

# California Behavioral Health Planning Council

## Housing and Homelessness Committee Agenda

*Thursday, October 17, 2019*

Courtyard Marriot Midtown  
4422 Y Street, Sacramento, CA 95817

Camellia Room

8:30am to 12:00pm

<b>8:30am</b>	<b>Welcome and Introductions</b> <i>Vera Calloway, Chair-Elect</i>	
<b>8:35am</b>	<b>Approve June and August 2019 Meeting Minutes</b> <i>Vera Calloway, Chair-Elect</i>	<b>Tab 1</b>
<b>8:40am</b>	<b>Discuss Work Plan Priorities</b> <i>Deborah Starkey, Chairperson</i>	<b>Tab 2</b>
<b>8:55am</b>	<b>Housing and Community Development (HCD) Update</b> <i>Niki Dhillon, Council Member (HCD Representative)</i>	
<b>9:30am</b>	<b>Homeless Coordinating and Financing Council (HCFC) and Other Informational Updates</b> <i>Eva Smith, CBHPC Staff</i>	<b>Tab 3</b>
<b>9:40am</b>	<b>Public Comment</b>	
<b>9:45am</b>	<b>Break</b>	
<b>10:00am</b>	<b>Hope Cooperative Presentation</b> <i>Sara Collette, Program Director, Hope Cooperative</i>	<b>Tab 4</b>
<b>11:15am</b>	<b>Adult Residential Facilities (ARF) Project Update</b> <i>Eva Smith, CBHPC Staff</i>	<b>Tab 5</b>
<b>11:40am</b>	<b>Elect Committee Chair-Elect for 2020</b> <i>Deborah Starkey, Chairperson</i>	
<b>11:45am</b>	<b>Evaluate Meeting and Develop Next Meeting Agenda</b> <i>Deborah Starkey, Chairperson</i>	
<b>11:55am</b>	<b>Public Comment</b>	
<b>12:00pm</b>	<b>Adjourn</b>	

# California Behavioral Health Planning Council

The scheduled times on the agenda are estimates and subject to change.

**Officers:** Deborah Starkey, Chairperson    Vera Calloway, Chair-Elect

**Committee Members:** Raja Mitry, Barbara Mitchell, Lorraine Flores, Gerald White, John Black, Arden Tucker, Darlene Prettyman, Monica Caffey, Niki Dhillon, Steve Leoni, Christine Costa, Sokhear Sous

**If reasonable accommodations are needed, please contact the CBHPC at (916) 552-9560 no less than 5 working days prior to the meeting date.**

**California Behavioral Health Planning Council  
Housing and Homelessness Committee (HHC) Meeting**

Thursday, October 17, 2019

**Agenda Item: Approve June and August 2019 Meeting Minutes**

**Enclosures:** Draft Minutes for June and August 2019 HHC Meeting

**Background/Information:**

Housing and Homelessness Committee to review and approve draft meeting minutes for June 20, 2019 and August 26, 2019.

## **Housing and Homelessness (HHC)**

June 20, 2019 – Quarterly Meeting Minutes

### **Committee Members Present:**

Raja Mitry	Vera Calloway
Lorraine Flores	Monica Caffey
Barbara Mitchell	Gerald White
John Black	Steve Leoni
Deborah Starkey	
Christine Costa	
Sokhear Sous	

### **Staff Present:**

Jane Adcock, Eva Smith

### **Welcome and Introductions:**

This was the fifth meeting for this committee. Members were welcomed and introductions were completed.

### **April 2019 Meeting Minutes:**

Lorraine Flores motioned to approve minutes from the January meeting, Raja Mitry second. Minutes were approved unanimously.

### **Discussion of General Session of Tab L:**

Eva Smith shared with committee members the proposed mission and vision statement and guiding principles as decided at the Council's Executive Committee Meeting. This agenda item was provided as an opportunity for members to review and discuss in their committee so in the general session they will feel prepared to make a decision to adopt the new mission, vision and guiding principles.

### **Template Questions for Assessing Housing Models:**

Committee members engaged in thorough discussion and confirmed final template questions.

