

Behavioral Health Children and Youth Collaborative Services (CYCS)

Child and Adolescent Needs and Strengths (CANS)

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CANS - Quick Introduction

- The CANS is a multiple purpose information integration tool that is designed to be the output of an assessment process.
- Using the CANS to help identify children and youth in need of services for trauma related difficulties is common.
- The CANS is a collection of unique items which are integrated into a collaborative assessment process.
- The specific collection of CANS items may be tailored to specific purposes
- The CANS is <u>not</u> a self-report measure



Clinical Process Loop



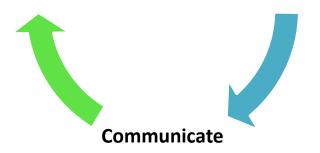


Emphasis is on:

- Client Understanding
- Clinician Understanding
- Clinical Work

Clinical Information Loop





Consistent Process
Leverage a Tool for this Process

CANS Improves the Information Loop

• Gather:

- Items in CANS direct the Clinician to focus on trauma related topics
- Benchmarks provide assessment standards for accuracy between providers

• Structure:

- The standardized item ensure consistent information is available
- Scoring method further structure the information

• Communicate:

- Needs are easy to review
- Scores immediately inform actions that are needed







Communimetrics: Six Key Principles

- 1. Each item has implications for differential action. They **might impact service planning**
- 2. Each item uses a 4-level rating system. Levels of items translate immediately into action levels.
- 3. Rating should **describe the child/youth,** <u>not</u> the child/youth in services. If an intervention is present that is masking a need but must stay in place, this should be factored into the rating and item would be rated as actionable (i.e., '2' or '3').
- 4. Culture and development should be considered prior to establishing the action levels.
- 5. Measurement is descriptive and minimizes cause-effect assumptions. It is about the 'what', not about the 'why'
- 6. Apply an observation window (e.g., 30 days) to keep assessments relevant and fresh, but observation windows can be trumped by the action levels.



Principles 3 - 6 Impact Scoring

#3 - Rating should describe the child/youth, not the child/youth in services. If an intervention is present that is masking a need but must stay in place, this should be factored into the rating and item would be rated as actionable (i.e., '2' or '3').

"It is about the consumer, not the consumer in treatment." – Services/Supports may mask a need



- #4 Culture and development should be considered prior to establishing the action levels.
- Cultural sensitivity involves considering whether cultural factors are influencing the expression of needs and strengths.
- Ratings should be completed considering the youth's developmental and/or chronological age depending on the item.



Principles 3 - 6 Impact Scoring

- #5 Measurement is descriptive and minimizes cause-effect assumptions.
- It is about the 'What', not about the 'Why'
- What' orientation allows more room for different, personal versions of 'Why'
- Collaboratively establishing a 'What' helps with treatment, but is not part of scoring



Principles 3 - 6 Impact Scoring

#6 - Apply an observation window (e.g., 30 days) to keep assessments relevant and fresh, but observation windows can be trumped by the action levels.

- 30 days is not rigid
- Action levels can be used to over-ride the 30-day rating period



In considering the Principles, remember to Integrate Information

- Multiple inputs of information maybe combined to generate a measurement
- Not a self report measure
- Not solely a measure of clinical impression



Communimetrics: Six Key Principles

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Key Principle #2: TCOM Action Levels

Needs Action Levels:

- **0** = No need for action; no evidence of need
- 1 = Watch need carefully to prevent worsening
- 2 = Act; include in plan of care
- **3** = Act immediately/intensively

Strengths Action Levels:

- **0** = Centerpiece strength for plan of care
- 1 = Useful strength for plan of care
- 2 = Identified strength, but needs building
- **3** = No strength identified in this area



