

myMedi-Cal

Hnangv Haaix Duqv Meih Qiemx
Zuqc Nyei Heng-Wangc Nzie-Weih



Mbaih Sou-Horng

3 Yiem California nyei Heng-Wangc Beu-Weih

Medi-Cal caux Covered California
Medi-Cal Dingc daaih nyei
Medi-Cal Gong kor Doix beiv mangc nyei

7 Yie hngav haaix nor tov?

Tov nyei jauv-louc
Zoux sou tov nyei Ziagh hoc

9 Yie hngav haaix nor yie nyei Medi-Cal?

Buangh Domh Ndie-Sai (Buangh Doctor)
Medi-Cal Nzie-Weih Zinh Fee-for-Service
Medi-Cal Juangc Koi nyei Zinh
(Share of Cost-SOC)
Medi-Cal Liuc Leiz Ziangx Ziux Goux nyei
(Managed Care)
Se gorngv yie maaih ganh norm Heng-Wangc
Beu-Weih nyei
Tengx bieqc mingh taux Heng-Wangc Nzie-Weih
Medicare & Medi-Cal Juangc Jienv Longc

16 Medi-Cal Beu-Weih Leic Daauh

Pou-tong Ei Ndie nyei Nzie-weih
Longc Zoux Butv Benx Inv Nyei Gong Kor
(Substance Use Disorder Program)
Zorc Nyaah nyei Nzie-weih

Nyei Nzie-Weih Tong Fienx Mienh Hngav
Haaix Cingx Haih (Early and Periodic
Screening, Diagnostic and Treatment)
Tui-Youh nyei jauv nyei Nzie-Weih
Lengc jueiv Corngh Zingh Heng-Wangc
Nzie-weih

20 Ganh deix Heng-wangc Gong Kor & Nzie-weih

Buih Nzuonx Nqaang Nyei Medi-Cal
(Retroactive Medi-Cal)

24 Siang Zorc jiex & Siang-Borqv Jiex Yie nyei Medi-Cal

Rexou mbuox Biauv Maiya maaih
Tiuv nyei jauv
Suiv cuotv Nquenc Zangc fai Saengv Zangc
Siang-Borqv Jiex Yie nyei Medi-Cal

26 Leiz zangc & Zuqc Guv nyei mbuonc

Aengx Tov caux Porqv Mengh maaih nyei
Leiz zangc
Saengv Zangc Leiz Porv Mengh nyei
Da'Faam Buonc nyei Beu-Weih nyei jauv
(Third Party Liability)
Lorz Buatc maaih Jaa-dorngx nyei jauv
(Estate Recovery)
Zoux Dorngc Medi-Cal
Maiv Maaih Sienv Fingx Nyei Jauv caux Dingc
Daaih Koi Bun Nzengc



Heng-Wangc Beu-weih yiem California



“Yie nyei Medi-Cal: Hnangv haaix haih Duqv meih qiemx zuqc nyei Heng-wangc Nzie-weih”
gorngv mbuox California mienh hnangv haaix nor Tov Medi-Cal maiv ndortv zinh nyei fai ndortv zinh aiv nyei Heng-wangc Beu-weih. Meih oix hoqc hiuv dongh meih haih zaaic mbaengc nyei bouc daauh. Naaiv yienz mbuox taux meih hiuv duqv longc meih nyei Medi-Cal tengx nyei jauv. Ninh mbuox meih haaix zanc meih zuqc tong sdxwomaaih. My horpc zuqc siou jienv naaiv deix sou-yienz yaac longc weic meih maaih waac-naaic taux Medi-Cal nyei jauv-louc.

California mbenc maaih yi diuc bun haih duqv heng-wangc beu-weih nyei jauv. Ninh mbuo benx “Medi-Cal” caux “Covered California” Yi diuc gong kor se longc yietc nyungc sou-horngh juangc tov hnangv.

Medi-Cal se haaix nyungc?

Medi-Cal benx California nyei bieqc buonc caux Zuangx Zangc Medicaid nyei gong kor. Minx maiv zuqc ndortv zinh caux ndortvzoqc nyei heng-wangc beu-weih dongh yiem California nyei mienh haih duqv nyei.

Department of Health Care Services (DHCS) ziux goux mangc taux Medi-Cal gong kor.

Meih nyei buonv-nquenc zeqv-weic liuc leiz taux yietc zungv Medi-Cal nyei sou-gorn weic DHCS. Meih haih bieqc lorz yiem meih nyei

buonv-nquenc zeqv-weic Dinc Mungzyiem www.benefitscal.com. Meih yaac haih heuc mingh taux buonv-nquenc nyei zeqv-weic.

Oix duqv meih nyei buonv-nquenc zeqv-weic nyei finx hoc nor, mingh:
<http://dhcs.ca.gov/mymedi-cal>

**fai heuc 1-800-541-5555
(TTY 1-800-430-7077)**

Buonv-nquenc zeqv-weic haih longc camv-diuc tengx dingc mangc bun meih haih duqv Medi-Cal. Ninh mbuo liemh jienv:

- Meih bietv duqv mbu’nziex nyaanh
- Meih nyei hnangx-jeiv
- Mouz laanh fu’jueiv nyei hnyangx-jeiv yiem meih tov nyei buonc
- Liemh meih maaih jienv sin, m’zing maengh fai sin zangc hei-weih
- Liemh meih duqv zipv jienv nyei Medicare

Yietc zungv tov Medi-Cal nyei mienh mbuox mbuo duqv bieqc nyei zinh nyaanh. Maaih nyungc baav Medi-Cal, mienh zuqc tong mbuox nzengc ninh mbuo maaih nyei zinh zoih caux jaa-dorngx. Oix hoqc hiuv gauh camv, mangc Medi-Cal Beiv Doix Mangc nyei Gomg Kor yiem 5 minc wuov.

Covered California se haaix nyungc?

Covered California se Saengv Zangc heng-wangc beu-weih bun taux hei-horngc nyei. Meih haih beiv mangc caux maaih mengh nyei heng-wangc beu-weih gong ciangv fai haih lorz mangc yietc norm kou-gong nyei. Se gorngv meih nyei zinh koux hlang haic bun Medi-Cal, meih zuqc maaiz heng-wangc beu-weih yangh Covered California.

Covered California mbenc bun nyei “daauh nzangh nyei beu-weih (premium assistance).” Ninh haih tengx bun ducx mienh caux biauv zong mienh dongh faaux mbuox tov yiem Covered California heng-wangc kou-gong zaanc njiec puix horpc meih nyei zinh koux nyei leiz-nyeic. Weic haih duqv daauh nzangh nzie-weih, meih nyei zinh koux zuqc yiem Covered California gong kor dingc daaih nyei zinh koux nyei bouc daauh.

Covered California maaih biee nzangh nyei beu-weih haih ginv duqv nyei: Saeng, Nyaanh, Jiem, caux Daauh Nzangh. Mouz nzangh tengx nyei javv se fi’hnangv nyei maiv gunv meih ginv haaix nyungc beu-weih nyei gong ciangv. Meih bietv duqv nyei nyaanh caux ganh nyungc javv-louc oix tengx dingc mangc meih haih duqv haaix nyungc gong kor.

Weic hoqc hiuv gauh mengh taux Covered California, mingh www.coveredca.com fai heuc **1-800-300-1506 (TTY 1-888-889-4500)**.

Maaih haaix nyungc cingx haih tov duqv Medi-Cal?

Haih duqv Medi-Cal, meih a’zuqc yiem California Saengv yaac yiem horpc camv diuc leiz nyei. Meih zuqc bun duqv bieqc nyei nyaanh caux mouz laanh yiem meih nyei biauv zong mienh cuotv nzou nyei sou-horngc caux yiem meih duqv nzou zinh nzuonx nyei. Meih yaac qiemx zuqc tong fiensex mbuox nzengc dongh meih maaih nyei jaa-dorngx.

Meih maiv zuqc maaih funx nzou-zinh nyei sou cingx haih duqv Medi-Cal. Funx nzou-zinh nyei waac-naaic, gorngv taux Guoqv Zangc Nzou-Zinh Nzie-Weih (Internal Revenue Service-IRS) fai yietc norm gunv nzou-zinh nyei gong-horngc zoux nyei gong.

Yietc zungv tov Medi-Cal nyei mienh a’zuqc bun ninh mbuo nyei Social Security Hoc-Dauh (Social Security Number-SSN) se gorngv ninh mbuo maaih nyei. Mouz laanh mienh weic tov Medi-Cal zuqc bun ninh mbuo bieqc guoqv zangc nyei sou-nzaangc. Bieqc guoqv zangc nyei zou-nzaangc benx yietc gouv tov Medi-Cal nyei gorn-ndoqv nyei yietv-nyeic. Benx Meiv Guoqv nyei Baeqc fingx nyei javv caux Bieqc Guoqv Zangc nyei Javv-Louc nyei Nzie-Weic (United States Citizenship and Immigration Services) maiv haih longc bieqc guoqv zangc nyei lingc hoic meih cuotv liuz meih zoux dorngc leiz.

