

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State: California

DEFINITION OF SPECIALIZED ADD-ON SERVICES

- I. Specialized add-on services do not include mental health or intellectual disability services that are of lesser intensity than specialized services and/or services furnished to nursing facility (NF) residents as NF services and/or within the scope of services that the NF is required to provide or arrange, pursuant to 42 USC § 1396r, subdivisions (b)(2), (b)(4) and (e)(7)(G)(iii); and 42 CFR §§ 483.120, 483.124, 483.126 and 483.130.
- II. For Individuals with Serious Mental Illness (SMI), defined in 42 CFR § 483.102 (b)(1), specialized add-on services, as defined in 42 CFR § 483.120 (a)(1), means the services specified by the State which, combined with services provided by the NF, results in the continuous and aggressive implementation of an individualized plan of care that is:
 - A. Developed by an interdisciplinary team, that would include, at minimum, a physician and a mental health professional (for people with MI) or intellectual disability or developmental disability professional (for people with ID or related conditions);
 - B. Designed to address needs related to MI or ID;
 - C. Of greater intensity, frequency or customization than the NF services for MI or ID required in part 483, subpart B;
 - D. Designed in a person-centered manner that promotes self-determination and independence,
 - E. Designed to prevent or delay loss of, or support increase in, functional abilities; and
 - F. If the individual is admitted to or remains in an institutional setting, designed to support any goals the individual may have of transition to the most integrated setting appropriate.
- III. For individuals with intellectual disability, developmental disability, and/or related conditions (ID/DD/RC) defined in 42 CFR § 483.102 (b)(3), specialized add-on services, as defined in 42 CFR § 483.120 (a)(2), means the services specified by the State, which, combined with services provided by the NF or other service providers, results in treatment which meets the requirements of 42 CFR § 483.440 (a)(1), i.e., a continuous and active treatment program, which includes aggressive, consistent implementation of a program of specialized and generic

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State: California

training, treatment, and health-related services that are:

- A. Developed by an interdisciplinary team, that would include, at minimum, a physician and a mental health professional (for people with MI) or intellectual disability or developmental disability professional (for people with ID or related conditions);
- B. Designed to address needs related to MI or ID;
- C. Of greater intensity, frequency or customization than the NF services for MI or ID required in part 483, subpart B;
- D. Designed in a person-centered manner that promotes self-determination and independence,
- E. Designed to prevent or delay loss of, or support increase in, functional abilities; and
- F. If the individual is admitted to or remains in an institutional setting, designed to support any goals the individual may have of transition to the most integrated setting appropriate.