CANS is incorporated into Full Assessment

	Dysfunction requiring tre	eatment (consider work, school, home, peer, fa	mily, parenting, self-care, et	c.): None	
		LIFE	DOMAIN FUNCTIONING		
2 - Field 5 - School 9 - Inpatient 12 -	Health Care 15 - Adult Residential 1	7 - Non-Traditional 20 - Telehealth 8 - Other 9 - Children's Residential	Decision Making Medical/Physical Sexual Development ^s Sleep School Behavior ^d		n/a 0 1 2
DATE: BILLING TIME: LOCATION: DATE: BILLING TIME: LOCATION:	GERVICE TYPE: GERVICE TYPE:	PREFERRED LANGUAGE: PREFERRED LANGUAGE:	School Achievement ⁶ School Attendance ⁶		
Gender:	ed Divorced Widow Separated Live	es In/With:	erapeutic Modality therapy, medication)	Date(s)	Response to Treatme
NOTE: Shaded items with superscripts trigger CAN		S-SB Modules is required.			
Referral source: Person(s) child is living with School Other agencies/providers client is involved with: None	rdian CFS Court Self:CFS Court Probation Access	Unit Health Plan Self			
	ther: (name, role) EM / HISTORY OF CURRENT PROBLEMS		NT OF RISK EVEL OR ABOVE ONLY		
Include significant problems with regard to daily living, such			☐ Plan ☐ Plan Tarasoff) See note dated:	Intent w/o means	s Intent w/means
			ns taken:		
Motives for services / What does client really want from service	s?		RISK BEHAVIORS		0 1 2
What do caregivers really want from services?			Delinquent Behavior ¹³ Fire Setting ¹⁴		
			Intentional Misbehavior Exploitation		
Why is client coming for help <u>now</u> ?			HISTORY		
REFER TO CANS-SB MANUAL FOR DETAILED SCORING	INFORMATION		IIIOTOKI		
0 = NO EVIDENCE TO BELIEVE ITEM REQUIR KEY 1 = NEEDS WATCHFUL WAITING, MONITORII 2 = NEEDS ACTION. STRATEGY NEEDED TO	IES ANY ACTION NG OR POSSIBLY PREVENTIVE ATION ADDRESS PROBLEMINEED				
	IMMEDIATE SAFETY CONCERNIPRIORITY FOR INTE AVIORAL/EMOTIONAL NEEDS	ERVENTION			
0 1	2 3	0 1 2 3	ANS-SB NAME	:	
Psychosis (Inought Disorder) Impulsivity/Hyperactivity Depression Anxiety	Attachment Difficulties Anger Control Eating Disturbances* Emotional/Physical Dysergulation* Behavioral Regressions*		CHAR	T NO:	
Mania*	Emotional/Physical Dysergulation* Behavioral Regressions*		DOB:		
Conduct	Somatization* Substance Use ⁹		PROG	RAM:	
Adjustment to Trauma®	•••		ractice		Page 2
CHILD/ADOLESCENT CLINICAL ASSESSME San Bernardino County	NT - CANS-SB NAME:				
DEPARTMENT OF BEHAVIORAL HEAL Confidential Patient Information	TH CHART NO:				
See W&I Code 5328	DOB:				
	PROGRAM:				
CLP015-1.2 (10/17)	linical Practice	Page 1 of 9			

	Psychosis (Thought Disorder) Impulsivity/Hyperactivity Depression Anxiety Mania* Oppositional Conduct Adjustment to Trauma ⁸			2	3	
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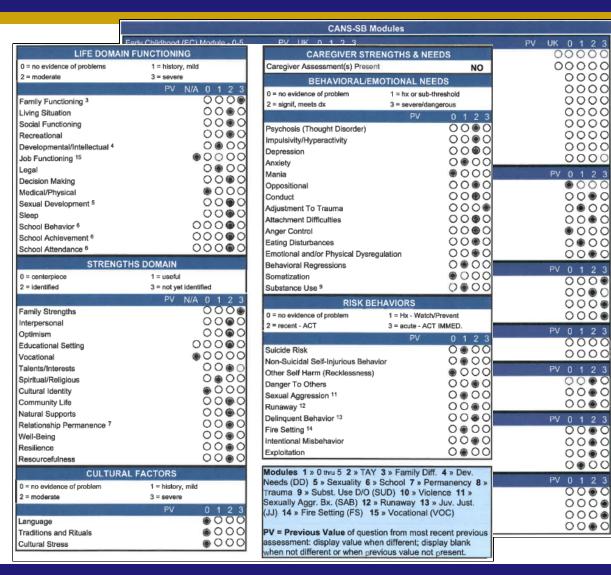


Behavioral Health

When child or youth needs help with adjusting to trauma, then more detailed items are utilized to clarify issues and needs.

Trauma Module ⁸				Not Applicable					
Characteristics of the Trauma Experience Sexual Abuse Physical Abuse Emotional Abuse Neglect Medical Trauma				3	Natural Disaster Witness to Family Violence Witness to Community Violence Witness/Victim - Criminal Acts Marital/Partner Violence			2	3
Sexual Abuse Expansion - Complete if Sexually A Emotional Closeness to Perpetrator Frequency Traumatic Stress Symptoms - Complete for All Traus	0	d 1 	2	3	Duration Force Reaction to Disclosure	0	1	2	3
Emotional/Physical Dysregulation (Item in Bx/Emo. Needs Intrusions/Re-Experiencing Hyperarousal Traumatic Grief & Seperation	0 (S)			3	Numbing Dissociation Avoidance Caregiver Post-Traumatic Reaction			2	3

Output of the Assessment Process



Actionable Items (i.e., 2's & 3's) need to be addressed.





