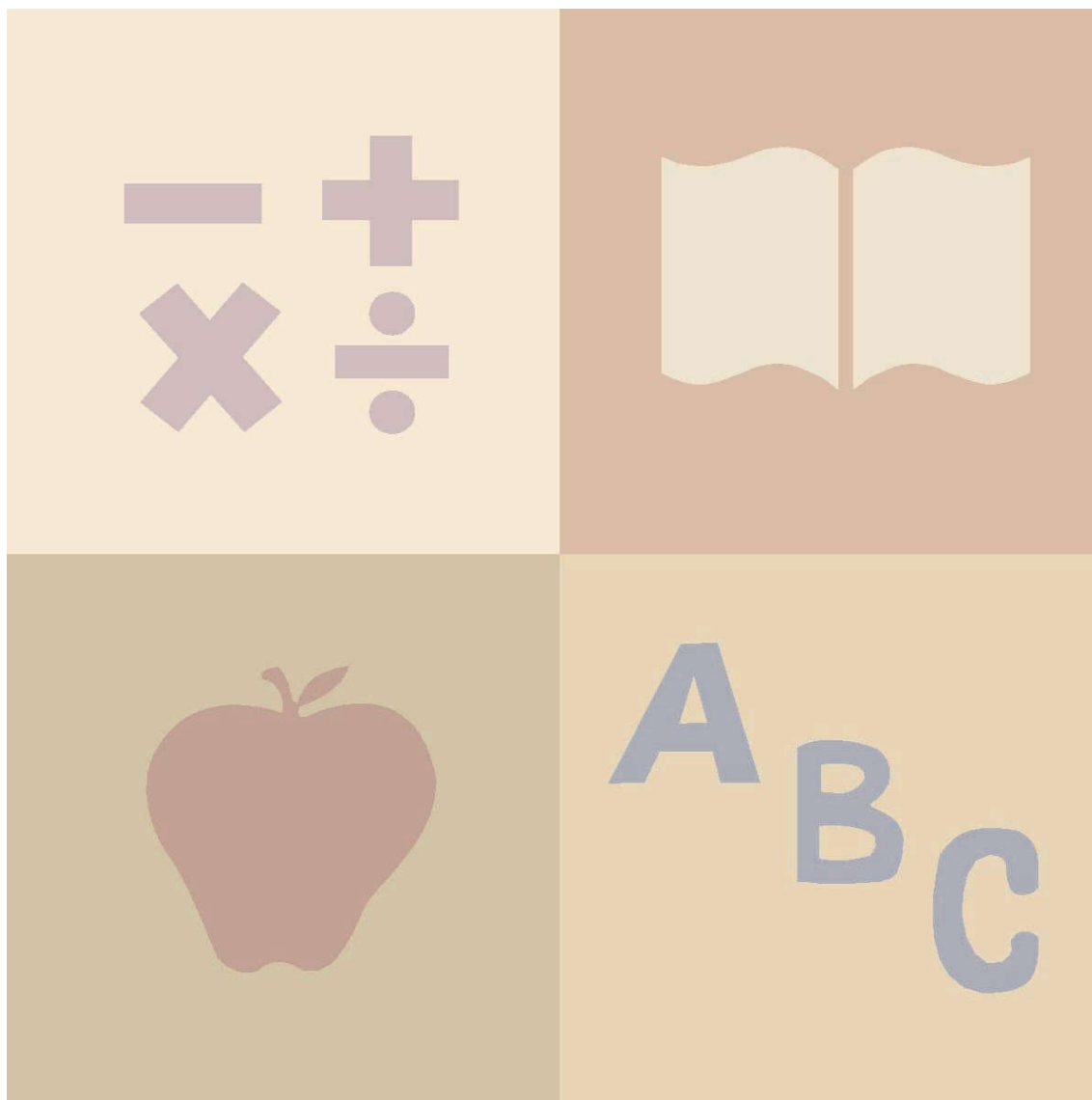


# CHDP School Handbook

## School Entry Health Examination Requirements



California Department of Health Services

Children's Medical Services Branch  
Child Health and Disability Prevention Program

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## School Entry Health Examination Requirements Introduction

This CHDP School Handbook is designed to acquaint school staff with the California school entry health examination requirements. The requirements detailed in this Handbook were designed to promote the good health of California's children. The health examination is given at an early age to detect problems that may interfere with learning. Early identification and treatment are important because an undetected health problem could hamper a child's progress in school.

School health examination requirements are specified in the California Health and Safety Code, excerpts of which are included in the Appendix. The records of pupils (students) and the inclusion of health information requirements are specified in the California Code of Regulations, Title 5, Section 432.

The law allows for the health examination to be completed up to 18 months prior to entry into first grade or within 90 days thereafter. It has been found to be most effective to collect the health examination forms at kindergarten entry along with the required immunization records. For this reason schools are encouraged to include information about the health examination and the "Report of Health Examination for School Entry" (PM 171A) in the kindergarten registration packet.

Immunization requirements may be found at the California Department of Health Services Immunization Branch website ([www.dhs.ca.gov/ps/dcdc/izgroup](http://www.dhs.ca.gov/ps/dcdc/izgroup)) or through calling your local health department's Immunization Assistance Program. Tuberculosis screening requirements may be found at the California Department of Health Services (DHS) Tuberculosis Control Branch website (<http://www.dhs.ca.gov/ps/dcdc/TBCB/index.html>) or the California Tuberculosis Controllers Association website ([www.ctca.org](http://www.ctca.org)).

The California Department of Health Services (DHS), Children's Medical Services (CMS) Branch, Child Health and Disability Prevention (CHDP) program developed the CHDP School Handbook. Local CHDP program offices are located in public health departments. The contact telephone number and address for your local CHDP program may be found at <http://www.dhs.ca.gov/pcfh/cms/chdp/directory.htm> or by calling your local health department.