19 hnyangx nyei domh mienh fai gauh gox duqv maaih soux mouc nyei Medi-Cal tengx maiv gunv gorngv ninh mbuo maiv maaih Social Security Hoc-Dauh (Social Security Number-SSN) fai maiv maaih bieqc guoqv nyei sou-nzaangc benx zorng-zengx. Naaiv deix maaih tengx taux jiepv sic nyei buonc, maaih gu’nguaaz nyei javv caux lauh ndaauv zorc (long-term care) nyei nzie-weih javv.

Meih haih tov duqv Medi-Cal bun meih nyei fu’jueiv nyei se gorngv meih maiv duqv buangv nyei beu-weih.

Yiem California, bieqc guoqv nyei sou-nzaangc maiv nyaav taux Medi-Cal tengx nyei javv bun taux fu’jueiv 19 hnyangx ga’ndiev nyei. Fu’jueiv haih duqv Medi-Cal tengx buangv nyei, maiv zuqc maaih bieqc guoqv zangc nyei sou-nzaangc.

Haih hoqc hiuv taux Medi-Cal gong kor nyei leiz, doqc Medi-Cal Beiv Doix Mangc nyei Gong Kor yiem dieh minc.

Medi-Cal Beiv Doix Mangc nyei Gong Kor

MAGI

bunxo.

Maiv Non-MAGI

Funx Mangc Taux Yietc Zungv Duqv Bieqc Nyei Nyaanh (The Modified Adjusted Gross Income-MAGI) Medi-Cal yietv-nyeic longc Zuangx Zangc nzou-zinh nyei leiz-nyeic bun-dunx mangc meih haih duqv fai ei meih fungx nzou-zinh nyei caux dongh meih haih funx duqv nyei zinh koux.

Maiv Non-MAGI Medi-Cal liemh jienv camv-nyungc lengc jeiv nyei gong kor. Dongh Maiv Duqv MAGI Medi-Cal Nyei Mienh nor haih duqv Maiv Non-MAGI Medi-Cal nyei.



Haaix laanh duqv:



- Fu'jueiv 19 hnyangx ga'ndiev nyei
- Domh mienh caux ziux goux fu'jueiv lunx nyei
- Mienh gox yiem 19 mingh taux 64 hnyangx nyei
- Maaih gu'nguaaz faaux sin nyei mienh

- Mienh gox hnyangx-jeiv 65 hnyangx fai gauh gox
- Fu'jueiv 21 ga'ndiev maengx
- Maaih gu'nguaaz faaux sin nyei mienh
- Domh mienh/Ziux Goux Muoz-Doic dongh hnyangx-jeiv haih duqv tengx nyei fu'jueiv
- Mienh gox fai fu'jueiv yiem ndie-biauv lauh ndaauv zorc nyei
- Dongh duqv Medicare nyei mienh
- M'zing maengh fai maaih nyungc hei-weih nyei



Jaa-dorngx nyei leiz-nyeic:



Maiv maaih jaa-dorngx nyei soux mouc.

- A'zuqc tong mbuox caux bun jaa-dorngx nyei zorng-zengx hnavg cie, bank nyei zinh koux daan, fai gouv biauv bun mienh yiem
- Soux mouc se ei jaa-dorngx maaih yiem biauv zong gu'nyuoz nyei

Dongh yi nyungc MAGI caux Maiv Non-MAGI:

- Buonv-nquenc zeqv-weic oix zaah mangc meih zoux sou tov tong fiex nyei. Meih qiemx zuqc bun nzengc.
- Meih zuqc yiem California.
- U.S. baeqc fingx fai dorig leiz yiem tov nyei mienh a'zuqc mbenc jienv ninh mbuo nyei SSN.
- Meih a'zuqc tov nyungc-nyungc nyaanh dongh meih haih duqv nyei beiv hnavg tengx ndortv gong nyaanh (unemployment benefits) caux Saengv Zangc Hei-Weih Beu Jaax nyei (State Disability Insurance).
- Meih a'zuqc zaaic nbaengc taux dongh leiz zangc aapv tengx ndie-horngh oix hnavg naaiv:
 - A'zuqc liuz leiz benx dae nyei javv bun yietc laanh fai camv laanh fu'jueiv dongh yungz yiem ziqc dorig jaa nyei buonc.
 - Tov tengx ndie-horngh bun taux yietc laanh fai camv-laanh fu'jueiv dongh domh mienh maiv yiem nyei.

**Tov tengx ndie-horngh bun taux yietc laanh fai camv-laanh fu'jueiv dongh domh mienh maiv yiem nyei.*



Yie Hnangv Haaix Nor Tov?

Ziangh hnyangx haaix zanc meih yaac haih tov duqv Medi-Cal nyei yangh fiensex, finx, fax, fai Dinc Fienx. Meih yaac haih tov yiem Dinc Mungzfai mienh ganh mingh.

Maaih norm baav hnoi meih yaac haih yangh Dinc Mungz tov Covered California beu-weih nyei. Hoqc hiuv henyuo zanc meih haih tov, mingh www.coveredca.com fai heuc **1-800-300-1506** (TTY **1-888-889-4500**).



Tov yangh fiensex:

Meih haih tov Medi-Cal caux Covered California caux Longc Ndoqc Zeiv Sou Tov Hnangv (Single Streamlined Application). Meih haih longc Anggitv waac caux ganh nyungc waac tov nyei yiem: <http://dhcs.ca.gov/mymedi-cal>. Fungx nzoih nzengc meih tov nyei buonc mingh bun meih nyei buonv-nquenc zeqv-weic.

Lorz meih nyei buonv-nquenc zeqv-weic nyei deic-zepv:
<http://dhcs.ca.gov/mymedi-cal>

Meih yaac haih juix meih tov nyei sou-nzaangc mingh taux:
Covered California
P.O. Box 989725
West Sacramento, CA 95798-9725



Tov yangh finx, fax, fai Dinc Fienx:

Heuc meih nyei buonv-nquenc zeqv-weic. Meih haih lorz buatc finx hoc yiem dinc mungz <http://dhcs.ca.gov/mymedi-cal> fai heuc Covered California yiem **1-800-300-1506**.



Tov yiem Dinc Mungz:

www.benefitscal.com

FAI

www.coveredca.com



Mienh mingh:

Lorz meih nyei buonv-nquenc zeqv-weic yiem <http://dhcs.ca.gov/mymedi-cal>. Meih haih duqv tengx zoux sou tov nyei.

Meih yaac haih lorz zeiv Covered California Dorng Leiz Faux Mbuox Nyei Ca'Laangh Jien (Certified Enrollment Counselor) fai Beu-Jaax Nyei Dengv Gong Mienh (Insurance Agent) yiem www.CoveredCA.com/get-help/local/.

Ndongc Haaix Lauh Yie Tov Nyei Sou Cingx Zoux Ziangx?

Ninh haih lauh taux 45 hnoi mbenc meih tov Medi-Cal nyei sou. Se gorngv meih tov Medi-Cal ei hei-weih nyei jauv nor, haih lauh mingh taux 90 hnoi. Meih nyei buonv-nquenc zeqv-weic fai Covered California oix juix zeiv dingc taux meih nyei bouc daauh nyei fiensex bun meih. Naaic zeiv fiensex se heuc "Zaangv Sic Nyei Zeiv-Box" ("Notice of Action"). Se gorngv meih maiv duqv zipv fiensex yiem 45 fai 90 hnoi gu'nyuoz, meih haih naaic taux norm "Muangx Saengv Zangc Nyei Baengh Leiz" ("State Fair Hearing"). Meih yaac haih naaic taux norm porv mengh leiz se gorngv meih maiv buangv hnyouv dingc daaih nyei. Haih hoqc hiuv gauh camv, doqc "Faan sic caux muangx porv mengh leiz" yiem 26 minc.

Meih hiuv duqv nyei fai?

Juangc norm hmuangv doic mienh yaac haih duqv yi nyungc Medi-Cal caux Covered California nyei. Naaiv se weic zuqc Medi-Cal tengx nyei leiz bun taux fu'jueiv caux domh mienh se lengc nyei.

Nyungc zeiv, beu-weih taux yietc buonc mienh maaih yi laanh domh mienh caux yietc laanh fu'jueiv se oix hngangv naaiv nor:



Domh mienh - duqv zipv Covered California heng-wangc kou-gong yaac duqv zipv nzou-mengh (tax credits) caux ninh mbuo juangc jienv koi nyei zinh haih zanv zoqc njiec



Fu'jueiv - duqv maiv ndortv zinh nyei fai ndortv zinh zoqc nyei Medi-Cal

Yie Hnangv Haaix Nor Longc Yie Nyei Medi-Cal Tengx nyei jauv?



