California Behavioral Health Planning Council

Performance Outcomes Committee Agenda
Tuesday, June 14, 2022
Mission Inn Riverside
3649 Mission Inn Avenue, Riverside, CA 92501
The Renaissance Salon Room
2:00pm to 5:00pm

2:00 pm	**Welcome and Introductions** *Susan Wilson, Chairperson*	
2:05 pm	**Approve Meeting Minutes** *Susan Wilson, Chairperson*	**Tab 1**
2:10 pm	**Setting the Stage for Today's Meeting** *Susan Wilson, Chairperson*	
2:15 pm	**2021 Data Notebook Updates** *Susan Wilson, Linda Dickerson, and Justin Boese*	**Tab 2**
2:30 pm	**Public Comment**	
2:35 pm	**2022 Data Notebook Updates** *Justin Boese and Linda Dickerson*	**Tab 3**
2:50 pm	**Public Comment**	
2:55 pm	**Update on Children/Youth Data Project** *Justin Boese*	**Tab 4**
3:05 pm	**Public Comment**	
3:10 pm	**Break**	
3:15 pm	**2023 Data Notebook Topic Discussion** *Susan Wilson and All*	**Tab 6**
4:40 pm	**Public Comment**	
4:45 pm	**Wrap Up and Plan for Future Activities** *Susan Wilson, Chairperson*	
4:55 pm	**Public Comment**	
5:00 pm	**Adjourn**	

The scheduled times on the agenda are estimates and subject to change.

If reasonable accommodations are required, please contact the Council at (916) 701-8211, <u>not less</u> than 5 working days prior to the meeting date.

Performance Outcome Committee Members

Susan Morris Wilson	Karen Baylor	Darlene Prettyman
Lorraine Flores	Walter Shwe	Jim Kooler
Noel O'Neill	Steve Leoni	Uma Zykofsky
Hector Ramirez	Catherine Moore	

Invited External Partners

Theresa Comstock, CA Association of Local Behavioral Health Boards/Commissions
Samantha Spangler, California Institute for Behavioral Health Strategies

Council Staff

Justin Boese
Linda Dickerson

TAB 1

California Behavioral Health Planning Council
Performance Outcomes Committee
Tuesday, June 14, 2022

Agenda Item: Approve April 2022 Meeting Minutes

Enclosures: April 2022 Draft Meeting Minutes

Background/Description:

Committee members will review the draft meeting minutes for April 2022.

Motion: Accept and approve the April 2022 meeting minutes.

California Behavioral Health Planning Council

Performance Outcomes Committee

April 19, 2022

Meeting Summary
(DRAFT)

Members present:

Susan Wilson, Chairperson	Noel O'Neill
Walter Shwe	Steve Leoni
Karen Baylor	Hector Ramirez
Uma Zykofsky	Jim Kooler
Catherine Moore	

Invited External Partners present:

Theresa Comstock, CALBHBC	Samantha Spangler, CIBHS

Other Council Members Present:

Christine Frey

Staff present:

Jane Adcock, Executive Officer	Linda Dickerson
Justin Boese	

Item #1: Welcome and Introductions

Susan Wilson, Chairperson, opened the meeting with a welcome, roll call, and introductions.

Item #2: Approve December 2021 and January 2022 Meeting Minutes

A motion to accept the December 2021 meeting minutes was made by Catherine Moore and Seconded by Noel O'Neill. Steve Leoni requested edits to some of his comments in the minutes. The minutes were approved with the requested revisions.

A motion to accept the January 2021 meeting minutes was made by Catherine Moore and seconded by Walter Shwe. The motion was approved.

Item #3: Setting the Stage for Today's Meeting

Susan Wilson provided an overview of the goals and agenda items for the meeting, which focused on the two Data Notebook (DN) projects currently in development (2021 and 2022), as well as beginning discussions on potential topics for the 2023 Data Notebook. The other two agenda items are quick updates on the performance outcomes event planning and the children/youth data project.

Item #4: 2022 Data Notebook Update

Linda Dickerson provided an update on the 2022 Data Notebook survey, which will be sent out to the counties once finalized. The draft has been revised based on feedback from the committee and is pending final review by Jane Adcock and Susan Wilson. Linda has also drafted the cover letter that will be sent out with the 2022 DN. One of the changes to the Data Notebook is the inclusion of local data for each county, as well as moving some of the statewide date to the end of the report. Linda noted that this local data must be extracted using a data tool provided by DHCS, which takes longer than in the past when such data was provided in more accessible dashboards.