## First Grade Entry Health Examination Requirements

Public and private schools must do the following:

1. Inform parents or guardians of the State of California law requiring health examinations for children entering first grade.
2. Give the parent or guardian the "Report of Health Examination for School Entry" (PM 171 A) to take to their doctor.

When requested, provide parent or guardian with the "Waiver of Health Examination for School Entry" (PM 171 B). Although the California Department of Health Services strongly advises that children receive a health examination, parents may decline the exam for their child.

3. Inform parents or guardians that no-cost health examinations are available to eligible children through the CHDP program (see page 23 for CHDP eligibility information). The CHDP program assists families to meet the first grade entry health examination requirement by linking families with local CHDP providers to obtain health assessments. Local CHDP programs work collaboratively with schools to inform and empower families to access needed health care services.
4. Collect the "Report of Health Examination for School Entry" (PM 171A) or waiver (PM 171B) from the parents no later than December of the first grade year. File the PM 171A or PM 171B in the student's health record or cumulative file as required by California Code of Regulations (CCR), Title 5, Section 432 (2) (B).
5. Effective January 1, 2005, California Health and Safety Code, Section 124100 was amended to no longer require schools to report data to CHDP on the number of children receiving health examinations at school entry. However, school districts and CHDP programs recognize the value of tracking health examinations and may continue using the Report of Health Examinations Annual School Report form in this Handbook (page 21) according to locally established procedures.

## Frequently Asked Questions about First Grade Health Examination Requirements and Procedures

1. When should schools inform parents or guardians about the required health examination?

Schools are encouraged to include information about the health examination and the "Report of Health Examination for School Entry" (PM 171 A) in the kindergarten registration packet.

The law allows for the health examination to be completed up to 18 months prior to entry into first grade or within 90 days thereafter. It has been found to be most effective to inform parents and collect the health examination forms at kindergarten entry.

2. May public school districts or private schools adopt school policies which require kindergarten or first-time first grade entrants to submit proof of a health examination or waiver before admission to school?

Yes. Public school districts and private schools are encouraged to adopt policies which require proof of health examination or a signed waiver before admission into kindergarten or first grade.

3. What are the benefits of adopting a school district (or private school) policy requiring the examination prior to kindergarten entry or first-time first grade entry?

A school policy requiring the health examination before kindergarten entry, or first-time first grade entry benefits school staff, parents, and students by:

- Ensuring all children entering school receive a health examination to promote success in school;
- Increasing the number of children who receive the health examination, resulting in fewer untreated health problems, less illness, and improved attendance at school;
- Facilitating school staff's ability to collect mandated forms in a timely fashion;
- Simplifying for parents or guardians the kindergarten and first grade health entry requirements (California School Immunization Record and Report of Health Examination) by using the same deadline; and,
- Ensuring school compliance with the California law requiring health examinations for children entering first grade.

4. What is the relationship between the kindergarten immunizations required for school entry and health examination required for first grade entry?

Immunizations and health examinations are health requirements for school entry. These requirements acknowledge the importance of a child's health to their success in school.

The immunization requirements are found in the Health and Safety Code and California Code of Regulations (CCR) and specify the immunizations necessary for admission in a given public or private elementary or secondary school, child care center, day nursery, nursery school, family day care home, or development center. The health examination requirements for entry into first grade are found in a different section of the Health and Safety Code and the California Code of Regulations and specify the components of a health examination and the report form.

Review of the child's immunization history is included in a complete health examination. According to the assessment of need for immunizations based on this history, the child may be given immunizations at the time of the health examination. Because the law allows for the health examination to be completed 18 months prior to entry into first grade or up to 90 days after, immunization requirements and health examination requirements may be met by collecting health examination forms at the time of kindergarten entry.

For further information on Immunizations, contact the DHS Immunization Branch ([www.dhs.ca.gov/ps/dcdc/izgroup](http://www.dhs.ca.gov/ps/dcdc/izgroup)). For further information on CHDP health examination requirements, contact your local CHDP program (<http://www.dhs.ca.gov/pcf/cms/chdp/directory.htm>).

5. When must the health examination be completed?

A health examination must be completed any time between 18 months before first grade entry through 90 days after entry into first grade.

6. What is included in the health examination?

Components of the health examination include:

- Health and developmental history
- Unclothed, complete physical examination
- Oral health assessment
- Nutrition assessment
- Immunizations as appropriate for age
- Vision screening
- Hearing screening
- Screening tests for anemia, lead, urine abnormalities, tuberculosis, and other problems as needed
- Health education and anticipatory guidance

For children who receive CHDP services, the health care provider is expected to give an explanation and copy of the results of the health examination to the parent or guardian and assistance in finding needed services when the child needs a referral for follow-up medical or dental care. Contact the local CHDP program for more information.

7. What immunizations are required for students entering California public or private schools at any time?

Details of the immunizations and reporting requirements are available through your local health department's Immunization Assistance Program, or through the DHS Immunization Branch website ([www.dhs.ca.gov/ps/dcdc/izgroup](http://www.dhs.ca.gov/ps/dcdc/izgroup)). The website provides current information on California immunization requirements, downloadable forms and educational materials, and a directory of local Immunization Programs.

8. Is a tuberculosis test required for admission into elementary school?

Yes, it is in some jurisdictions. Check with your health officer at the local health department for local requirements. The directory of local Tuberculosis Controllers can be found at the DHS Tuberculosis Control Branch website ([www.dhs.ca.gov/ps/dcdc/TBCB/index.html](http://www.dhs.ca.gov/ps/dcdc/TBCB/index.html)) or the California Tuberculosis Controllers Association website ([www.ctca.org](http://www.ctca.org)).