Medi-Cal beu junh donghin zuqc longc ndie-horng h jienv zuqc zorc nyei bouc. Naaiv yaac liemh jienv buangh ndie-sai caux buangh nyaah sai, fiev ndie-daan bun, zorc m'zing, hmuangv doic zorn-gmbenc nyei, zorc corng h zing h eng-wangc, caux in fai dunx diuv-inv. Medi-Cal yaac beu tau tui-youh yiem naaiv norm nzie-weih. Doqc mangc gauh camv deix "Covered Benefits" yiem 16 minc.

Taux meih duqv daaih, liemh zeh meih ziouc haic longc meih nyei Medi-Cal tengx duqv aqv. Siang duqv Medi-Cal tengx nyei mienh Medi-Cal bun kuaaiv Medi-Cal Tengx Nyei Biux Mengh Pienx (Benefits Identification Card-BIC). Meih nyei heng-wangc nzie-weih caux nyaah nyei ndie-sai qiex zuqc meih nyei BIC weic zorn-gmbenc taux nzie-weih nyei jauv caux juix zaeqv-daan bun Medi-Cal tengx jaauv. Siang duqv tengx nyei mienh caux ganh tov tiuv pienx (cards) siang-BIC dongh maaih jienv California in-biangh nyei. Yi nyungc BIC aamx jienv naaiv se longc duqv aqv:

Gunv lorz taux meih nyei buonv-nquenc zeqv-weic se gorngv:

- Meih maiv duqv meih nyei BIC
- Meih nyei BIC dingx laaih
- Meih nyei BIC maaih dorngx dorngc
- Meih nyei BIC zuqc nimc

Taux meih duqv zipv liuz siang-BIC, meih maiv haih longc meih nyei loz-BIC aqv.

Meih haih duqv meih nyei buonv-nquenc nyei finx hoc yiem:

<http://dhcs.ca.gov/mymedi-cal>

fai heuc:

1-800-541-5555 (TTY 1-800-430-7077)

Yie Hnangv Haaix Nor Haih Buangh Ndie-Sai?

Yietc zungh mienh yiem Medi-Cal buangh ndie-sai ei Medi-Cal Managed Care liuz leiz ziangx bun nyei. Liuc leiz daaih nyei kou-gong se hnangv mienh maaih siqv jeiv heng-wangc beu-weih nor. Doqc mangc yiem duqv liuc leiz ziangx nzie-weih nyei kou-gong jiez gorn yiem dieh minc.



Ninh zuqc longc yi ziex norm leiz-baaix weic liuc leiz dingc meih nyei Medi-Cal Managed Care nzie-weih nyei kou-gong. Dongh meih jiez gorn bieqc Medi-Cal, fai meih maaih lengc jeiv nyei baengc zingh, meih qiex ndie-sai yangh “Medi-Cal Nzie-Weih Zinh”.

Haaix nyungx benx Medi-Cal Nzie-Weih Zinh?

Nyuxo Nzie-Weih Zinh benx yietc koi zinh bun ndie-sai baengc nyei weic liuc leiz dingc ndie-sai. Meih jiez gorn bieqc mbuox Medi-Cal, meih oix duqv tengx yangh Medi-Cal nyei Nzie-weih Zinh zuov taux heng-wangc nzie-weih kou-gong duqv liuc leiz ziangx meih faaux mbuox nyei jauv mingh.

Ndaangc meih duqv ndie-horngh fai nyaah nyei nzie-weih, naaic gaax se gorngv ndie-sai se zipv Medi-Cal Nzie-Weih Zinh nyei koi-zinh fai. Ndie-sai maaih leiz maiv zipv Medi-Cal nyei baengc mienh nyei. Se gorngv meih maiv gorngv mbuox ndie-sai meih maaih Medi-Cal nor, meih ganh zuqc cuotv ndie-zinh fai nyaah nyei nzie-weih zinh.

Hnangv hunix nor longc Beu-Weih nyei Nzie-Weih Zinh Koi bun ndie-Horngh fai Zorc nyaah Sai?

Merih nyei ndie-sai longc meih nyei BIC weic hiuv dingc gorngv meih maaih Medi-Cal. Meih nyei ndie-sai oix hiuv Medi-Cal haih jaauv ndie-horngh fai zorc nyaah nyei buonc. Nzunc baav meih zuqc bun deix benx meih ganh nyei buonc (co-payment). Mouz nzunc meih haih zuqc bun \$1 meih weic duqv zipv ndie-sai zaah mangc fai zorc nyaah fai zorqv ndie. Se gorngv mingh jiepv sih ndie-dorngh dongh meih qiex zuqc jiepv sih nzie-weih nor meih zuqc bun \$5. Dongh bieqc mbuox yiem liuc leiz ziangh nyei kou-gong wuov deix mienh maiv zuqc bun co-payment.

Maaih deix Medi-Cal nyei nzie-weih a'zuqc zaah mangc ndaangc meih cingx haih duqv. Mangc 11 minc gauh biux duqv mengh.

Hnangv haaix nor yie haih duqv Ndie-Horngh fai Zorc Nyaah nyei Nzie-Weih Dongh yie Zuqc Juangc Bun nyei buonc (SOC)?

Nyungc baav Maiv Maih MAGI Medi-Cal gong kor dingc daaih meih zuqc bun SOC nyei. Duqv liuz Zaangv Sic Zeiv-Box nqa'haav cingx dingc Medi-Cal bun cing mbuox meih maaih SOC nyei. Ninh yaac mbuox taux meih SOC nyei soux mouc. Meih nyei SOC se dongh meih zuqc bun nyei fai liengz bun ndie-sai weic heng-wangc fai zorc nyaah ndaangc Medi-Cal jiez gorn tengx bun.

Mouz hlaax SOC nyei soux mouc hluotv nqaang. Meih kungx bun dongh meih nyei SOC yiem heng-wangc zuqc nzie caux/fai zorc nyaah nyei nzie-weih wuov deix hlaax-nyieqc hnangv. SOC nyei soux mouc se qiex jienv heng-wangc caux zorc nyaah nyei ndie-sai. Maiv zeiz qiex jienv Medi-Cal fai Saengv Zangc. Ndie-sai mbuo haih maiv deix yaac duqv nyei. Maaih deix nquenc zangc, se gorngv meih maaih SOC nor meih maiv haih bieqc mbuox tov liuc leiz ziangx nyei kou-gong.

Se gorngv meih cuotv bun goux heng-wangc nyei nzie-weih maaih deix maiv zipv Medi-Cal, meih dunxo naaic deix zaeqv mingh benx SOC nyei. Meih zuqc lorz jienv meih cuotv bun naaic deix goux heng-wangc zinh daan juix mingh bun meih nyei buonv-nquenc nyei zaeqv-weic. Ninh mbuo ziouc oix funx naaic deix soux mouc benx sing-wuonh bieqc meih nyei SOC.

Meih haih zoqc njiec deix SOC yiem ganh norm hlaax se gorngv meih maaih maiv gaengh jaauv nyei zaeqv. Naaic taux meih nyei buonv-nquenc nyei zaeqv-weic mangc gaax se gorngv meih nyei zaeqv-daan haih duqv nyei.

Haaix nyungc benx Medi-Cal Managed Care Liuc Leiz Ziangx Ziux Goux Nyei?

Medi-Cal Managed Care Liuc Leiz Ziangx Ziux Goux nyei se yietc norm liepc jiez daaih nyei hiou horh weic tengx meih haih duqv daauh nzangh tengx caux maaih wangc siangx nyei yiem.

“ **Medi-Cal Managed Care Liuc Leiz Ziangx Ziux Goux nyei heng-wangc kou-gong tengx meih lorz ndie-sai, pharmacies caux hoqc kauv taux heng-wangc nyei zuangx gong kor.** ”

Yietc zungv mienh zuqc bieqc mbuox yiem norm liuc leiz ziangx tengx nyei kou-gong, cuotv liuz meih maaih nyungc baav dangv zuqc fai jaa-dorngx. Meih nyei heng-wangc nyei kou-gong nyei bouc daauh se ei nquenc zangc meih yiem nyei. Se gorngv meih nyei nquenc maaih camv-norm heng-wangc kou-gong nor, meih haih ginv norm dongh puix horpc meih nyei fai meih nyei hmuangv doic qiex zuqc nyei.

Norm-norm Medi-Cal Managed Care liuz leiz ziangx tengx nyei kou-gong se yiem nquenc zangc maaih nyei nzie-weih. Meih haih lorz duqv buac liuz leiz ziangx tengx nyei kou-gong sou-daan yiem: <http://dhcs.ca.gov/mymedi-cal>. Meih haih ginv weic ndie-sai dongh zoux gong caux meih nyei kou-gong benx ziux goux meih nyei daauh nzangh ndie-sai. Fai meih nyei kou-gong haih ginv weic ziux goux nyei daauh nzangh ndie-sai ei meih ganh nyei eix. Meih haih ginv mouz laanh Medi-Cal hmuangv-doic kou-gong ndie-sai ei meih eix, liemh jienv yiem meih nyei kou-gong ga'nyiec maengx nyei. Lorz taux meih nyei liuz leiz ziangx nyei nzie-weih kou-gong haih hoqc hiuv gauh camv.

Liuc leiz ziangx heng-wangc nzie-weih kou-gong yaac mbenc maaih:

- Ziux goux nyei ca'laangh Mienh
- Fungx mingh bun lengc jeiv nyei ndie-sai
- 24-norm ziangh hoc caux ca'laangh nyei ndie-sai nyei finx hoc.
- Tengx zuangx nyei nzie-weih gorn

Medi-Cal zuqc zaah mangc ndaangc maaih nyungc baav nzie-weih meih haih duqv nyei.

Ndie-sai oix hiuv duqv maengx nyei nyei. Yietc zungv ndie-sai nyei nzie-weih caux yietc zungv mingh buangh yiem zaah baengc dorngx duqv dingc soux mouc. Ninh mbuo maiv zuqc maaih zaah mangc. Caux meih nyei ndie-sai gorngv taux meih zuqc zorc nyei kou-gong caux dingc buangh nyei jauv.

Yie Hnangv haaix nor Faux Mbuox Bieqc norm Medi-Cal Managed Care Liuc Leiz Ziangx Ziux Goux nyei Kou-gong?

Se gorngv meih yiem zuqc nquenc zangc maaih gauh camv yi nyungc kou-gong bun ginv nor, meih zuqc ginv norm heng-wangc kou-gong yiem 30 hnoi Medi-Cal haih zaah ziangx nyei. Meih oix duqv ziqv tong mbuox nyei mbuoqc juix gan fiex daaih. Ninh oix mbuo meih dongh yiem meih nyei nquenc zangc maaih nyei heng-wangc kou-gong. Yiem mbuoqc naaic yaac oix mbuox meih hnangv haaix nor faaux mbuox bieqc liuc leiz ziangx nyei ziux goux kou-gong meih ginv nyei. Se gorngv meih maiv ginv yiem 30 hnoi nyei kou-gong haih duqv zaah ziangx meih nyei Medi-Cal nor, Seangv zangc ganh oix ginv norm kou-gong bun meih.

Dongh yiem meih nyei heng-wangc kou-gong tong fiex mbuoqc yangh fiex daaih.

“ Se gorngv meih nyei nquenc maaih ndoqc norm heng-wangc kou-gong nor, nquenc ganh ginv kou-gong bun meih aqv. ”

Se gorngv meih yiem **San Benito Nquenc**, kungx maaih ndoqc norm heng-wangc kou-gong hngangv. Meih m'daaih zuqc faaux mbuox bieqc naaiv norm kou-gong aqv. Fai meih ginv yiem Nzie-Weih Zinh Medi-Cal.

Se gorngv meih nyei nquenc zangc nyei heng-wangc kou-gong maaih gauh camv yietc norm, meih qiex zuqc ginv dongh puix horpc meih nyei caux meih nyei hmuangv doic qiex zuqc nyei.

Mangc gaax meih nyei nquenc maaih haaix nyungc kou-gong, mingh <https://www.healthcareoptions.dhcs.ca.gov/>

Yie hngangv haaix zorqv mbuox cuotv, Naaic lorz taux ninh mbuo weic haih quenx cuotv dongh maiv jienv zuqc nyei sou, fai tiuv Yie nyei Medi-Cal Managed Care Liuc Leiz Ziangx Ziux Goux Kou-Gong?

Yietc zungv dongh duqv Medi-Cal nyei mienh zuqc faaux mbuox bieqc yiem norm Medi-Cal Managed Care Liuc Leiz Ziangx Ziux Goux nyei Kou-Gong. Se gorngv meih **nyunc ziev**, (duqv) faaux mbuox bieqc norm heng-wangc ziux goux kou-gong nor, haaix zanc meih yaac haih zorqv mbuox cuotv duqv nyei. Zorqv mbuox cuotv, heuc Health Care Options yiem **1-800-430-4263**.

Hngangv meih nyei nquenc maaih gauh camv yietc norm kou-gong meih haih heuc Health Care

Options se gorngv meih oix tiuv meih nyei liuc leiz ziangx ziux goux heng-wangc kou-gong.

Se gorngv ih zanc meih duqv ei ndie nyei jauv yiem norm Nzie-Weih Zinh Medi-Cal ndie-sai nor, meih haih zaaic nbaengc taux norm maiv jienv douc baav hngangv (temporary exemption) yangh jienv zuqc faaux mbuox bieqc nyei jauv yiem norm Medi-Cal Managed Care liuc leiz ziangx ziux goux nyei kou-gong. ndie-sai nyei Nzie-Weih Zinh maiv haih bieqc buonc caux norm Medi-Cal Managed Care liuc leiz ziangx ziux goux kou-gong yiem meih nyei nquenc. Ndie-sai zuqc zorc nzengc meih nyei nyungc-nyungc baengc zingh se gorngv baengc gauh hniv faaux meih zungv zuqc tiuv ndie-sai.

Naaic gaax meih nyei ndie-sai se gorngv ninh bieqc buonc caux norm Medi-Cal Managed Care plan yiem meih nyei nquenc. Se gorngv meih nyei ndie-sai maiv bieqc buonc caux Medi-Cal Managed Care plan yiem meih nyei nquenc nor, mbuox meih nyei ndie-sai tengx meih dinh kuaaiv zeiv-qorng tov norm exemption yangh faaux mbuox bieqc norm Medi-Cal Managed Care liuc leiz ziangx ziux goux nyei kou-gong.

Meih nyei ndie-sai oix zuqc cim jienv mbuox wuov zeiv-qorng, jau jienv zuqc maaih nyei zorng-nzengc, liuz juix yangh fiex fai fax zeiv-qorng mingh bun Health Care Options. Ninh mbuo oix dimv mangc gaax meih se haih duqv norm temporary exemption yangh enrollment bieqc norm Medi-Cal Managed Care plan. Meih haih lorz duqv zeiv-qorng caux porv mengh nyei jauv-louc yiem <http://dhcs.ca.gov/mymedi-cal>.

Se gorngv meih maaih waac-naaic, heuc **1-800-430-4263**.

Se gorngv Yie Maaih Ganh Deix Heng-Wangc Beu-Weih nyei?

Beiv taux meih maaih ganh deix heng-wangc beu-weih hngangv heng-wangc beu-weih yiem meih nyei gong, meih corc haih duqv Medi-Cal

neyi. Se gorngv meih haih duqv, Medi-Cal oix beu taux duqv iv congh neyi jaax-zinh dongh meih neyi beu-weih gorn maiv tengx jaauv neyi. Yiem Federal neyi leiz, duqv Medi-Cal neyi mienh neyi siqv jeiv heng-wangc beu-weih zuqc jaauv ndaangc liuz cingx juix zaeqv-daan bun Medi-Cal.

Duqv Medi-Cal neyi zuangx mienh yiem zuangx zangc caux saengv zangc neyi leiz duqv dingc ziangx zuqc tong mbuox ninh mbuo maaih neyi siqv-jeiv heng-wangc beu-weih. Tong mbuox fai tiuv siqv-jeiv heng-wangc beu-weih, mingh mangc <http://dhcs.ca.gov/mymedi-cal> fai heuc **1-800-541-5555 (TTY 1-800-430-7077)**. Yiem ziqc California neyi, heuc **1-916-636-1980**.

Meih yaac zuqc tong mbuox taux meih neyi buonv-nquenc zeqv-weic caux meih neyi ziux goux heng-wangc ndie-sai. Se gorngv meih maiv duqv tong mbuox dongh meih maaih neyi siqv-jeiv heng-wangc beu-weih nor, meih ziouc zoux yietc diuc dorngc leiz neyi sic (misdemeanor crime).

Yie haih duqv Medi-Cal neyi fai Se gorngv Yie Maiv yiem California?

Yiem jauv mingh ziqc California, dorh jienv meih neyi BIC fai zorong-zengx dongh meih duqv faaux mbuox bieqc yiem norm Medi-Cal heng-wangc ziux goux kou-gong. Medi-Cal haih tengx diuc baav neyi, beiv hnavg maaih jiepv sih buangh zuqc caqv neyi sic, zuqc mun fai hniv neyi baengc zingh. Cuotv liuz jiepv sih neyi, meih neyi liuc leiz ziangx ziux goux kou-gong zuqc maaih norm zorong-zengx yiem ziqc saengv neyi nzie-weih neyi jauv ndaangc meih cingx haih duqv nzie-weih. Se gorngv ndie-sai maiv oix zipv Medicaid, meih zuqc koi ndie-horngx neyi jaax-zinh. Jangx jienv: Nziex haih maaih camv weic ndie-sai duqv tengx jienv zorc dongh yiem jiepv sih neyi nzie-weih. Nyungc-zeiv, ndie-sai meih buangh neyi haih zipv Medicaid mv baac x-ray gong-horngx maiv longc. Lorz ca'laangh caux meih neyi liuc leiz ziangx ziux goux neyi kou-gong weic jamv cuotv deix meih zuqc bun neyi. Ndie-sai horpc zuqc mangc longc

neyi ndaangc meih se maaih leiz duqv neyi fai heuc **1-916-636-1960**.

Se gorngv meih yiem fatv California neyi gapv-jaaix caux duqv ganh norm saengv neyi ndie-horngx nzie-weih, naaic deix leiz maaih deix maiv maaih. Hoqc hiuv gauh camv, lorz taux meih neyi Medi-Cal Managed Care liuc leiz ziangx ziux goux kou-gong.

“ Meih maiv haih duqv Medi-Cal se gorngv meih suiv cuotv ziqc California. Meih zuqc tov Medicaid meih suiv mingh wuov norm saengv. ”

Se gorngv meih suiv mingh ganh norm nquenc yiem California gu'nyuoz, meih yaac qiemx zuqc gorngv mbuox meih yiem neyi nquenc fai meih suiv mingh neyi nquenc. Naaiv se zunv dingc meih haih siou jienv Medi-Cal tengx. Meih oix zuqc gorngv mbuox meih neyi buonv-nquenc zeqv-weic yiem 10 hnoi meih suiv mingh yiem siang-nquenc.

Yie oix zuqc hnavg haaix nor zoux se gorngv Yie Maiv haih Duqv Buangh fai Ganh Deix Nzie-Weih Yie Qiemx Zuqc Nyei?

Medi-Cal Managed Care Liuc Leiz Ziangx Ziux Goux neyi Zeqv-Wei zaah dimv mangc neyi jien jaa tengx bun-jaiv sic-kaav taux mbu'ndongx-fim neyi sic. Ninh mbuo zuqc zunv dingc mangc gaax meih duqv yietc zungv dingc daaih jienv beu-weih neyi nzie-weih.

Zaah dimv mangc neyi jien jaa neyi Zeqv-Weic:

- Tengx bun-jaiv sic-kaav yiem Medi-Cal Managed Care liuc leiz ziangx ziux goux yei mienh caux liuc leiz ziangx ziux goux kou-gong zungv maiv bungx guangc

- Tengx bun-jaiv sic-kaav yiem duqv Medi-Cal tengx nyei mienh caux nquenx zangc corngh zingh heng-wangc kou-gong maiv bungx guangc
- Zaah mangc mienh houz maaih ngopv taux liuc leiz ziangx ziux goux nyei kou-gong caux nquenc zangc corngh zingh heng-wangc kou-gong
- Tengx taux mienh houz jiepv sih faaux mbuox bieqc nyei caux zorqv mbuox cuotv nyei sic-kaav
- Tengx duqv Medi-Cal nyei mienh maaih jauv bieqc Medi-Cal lengc jeiv nyei corngh zingh heng-wangc nzie-weih.
- Zorng-mbenc tong fienx nyei jauv caux fungx mingh ganh norm dorngx
- Koi jauv zoux bun Medi-Cal Managed Care liuc leiz ziangx ziux goux nyei gong kor gauh wuonv
- Njaaux mienh houz hngangv haaix nor longc Medi-Cal Managed Care liuc leiz ziangx ziux goux caux lengc jeiv nyei corngh zingh heng-wangc nyei hiou horh

Oix hoqc hiuv gauh camv taux zaah dimv mangc nyei jien jaa nyei zeqv-weic, Meih haih heuc:

1-888-452-8609

fai mingh:

<http://dhcs.ca.gov/mymedi-cal>

Medi-Cal hngangv haaix nor zoux gong se gorngv yie yaac maaih jienv Medicare nyei?

Mienh camv nyei taux 65 fai gauh gox fai dongh maaih hei-weih yiem sin zangc haih duqv yi nyungc Medi-Cal caux Medicare. Se gorngv meih haih duqv yi norm gong kor nyei nor, meih haih

duqv meih nyei yietc zungv ndie-horng h nzie-weih caux ndie yangh Medicare. Medi-Cal zorng-mbenc bun zuqc zorc lauh ndaav nyei jauv caux nzie taux hngangv mienh gox biau caux yiem biau caux horngc zangc dorng h nzie-weih.

“ Medi-Cal tengx nzie taux nyungc baav dongh Medicare maiv beu nyei. ”

Medi-Cal yaac haih tengx jaaub meih nyei Ndie-horng h ziux goux nyei buonc zinh nyei.

Haaix nyungc benx Jaaub Medicare Maaiz Bieqc Zinh Gong Kor?

Jaaub Medicare Maaiz Bieqc Zinh Gong-Kor, (Premium Payment Program), yaac heuc Medicare Maaiz Bieqc (Buy-In), iv cong h Medi-Cal jaaub Medicare A Nyei Buonc Domh Ndie-Dorng h Nyei Beu-Jaax caux/fai B Nyei Buonc Ndie-horng h beu jaaxweic Medi-Cal nyei zinh nyei mienh caux ganh deix dongh duqv nyungc baav Medi-Cal gong kor.

Medicare Nzepv-Zanv Gong Kor (Savings Program-MSP) se haaix nyungc?

Medicare Nzepv-Zanv Gong Kor koi bun Medicare A nyei Buomc Medicare B Nyei Buonc siqv-jeiv cuotv nyei buonc, beu-jaax juangc jaaub nyei caux juangco. Meih tov Medi-Cal wuov zanc meih nyei nquenc oix zaah mangc naaiv nyungc gong kor weic meih. Maaih deix mienh dongh maiv haih duqv buangv nyei Medi-Cal tengx corc haih duqv MSP nyei.

Se gorngv nyei longc norm Medi-Cal Ndie-sai, Yie aengx a'zuqc bun Medicare beu-jaax juangc koi nyei?

Maiv. Se gorngv haih duqv MSP nor meih maiv zuqc bun yietc nyungc co-insurance fai siqv-jeiv cuotv nyei buonc aqv. Se gorngv meih duqv zipv kuaaiv zaeqv-daan yiem meih nyei Medicare ndie-sai, lorz taux meih nyei Medi-Cal Managed Care Liuc leiz ziangx ziux goux nyei fai heuc **1-800-MEDICARE**.

Se gorngv yie maaih Medicare, Yie A'zuqc Longc Ndie-Sai caux Ganh deix Ndie-sai dongh zipv Medi-Cal nyei fai?

Maiv. Meih haih longc duqv mouz norm Medicare nyei ndie-sai, hngv gorngv naaic weic ndie-sai maiv zipv Medi-Cal fai maih bieqc buonc caux meih nyei Medi-Cal Managed Care liuc leiz ziangx ziux goux kou-gong. Maaih deix baav Medicare nyei ndie-sai haih maiv zipv meih benx laanh ninh mbuo nyei baengc mienh.

Meih hiuv duqv nyei fai?



Se gorngv duqv
Supplemental Security
Income (SSI), meih
yietc zaqc nyei duqv
SSI-Linked Medi-Cal aqv.



Meih nyei buonv-nquenc
haih tengx deix
SSI Medi-Cal dongh
nyangz taux meih nyei
sic-kaav. Ninh mbuo oix
gorngv mbuox meih se
gorngv meih qiemx zuqc
lorz taux Social Security
zeqv-weic tengx bun-jai
sic-kaav nyei.



Medi-Cal Duqv Beu Tengx taux nyei

Medi-Cal mbenc maaih ziangh taux tengx buangv nzengc nyei heuc Tengx taux Heng-Wangc Jienv Nyei Buonc (Essential Health Benefits). Haih lorz mangc nyei se gorngv maaih norm nzie-weih haih beu nyei, naaic meih nyei ndie-sai fai heng-wangc kou-gong. Liemh jienv Tengx Taux Hengh-Wangc Longc jienv nyei buonc.