Susan Wilson spoke about the process of incorporating the committee member feedback into the draft and the challenges that presented. While not all of the ideas were implemented, Susan affirmed that she felt they had a solid draft now.

Uma Zykofsky noted that there was a lot of feedback to the previous draft, and asked what feedback was incorporated and what didn't. Jane Adcock answered that the survey questions were evaluated based on whether or not the local behavioral health boards/commissions would actually be able to answer them or not. Some of the telehealth related questions were also removed because they were repetitive of previous data notebook questions. The statewide data was moved to an appendix to declutter the text. Susan added that the number of questions was reduced in response to feedback from the boards and commissions.

Hector Ramirez commented that when thinking about what the data received may tell us, there are potential discrepancies between access to services and the quality of those services. For example, access to mental health services increased in L.A. County

due to increased need, but quality was impacted negatively, especially for communities of color. Hector also commended the work done by Linda and committee on the Data Notebook.

Item #5: Update on Performance Outcomes Event

Susan provided a short update on the performance outcomes event planning. The workgroup for the planning met and discussed holding an event in support of AB 686, which would have established a behavioral health outcomes review process. Unfortunately the bill died in the State Assembly. Planning for the event has stopped for now. Jane Adcock said that initially there had been a clear idea of what kind of event they wanted to hold, but the landscape is rapidly changing in behavioral health right now. She said that the plan now is to take a step back to consider what the best approach will be and what to focus on when the time is right.

Theresa Comstock brought up several opportunities related to the performance outcomes topic. She said that SB 465, which passed in the last legislative session, gave the MHSOAC the responsibility of developing and standardizing performance outcomes measures for Full Service Partnerships (FSPs). Theresa reminded the committee that the Planning Council has the duty to review and approve performance outcomes measures. She also said that while AB 686 died, it is her understanding that there will be an amended version of the bill hopefully introduced in the future that the committee should look out for.

Item #6: Public Comment

Steve McNally made a comment agreeing with Theresa's points. He noted the strong need for more data, and data that is accessible, calling out the DHCS open data portal as being clunky and hard to use. Steve said that if we do not help put data in the hands of the people, then we are complicit in the problems in the behavioral health system. He also asked that the committee consider that the local behavioral health boards could do

more for the committee than just the annual data notebook, and encouraged more collaboration on this issue.

Item #7: Preview of 2021 Data Notebook Responses

Justin Boese presented a preview of the 2021 Data Notebook responses, based on the submissions received up to March 15, 2022, which included responses from 42 counties. A couple more counties had submitted survey responses since that date and the survey was kept open for them, so the final analysis will include more than the 42 presented in this preview. Justin went over some of data summaries for Part II of the survey, which included the questions on racial/ethnic inequities in behavioral health. The PowerPoint included charts and graphs from the closed-ended questions, but did not include the open-ended written responses.

Susan Wilson asked Linda Dickerson to share any comments she had on the 2021 DN survey responses and analysis report. Linda shared that she had a draft of the introduction and background information for the overview report, though it needed further revision. She has done a lot of research for the discussion section, drawing information from external sources about health disparities. She is still working out some things with the excel file exported from SurveyMonkey and is hoping to find a way to organize responses by county so that they can be grouped in categories.

Item #8: Public Comment

Kristine Haataja commented that some of the larger data tables and graphs were difficult to read, and suggested that they be rank ordered to help organize the data.

Michael Lim made a comment regarding question #20 of the 2021 DN results preview, which showed that more people were positively impacted by the use of telehealth services during the pandemic than were negatively impacted. He said that in his county of San Mateo, one of the biggest barriers to access is lack of transportation, and telehealth addresses this issue. Michael suggested that if the committee includes telehealth in their recommendations, that they specify that clients need to be provided with the equipment and training to use telehealth services. He also said that he'd like to see justice involved youth included in the data notebook.

Item #9: Update on Children/Youth Data Project

Justin Boese provided a short update on the children and youth data project. This project is meant to be smaller, more targeted report on a specific set of data than the Data Notebook. Justin said that there has not been a lot of time to work on this project with all the work that is being done on the 2021 and 2022 Data Notebooks, but that he has reviewed some of the potential data sources and subtopics that could be explored in this report. Some examples of these data sources are:

- KidsData.org, which has data on bullying and harassment, student depression, hospitalizations for MH issues by age group, and more.
- AB 470 Dashboard data from DHCS, which includes mental health access/engagement rates, time to stepdown service, diagnosis counts, and patient usage.
- Department of Education DataQuest dashboards, which provides data on absenteeism, graduation and dropout rates, and suspension and expulsions.
- California Homeless Youth Project, which includes data on youth homelessness rates, beds for youth, and homeless students.