### **Social Model Recovery Systems, Inc. Presentation:**

Melissa Morales, Community Relations Coordinator, and Ruben Munoz, Housing and Alumni Coordinator presented to the committee about their non-profit organization that provides medicated-assisted residential treatment for persons with co-occurring mental illness and substance use disorders. Their programs utilize Vivitrol, as part of their treatment plan which is covered by Medi-Cal. The presenters highlighted their Recovery Bridge Housing (RBH) Program, a form of Supportive Housing to serve high-priority persons (determined through VI-SPDAT screening tool) who are deemed homeless under Housing and Urban Development (HUD) federal standards. The RBH Program is funded for six months through the Substance Abuse and Prevention and Control (SAPC) through the Los Angeles Department of Public Health.

**Public Comment:**

Representative from Los Angeles County, Barbara Wilson asked Social Model Recovery Systems presenters if screening for criminal background for sponsors, including violent domestic violence are screened.

Presenters replied that criminal background screening does take place and that all of their treatment centers prohibit sex offenders except for one location, River Community because most are near schools or parks. Presenters shared that they also screen for arson and any recent attempts for suicide.

**Jamboree Housing Corporation Presentation:**

Helen Cameron, Business Development Manager for Jamboree presented to the committee about the non-profit organization that delivers high-quality affordable housing and services. Helen reviewed Orange County homeless statistics, how they integrate Housing First Policy, their use of Coordinated Entry (CE) and Full Service Partnerships (FSPs) and their various permanent supportive housing projects.

**Housing and Homelessness Legislation Update:**

Eva Smith provided committee members updates on the following bills:

***Legislation:***

- **AB 307** (Homeless Youth Grant Program)
- **SB 333** (Homeless Coordinating and Financing Council)
- **AB 58** (Homeless Coordinating and Financing Council)
- **AB 67** (Homeless Integrated Data Warehouse)

Barbara Mitchell expressed concern regarding AB 67 that it is not an adequate use of money, and that it will create more work for the local Continuums of Care and providers – considering the data entry already taking place for Coordinated Entry (CE), Vulnerability Index - Service Prioritization Decision Assistance Tool (VI-SPDAT), and Homeless Management Information Systems (HMIS).

**Work Plan Development Discussion:**

Committee members discussed their final template questions – discrepancies in how the template questions will be used arose. Some members felt they should be sent to agencies to be filled out while others understood the questions to be used as a guide when researching various housing service models.

Due to time constraints, committee was unable to discuss remaining work plan goals. Discussion will resume in next committee meeting.

**Wrap-Up / Next Steps:**

Schedule call in August 2019 to further discuss purpose for template questions and other committee goals.

**Public Comment:**

Representative from California Association of Local Behavioral Health Boards and Commissions (CALBHBC) stated her concern for AB 67, Homeless Integrated Data Warehouse, that the bill seems to be a gathering of data but is not clear how it would positively impact lives.

**Meeting Adjourned at 12:00pm**

## **Housing and Homelessness (HHC)**

August 26, 2019 – In-Between Meeting Minutes

### **Committee Members Present:**

Vera Calloway                      Gerald White  
Monica Caffey                      Steve Leoni  
Barbara Mitchell                      Darlene Prettyman  
John Black  
Deborah Starkey  
Niki Dhillon

### **Staff Present:**

Eva Smith

### **Welcome and Introductions:**

Members were welcomed and introductions were completed.

### **Template Question Utilization Discussion:**

Committee members determined that the template questions will be used for presenters. The template questions will be distributed to presenters prior to the meeting in order to inform the presenter what the committee is looking to be answered in a presentation. Committee members also discussed changing the template questions document format to a chart in which one set of questions are if the model of service is housing, or a program that is a treatment center, shelter, residential care home, licensed program, etc.

### **October Presenter/s Discussion:**

Committee members reviewed and discussed the proposed presenters: Contra Costa Innovation Project and the Student Emergency Intervention and Wellness Program. Committee members proposed an alternate presenter – Hope Cooperative (formerly TLCS), a mental health and supportive housing service organization, due to their strong outcomes in persons successfully served and housed. Committee members also determined that the Contra Costa Innovation Project will be more suitable October 2020 due to their early stages in the study. The Student Emergency Intervention and Wellness Program of Long Beach will be considered for June 2020 when the Council will be meeting in southern California.

