

NICU Infection Control Parent Agreement

Our goal is that none of the babies will become infected and we know that this is your goal as well. We want to work together as a team for the best outcome for the babies. You are part of that team! Below is a set of standards to fight against infections. We want everyone in the unit to meet them. Please share them with your family members and visitors. If you have concerns about any infection control practice, please talk with your nurse.

Hand Washing and Hand Hygiene

- All staff, family and visitors need to use hand gel outside the door before they enter the NICU
- The first time you come in for the day wash with soap and water at the sink, vigorously for about 3 minutes.
- Take off your rings, watches and bracelets before you wash and put them in your purse or pocket. If you cannot take your rings off, make sure to clean under them and in the crevices around the stones.
- Always use the gel cleaner at the bedside before you touch the baby even after washing at the sink.

Bedside Space - Baby “Rooms” with No Walls

- If you move something from another “room”, make sure to clean it off. Clean the arms of the chairs.
- When you are done using a pillow, throw the pillowcase in the dirty linen so that we can put a fresh one on for the next parent.

Separation between clean and dirty

- Store clean items (pacifiers, thermometers, etc.) at the head of the bed; keep dirty diapers at the foot of the bed.
- Make sure to clean your hands after you change the diaper before you do anything else.

Personal Items

- Personal items either need to be left outside or put in a clean pillowcase at the bedside. Put the pillow case in the dirty linen before you leave. Please do not put any personal items on the bedside table.
- No food or drinks are allowed in the unit.
- If you need to use your cell phone, please do so outside and then come back in and clean your hands with gel.

Visitors and Sickness

- If you are ill, please stay home to protect your baby and others. This will also help you get rest and get better more quickly. If you have any respiratory symptoms when you return, please wear a mask.
- If the baby’s siblings or any other visitors show any sign of illness or have been exposed to any communicable disease, they may not visit.

Name _____ Date: _____

Courtesy of Torrance Memorial Medical Center