Trauma Module Provides Details when Needed 16

BEHAVIORAL/EN	IOTIONAL NEE	DS
0 = no evidence of problem	1 = hx or sub-th	reshold
2 = signif, meets dx	3 = severe/dang	gerous
	PV	0 1 2 3
Psychosis (Thought Disorder)		$\circ \circ \bullet \circ$
Impulsivity/Hyperactivity		$\bigcirc\bigcirc\bigcirc\bigcirc\bigcirc$
Depression		$\circ \circ \bullet \circ$
Anxiety		$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$
Mania		\odot
Oppositional		$\circ \circ \bullet \circ$
Conduct		$\circ \circ \bullet \circ$
Adjustment To Trauma		$\circ \circ \circ \bullet$
Attachment Difficulties	Madula	

When child or youth needs help with adjusting to trauma, then more detailed items are utilized to clarify issues and needs.

Attachment Difficulties	Trauma Module	PV 0 1 2 3	C. Carlotte Co.	PV 0 1 2 3
Anger Control Eating Disturbances	(Characteristics of the Trauma Experience)			
Emotional and/or Phys	Sexual Abuse *	0000	Natural Disaster	.000
Behavioral Regression	Physical Abuse		Witnes to Family Violence	0000
Somatization Substance Use ⁹	Emotional Abuse	\odot	Witness to Community/School Violence	0000
oubstance ose	Neglect	$\circ \circ \circ \circ$	Victim/Witness To Criminal Activity	0000
	Medical Trauma	● ○ ○ ○	Marital/Partner Violence	
	Sexual Abuse Expansion - Complete if Sexual	ally Abused		
	Emotional Closeness to Perpetrator	0000	Force	0000
	Frequency of Abuse	000	Reaction to Disclosure	0000
	Duration	000		0000
	Traumatic Stress Symptoms - Complete for A	II Traumas		
	Emotional and/or Physical Dysregulation	0000	Numbing	0000
	Intrusions/Re-Experiencing	0000	Dissociation	0000
	Hyperarousal	0000	Avoidance	0000
	Traumatic Grief and Separation	0000	Caregiver Post-Tramautic Reactions	0000



Behavioral Health

Elements of Trauma Module

San Bernardino DBH provides an initial assessment for Child and Family Services (CFS) and the Characteristics of Trauma items from the Trauma Module are always completed.

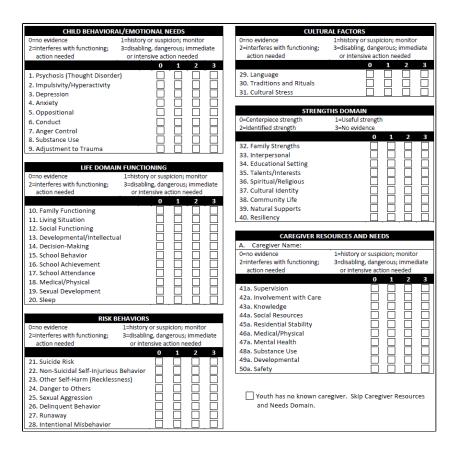
H NATIDE OF TRAUMA PROMPTING OF INVOLVEMENT.	
II. NATURE OF TRAUMA PROMPTING CFS INVOLVEMENT: (include de	tatis needea for future mental nealth providers)
All incidents recorded were previously reported as required by a mandated reporter. No	duplicative reports submitted.
Sexual Abuse	1 2 3
HEALTHY HOMES ASSESSMENT County of San Bernardino DEPARTMENT OF BEHAVIORAL HEALTH Confidential Patient Information See W&I Code 5328	Name: Chart No: DOB: PROGRAM:

Healthy Homes Assessment Rev. 6-7-17

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DHCS Requiring CANS Core 50



- By January 1, 2019 all County Mental Health Plans and Child Welfare Agencies will be utilizing CANS.
- DHCS is requiring 50 Core Items, including Adjustment to Trauma.
- Most CANS have more items.
- CDSS is exploring required items for 0-5 year olds, including more trauma related items.



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