Niki Dhillon suggested a Technical Assistance provider from Housing and Community Development (HCD) for Continuums of Care (CoCs) present on the issues they have encountered. Committee members agreed to seek this presenter for the January 2020 meeting. Niki will coordinate this presenter due to her contacts as an HCD representative.

**Housing First Workgroup Discussion:**

Due to time constraints, this agenda item was not discussed. The Housing First Workgroup will be addressed at the October 2019 meeting.

**Public Comment:**

None.

**Meeting Adjourned at 2:30pm**



**California Behavioral Health Planning Council  
Housing and Homelessness Committee Meeting**

Thursday, October 17, 2019

**Agenda Item: Discuss Work Plan Priorities**

**Enclosures:** Draft 2019/2020 Work Plan

**Background/Information**

The work plan guides the actions of the HHC committee throughout the year. Committee members will review and revise the work plan to keep it up to date.

# **California Behavioral Health Planning Council (CBHPC)**

## ***Housing and Homelessness Committee (HHC)*** ***Work Plan 2019-2020***

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### **Goal #1**

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**Objective:** Develop template questions for assessing housing models.

**Target Audience:** HHC members and staff

**Activities:** Identify key areas of information to be collected from programs around the state.

**Timeline:** April 2019

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### **Goal #2**

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**Objective:** Develop a white paper that presents recommendations for best practices and intervention/prevention strategies especially innovative, non-traditional housing models that address the homeless crisis.

**Target Audience:** Counties, stakeholders, Legislature

**Activities:** Research innovative services, invite presenters

**Timeline:** TBD

# **California Behavioral Health Planning Council (CBHPC)**

## ***Housing and Homelessness Committee (HHC)*** ***Work Plan 2019-2020***

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### **Goal #3**

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**Objective:** Review legislation that mandates using Housing First policy and make recommendations based on what is working and not working.

**Target Audience:** Counties, stakeholders, Legislature

**Activities:**

- Research and review legislation
- Collaborate with stakeholders
- Workgroup members compile list of concerns related to Housing First to share with Housing and Community Development (HCD)

**Timeline:** TBD

**California Behavioral Health Planning Council  
Housing and Homelessness Committee (HHC) Meeting**  
Thursday, October 17, 2019

**Agenda Item: Homeless Coordinating and Financing Council (HCFC) and Other Informational Updates**

**Enclosures:** none

**How This Agenda Item Relates to Council Mission**

*To review, evaluate and advocate for an accessible and effective behavioral health system.*

It is important to regularly support members in the new subject matter and state-level projects that are current and on the horizon for housing and homelessness. Only when properly informed can the Council best evaluate the behavioral health system and advocate for accountable services. Through the gathering of insight and information from various stakeholders and agencies throughout the State, the Council is able to optimally advocate for accessible and effective behavioral health services.

**Background/Information:**

**Homeless Coordinating and Financing Council:** The HCFC was created in 2017 to oversee the implementation of 'Housing First' policies, guidelines, and regulations to reduce the prevalence and duration of homelessness in California. The Council's mission is to develop policies, identify resources, benefits, and services to prevent and work toward ending homelessness in California. By July 1, 2019, agencies and departments administering State programs in existence prior to July 1, 2017, shall collaborate with the Council to revise or adopt guidelines and regulations that incorporate the core components of Housing First, if the existing guidelines and regulations do not already incorporate the core components of Housing First.

Council staff have been involved with HCFC through participation in their quarterly meetings and tracking their projects and activities. An update on their recent meetings in July and October 2019 will be provided.

**HCFC Website:** <https://www.bcsh.ca.gov/hcfc/mission.html>

**Homeless Housing, Assistance and Prevention (HHAP):** The Homeless Housing, Assistance and Prevention was signed into law July 31, 2019 by Governor Newsom. HHAP is a \$650 million one-time block grant that provides local jurisdictions with funds to support regional coordination and expand or develop local capacity to address their immediate homelessness challenges.