9. Where do schools get the "Report of Health Examination for School Entry" reporting forms?

The reporting form known as the "Report of Health Examination for School Entry (PM171A)" is available through the Child Health and Disability Prevention (CHDP) program. Contact the CHDP program office at your local health department.

In addition, the reporting forms are downloadable from the "Forms and Publications" section of the California Department of Health Services CHDP website <http://www.dhs.ca.gov/chdp>. They are the PM 171A "Report of Health Examination for School Entry" found at: [http://www.dhs.ca.gov/publications/forms/pdf/pm171a\(bi\).pdf](http://www.dhs.ca.gov/publications/forms/pdf/pm171a(bi).pdf) and PM 171B "Waiver of Health Examination for School Entry" found at [http://www.dhs.ca.gov/publications/forms/pdf/pm171b\(bi\).pdf](http://www.dhs.ca.gov/publications/forms/pdf/pm171b(bi).pdf)



10. Who provides the health examinations and who signs the examination report form?

A licensed physician, certified pediatric nurse practitioner or certified family nurse practitioner performs or supervises the appropriate health examination screening procedures and completes the Report of Health Examination for School Entry form documenting that the child has received the appropriate health screening procedures.

The school entry health examination is provided by the family's usual source of medical care, including, but not limited to: private doctors, community clinics, health department clinics, prepaid health plans, military facilities, and some school districts. Families of children who do not have a usual source for medical care should contact the local CHDP program for a referral to a CHDP provider.

11. What if parents or guardians cannot afford the examination?

Children from low-income families may be eligible for a health examination at no cost to the family. Children may be eligible to receive CHDP services at no cost to the family if the child has Medi-Cal insurance or if the child lives in California, is under 19 years of age, and is from a family with an income at or below 200 percent of the federal income guidelines. The CHDP program at your local health department can assist you to find a health care provider that participates in the CHDP program. Parents or guardians may obtain the names of CHDP-approved providers from the local CHDP program. If immunizations are needed, immunizations for eligible children are included in the CHDP examination. Other children may receive immunizations at little or no cost to the family through the local health department's immunization program.

12. How can schools help children know if they qualify for a health examination at no cost?

Schools can include information about the CHDP program in kindergarten and first grade enrollment information packets. When families indicate a lack of resources for accessing a health examination, schools should inform families about possible eligibility for the CHDP program and refer families to the local CHDP program for additional information.

The CHDP program publishes a CHDP income eligibility table annually which shows the income level and family size. A sample is included in the Appendix of this Handbook. The "Child Health and Disability Prevention (CHDP) Eligibility Determination Table" for State-reimbursed examinations is updated every spring and may be obtained from your local CHDP program.

The CHDP program at your local health department can assist you to find a health care provider that participates in the CHDP program. If the child is not eligible for a State-reimbursed examination, the school nurse or local CHDP program staff may be able to help locate other resources in the community to assist families in obtaining the examination.

13. What is accepted as documentation that a required health examination has been completed?

The "Report of Health Examination for School Entry" (PM 171A) that has been signed by a licensed health care provider is the health certification for school entry.

14. Can local CHDP programs or school districts design their own version of the "Report of Health Examination for School Entry" form?

No. California Code of Regulations Title 17, Section 6848 (c) specifies that the State form (PM 171A) must be used.

15. Why are the results of health examination not included on the "Report of Health Examination for School Entry" (PM 171 A), for example the results of the TB test?

The "Report of Health Examination for School Entry" (PM171A) is to serve as a record of what was completed at the time of the health examination, not the findings resulting from that examination. If the parent or guardian releases the information, the health examiner can document in Part III of the PM 171A conditions found during the examination or after further evaluation that are of importance to schooling or physical activity.

16. Can the health examination be waived?

In the interest of the child's own health and school performance, school personnel should make every effort to assist the family in obtaining a physical examination for the child. A waiver (PM 171B) signed by the child's parents or guardian indicating that they do not want or are unable to obtain a health examination for their child may be accepted by the school in lieu of the certificate of health examination. (See Appendix).

The waiver is primarily intended for use for reasons of deeply held personal beliefs, not as a matter of convenience. According to California law (Health and Safety Code, Section 124085), if the waiver indicates that the parent or guardian was unable to obtain the services for the child, the waiver is to include the reasons why.

If the reason for not obtaining the exam is because parents or guardians cannot afford it, every effort should be made to help families find resources to enable them to get the examination.

17. When should parents or guardians present the "Report of Health Examination" to the school?

Parents or guardians should present the "Report of Health Examination" when registering their child in school. The report of health examination or a waiver must be presented within 90 days of entry into first grade. Schools are encouraged, however, to collect this information at or before kindergarten entry since the report of health examination and report of immunizations are best completed at the same time.

- 18 Can schools/districts exclude children from attending school for failure to submit the health examination certificate or the waiver?

California law recognizes the importance of health to learning and the important role of schools in ensuring the health of the child populations attending school by requiring that children have documentation of a health screening before the end of first grade. The law does not require exclusion for failure to submit the health examination report or waiver, but a school board may establish a more stringent policy in accordance with Section 124105 of the Health and Safety Code. (See the citation of this law in the Appendix)

Answers to Frequently Asked Questions No. 2 and No. 3 above suggest the benefits for children, schools, and the community of school/district policies requiring children entering kindergarten to provide documentation of a completed health examination.

19. What if a child repeats kindergarten?

If a "Report of Health Examination" has been submitted, the child does not need to repeat the examination. Retain the form in the student's health record or cumulative file as evidence of the child's health examination at the time of entry into first grade. If a "Report of Health Examination" is not on file and the child will be 6 years old before December 2nd of the school year (the age of first grade entry), the "Report of Health Examination" must be submitted within 90 days of the start of the school year.