- Maiv Bueix Cuotv nyei baengc mienh nyei nzie-weih, se dongh mingh ndie-sai nyei zeqv-weic zaah mangc wuov deix.
- Jiepv sih nzie-weih
- Bueix domh ndie-dorng
- Maa nyei jauv-louc caux siang-yungz nzie-weih
- Corngh zingh heng-wangc nzie-weih
- Laaix dongh zoux bun mienh waaic nyei nzie-weih, beiv hngangv dunx in fai dunx diuv-inv nyei jauv
- Zorqv ndie nyei daan
- Zaah Baengc Kor nzie-weih, beiv nziaamv
- Beiv hngangv luic buonc sin gong kor se heuc luic njaaux longx faaux nyei caux bun longx faaux nyei nzie-weih caux ndie-horng
- Yei wuoqc ginc caux jaa-sic beiv hngangv wheelchairs caux oxygen ndongh
- Zorng-mbenc mienh caux wangc siangx nzie-weih
- Liuc leiz zorc taux butv lauh ndaaub nyei baengc zingh

- Fu'jueiv nyei fu'jueiv-faix ndie-sai nzie-weih, liemh yangh nzuih nyei caux m'zingh buatc nyei nzie-weih
- Yiem biau v zorc caux ganh deix lauh ndaaub nzie-weih caux tengx jienv caengx nyei sic

Longc Butv Benx Inv Hoic Nyei Gong Kor

Medi-Cal mbenc maaih bun taux bieqc nyei baengc mienh caux cuotv nyei baengc mienh dingc daaih zorc taux weic in caux diuv hoic nyei. Heuc lorz weic zorc taux in fai diuv hoic zuqc nyei. Naaiv yaac duqv heuc taux weic tengx zorc inv hoic nyei mienh. Ca'lengc. Liemh jienv nzie-weih nyei jauv:

- Maiv Bueix Cuotv nyei Baengc mienh Dunx Inv Nyei Jauv (njaaux taux ziangh guanh caux/fai ndoqc laanh)
- Zunv dingc Zorc taux Cuotv nyei Baengc Mienh (Ziangh guanh nyei duqv dingc ziangx zoqc zoqc zuqc njaaux buo norm ziangh hoc doix yietc hnoi, buo hnoi doix yietc norm leiz-baaix)
- Yiem Biau v Zorc nyei (zorng-mbeuc njaaux nyei nzie-weih bun haih duqv longx nzuonx loz)
- Liuc Div In-Inv Nyei Jauv (beiv hngangv methadone)

Maaiah deix nquenc zangc maaiah camv diuc zorc nyei jauv caux haih duqv longx nyei nzie-weih. Gorngv meih nyei bouc daauh mbuox meih nyei ndie-sai hnavg naaic ninh mbuo ziouc haih fungx meih mingh gauh zorc duqv horpc nyei dorngx. Meih yaac haih lorz nitv fatv jhex nyei dorngx zorc meih ganh. Fai heuc lorz Longc Butv Benx Inv Hoic Nyei maiv zeuz jjevp sih zuqc fungx mingh zorc nyei yiem **1-800-879-2772**.

Medi-Cal Nyaah Gong kor (Medi-Cal Dental Program)

Meih haih longc duqv mouz norm fixoi ndie-sai nyei. Medi-Cal Nyaah Gong hinx (Medi-Cal Dental Program) liuc leiz kou-gong. Maaiah deix baav inxoi die-sai haih maiv zipv meih benx laanh ninh mbuo nyei baengc Medi-Cal.

Meih gorngv meih zaac mbaengc nyungc baav nyei bouc daauh <http://dhcs.ca.gov/mymedi-cal>. Yixn liuc leiz i **1-800-322-6384 (TTY 1-800-735-2922)** wuov zanc meih nyei nquenc oix zaah Mangc naaiv nyungc 8:00 a.m. gong kor weic 5:00 p.m.

Oix hoqc hiuv Medi-Cal Nyaah naaiv?

Medi-Cal Nyaah Gong kor (Medi-Cal Dental Program) caux yiem biau. Caux Nzie-Weih Zinh (Fee-for-Service) horngc zangc dorngx nzie-weih California. Nzie-Weih Zinh (Fee-for-Service) yaac haih tengx jaav meih Nzie-Weih Zinh (Fee-for-Service) Medi-Cal nyei Ndie-horngx ziux BIC nyei buonc zinh nyei. Tengx czuotv nyei buonc bun-jaiv Nzie-Weih Zinh (Fee-for-Service).

Se gorngv haih Medi-Cal duqv nor meih maiv zuqc bun Nyaah Liuc Leiz Ziangx Ziux Goux nyei (Dental Managed Care-DMC). DMC fai Los Angeles siqv-jeiv cuotv nyei buonc bieqc buonc Sacramento. Se gorngv. DMC meih duqv zipv kuaaiv Nzie-Weih Zinh (Fee-for-Service) yiem meih. DHCS ndie-sai. Sacramento meih haih longc

duqv mouz. DHCS nyei haih tengx Los Angeles fai maih bieqc buonc caux meih nyei Medi-Cal liuc leiz.

Meih haih longc Sacramento mouz, norm maiv zipv DMC. Nyei ndie-sai, Sacramento inxui, gorngv naaic weic ndie-sai maiv zipv DMC.

Hoqc, bieqc Waangc Gunv Health Care Options maiv <http://dhcs.ca.gov/mymedi-cal>.

Bieqc Los Angeles gong kor gauh wuonv. Nzie-Weih Zinh (Fee-for-Service) Nyaah mienh houh hnavg haaix DMC longc. Liuc leiz ziangx ziux goux caux lengc jeiv nyei, heuc Health Care Options.

Nyei Nzie-Weih Tong Fienx Mienh Hnavg Haaix Cingx Haih (Early and Periodic Screening, Diagnostic and Treatment-EPSTD)

Nyei ndie-sai Koi jauv 21 zoux bun, Medi-Cal liuc leiz ziangx ziux goux nyei gong kor gauh wuonv. Njaaux mienh houh mbuox nzengc nor liuc leiz ziangx ziux goux caux lengc jeiv nyei corngx, zingx, heng, wangc nyei hiou horh tengx bun-jaiv sic-kaav taux mbu'ndongx-fim nyei sic. Medi-Cal ninh mbuo zuqc zunv meih duqv zipv kuaaiv zaeqv-daan yiem meih nyei ndie-sai. Gong kor gauh wuonv. Njaaux mienh houh-hnavg, mbuox maaiah tiuv. Maaiah deix baav nyei ndie-sai haih maiv zipv meih benx laanh.

Maiv zuqc bun yietc nyungc fai siqv-jeiv buonc aqv. Se gorngv meih duqv zipv kuaaiv zaeqv-daan yiem meih nyei ndie-sai, lorz taux meih, Medi-Cal lorz taux meih nyei Liuc leiz ziangx ziux goux nyei weic meih fai heuc. Ninh mbuox meih haaix zanc meih zuqc tong mbuox maaiah tiuv yien nyei. Horpc zuqc siou jien, naaiv, deix, Zuqc Naaic lorz cie Ndaangc meih Dingc (Child Health and Disability Prevention program-CHDP), yaac longc. Meih nyei buonc-nquenc zeqv-weic liuc leiz taux yietc zungv weic. EPSTD meih bieqc lorz yiem nyei buonc-nquenc zeqvweic online yiem.

Yietc zungv tov nyei mienh haih duqv se ei ninh mbuo duqv bieqc nyei – zinh nyaanh. Maaih nyungc baav, mienh zuqc tong mbuox nzengc ninh m buo maaih nyei zinh Medi-Cal zoih caux. Nyungc Medi-Cal Nyaah Liuc Leiz Ziangx Ziux Goux nyei (Medi-Cal Managed Care Health Plan-MCP). Peiv, beu-weih taux yietc MCP buonc mienh maaih yi laanh domhLiemh Oix duqv meih nyei buonvnuquenc zeqv-weic nyei finx hoc nor mienh caux yietc laanh fu'jueiv se hngangv naaiv <http://dhcs.ca.gov/mymedi-cal> meih duqv zipv jienv nyei frey nzengc.

Yei bieqc buonc caux EPSDT, nyei gongg kormaaih **1-800-541-5555**, lanh domh <http://dhcs.ca.gov/mymedi-cal>, Mouz nzangh tengx nyei javu CHDP nyei maiv gunv meih ginv haaix nyungc MCP nyei gong ciangv. Meih bietv duqv nyei nyaanh caux ganh nyungc EPSDT tbieqc guoqv nyei sou nzaangc.

Tui-Youh nyei javu nyei Nzie-Weih

Medi-Cal haih dorh mingh taux ndie-horngh, corng h zingh heng-wangc, guangc inv, fai buangh zorc nyaah sai dongh naaic deix buangh nyei javu Medi-Cal duqv laengz beu nyei. Tui-youh nyei javu haih benx maiv zeiz ndie-horngh tui-youh nyei cie (nonmedical transportation-NMT) fai maiv zeiz ndie-horngh jiepv sih nyei tui-youh cie (nonemergency medical transportation-NEMT). Meih yaac haih longc duqv NMT se gorngv meih qiemx zuqc mingh zorqv ndie fai ndie-horngh nyei jaa-sic fai wuoqc ginc.

