

California Behavioral Health Planning Council (CBHPC)

Adult Residential Facilities (ARF) Project Workgroup Agenda

Wednesday, March 13, 2019

CBHPC Office

1000 G Street, 4th Floor, Sacramento, CA 95814

1:00 pm to 4:00 pm

For those who are unable to attend in person, call in capability is available

Conference Call-in: 1-866-742-8921 Participant Code: 5900167#

1:00 pm	Welcome and Introductions <i>Eva Smith, CBHPC Staff</i>	
1:05 pm	Contract Update <i>Jenny Bayardo, CBHPC Chief of Operations</i>	
1:10 pm	Work Plan Review <i>Naomi Ramirez, CBHPC Legislative Coordinator</i>	Tab 1
1:15 pm	Discussion of Regulatory Barriers <i>Eva Smith, CBHPC Staff</i>	Tab 2
1:45 pm	Discussion of Financial Barriers <i>Naomi Ramirez, CBHPC Legislative Coordinator</i> <i>Noel O'Neill, CBHPC Member</i>	Tab 3
2:20 pm	Discussion of Land Use Requirements and Community Resistance <i>Naomi Ramirez, CBHPC Legislative Coordinator</i>	Tab 4
2:30 pm	Public Comment	
2:35 pm	Break	
2:45 pm	Steinberg Institute Update <i>Adriana Ruelas, Steinberg Institute, Legislative Affair Director</i>	
3:00 pm	Yolo County Innovation Plan Update <i>Sandra Sigrist, Yolo County Health and Human Services Agency, Adult and Aging Branch Director</i>	Tab 5
3:40 pm	Next Steps <i>Eva Smith, CBHPC Staff and All</i>	

California Behavioral Health Planning Council (CBHPC)

3:50 pm Public Comment

4:00 pm Adjourn

The scheduled times on the agenda are estimates and subject to change.

ARF Project Workgroup Members

Darlene Prettyman	Barbara Mitchell	Lorraine Flores	Raja Mitry
Susan Wilson	Noel O'Neill	Deborah Starkey	Steve Leoni

Remote In-Person Location Options Available:

170 El Bonito Way, Millbrae, CA 94030
1700 Pine Street, Redding, CA 96001
604 Pearl Street, Monterey, CA 93940
1801 North Dupree Lane, Clovis, CA 93619

If reasonable accommodations are needed, please contact the CBHPC at (916) 323-4501, not less than 5 working days prior to the meeting date.

California Behavioral Health Planning Council Adult Residential Facilities (ARF) Workgroup Meeting

Wednesday, March 13, 2019

Agenda Item: Work Plan Review

Enclosures: 2019 Work Plan

How This Agenda Item Relates to Council Mission

The CBHPC evaluates the behavioral health system for accessible and effective care. It advocates for an accountable system of responsive services that are strength-based, recovery-oriented, culturally and linguistically competent, and cost-effective. To achieve these ends, the Council educates the public, the behavioral health constituency, and legislators.

The ARF workgroup advocates for more accessible and effective housing for individuals with serious mental illness who are not able to obtain sustainable community housing options that provide the appropriate level of care following stays in acute and in-patient treatment programs, hospitals, short-term residential or transitional residential treatment programs and/or correctional institutions.

Background/Information:

The work plan is intended to guide the actions of the ARF workgroup. Workgroup members will discuss the work plan and potential additions to the objectives and activities to ensure the full scope of the project is outlined. The identified objectives that are barriers in meeting the unique needs of persons with serious mental illness include, addressing fiscal viability, licensing regulations and land use and community resistance.

California Behavioral Health Planning Council Adult Residential Facility (ARF) Project Workgroup Work Plan 2019

Goal #1

Objective

Identify the regulatory barriers inhibiting Adult Residential Facilities from serving individuals with serious mental illness.

Activities

- Identify problematic regulations.
- Research the basis of the identified regulations.
- Develop recommendations for the California Department of Social Services (CDSS).
- Present the recommendations to the CDSS and engage in negotiations.

Goal #2

Objective

Address the financial barriers that inhibit persons with serious mental illness from being served by Adult Residential Facilities.

Activities

- Explore financial models used by other populations, including the Developmentally Disabled Community.
- Utilize the information gathered to design a financial model.
- Identify potential fund source.
- Propose legislation to support the financial model designed and identified funding.