20. What if a child repeats first grade?

A "Report of Health Examination" should be on file in the child's cumulative record. If a "Report of Health Examination" has been submitted, the child does not need to repeat the examination. If the report is not on file, a report must be submitted within 90 days of the commencement of the current school term. Retain the form in the student's health record or cumulative file as evidence of the child's health examination for the current school year.

21. If a child has had a health examination in Head Start or State Preschool does he/she need another?

If the examination was given within the 18 month period prior to first grade entry, it will meet the school entry requirements. If it was given more than 18 months prior to first grade entry, it must be repeated.

22. Is the first grade entry requirement different for children who attend a year-around school?

There is no difference. The requirement of 18 months prior to first grade entry and 90 days after entry applies, regardless of what time of year or age the child enters first grade.

23. Is this first grade entry requirement different for children who attend a charter school or a home school?

There is no difference. The requirement of 18 months prior to first grade entry and 90 days after entry applies for children attending a charter school or a home school.

24. What if a child transfers from another district or state?

A "grace period" of 30 days is allowed for transfer of the child's record. When the school receives the child's record, if the "Report of Health Examination for School Entry" is included, there is no need to repeat the examination.

25. What if a child comes to California from out-of-state or out-of-country and enters the first grade after the start of school?

The child must meet California school entry requirements. The child must have completed a health examination either within 18 months before first grade entry or completed one within 90 days of the date of entry into first grade in California. A completed form PM171A or PM171B is required.

26. Where is a convenient place to record, track, and tally the number of first grade children's health examinations or waivers on file?

Class rosters can be used to record when pupils have submitted a health examination record or waiver. The Department of Health Services PM272 CHDP Annual School Report is no longer a legislative mandate. However the "Report of Health Examinations - - Annual School Report" (included in this handbook) provides a convenient place to record, track and tally compliance with the health examination requirement.

The Legislature recognizes the importance of health to learning and the important role of schools in ensuring the health of students through health education and the maintenance of minimal health standards. A child's health is vital to his or her learning, and health examinations help ensure that children start school healthy and ready to learn.

Completing the Report of Health Examinations - Annual School Report assures in the aggregate that children are entering school with evidence of a health examination. Sending a copy to the local CHDP program invites CHDP to participate in monitoring how many of the county's children receive the health care they need. Contact the local CHDP program for information on local reporting activities.

27. What information must be reported each year?

The statewide reporting system using the CHDP Annual School Report (PM272) ended with the 2004-2005 school year. However, schools are required to obtain documentation of a child's health examination for school entry. Tracking the number of health examinations/waivers and comparing this number from year to year provides an opportunity to review school wide and district compliance with the mandatory examinations, while assuring the maintenance of minimal health standards and the importance of health to learning.

Contact the local CHDP program for information on local reporting. A sample reporting form is included in the Appendix of this Handbook.

28. How should ungraded school students and/or special education students be reported?

Although there is no requirement for the submission of an Annual School Report, school district procedures for tracking those children needing to file a "Report of Health Examination for School Entry" is important. Only those children who are age six on or before December 2 of the current year might be included among those children being tracked for completion of the school entry requirement. (California Education Code, Sections 48000-48002).

29. Will the public school districts and private schools be reimbursed for reporting health examination information?

No. Reimbursement is not provided because the statute as of January 1, 2005 has eliminated the requirement to report to the CHDP program in the local health department.

30. Where and how long should the child's "Report of Health Examination for School Entry" (PM 171A) or waiver (PM 171B) be kept?

The child's "Report of Health Examination" (PM 171A) or waiver (PM 171B) is to be placed in the student's health record or cumulative file so that if he/she moves, the Report of Health Examination or Waiver will be transferred with the record/file.

As stated in California Code of Regulations, Title 5, Section 432 (2) (B) the "Report of Health Examination" or "Report of Waiver" is part of the "Mandatory Interim Pupil Record" and is maintained for a period of three years.

## How Your Local Child Health and Disability Prevention (CHDP) Program Can Help You

The CHDP program is a health promotion and disease prevention program serving California's infants, children and teens. CHDP uses state and federal funds to reimburse enrolled health care providers for delivering health assessments and preventive health services to CHDP eligible children.

Local CHDP programs work collaboratively with schools to inform families about obtaining and utilizing quality health care services. Many local CHDP programs have educational programs or materials for school boards, parent-teacher associations, teachers, nurses, or others regarding child health. If you desire information, assistance, or consultation services, please call your local CHDP program - local contact information maybe found at the state program website: [www.dhs.ca.gov/chdp/directory.htm](http://www.dhs.ca.gov/chdp/directory.htm) .

Call if you need:

- A list of clinics and doctors who provide examinations paid for by CHDP.
- The CHDP eligibility criteria.
- Certificates, waivers, or reporting forms.
- Health requirement information written in English and/or in a foreign language.
- Information about how many health examinations and waivers your school/district reported.
- Consultation on matters pertaining to the CHDP requirement or assistance with health care questions.
- Information about how to contact the local immunization assistance program.
- A list of local health department immunization clinics.
- Resources to make application for health care coverage.

## School Preparation for the Report of Health Examination Requirements Calendar of Events

### January

Review the statistics for the number of children enrolled in first grade and the number of children who presented a "Report of Health Examination for School Entry", waiver, and neither. Compare the results with data from prior years. Is the school in compliance with the state law? Consider the reasons why students are submitting waivers.

Share the information with the local CHDP program. Using the Report of Health Examinations -- Annual School Report form found in the Appendix of the Handbook helps assure comparable data year to year.

### March

Obtain from the local CHDP program the current materials for pre-registration packets to be given to parents or guardians of children entering kindergarten and first grade.

### April through August

Collaborate with the local CHDP program and implement strategies to maximize parent/guardian compliance with the health examination requirements for their children entering first grade.

