

STEP 4

TREAT YOUR INPATIENT UNIT OR ED

Draft a clear aim statement and way to measure the aim using the improvement models PDSA (Plan-Do-Study-Act) and SDSA (Standardize-Do-Study-Act).

- Now that you've made your diagnosis and selected a theme worth improving, you are ready to begin using powerful Change Ideas, improvement tools, and the scientific method to change your microsystem.
- This begins with making a specific aim and using Plan-Do-Study-Act (PDSA), which is known as the "model for improvement."
- After you have run your tests of change and have reached your measured aim, the challenge is to maintain the gains that you have made. This can be done using Standardize-Do-Study-Act (SDSA), which is the other half of making improvements that have "staying power."
- You will be smart to avoid totally reinventing the wheel by taking into consideration best known practices and Change Ideas that other clinical teams have found to work well. A list of some of the best "Change Ideas" that might be adapted and tested in your Inpatient Unit follows the aim statement worksheet.

SPECIFIC AIM STATEMENT

Create a specific aim statement that will help keep your focus clear and your work productive.

Use numerical goals, specific dates, and specific measures.

Specific Aim:

Measures:
