



---

## Enrollment

Enrollment is free and easy.

You can enroll in a Cal MediConnect plan by:

- **Mailing back your choice form**
- **Calling Health Care Options at 1-844-580-7272**
- **Calling your Medi-Cal health plan directly**

### Enrollment Materials and Sample Notices

Choosing a health plan is important. These materials are available to you free of charge, and are print-ready to help you through the enrollment process. Please feel free to download, print, and use these materials at your convenience.

### Enrollment Dashboard

The Enrollment Dashboard provides a snapshot of demographic and enrollment information in the Cal MediConnect program and is released on a monthly basis. The information is presented by county, plan, threshold language spoken and race/ethnicity. Where possible, quarterly trend information is also presented. [Click here to find the latest enrollment dashboards.](#)