Contact the local CHDP program regarding health information packets, press releases, or assistance including information regarding available CHDP providers and access to health care.

Inform parents or guardians at time of pre-registration for kindergarten and first grade about the California law requiring health examination for school entry.

Give parents or guardians the required form "Report of Health Examination for School Entry" (PM 171A).

Provide parents or guardians information about the CHDP program.

### September

Begin collecting the "Report of Health Examination for School Entry" forms.



## October

Continue collecting health examination forms from parents or guardians.

Review reasons children have not completed their health examination and refer families for assistance to the local CHDP program when a child is potentially eligible for CHDP services.

Keep track of the children who have a certificate or waiver on file.

## November

Repeat attempts to collect health examination certificates for those first graders who do not have a health certificate or waiver on file.

## December

Keep the deadline of 90 days after first grade entry for all health examination certificates and waivers to be submitted to the school.

Note: Additional time frames can be established locally to enact shared public health and educational interests that support school readiness and healthy children ready to learn.

## Appendix

### First Grade School Entry Health Examination Requirements

Health and Safety Code (as of November 2005)

124085.

On and after July 1, 1976, each child eligible for services under this article shall, within 90 days after entrance into the first grade, provide a certificate approved by the department to the school where the child is to enroll documenting that within the prior 18 months the child has received the appropriate health screening and evaluation services specified in Section 124040. Waivers signed by the child's parents or guardian indicating that they do not want or are unable to obtain the health screening and evaluation services for their children shall be accepted by the school in lieu of the certificate. If the waiver indicates that the parent or guardian was unable to obtain the services for the child, then the reasons why should be included in the waiver.

124100.

- (a) In cooperation with the county child health and disability prevention program, the governing body of every school district or private school that has children enrolled in kindergarten shall provide information to the parents or guardians of all children enrolled in kindergarten of this article and Section 120475.
- (b) Each county child health and disability prevention program shall reimburse school districts for information provided pursuant to this section. The Superintendent of Public Instruction may withhold state average daily attendance funds to any school district for any child for whom a certification or parental waiver is not obtained as required by Section 124085.

124105.

- (a) This section shall be known and may be cited as the "Hughes Children's Health Enforcement Act."
- (b) The Legislature recognizes the importance of health to learning and to a successful academic career. The Legislature also recognizes the important role of schools in ensuring the health of pupils through health education and the maintenance of minimal health standards among the pupil population. Therefore, it is the intent of the Legislature that schools ensure that pupils receive a health screening before the end of the first grade.

- (c) The governing board of each school district shall exclude from school, for not more than five days, any first grade pupil who has not provided either a certificate or a waiver, as specified in Section 124085, on or before the 90th day after the pupil's entrance into the first grade. The exclusion shall commence with the 91st calendar day after the pupil's entrance into the first grade, unless school is not in session that day, then the exclusion shall commence on the next succeeding school day. A child shall not be excluded under this section if the pupil's parent or guardian provides to the district either a certificate or a waiver as specified in Section 124085.
- (d) The governing board of a school district may exempt any pupil from the exclusion described in subdivision (c) if, at least twice between the first day and the 90th day after the pupil's entrance into the first grade, the district has contacted the pupil's parent or guardian and the parent or guardian refuses to provide either a certificate or a waiver as specified in Section 124085. The number of exemptions from exclusion granted by a school district pursuant to this subdivision may not exceed 5 percent of a school district's first grade enrollment. It is the intent of the Legislature that exemptions from exclusion be used in extraordinary circumstances, including, but not limited to, family situations of great dysfunction or disruption, such as substance abuse by parents or guardians, child abuse, or child neglect.
- (e) It is the intent of the Legislature that, upon a pupil's enrollment in kindergarten or first grade, the governing board of the school district notify the pupil's parent or guardian of the obligation to comply with Section 124085 and of the availability for low-income children of free health screening for up to 18 months prior to entry into first grade through the Child Health Disabilities Prevention Program.
- (f) It is the intent of the Legislature that school districts provide information to parents regarding the requirements of Section 124085 within the notification of immunization requirements. Moreover, the Legislature intends that the information sent to parents encourage parents to obtain health screenings simultaneously with immunizations.

# REPORT OF HEALTH EXAMINATION FOR SCHOOL ENTRY

To protect the health of children, California law requires a health examination on school entry. Please have this report filled out by a health examiner and return it to the school. The school will keep and maintain it as confidential information.

## PART I TO BE FILLED OUT BY A PARENT OR GUARDIAN

CHILD'S NAME—Last: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ BIRTH DATE—Month/Day/Year: \_\_\_\_\_

ADDRESS—Number, Street: \_\_\_\_\_ City: \_\_\_\_\_ ZIP code: \_\_\_\_\_ SCHOOL: \_\_\_\_\_

## PART II TO BE FILLED OUT BY HEALTH EXAMINER

### HEALTH EXAMINATION

**NOTE: All tests and evaluations except the blood lead test must be done after the child is 4 years and 3 months of age.**

REQUIRED TESTS/EVALUATIONS	DATE (mm/dd/yy)
Health History	__/__/__
Physical Examination	__/__/__
Dental Assessment	__/__/__
Nutritional Assessment	__/__/__
Developmental Assessment	__/__/__
Vision Screening	__/__/__
Audiometric (hearing) Screening	__/__/__
Tuberculin Test (Mantoux/PPD)	__/__/__
Blood Test (for anemia)	__/__/__
Urine Test	__/__/__
Blood Lead Test	__/__/__
Other	__/__/__

### IMMUNIZATION RECORD

**Note to Examiner:** Please give the family a completed or updated yellow California Immunization Record.

**Note to School:** Please record immunization dates on the blue California School Immunization Record (PM 286).

VACCINE	DATE EACH DOSE WAS GIVEN				
	First	Second	Third	Fourth	Fifth
POLIO (OPV or IPV)					
DtaP/DTP/dT/dT/d (diphtheria, tetanus, and [acellular] pertussis) OR (tetanus and diphtheria only)					
MMR (measles, mumps, and rubella)					
HIB MENINGITIS (Haemophilus Influenzae B) (Required for child care/preschool only)					
HEPATITIS B					
VARICELLA (Chickenpox)					
OTHER					
OTHER					

## PART III ADDITIONAL INFORMATION FROM HEALTH EXAMINER (optional)

## RELEASE OF HEALTH INFORMATION BY PARENT OR GUARDIAN

**RESULTS AND RECOMMENDATIONS**

Fill out if patient or guardian has signed the release of health information.

Examination shows no condition of concern to school program activities.

Conditions found in the examination or after further evaluation that are of importance to schooling or physical activity are: *(please explain)*

I give permission for the health examiner to share the additional information about the health check-up with the school as explained in Part III.

Please check this box if you **do not** want the health examiner to fill out Part III.

Signature of parent or guardian

Date

Name, address, and telephone number of health examiner

Signature of health examiner

Date

**If your child is unable to get the school health check-up, call the Child Health and Disability Prevention (CHDP) Program in your local health department. If you do not want your child to have a health check-up, you may sign the waiver form (PM 171 B) found at your child's school.**

# INFORME DEL EXAMEN DE SALUD PARA EL INGRESO A LA ESCUELA

Para proteger la salud de los niños, la ley de California exige que antes de ingresar a la escuela todos los niños tengan un examen médico de salud. Por favor, pídale al examinador de salud que llene este informe y entregelo a la escuela—este informe será archivado por la escuela en forma confidencial.

## PARTE I PARA SER LLENADO POR EL PADRE/LA MADRE O EL GUARDIÁN

NOMBRE DEL NIÑO/NIÑA—Apellido	Primer Nombre	Segundo Nombre	FECHA DE NACIMIENTO—Mes/Día/Año
DOMICILIO—Número y Calle	Ciudad	Zona Postal	Escuela

## PARTE II PARA SER LLENADO POR EL EXAMINADOR DE SALUD

### EXAMEN DE SALUD

**AVISO:** Todas las pruebas y evaluaciones excepto el análisis de sangre para el plomo deben ser hechas después de la edad de 4 años y 3 meses.

PRUEBAS Y EVALUACIONES REQUERIDAS	FECHA (mm/dd/aa)
Historia de Salud	/ /
Examen Físico	/ /
Evaluación de Dientes	/ /
Evaluación de Nutrición	/ /
Evaluación del Desarrollo	/ /
Pruebas Visuales	/ /
Pruebas con Audiómetro (auditivas)	/ /
Pruebas con Tuberculina (Mantoux/PPD)	/ /
Análisis de Sangre (para anemia)	/ /
Análisis de Orina	/ /
Análisis de Sangre para el plomo	/ /
Otra	/ /

### REGISTRO DE INMUNIZACIONES

**Aviso al Examinador:** Por favor dé a la familia, una vez completado, o a la fecha, el Registro de Inmunización de California en papel amarillo.

**Aviso a la Escuela:** Por favor apunte las fechas de inmunización sobre el Registro de Inmunización de la escuela de California en papel azul.

VACUNA	FECHA EN QUE CADA DOSIS FUE DADA				
	Primero	Segundo	Tercero	Quarto	Quinto
<b>POLIO</b> (OPV o IPV)					
<b>DTaP/DTP/DT/Td</b> (difteria, tétano y [acelular] pertusis [los ferina]) O (tétano y difteria solamente)					
<b>MMR</b> (sarampión, paperas, rubéola)					
<b>HIB MENINGITIS</b> (Hemófilo, Tipo B) (Requerida para centros de cuidado para niños y centros preescolares solamente)					
<b>HEPATITIS B</b>					
<b>VARICELLA</b> (Viruelas locas)					
OTRA					
OTRA					

## PARTE III INFORMACIÓN ADICIONAL DEL EXAMINADOR DE SALUD (opcional)

### RESULTADOS Y RECOMENDACIONES

Liene esta parte si el padre/la madre o el guardián ha firmado el consentimiento para divulgar (distribuir) la información de salud de su niño/niña.

- El examen reveló que no hay condiciones que conciernen las actividades de los programas escolares.
- Las condiciones encontradas en el examen o después de una evaluación posterior que son de importancia para la actividad escolar o física son: (por favor explique)

## PERMISO PARA DIVULGAR (DISTRIBUIR) EL INFORME DE SALUD

Yo le doy permiso al examinador de salud para que comparta con la escuela la información adicional de este examen como es explicado en la Parte III.

Por favor marque esta caja si Ud. no desea que el examinador llene la Parte III.

Firma del padre/madre o guardián	Fecha
Nombre, domicilio, y teléfono del examinador	
Firma del examinador de salud	
Fecha	

*Si su niño o niña no puede obtener el examen de salud llame al Programa de Salud para la Prevención de Incapacidades de Niños y Jóvenes (Child Health and Disability Prevention Program) en su departamento de salud local. Si Ud. no desea que su niño(a) tenga un examen de salud, puede firmar la orden (PM 171 B), formulario que se consigue en la escuela de su niño(a).*

CHDP website: [www.dhs.ca.gov/chdp](http://www.dhs.ca.gov/chdp)

### WAIVER OF HEALTH EXAMINATION FOR SCHOOL ENTRY

CHILD'S NAME—Last	First	Middle	DATE OF BIRTH—Month/Day/Year
ADDRESS—Number, Street	City	ZIP Code	SCHOOL
			Teacher

**PARENT OR GUARDIAN:**

Please fill out this form if you want to excuse your child from the health examination required by California law for school entry. **SIGN AND RETURN THIS FORM TO THE SCHOOL** where it will be maintained as confidential information.