Goal #3

**California Behavioral Health Planning Council
Adult Residential Facility (ARF) Project Workgroup
Work Plan 2019**

Objective

Address land use requirements and community resistance, which create additional barriers for Adult Residential Facilities.

Activities

- Identify the origin of the land use and zoning permit requirements.
- Identify materials and compile a tool kit to address community resistance.
- Disperse tool kits to the Mental Health Boards and Commissions.

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California Behavioral Health Planning Council Adult Residential Facilities (ARF) Workgroup Meeting

Wednesday, March 13, 2019

Agenda Item: Discussion of Regulatory Barriers

Enclosures: Regulatory Barrier List

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Background/Information:

The ARF workgroup is actively compiling a list of Community Care Licensing (CCL) regulatory barriers as well as identifying them within the regulations. Ultimately, these regulatory barriers that interfere with caring for the needs of persons with serious mental illness will be presented to California Department of Social Services (CDSS) with recommendations to propose amendments. This agenda item will allow for discussion of barriers provided and serves as an opportunity to identify additional barriers that should be added to the list.

**California Behavioral Health Planning Council
Adult Residential Facility (ARF) Project Workgroup
Regulatory Barriers**

- 1) Excluding residents because of their risk of elopement. Because they are unlocked facilities, CCL requires a vague standard of care and supervision that means that operators should exclude anyone where there may be any danger of suicide risk, elopement, etc.
- 2) Issues regarding self-care and management of diabetes, incontinence, etc.
- 3) Examples of regulations related to food monitoring: how many days-worth of eggs and milk must be on hand, everything must be dated in the refrigerator. If you allow clients to cook, you can be cited if someone leaves the butter uncovered in the refrigerator.
- 4) Mentally ill individuals are not allowed to reside in an older adult facility. This calls for a need for special programs to be created for older adults with schizophrenia or other serious mental illnesses.

California Behavioral Health Planning Council Adult Residential Facilities (ARF) Workgroup Meeting

Wednesday, March 13, 2019

Agenda Item: Discussion of Financial Barriers

Enclosures: [A Call to Action: The Precarious State of the Board and Care System Serving Residents Living with Mental Illness in Los Angeles County](#)
Trinity County Alpine House PowerPoint

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Background/Information:

California's Licensed Adult Residential Facilities (ARFs) are in crisis and the lack of funding is causing many of these facilities to close. The closing of these facilities cause the adults who suffer from serious mental illness (SMI) to lose their homes and their care and in many cases become homeless, incarcerated, or hospitalized. Not only is this a disservice to this population, their families, and our society, it is also more expensive for the state to pay to incarcerate or hospitalize these individuals. Attached is the Los Angeles County's report, "A Call to Action: The Precarious State of the Board and Care System Serving Residents," that addresses these facility's lack of financial viability for sustainability. Noel O'Neill, former Behavioral Health

Director for Trinity County, will present on financial barriers he experienced when Trinity County opened a six bed adult residential facility.

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Agenda Item: Discussion of Land Use Requirements and Community Resistance

Enclosures: none

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Background/Information:

The ARF workgroup recognizes that community resistance and land-use permits are major barriers to the implementation of ARFs. The ARF workgroup is seeking volunteers to lead the development of a toolkit to aid local Mental Health Boards in overcoming these barriers. This agenda item will allow for discussion of these types of barriers as well as soliciting volunteers to lead the effort to create the toolkit.

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Agenda Item: Yolo County Innovation Plan

Enclosures: none

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Background/Information:

Yolo County initiated a Board and Care Innovation study project in 2017 following the findings of the 2016-2017 Mental Health Services Act (MHSA) Annual Update and 2017-2020 Three Year Community Program Planning (CPP). Stakeholders identified a lack of housing options for people with the most intense service needs as a primary problem, specifically the extreme shortage of Board and Care facilities. Without adequate Board and Care facilities within the County, Yolo County residents who require that support to live in the community are placed in out of county facilities. Through their innovation project their main objectives were to increase the quality of services, including better outcomes, promote interagency and community collaboration, and increase access to services. Sandra Sigrist, Director of Adult and Aging Programs of Yolo County will present on the findings of their project - her PowerPoint presentation will be provided prior to the meeting for review.