

**DEPARTMENT OF ALCOHOL AND DRUG PROGRAMS**

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**ADP BULLETIN**

Title

Long-Term Detoxification

Deputy Director Approval

(signed by)

Rebecca Lira  
 Quality Assurance Division

Function:

- Information Management  
 Quality Assurance  
 Service Delivery  
 Fiscal  
 Administration

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**PURPOSE**

The purpose of this bulletin is to notify all Narcotic Treatment Programs (NTPs) of a change in the Department of Alcohol and Drug Program's (ADP) policy regarding detoxification treatment.

**DISCUSSION**

In response to the new federal regulations (Code of Federal Regulations, Title 42, Part 8, effective May 18, 2001) pertaining to NTPs that use methadone and levoalphacetylmethadol (LAAM), ADP has determined that long-term detoxification (up to 180 days) will be allowed for patients who meet specific criteria.

Exceptions to the minimum 21-day detoxification requirement (California Code of Regulations [CCR], Title 9, Section 10000[a][2] and Section 10355[a][1][c]), may be requested on an individual patient basis, using the Physician Request for a Temporary Exception to Regulations ADP Form 8045 (Revised September 1, 2001).

Other options available for patients who have already been admitted to two detoxification episodes within a 12-month period, include:

- Request a federal exception to 42 CFR 8.12(e)(4) so that a patient may be admitted to an additional detoxification episode after two unsuccessful detoxification episodes within the preceding 12-month period.
- Request a State exception to CCR, Title 9, Section 10270(d)(2) so that a patient may be admitted to maintenance treatment without meeting the minimum requirements for two-year history of addiction.

In anticipation of questions you may have regarding the requirements of long-term detoxification, we have prepared a list of questions and answers that is attached to this bulletin.

Currently, detoxification treatment that exceeds 21 days is not a Medi-Cal benefit. The ADP will work with the Department of Health Services to explore the possibility of adding long-term detoxification as a covered Medi-Cal benefit.

This bulletin, including exhibits, is available on the ADP Web Site, at [www.adp.ca.gov](http://www.adp.ca.gov).

## **REFERENCES**

California Code of Regulations, Title 9, Section 10000(a)(2) and Section 10355(a)(1)(c)  
Code of Federal Regulations, Title 42, Part 8

## **HISTORY**

Detoxification treatment in California has been limited to a maximum of 21-days per episode. Form ADP 8045 (Revised September 1, 2001), replaced the September, 2000 revision. However, the instructions distributed with the September, 2000 version are still applicable.

## **QUESTIONS/MAINTENANCE**

If you have questions or require additional information, please call the Narcotic Treatment Program Licensing Branch, at (916) 322-6682.

## **EXHIBITS**

ADP Form 8045, September 1, 2001 Revision  
Long-Term Detoxification Implementation Questions and Answers

## **DISTRIBUTION**

Narcotic Treatment Program Executive Directors  
Narcotic Treatment Program Directors and Medical  
Directors County Alcohol and Drug Program  
Administrators Director's Advisory Council  
Wagerman Associates, Inc.