**NOTE:** SIGNING THIS WAIVER **DOES NOT** EXCUSE YOUR CHILD FROM RECEIVING THE IMMUNIZATIONS REQUIRED BY CALIFORNIA LAW FOR CHILDREN IN SCHOOL. ALSO, SIGNING THIS WAIVER WILL NOT DENY YOUR CHILD THE VISION AND HEARING TESTS DONE BY THE SCHOOL.

I have been informed about the health examination recommended by health professionals and required by state law. I have been informed about where my child can receive a health examination and about the income levels for receiving it at no cost to me.

Please check one of the following:

I choose not to have my child receive a health examination as part of the school entry requirement.

I would like my child to receive a health examination, but I am unable to obtain it.

Reason (see Health and Safety Code, Section 124085): \_\_\_\_\_

\_\_\_\_\_

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_

INQUIRE AT THE SCHOOL OFFICE OR YOUR LOCAL HEALTH DEPARTMENT IF YOU WANT MORE INFORMATION.  
CHDP website: [www.dhs.ca.gov/chdp](http://www.dhs.ca.gov/chdp)

# RENUNCIA VOLUNTARIA PARA RECIBIR UN EXAMEN DE SALUD PARA INGRESAR A LA ESCUELA

NOMBRE DEL NIÑO/DE LA NIÑA—Apellido		Segundo Nombre		FECHA DE NACIMIENTO—Mes/Día/Año	
DIRECCIÓN—Número/Calle		Ciudad		Zona Postal	
		ESCUELA		Maestro(a)	

## PADRE/MADRE O GUARDIÁN:

Si desea que su niño(a) no reciba el examen de salud requerido por la ley de California antes de ingresar a la escuela, por favor llene este formulario. **FIRMELO Y DEVUELVALO A LA ESCUELA** donde será guardado en forma confidencial.

**AVISO:** EL FIRMAR ESTA RENUNCIA VOLUNTARIA NO DISPENSA PARA QUE EL NIÑO/LA NIÑA RECIBA LAS INMUNIZACIONES REQUERIDAS POR LA LEY DE CALIFORNIA PARA LOS NIÑOS EN LA ESCUELA. TAMBIÉN, EL FIRMAR ESTE FORMULARIO NO LE NEGARÁ A SU NIÑO(A) EL DERECHO A RECIBIR LOS EXÁMENES DE LA VISTA Y EL OÍDO HECHOS POR LA ESCUELA.

Se me ha informado acerca del examen de salud recomendado por los respectivos profesionales y requerido por la ley del estado. Se me ha informado también acerca de los lugares donde mi niño(a) puede recibir un examen de salud y sobre los diferentes niveles de ingresos para recibirlo sin costo alguno.

Por favor marque uno de los siguientes casilleros:

Escojo que mi niño(a) no reciba el examen de salud que es uno de los requisitos para ingresar a la escuela.

Me gustaría que mi niño(a) reciba un examen de salud, pero estoy incapacitado(a) para obtenerlo.

Razón (vea Health and Safety Code, Sección 124085): \_\_\_\_\_

\_\_\_\_\_

Firma del padre/madre o guardián \_\_\_\_\_ Fecha \_\_\_\_\_

SI DESEA MÁS INFORMACIÓN CONSIGALA EN LA ESCUELA O EN SU DEPARTAMENTO LOCAL DE SALUD.  
CHDP website: [www.dhs.ca.gov/chdp](http://www.dhs.ca.gov/chdp)

# REPORT OF HEALTH EXAMINATIONS -- ANNUAL SCHOOL REPORT (Optional)

See instructions on reverse side.

1. School code—public school district or private school  _____ County      School District      School Code	2. Check one Public school district      Private school	3. School year 20____ to 20____
4. Number of schools in district with first grade enrollment		5. Telephone number (      )

6. Please provide name of public school district or private school, mailing address (number, street), City, State, and ZIP code in the space provided below.

7. Physical address (if different from mailing address)			City			State	ZIP code
Name of School (School Districts and Private Agencies Reporting More Than One School Must Complete Items 10–15 for Each School Reported)	Total Number of Children Enrolled in First Grade at Time Report Prepared (Columns 10, 11, 12, 13, and 14)	Number of Children With Report of Health Examination for School Entry (PM 171 A) On File	Number of Children with Waiver of Health Examination for School Entry (PM 171 B)			Number of Children with Neither Documentation Nor Waiver of Examination On File	
			Parent Does Not Want the Examination	Parent Unable to Obtain the Examination	Reason Not Specified		
8.	9.	10.	11.	12.	13.	14.	
<b>15. Total number of schools reporting</b>	<b>16. Total enrolled first graders</b>	<b>17.</b>	<b>18.</b>	<b>19.</b>	<b>20.</b>	<b>21.</b>	

HAVE ALL ITEMS BEEN COMPLETED?

22. I certify that the numbers of children reported above are true numbers and that the parents and guardians of these children were informed of the requirement for health screening prior to first grade entry, pursuant to Section 124100, Health and Safety Code.

Print Name	Signature	Date
23. Name of contact person if different than above		24. Telephone number of contact person, if different from item 5



## REPORT OF HEALTH EXAMINATIONS ANNUAL SCHOOL REPORT

### INSTRUCTIONS

This form is used to report data described in Section 124100 of the Health and Safety Code. The data are a record at a point in time of the children entering first grade with a report of health examination or waiver. Using the form makes it possible to compare the results from year to year. The Report of Health Examinations Annual School Report can be obtained from the CHDP program in your local health department.