**Chaptered Bill:**

[https://leginfo.legislature.ca.gov/faces/billTextClient.xhtml?bill\\_id=201920200AB101](https://leginfo.legislature.ca.gov/faces/billTextClient.xhtml?bill_id=201920200AB101)

**California Behavioral Health Planning Council  
Housing and Homelessness Committee (HHC) Meeting  
Thursday, October 17, 2019**

**Agenda Item: Hope Cooperative Presentation**

**Enclosures:** none

**How This Agenda Item Relates to Council Mission**

*To review, evaluate and advocate for an accessible and effective behavioral health system.*

This agenda item provides an opportunity to learn about, and partner with, a member of a similar body who is also endeavoring to address the homeless situation in California. Through the gathering of insight and information from various stakeholders and agencies throughout the State, the Council is able to optimally advocate for accessible and effective behavioral health services.

**Background/Information:**

Sara Collette, Program Director for Hope Cooperative (formerly TLCS), will provide a presentation on this non-profit organization that has been providing mental health and supportive housing services for people with mental health challenges for nearly 40 years in Sacramento County. The client-driven organization is dedicated to the independence and empowerment of individuals with psychiatric and other disabilities. Their services include intensive case management, permanent supportive housing, life skills education, psychiatric services, therapy, co-occurring substance use treatment, residential support services, opportunities for social connectedness and meaningful activities, and crisis intervention - to which they provide to more than 6,000 people in their community each year. Many of their clients are homeless when they begin their Hope Cooperative journey and are now successfully living in a "forever" home.

**Hope Cooperative Website:** <http://tlcssac.org/>

**California Behavioral Health Planning Council  
Housing and Homelessness Committee (HHC) Meeting**  
Thursday, October 17, 2019

**Agenda Item: Adult Residential Facilities (ARFs) Project Update**

**Enclosures:** ARF Project Work Plan, ARF March 2019 Meeting Minutes

**How This Agenda Item Relates to Council Mission**

*To review, evaluate and advocate for an accessible and effective behavioral health system.*

The ARF project advocates for more accessible and effective housing options for persons with serious mental illness that provide the appropriate level of care. Proper housing placement in the community is essential for optimal recovery following stays in acute and in-patient treatment programs, hospitals, short-term residential or transitional residential treatment programs and/or correctional institutions. This particular focus for advocacy is to assure that the behavioral health system is accountable, which includes an appropriate housing continuum that match the needs of persons with serious mental illness.

**Background/Information:**

The Council developed the issue paper, Adult Residential Facilities (ARFs): highlighting the critical need for adult residential facilities for adults with serious mental illness in California. Its primary purpose is to discuss barriers to, and the need for, increasing access to appropriately staffed and maintained Adult Residential Facilities (ARFs) for adults, including seniors, with mental illness. The paper is an effort to generate dialogue to identify possible solutions to those barriers.

The paper can be found on the CBHPC website:

<https://www.dhcs.ca.gov/services/MH/Documents/Legislation-Committee/2018-ARF-Final.pdf>

The ARF project was initiated by the former Advocacy Committee. With the Council's new committee structure/focus, select members from the new Legislation and Housing and Homelessness Committees volunteered to form a workgroup. The Housing and Homelessness Committee will lead this project until proposed legislation is on the horizon.

An update on the September 30, 2019 meeting will be provided. The meeting addressed three priority goals of the workgroup:

- Financial Barriers
- Regulatory Barriers
- Zoning and Community Resistance

Additionally, the workgroup heard presentations from Adrianna Ruelas from the Steinberg Institute, an update on the legislation, AB 1766. This bill will direct Community Care Licensing (CCL) to collect data from licensed operators on the number of ARFs in California and how many persons have serious mental illness (SMI) to determine if availability meets the need.

The meeting also hosted a case study exercise of four ARFs throughout the state that have closed. Prior to the meeting a set of interview questions were asked to inquire about their closure and what could have prevented the closure. These scenarios was part of an active discussion among members to determine how there could have been better outcomes and a guide to avert other closures.



# California Behavioral Health Planning Council Adult Residential Facility (ARF) Project Workgroup Work Plan 2019

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## Goal #1

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### Objective

Identify the regulatory barriers inhibiting Adult Residential Facilities from serving individuals with serious mental illness (SMI).