Justin said that most of these data sources are only as recent as 2019, which may impact what the committee wants to focus on. He is working on a document that provides an overview of these data sources that will be ready to share with the committee soon.

Item #10: Public Comment

Christine Frey suggested a subtopic for the children and youth data project regarding the experiences of youth in mental health hospitals. She said that a lot of youth feel like their experiences in hospitals are more like prison than treatment.

Steve Leoni supported this comment, and said that it highlights the need for qualitative data that sheds light on consumer experiences and service quality. He said that if mental health treatment doesn't feel like treatment, then people are not getting the help they need and deserve.

California Behavioral Health Planning Council

Performance Outcomes Committee

April 19, 2022

Meeting Summary
(DRAFT)

Item #11: 2023 Data Notebook Topic Discussion

Susan Wilson began a discussion on the 2023 Data Notebook topic selection. She said the goal wasn't to select a final topic today, but to narrow it down to a couple of top choices to look into more.

The committee members were surveyed for ideas prior to the meeting, and the results of that were shared with the committee. There were a broad range of topics with very little overlap. The two topics suggested by more than one person were:
- Implementation/Outcomes of Laura's Law
- Housing Needs and Programs

Susan Wilson opened up the topic for conversation.

Noel O'Neill identified housing as a huge need, and said he wanted to look at what housing resources and programs are actually available at the county level.

Karen Baylor responded that assessments of this topic have already been done, and that we already know there is a huge housing problem. She said she would amend the topic to ask the counties what their strategies for solving this problem are.

Uma Zykofsky cautioned the committee regarding the housing topic because of the complexity of housing programs and resources. She said that a small county might be able to easily tell you what they have, but bigger counties have a plethora of different types of housing, especially since it expands beyond behavioral health into the larger issue of homelessness. Uma went on to suggest looking at short term residential treatment programs (STRTPs) and/or the experiences of youth in crisis and inpatient services.

Samantha Spangler said that two specific programs that could be looked at are the No Place Like Home program and Project Room Key. She said that as Project Room Key sunsets, a lot of counties are now dealing with the issue of where to move clients who were housed through that program temporarily. Susan asked whether Samantha thought there would be data on those programs, and Samantha said that while there isn't publically available data, the counties should have it.

Steve Leoni commented that there has been a huge housing problem in the state generally that has been going on for years. He said that most people who are homeless are probably not there because of severe mental illness, but from the sheer lack of

affordability of housing. Steve also said that he is concerned about the Institution for Mental Disease (IMD) exclusion waiver. The waiver comes with requirements to build out treatment programs and infrastructure and he'd like to know more about what the plans for that process entails. Jane Adcock said that the Behavioral Health Continuum Infrastructure Program, which is a grant program overseen by DHCS, is being used to cover the build out needed to qualify for the IMD exclusion waiver. Steve reiterated that he felt it was important to learn more about this program and the types of infrastructure that are being built and who is deciding it.

Hector Ramirez commented that he supported the stakeholder engagement topic. He said he was more interested in what people were doing well than identifying who isn't doing it right, and suggested focusing on finding solutions and strategies for good stakeholder engagement. Hector also said that since CARE Court was focused on people with schizophrenia and psychotic disorders, maybe the committee should look at services for those patients specifically and assess whether counties are able to serve them properly.

Jane Adcock suggested the topic of employment services and outcomes. She said that we are getting further and further away from the recovery-oriented focus of the MHSA and the rehab model. Employment is an important aspect of recovery and yet employment services aren't talked about, measured, or promoted. Jane said that this topic came up right before the pandemic hit, and it was put off when DHCS asked the committee to look at telehealth. She encouraged the committee to return to the topic and look at what employment programs are out there and how engaged counties are with the Department of Rehabilitation.

Theresa Comstock said that she agreed that employment and the rehab model was an important topic. She gave a friendly reminder that this is the performance outcomes committee and not just the "data" committee.