Se gorngv meih haih yangh cie mingh, cie-longz cie-douz fai taxi, mv baac maiv dungx longc bieqc mingh buangh meih nyei ndie-sai, NMT haih liuc leiz nyei.

Se gorngv meih duqv faaux mbuox bieqc norm heng-wangc nyei kou-gong, heuc meih nyei Nzie-Weih Tong Fienx Mienh hngangv haaix cingx haih duqv NMT tengx.

Se gorngv meih maaih Nzie-Weih Zinh mi'aqv, meih haih zoux borqv mingh:

- Heuc meih nyei nquenc nyei Medi-Cal zeqv-weic mangc se gorngv ninh mbuo haih tengx haih duqv norm NMT dorh.
- Weic dingc norm cie dorh, ndaangc meih zuqc heuc lorz meih nyei Nzie-Weih Zinh ndie-horngh nyei ndie-sai caux naaic taux norm ndie-sai nyei tui-youh nyei mienh yiem meih nyei deic daauh. Fai, meih haih heuc lorz laanh dingc NMT ndie-sai nyei daan yiem meih nyei deic daauh yiem <http://dhcs.ca.gov/mymedi-cal>.

Se gorngv meih qiemx zuqc lengc jeiv nyei, ndie-horngh cie dorh meih mingh buangh ndie-sai nor, zuqc bun meih nyei ndie-sai hiuv. Se gorngv meih yiem norm heng-wangc kou-gong, meih yaac haih jiu-tong caux meih nyei heng-wangc kou-gong tengx liuc leiz taux meih nyei tui-youh nyei javu. Se gorngv meih yiem Nzie-Weih Zinh, heuc lorz heng-wangc ziux goux meih nyei ndie-sai. Kou-gong fai ndie-sai haih paaiv NEMT hngangv wheelchair van, ambulance, fai yangh lung h nyei tui-youh.

Zuqc naaic lorz cie ndaangc meih dingc buangh ndie-sai. Se gorngv meih maaih buangh maqc nyei nor, ziux goux meih nyei ndie-sai fai heng-wangc kou-gong haih tengx meih tov tui-youh nyei javu weic beu taux wuov ndaangc norm buangh nyei.

Mingh mangc <http://dhcs.ca.gov/mymedi-cal> weic oix hiuv duqv gauh meng h taux lorz cie dorh nyei javu dongh NMT duqv liuc leiz ziangx nyei.

Lengc Jeiv Nyei Corng h Zingh Heng-Wangc Nyei Nzie-Weih

Se gorng h meih maaih corng h zingh nyei baengc zingh fai hnyouv huaang nyei baengc dongh meih nyei pou-tong ndie-sai maiv haih zorc, lengc jeiv nyei corng h zingh heng-wangc nyei nzie-weih haih tengx nyei. Corng h Zingh Heng-Wangc Kou-gong (Mental Health Plan - MHP) mbenc ziangx lengc jeiv nyei corng h zingh heng-wangc nzie-weih weic tengx. Mouz norm nquenc zungv maaih norm MHP nyei.

Lusz mv baac maiv maaih soux mouc bun, zorc taux ndoqc laanh caux ziangh guanh nyei, ndie-horngh nzie-weih, lunc nyei nzie-weih, liuc leiz sic-gorn sou-horngh, yiem dorngx nyei jauv caux hospital nyei nzie-weih, caux lengc jeiv nyei nzie-weih weic tengx taux fu'jueiv caux mienh lunx mienh.

Weic haih lorz mangc taux lengc jeiv corngh zingh heng-wangc nzie-weih, fai weic haih duqv naaiv deix nzie-weih, heuc lorz nquenc zangc nyei MHP. Meih nyei MHP oix dingc mangc se gorngv meih haih duqv lengc jeiv nyei corngh zingh heng-wangc nzie-weih nyei. Meih haih lorz duqv MHP nyei finx hoc yiem Zaah dimv mangc jien jaa nyei Zeqv-Weic yiem **1-888-452-8609** fai mingh mangc <http://dhcs.ca.gov/mymedi-cal>.

Meih hiuv duqv nyei fai?



Medi-Cal mbenc maaih kauv hoqc taux longc ganh nyei nyorx iux nyei jauv benx yietc gouv Maa nyei caux Siang-Yungz nyei Nzie-Weih.



24 hlaax nyieqc meih maaih leiz duqv zaah mangc yietc zunc m'zing.



Haih hoqc hiuv gauh camv liuc leiz ziangx maaih nyei, mangc: <http://dhcs.ca.gov/mymedi-cal>

Ganh Deix Heng-Wangc Gong Kor & Nzie-Weih



California mbenc ganh deix gong kor weic meih qiexm zuqc nyei ndie-horngh. Maaih deix meih haih yiem buonv-nquenc zeqv-weic tov dongh liuc leiz taux Medi-Cal nyei.

Yiem meih nyei Buonv-Nquenc Zeqv-Weic

Meih haih naaic lorz duqv ga'ndiev wuov deix gong kor juangc norm zeqv-weic dongh meih tov Medi-Cal wuov. Meih haih lorz duqv meih nyei nquenc nyei finx hoc yiem <http://dhcs.ca.gov/mymedi-cal> fai heuc 1-800-541-5555 (TTY 1-800-430-7077).

Loz-Sengh Nzie Biauv Nyei Mienh Lunx Mienh (Former Foster Youth)

Se gorngv meih duqv yiem jhex sengh nzie biauv taux 18 norm cuotv-seix hnoi fai gauh zaih meih haih duqv free Medi-Cal. Haih beu duqv taux ga'haav laai meih taux 26 norm cuotv-seix hnoi. Duqv bieqc nyei nyaanh maiv njangz taux. Meih maiv zuqc zoux sou tov buangv nyei Medi-Cal fai bun duqv bieqc nyei nyaanh fai cuotv nzou nyei sou weic tov. Yietc zaqc duqv beu-weih, lorz taux meih nyei buonv-nquenc nyei zeqv-weic.

Siqv-Jeiv Sic Ndie-Horngh Nyei Nzie-Weih

Meih haih tov siqv-jeiv sic nyei nzie-weih se gorngv meih hnyangx-jeiv yiem ga'ndiev maengx 21. Haih tov duqv meih zuqc benx:

- Maiv dorng jaa yaac caux meih nyei domh mienh yiem, fai
- Meih nyei domh mienh zuqc cuotv nyaanh ziux goux taux meih

Meih maiv zuqc longc domh mienh nqoi nzuih bun meih tov fai duqv beu-weih. Nzie-weih liemh jienv hmuangv doic nyei kou-gong caux ziux goux maaih gu'nguaaz, caux dunx in fai diuv hoic nyei inv, houh saa-baengc, saeng-caa, caux corngh zingh heng-wangc.

250% Zoux Gong Zuqc Mun Nyei Gong Kor (Working Disabled Program)

Zoux Gong Yiem Nziaamv-Gaam Gong Kor bun taux Medi-Cal dongh domh mienh maaih sin zangc hei-weih nyei bieqc nyei nyaanh gauh hlang Medi-Cal dingc daaih nyei soux mouc. Se gorngv meih duqv zipv hei-weih nyaanh yangh Social Security fai meih nyei loz-gong, meih haih duqv nyei. Gong kor dingc ziangx norm aiv nyei hlaax zinh, soux mouc yiem \$20 taux \$250 se ei meih duqv bieqc nyei nyaanh. Haih duqv nyei, meih zuqc:

- Buangh Social Security dingc taux sin zangc hei-weih nyei jauv, haih duqv hei-weih nyei zinh nyaanh, caux ih zanc haih duqv zipv deix nyaanh yiem gong wuov bung
- Buangh gong kor zinh nyaanh nyei leiz-nyeic weic bietv duqv nyei caux bietv maiv duqv nyei zinh nyaanh
- Buangh ganh deix gong kor leiz-nyeic

Medi-Cal Access Program (MCAP)

MCAP koi jangv bun taux aiv nyei heng-wangc beu-weih beu-taux maaih gu'nguaaz nyei mienh. MCAP maiv maaih juangc cuotv nyei zinh fai siqv-jeiv buonc bun nyei zinh weic nzie taux ninh ganh nyei gong-buonc. Yietc zungv MCAP nyei jaax-zinh benx 1.5% dongh meih nyei Zaah Mangc Taux Yietc Zungv Duqv Bieqc Nyei Nyaanh. Nyungc zeiv, se gorngv meih duqv nyei nyaanh benx \$50,000 doix yietc hnyangx, meih cuotv nyei oix benx \$750 weic beu-weih. Meih haih zoux yietc nzunc bun fai benx hlaax-nyeiqc bun nqoi benx 12 hlaax bun. Se gorngv meih maaih gu'nguaaz caux yiem Covered California beu-weih, meih haih tiuv mingh MCAP nyei gugx ganh faaux mbuox yungz yiem MCAP ziouc haih duqv Medi-Cal Access Infant Program fai duqv Medi-Cal. Haih duqv MCAP, meih zuqc benx:

- Yietc laanh yiem California nyei mienh
- Maiv faaux mbuox yiem no-cost Medi-Cal fai Medicare A Nyei Buonc caux B Nyei Buonc yiem meih tov nyei ziangh hoc
- Maiv duqv beu yiem haaix norm heng-wangc beu-weih kou-gong
- Zuqc yiem jienv biux mengh zinh nyaanh gong kor.