1. For public school districts and offices of education, enter the two-digit county code, the five-digit school district code, and seven zeros (0) for the school code. For private schools, enter the two-digit county code, the five-digit school district code, and the seven-digit school code. Codes for public school districts and offices of education are listed in the "California Public School Directory." Codes for private schools are listed in the "California Private School Directory." School codes can also be found at <http://www.cde.ca.gov/re/sd/>.
- 2-7. Self-explanatory.
8. Enter the name of each school reporting. If more than seven schools, attach a separate sheet with all required information.
9. Enter total first grade enrollment for each school. The SDE Annual Enrollment Data Report (R30) may be used as a source for this data.

**NOTE: Ungraded Schools**—Children age six on or before December 2 of any school year are defined as the equivalent of "children entering first grade."

**Special Education Pupils**—If school records indicate a complete examination was received within 18 months of first grade entry, report the child as having a documented examination. See "Ungraded Schools" above to determine equivalent of first grade entry.

10. Enter the number of children with a Report of Health Examination for School Entry (PM 171 A) on file. Children with only documentation signed by the parent or oral confirmation by the parent or examiner should be reported in item 14.
11. Enter the number of children with a Waiver of Health Examination for School Entry (PM 171 B) whose parent(s) indicate they are waiving because they do not want the examination.
12. Enter the number of children with a Waiver (PM 171 B) whose parent(s) indicate they are waiving because they cannot obtain the examination.
13. Enter the number of children with a Waiver (PM 171 B) with no reason or a reason that does not correspond to items 11 or 12.
14. Enter the number of children with neither documentation of a health examination, as defined in item 10, above, nor a signed waiver as indicated in items 11-13 above. Include children whose parents have not responded or refused to submit documentation/waiver, and the children who entered late and still have 90 days to complete the requirement, etc.
15. Enter the total number of schools reporting (include schools on any attached sheets).
- 16-21. Enter the total number of children from each column. (Include totals from multiple schools on any attached sheets, if necessary.) Item 16 should equal the total of items 17, 18, 19, 20, and 21.
22. Print or type name of individual authorized to submit report on the first line. Their original signature and date signed must be entered in ink on the signature and date lines.
23. Print or type the name of contact person, if different from item 22.
24. Print or type the telephone number of the contact person (from items 22 or 23) if it is different from the telephone number in item 5.

Provide a copy of the Annual School Report to the CHDP program in the local health department and other agencies, organizations, or entities according to your local school district policies. If you have any difficulty completing the form, please contact the local CHDP program.

## CHILD HEALTH AND DISABILITY PREVENTION (CHDP) PROGRAM ELIGIBILITY DETERMINATION TABLE

The CHDP program is a health promotion and disease prevention program serving California's infants, children and teens. CHDP uses state and federal funds to reimburse enrolled health care providers for delivering health assessments and preventive health services to CHDP eligible children.

Children under age 21 with Medi-Cal are eligible to receive CHDP periodic health screenings and preventive health services. Children enrolled in Medi-Cal managed care plans receive these services through their health care plan. Children enrolled in fee-for-service Medi-Cal may receive CHDP services provided by CHDP enrolled Medi-Cal providers.

CHDP provides periodic preventive health services to income eligible children from birth to 19 years of age who are not in the Medi-Cal program. Children eligible for these services are in families whose income is at or below 200 percent of the Federal Income Guidelines.

Note: The income criteria change annually. Updates can be found in the CHDP Online Archive, March or April of each year.

<http://www.dhs.ca.gov/pcfh/cms/onlinearchive/chdppl.htm>

The following sample is the CHDP Program Eligibility Determination Table for 2005

Income Eligibility Determination Table, Effective April 1, 2005\*

Number of Persons	Gross Monthly Income	Gross Annual Income
1	\$1,595	\$19,140
2	\$2,139	\$25,660
3	\$2,682	\$32,180
4	\$3,225	\$38,700
5	\$3,769	\$45,220
6	\$4,312	\$51,740
7	\$4,855	\$58,260
8	\$5,399	\$64,780
9	\$5,942	\$71,300
10	\$6,485	\$77,820
For each additional person, add	\$544	\$6,520

\*Figures are 200% of the Federal Income Guidelines

## Web Resources

### California Department of Health Services

Child Health and Disability Prevention (CHDP) Program in the Children's Medical Services Branch ([www.dhs.ca.gov/chdp](http://www.dhs.ca.gov/chdp))

- Description of the CHDP program
- Downloadable versions of the Report of Health Examination for School Entry (PM 171 A), and Waiver of Health Examination for School Entry (PM 171 B)
- Directory of local CHDP programs
- Copies of the CHDP School Handbook, and
- Educational/outreach materials for parents, health care providers, and others

Immunization Branch ([www.dhs.ca.gov/ps/dcdc/izgroup](http://www.dhs.ca.gov/ps/dcdc/izgroup))

- The latest information on immunization requirements in the State of California
- Downloadable version of the California School Immunization Record (PM 286 B, 3/01)
- Versions of the "Guide to the Requirements of the California School Immunization Law" written for health care providers, parents, and school staff
- Directory of local Immunization Programs
- Educational materials for parents, health care providers, and others

Tuberculosis Control Branch ( [www.dhs.ca.gov/ps/dcdc/TBCB/index.html](http://www.dhs.ca.gov/ps/dcdc/TBCB/index.html))

- Links to resources such as the California Tuberculosis Controllers Association

California Department of Education ( [www.cde.ca.gov/re/sd/](http://www.cde.ca.gov/re/sd/))

- Searchable version of the California School Directory

Legislative Counsel of California ([www.leginfo.ca.gov/calaw.html](http://www.leginfo.ca.gov/calaw.html))

- Searchable database of California State Codes

# Notes

# Notes