Linda Dickerson said that she is open minded regarding the topic for the data notebook. She said she was a little concerned about the housing topic because it is such a huge topic. Linda is open to the employment topic, and had begun gathering some background information on it before she was called away to do contact tracing work, and her impression on it was that there wasn't a ton of data on it, perhaps because the counties weren't getting very many people engaged. Despite that, the research is pretty convincing that job readiness and employment really helps with recovery. Lastly, Linda said that she also felt that focusing on the behavioral health needs of children and youth due to COVID-19 was an important topic.

Noel O'Neill brought up the idea of "performance outcomes" as its own data notebook

topic. He said that the committee could ask the counties what outcomes they are tracking right now, and what outcomes would they like to collect. This would require a definition of "performance outcomes" and would be a big project, but he said that even trying to identify 5 potential outcome measures would be a good start. Susan Wilson voiced support for that idea, as did Walter Shwe, Karen Baylor, and Theresa Comstock.

Susan wrapped up the conversation and identified the top five themes/topics that were brought up during the discussion as:
- Stakeholder engagement
- The rehab model / Employment
- Performance outcomes
- Housing
- Youth engagement

Item #12: Public Comment

Michael Rodriguez commented that in regards to juvenile clients, there is a severe lack of subacute facilities. He said that they are hearing from professionals that youth on the verge of crisis are being taken to juvenile hall because there are no treatment facilities to send them to. He suggested that the committee look at the capacity of counties to treat children and youth in those situations.

Steve McNally suggested that the committee should be a facilitator rather than a doer regarding data, and should ask the state departments to get the data that we want. He said that at the local level, there isn't a lot of focus or expertise on data, but there is a lot of data that gets submitted to the state that could be utilized if it was accessible. He also said that there is no reason that the California Behavioral Health Director's Association (CBHDA) cannot publish a county level report on any given topic.

Christine Frey told the committee about a school district near San Diego that has a peer counselors program, where students volunteer time to support other students who are struggling, in particular with mental health. Over 200 students participated in this program in one year and it has had a huge positive impact. She suggested getting data on the experiences of these students and the impact of this program and other programs like it to see if it could/should be implemented across the state.

California Behavioral Health Planning Council

Performance Outcomes Committee

April 19, 2022

Meeting Summary
(DRAFT)

Item #13: Wrap Up and Plan for Future Activities

Susan Wilson thanked the committee members, partners, and members of the public for a productive meeting. She identified the next steps for the committee, which are:

- Finalizing and sending out the 2022 DN to the local behavioral boards/commissions.
- The analysis of the 2021 DN and writing of the overview report.
- Further discussion of topics for the 2023 DN
- Continuing work on the children and youth issue brief

The meeting adjourned at 5:00pm.

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- Finalizing and sending out the 2022 DN to the local behavioral boards/commissions.
- The analysis of the 2021 DN and writing of the overview report.
- Further discussion of topics for the 2023 DN
- Continuing work on the children and youth issue brief

The meeting adjourned at 5:00pm.

TAB 2

California Behavioral Health Planning Council
Performance Outcomes Committee
Tuesday, June 14, 2022

Agenda Item: 2021 Data Notebook Update

How This Agenda Item Relates to Council Mission
To review, evaluate and advocate for an accessible and effective behavioral health system.

This agenda item provides an update for committee members on the 2021 Data Notebook.

Background/Description:

Each year the Council releases a Data Notebook to the local mental/behavioral health boards and commissions to complete with their perspectives on focused areas of the system. The Data Notebook has two parts. Part One contains standard questions that are included each year to obtain county-specific information on vulnerable populations for which there is no publicly available data. Part Two contains questions focused on different aspects of the public behavioral health system. In 2021 the committee decided to focus on racial/ethnic inequities in behavioral health.

In order to facilitate a timely collection and analysis of survey data, the 2021 Data Notebook was developed in an online format using SurveyMonkey. The Data Notebook was sent out in September 2021 with a requested return date of November 2021. Committee staff will provide an update on the analysis of the results and the development of the overview report.

TAB 3

California Behavioral Health Planning Council
Performance Outcomes Committee
Tuesday, June 14, 2022

Agenda Item: 2022 Data Notebook Update

Enclosures: Example 2022 County Data Notebook, and PDF Preview of 2022 Data Notebook SurveyMonkey Online Survey.

How This Agenda Item Relates to Council Mission
To review, evaluate and advocate for an accessible and effective behavioral health system.

This agenda item provides an update for committee members on the 2022 Data Notebook.

Background/Description:

Each year the Council releases a Data Notebook to the local mental/behavioral health boards and commissions to complete with their perspectives on focused areas of the system. The Data Notebook has two parts. Part One contains standard questions that are included each year to obtain county-specific information on vulnerable populations for which there is no publicly available data. Part Two contains questions focused on different aspects of the public behavioral health system. For the 2022 Data Notebook, the committee decided to focus on the impact of COVID-19 on the public behavioral health system.

The 2022 Data Notebook was developed by Linda Dickerson with the direction and feedback of the committee. The final draft was reviewed for approval at an interim committee meeting in March 2022. Susan Wilson and committee staff will provide an update on the 2022 Data Notebook, including the distribution of the data notebook and survey link to the local behavioral health boards and commissions.

TAB 4

California Behavioral Health Planning Council
Performance Outcomes Committee
Tuesday, June 14, 2022

Agenda Item: Update on Children & Youth Data Project

Enclosures: Children & Youth Sample Data Sources Document

How This Agenda Item Relates to Council Mission
To review, evaluate and advocate for an accessible and effective behavioral health system.

This agenda item provides the opportunity for committee members to discuss subjects for other data projects or reports for the committee to develop besides the data notebook project.

Background/Description:

The Data Notebook project has been the primary focus of the Performance Outcomes Committee. The committee has discussed an interest in pursuing other data projects or reports in addition to the Data Notebook. In the January 2022 meeting, the committee decided to focus on children and youth for a smaller data report. Justin Boese will provide an update on this project, including data sources and relevant subtopics to focus the report on.

Children/Youth Data Topics + Sources

- <u>AB 470 Dashboard Data (DHCS), FY 16-17 through 19-20</u>
    - **MH Access/Engagement rates**
    - **Time to stepdown services**
    - **Diagnosis counts**
    - **Patient usage**
- <u>KidsData.org – Emotional and Behavioral Health</u>
    - **Hospitalizations for MH issues, by age group (2002-2019)**
    - **"Depression-related feelings" (2017-2019)**
    - **Student depression or MH is a problem at school (staff reported), 2017-2019**
    - **Suicidal Ideation (student report) 2017-2019**
    - **Number of youth suicides, by age group, 2019**
    - **Youth Suicide Rate, 2017-2019**
    - **Alcohol/Drug use in past month, 2013-2019**
    - **Juvenile Felony Arrest Rate (2019)**
- <u>KidsData.org – Bullying and Abuse</u>
    - **Bullying and harassment at school in the previous year, Years 2011-2019**
    - **Disability as reason for Bullying/Harassment, 2017-2019**
    - **Gender as reason for bullying/harassment, 2017-2019**
    - **Religion as reason for bullying/harassment, 2017-2019**
    - **Sexual orientation as reason for bullying/harassment, 2017-2019**
    - **Cyberbullying by grade level, 2017-2019**
- <u>Department of Education – DataQuest dashboards, Years 16-17 through 20-21</u>
    - **Absenteeism/Chronic Absenteeism**
    - **Graduation and dropout data**
    - **Suspension and expulsion**
- <u>California Homeless Youth Project – You Count Data Project, 2020</u>
    - **Youth homelessness rate**
    - **Beds for youth**
    - **Unaccompanied youth**
    - **Unsheltered youth**
    - **Youth under 18**
    - **Homeless students**

TAB 5

California Behavioral Health Planning Council
Performance Outcomes Committee
Tuesday, June 14, 2022

Agenda Item: 2023 Data Notebook Topic Discussion

How This Agenda Item Relates to Council Mission
To review, evaluate and advocate for an accessible and effective behavioral health system.

This agenda item provides the opportunity for committee members to discuss topics for the 2023 Data Notebook.

Background/Description:

Each year the Council releases a Data Notebook to the local mental/behavioral health boards and commissions to complete with their perspectives on focused areas of the system. The Data Notebook has two parts. Part One contains standard questions that are included each year to obtain county-specific information on vulnerable populations for which there is no publicly available data. Part Two contains questions focused on different aspects of the public behavioral health system.

The Performance Outcomes Committee will discuss potential topics for Part Two of the 2023 Data Notebook, with the goal of selecting a topic for development. Based on the discussion during the April 2022 quarterly meeting, the 5 topics for consideration are:

- Stakeholder engagement
- The rehab model
- Performance outcomes
- Housing
- Youth engagement