### Activities

- Identify problematic regulations.
  - Research the basis of the identified regulations.
  - Develop recommendations for the California Department of Social Services (CDSS).
  - Present the recommendations to the CDSS and engage in negotiations.
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## Goal #2

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### Objective

Address the financial barriers that inhibit persons with serious mental illness from being served by quality Adult Residential Facilities.

### Activities

- Explore financial models used by other populations, including the Developmentally Disabled Community.
- Utilize the information gathered to design a financial model.
- Identify potential fund source.
- Advocate for data and outcomes for individuals with SMI being served by ARFs.
- Propose legislation to support the financial model designed and source of funding identified.

**California Behavioral Health Planning Council  
Adult Residential Facility (ARF) Project Workgroup  
Work Plan 2019**

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**Goal #3**

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**Objective**

Address land use requirements and community resistance, which create additional barriers for Adult Residential Facilities.

**Activities**

- Identify the origin of the land use and zoning permit requirements.
- Identify materials and compile a tool kit to address community resistance.
- Disperse tool kits to the Mental Health Boards and Commissions.
- Make recommendations to Board of Supervisors.

## **Adult Residential Facilities (ARF) Workgroup**

March 13, 2019 – Meeting Minutes

### **Workgroup Members Present:**

Raja Mitry	Noel O’Neill
Lorraine Flores	Lisa Kodmur
Barbara Mitchell	Theresa Comstock
Steve Leoni	Alex Barnard
Deborah Starkey	Barbara Wilson
Darlene Prettyman	Lynda Kaufmann
Tina Perez	Teresa Pasquini
Lauren Rettagliata	Susan Wilson
Paul Cumming	Adriana Ruelas

### **Staff Present:**

Naomi Ramirez, Jenny Bayardo, Eva Smith

### **Welcome and Introductions:**

This was the second meeting for this workgroup. Members were welcomed and introductions were completed.

### **Contract Update:**

Jenny Bayardo provided an update regarding establishing a contract with a consultant for the ARF workgroup. Jenny has been working with a Substance Abuse and Mental Health Services Administration (SAMHSA) Block Grant coordinator to assure that the proposed scope of work is supported in the Mental Health Block Grant (MHBG) funding purposes. Jenny reported that the funding for the contract will come from unspent and historically under-utilized MHBG funds. The finalizing of the contract will require that the focus of this contract emphasize that the ultimate goal is to transition persons with serious mental illness to a lower level of care, in order for them to reach a higher level of functioning in their community.

### **Work Plan Review:**

Naomi Ramirez stated that goal number three was added since the last meeting, “Address land use requirements and community resistance, which create additional barriers for Adult Residential Facilities.” Naomi concurred with the group to finalize it as a workgroup goal, which will then be posted to the website.

Steve Leoni suggested that data and outcomes for persons living in ARFs be included in all goals to demonstrate the effectiveness of this type of housing.

Raja Mitry suggested that the County Board of Supervisors be made aware of the barriers, which can be included in all goals, so that they can be a part of making recommendations for addressing barriers at the local level.

Barbara Mitchell encouraged that the workgroup not have too broad a focus, as it will make it more difficult to manage. In response to Raja Mitry's statement regarding training Board of Supervisors, Barbara recommended this action as a follow-up phase depending on the outcomes of the three current established goals. Barbara also mentioned that facilitation at the local level is more commonly dealt with a city government, rather Board of Supervisors.

Barbara Wilson shared the challenge of the lack of data on how many licensed ARFs that accept this population.

Steve Leoni expressed the urgency for legislation to obtain data. "You can't manage what you don't measure." Steve reported the need to track client outcomes and create linkage with other services.

Lynda Kaufmann stated that Department of Social Services (DSS) has this information - when a facility submits their program description to obtain licensure. However, the information is not on a computer database.

Tina Perez reported that the data is not available to the Licensing Program Analysts (LPAs), but could possibly be obtained doing site visits one by one. The number of ARF facilities exist, but is not documented what kind. Tina also shared that a list by county exists.

