and the group at large developed a plan for the next proposed steps. The group was impressed by the presentation's proposed indicators and data content although these would need to be prioritized (and perhaps winnowed down in subsequent review). An overall plan was developed during the discussion, to continue further research, study, and work on these issues.

Action/Resolution: Per the lead of Chairperson Wilson and with the assent of the group, it was proposed that the Table/grid of indicators/performance measures would be revised for further review and discussion at the October meeting.

Responsible for Action/Due Date: Susan Wilson, Jane Adcock, S. Turner; October 15, 2019.

Item #7 Wrap Up and Next Steps for Work Plan Projects (Report Out/Evaluate Meeting)

Next, Chairperson Wilson took the lead and presented a very brief summary and overview of today's meeting and discussion.

Action/Resolution: The next Work Group meeting is scheduled for **Tuesday, October 15, 2019** from 2:00 to 5:00 p.m. at the Courtyard Marriott Midtown in Sacramento, California

Item #8 Public Comment

None.

The meeting adjourned 4:58pm.

Performance Outcomes Work Group 2019 Work Plan

1. Develop standardized questions for annual DN project	
Output	Audience
Annual Data notebook	County Boards/Commissions
Milestones	
2/11/2019	Work group agreed to identify 3-4 Key questions with annual county-specific data to be included in the Data Notebook every year to track trends over time.
4/16/2019	Work group identified a number of specific areas to be highlighted in each annual Data Notebook. The work group targeted the questions to focus on vulnerable populations including: individuals residing in licensed Adult Residential Care Facilities (ARF), number of individuals the county pays to reside in an Institute for Mental Disease (IMD) and number of children/youth the county has in a Short Term Residential Treatment Program (STRTP) both inside and outside the county, and homelessness. These data are not currently available from a public data source, Mental Health Boards/Counties are asked to supply the information.
6/18/19	The questions included address numbers served in ARF and IMD residential care and programs for homelessness. When researched, the STRTP data is available from California Department of Social Services (CDSS) so the Council will issue separate report outside the DN process. Staff provided an update that the 2019 Data Notebook is in draft with projected release by the end of June.

Performance Outcomes Work Group 2019 Work Plan

2. Develop topical questions for 2019 Data Notebook re: Trauma-Informed Care	
Output	Audience
2019 Data Notebook	County Boards/Commissions
Milestones	
2/11/2019	Work group agreed to identify 3-4 questions on specific topic, with annual county-specific data, to be included in the Data Notebook.
4/16/2019	The work group developed several questions to be included regarding Trauma-Informed Care. Three questions re: whether board had received TIP training, areas in community in need of TIP, and what recommendations to educate community on TIP. Due dates for draft 2019 DN were identified for work group review in June with a release date in late June.
6/18/19	The 2019 DN on Trauma-Informed Care was released in late July.

Performance Outcomes Work Group 2019 Work Plan

3. Design process for annual review of the performance data to make recommendations	
Output	Audience
Reports, Issue Briefs, Recommendations	DHCS, Counties, Legislature
Milestones	
2/11/2019	The work group agreed to identify who our constituents are and what they want from the group. What is a good format to release data and to whom. We need to show who we are reporting on, what services/treatment they received and what happened to them. Ask counties what is useful for outcomes and then pose 5-6 questions for agreement. Map Council responsibilities to what we are able to do within available data resources. Identify what data are available that correlate to existing performance indicators.
4/16/2019	Majority of the meeting time was spent on Question #2, therefore, work on this project is deferred to the June meeting.
6/18/19	Initial listing of performance indicators were reviewed and discussed. Continued research into data sources will occur over the Summer. Updated listing of performance indicators and data sources will be presented in October.

**California Behavioral Health Planning Council
Performance Outcomes Committee
Tuesday, October 15, 2019**

Agenda Item: Updates on the 2018 Report and 2019 Data Notebook

Enclosures: None

2019 Work Plan: This agenda item relates to plan items #1 and #2.

Background/Description:

A Data Notebook (DN) is released each year to the county behavioral health boards and commissions. Each year the Council designs the DNs to address 1 or 2 aspects of the publicly-funded behavioral health system. The DNs are the structure created for the boards and commissions to fulfill their responsibility to review their county's performance outcomes and to report their findings to the Council.

The 2018 Data Notebooks were released to the county boards in December 2018 with a return date of March 2019. Staff have compiled the responses and drafted a report for the Committee's review.

The 2019 Data Notebooks, which focus on Trauma Informed Practices, were released to the counties in late July and have a requested return date of October 15, 2019.

**California Behavioral Health Planning Council
Performance Outcomes Work Group
Tuesday, October 15, 2019**

Agenda Item: Discussion of CBHPC Annual Review of Performance Outcomes Data

Enclosures: Table of Potential State-Level Measures

[California 2018 Mental Health National Outcome Measures \(NOMS\)](#)

2019 Work Plan: This agenda item relates to item #3 on the Work Plan.

Background/Description:

During this agenda item Susan Turner, University of California Irvine, will lead a discussion of specific data sources, information available and identified reporting measures to design a potential model for the Council's annual review of performance data/outcomes. Additionally, the group will discuss methodology and end product for the annual review.

Over the last few months, Dr. Turner has conducted extensive research into data sources for the various reporting measures identified by Committee members to inform the public system. The attached table presents a compilation of measures/data for:

1) Individual level, 2) Program level, 3) Staffing level, and 4) Costs.

Not all measures have easily accessible nor understood data, many have limitations or are not available at all. The Committee members will review the available data, and through discussion, determine which data are the priority measures to use each year to inform the public system.

Please contact Jane Adcock at Jane.Adcock@cbhpc.dhcs.ca.gov for a copy of the "Table of Potential State-Level Measures" developed by Dr. Susan Turner.