Lisa Kodmur recommended that the word "quality" be included in goal two to read, "Address the financial barriers that inhibit persons with serious mental illness from being served by **quality** Adult Residential Facilities." Lisa asserted that for living environments to promote recovery and well-being should always consider quality as part of the equation in addition to financing.

#### **Discussion of Regulatory Barriers:**

Eva Smith reviewed a list of regulatory barriers (elopement history restrictions, self-care management of diabetes, inadequate training) and workgroup members engaged in thorough discussion of these barriers.

Noel O'Neill suggested the barrier of poor clinical oversight to be listed. Noel shared an exemplary situation: when a board and care was considering a packet for referral it was determined that the consumer was over-medicated on Clozaril, which caused the person to have low blood pressure and fainting issues. The consumer was then taken off his medications completely, and was not referred to a psychiatrist, which led to aggressive behavior. This consumer was denied admittance due to 'history of aggression' when in fact this consumer could have been successful in placement if properly treated and medicated.

Tina Perez expressed the desire to have mental health oversight taken out of DSS.

Raja Mitry addressed the need for ARFs to consider and accommodate cultural traditions and language.

**Discussion of Financial Barriers:**

Noel O’Neill presented on opening a six-bed ARF facility in Trinity County in 2010. The facility is based on recovery principles and honors Welfare and Institutions Code (WIC) 5670, to encourage residential treatment programs with a range of alternatives. Noel emphasized the need and challenge to follow CCL guidelines, as they could not afford to be cited due to no profit in running the facilities.

Noel shared some of the advantages of opening the facility including: seven full-time jobs, avoidance of contract with out of county facility and transportation costs to visit out-of-county clients, generates potential for local mental health billing, and local family support and involvement.

Noel emphasized that without the support of county behavioral health, the contract would not be possible.

**Land Use Requirements and Community Resistance:**

Theresa Comstock, Executive Director for California Association of Local Behavioral Health Boards and Commissions (CALBHBC), shared with the workgroup that a webpage toolkit has been posted on the Corporation for Supportive Housing website with recommendations on how to approach board of supervisors and the city council when working with community resistance. The toolkit includes a YouTube video and materials.

**Steinberg Institute:**

Adriana Ruelas, presented on AB 1766, a data collection bill, authored by Assembly Member Bloom. This bill would direct Community Care Licensing (CCL) to collect data from licensed operators about residents including how many have serious mental illness (SMI), how many beds, etc. Adriana reported this bill would incentivize operators to stay, increase the number of operators and the standard of quality of care. Adriana also shared of an upcoming ARF Forum where Sacramento Mayor, Darrell Steinberg and newly appointed commissioner on homelessness and supportive housing by Governor Newsom to open the discussion on the importance of ARFs in the housing continuum. Lynda Kaufmann of Psynergy Programs and Barbara Wilson from Los Angeles County are scheduled presenters at the forum to further discuss how these facilities address homelessness and housing.

Noel O’Neill stated that adult residential facilities provide long-term support to determine what they want/need to do in their recovery whereas crisis residential centers are only two weeks, which is not adequate time to which persons often end up back on the streets.

Lisa Kodmur expressed her desire to see parity to persons living with intellectual disabilities, citing the Lanterman Act, that gave people with developmental disabilities the right to services and supports that enable them to live a more independent and productive lives.

**Yolo County:**

Sandra Sigrist, Director of the Adult & Aging Branch of Yolo County Health and Human Services presented on their Board and Care study county innovation project. The MHSA Community Planning Process identified the need for safe and affordable residential living settings throughout Yolo County for individuals with mental health conditions. Their study determined that there are not enough board and cares, causing persons to live out of county or in higher levels of locked care with limited step-down options.

Primary concerns focused on the lack of 24-hour supervised settings that include a range of on-site and community-based supportive services and socialization opportunities for individuals living with serious mental illness. MHSA Innovation funds were subsequently approved for conducting a study of the needs and opportunities.

To improve data capacity their proposal to the Mental Health Services Oversight and Accountability Commission (MHSOAC) included implementing a structured way to collect data so that data can drive the development of the system.

Alternative innovative models from Tulare, Los Angeles, and California's regional model were presented as models of service in consideration to improve the outcomes for persons that require board and cares.

**Meeting Adjourned at 4:00pm**