Haih hoqc hiuv gauh camv taux MCAP, mingh mangc <http://dhcs.ca.gov/mymedi-cal> fai heuc **1-800-433-2611**.

Yiem Biau Tengx Goux Nyei Nzie-Weih (In-Home Supportive Services-IHSS) Gong Kor

IHSS tengx jaauv taux zorc nyei jauv weic bun meih maaih orn-zunh yiem meih nyei biau. Se gorngv meih duqv Medi-Cal nyei, meih ziouc haih duqv IHSS. Se gorngv meih maiv duqv Medi-Cal, meih corc haih duqv IHSS nyei se gorngv meih zaaic mbaengc taux ganh deix dingc daaih nyei leiz. Se gorngv meih maaih Medi-Cal maiv jau SOC, ninh oix jaauv nzengc meih nyei IHSS tengx nyei. Se gorngv meih maaih Medi-Cal jau jienv SOC, meih a'zuqc buangh meih nyei Medi-Cal SOC ndaangc mouz norm IHSS nzie-weih duqv jaauv nyei. Weic haih duqv, zuqc benx laanh **yiem** borqv ga'ndiev naaiv:

- Hnyangx-jeiv 65 caux gauh gox
- M'zing maengh
- Waaic fangx (waaic fangx nyei fu'jueiv)
- Maaih baengc-ngaaiz, waaic nyei bouc daauh zoux bun hei-weih mau funx jienv ziangh mingh duqv taux 12 hlaax nyieqc fai yiem 12 hlaax gu'nyuoz daic aqv.

IHSS haih nqoi zuih nyei nzie-weih se hngangv naaiv:

- Biau zong nzie-weih beiv hngangv fioux zouv nyanc qongx caeng-dangx fai fioux suiv-bungh (wuom-bungh)
- Mbenc nyanc hopv hnaangx-donx
- Nzox lui-houx
- Mingh hei maaiz
- Ziux goux buonv-sin
- Dorh mingh buangh ndie-sai
- Ziingh baengc fai corngx zingh hei-weih caux ninh mbuo ganh maiv haih yiem biau maiv haih tengx ninh mbuo ganh zuqc maaih mienh ziux goux mangc
- Tengx taux ndie-horngx nyei nzie-weih

Haih hoqc hiuv gauh camv, mingh mangc <http://www.cdss.ca.gov/In-Home-Supportive-Services>.

Ganh Deix Saengv Nyei Heng-Wangc Nzie-Weih

Yiem ga'ndiev nyei gong kor zoux sou tov Medi-Cal nyei jauv se lengc nyei. Meih haih tov fai hoqc hiuv gauh camv taux longc gong kor lorz taux biux mengh fieng faaux njiec nyei.

Zorc Nyorx caux Gu'nguaaz Mbuoqc Nyei Hieh Baengc Gorn (Breast and Cervical Cancer Treatment Program)

Zorc Nyorx nyei caux Gu'nguaaz Mbuoqc nyei Cancer Gong Kor bun taux duqv bieqc nyei nyaanh zoqc nyei mienh dongh yiem naaiv California nyei haih duqv buonc zorc cancer. Ninh mbuo zuqc zoux screened caux/fai faaux

mbuox bieqc yangh Zieqc Hieh Baengc Nyei Gong Kor (Cancer Detection Program), Mouz Laanh M'sieqv Dorn Zungv Funx Jienv Nyei (Every Woman Counts), fai ei Hmuangv doic Zorng-mbenc nyei, Bieqc taux, Ziux Goux caux Zorc nyei Gong Kor (Family Planning, Access, Care and Treatment programs). Weic haih duqv, meih zuqc maaih bieqc nyei nyaanh gauh aiv duqv dingc daaih nyei caux qiex zuqc zorc nyorx nyei caux gu'nguaaz mbuoxc nyei cancer. Weic hoqc hiuv gauh camv, heuc **1-800-824-0088** fai Dinc Fienx BCCTP@dhcs.ca.gov.

Biauv caux Horngh Zangc Nyei Gorn-Doqv Nzie-Weih (Home and Community-Based Services)

Maaih deix mienh gox mienh caux dongh sin hei-weih nyei mienh Medi-Cal haih iv congh yiem biauv zorc nyei fai yiem horngc zangc dorng div mienh gox biauv fai ganh deix liepc jiez daaih nyei dorngx. Biauv caux Hornghc nzie-weih nyei sou-nzaangc nyei jauv maiv duqv dingc soux mouc (tengx caux ziux goux mangc nyei jauv), Domh mienh heng-wangc hnoi nzie-weih, njaaux taux (hnoi caux yiem nyei jauv), ziux goux biauv zong mienh, yiem biauv ziux goux hei-weih nyei mienh, tengx liuc leiz taux nyanc hopv, ziux goux mangc bun ndie-nyanc, ziux goux buonv-sin nyei, tengx liuc leiz qiex zuqc nyei. Meih a'zuqc duqv full-scope Medi-Cal caux zaaic mbaengc yietc zungv gong kor nyei leiz-nyeic. Weic hoqc hiuv gauh camv, heuc DHCS, Integrated Systems of Care Division yiem **1-916-552-9105**.

California Fu'Jueiv Nyei Nzie-Weih Gong Kor (California Children's Services-CCS Program)

CCS gong kor tengx zaah mangc caux tengx ei ndie, liuz leiz taux ndie-horngh, caux buonv-sin sirxanui tengx fu'jueiv yiem hnyangx-jeiv 21 ga'ndiev duqv therapy nzie-weih dongh zaaic mbaengc taux CCS ndie-horngh nyei bouc daauh.

Zaaic mbaengh CCS ndie-horngh nyei bouc daauh bun taux dongh maaih sin zangc. CCS gong kor nyei yietc zungv nzie-weih iv congh Medi-Cal bun fu'jueiv duqv faaux mbuox bieqc duqv CCS ndie-horngh bouc daauh dongh maiv zeiz yietc zungv heng-wangc kou-gong beu nyei. Medi-Cal heng-wangc kou-gong corc zorng-mbenc jienv daauh yiemc ndie-sai nyei nzie-weih nyei caux mbungh taux heng-wangc nzie-weih dongh maiv nyangz caux CCS mbenc tengx nyei ndie-horngh nyei bouc daauh.

Weic haih tov CCS, lorz taux meih nyei buonv-nquenc CCS nyei zeqv-weic. Weic hoqc hiuv gauh camv, mingh mangc <http://dhcs.ca.gov/mymedi-cal> fai heuc **1-916-552-9105**.

Lengc Jeiv Nyei Bun Taux Aqv Zeiv Nyei Mienh nyei Gong Kor (Genetically Handicapped Person's Program-GHPP)

GHPP tengx taux ndie-horngh caux liuc leiz sou-nzaangc nyei jauv-louc caux jaaub dongh jienv nyei ndie-horngh nzie-weih siqv-jeiv buonc dongh yiem California deic, hnyangx-jeiv gauh hlang 21 hnyangx nyei, duqv GHPP ndie-horngh nyei bouc daauh nyei. Duqv GHPP nyei bouc daauh se buonv zangc maaih nyei hnavg nziaamv cuotv nyei baengc (hemophilia), piom nyei baengc (cystic fibrosis), nziaamv zaeqv nyei baengc (Phenylketonuria), nziaamv-saqv nyei baengc (sickle cell disease) naaic gengh hoic haic heng-wangc. GHPP longc Lengc Jeiv Nyei Ziux Goux Nyei Gorn (Special Care Centers-SCCs) nyei wuoqc ginc zorc. SCCs bun mangc duqv jangv nyei. Se gorngv heng-wangc kou-gong maiv beu taux nzie-weih nor, GHPP iv congh SCC yietc hnyangx zaah dimv mangc taux Medi-Cal bun domh mienh faaux mbuox bieqc norm GHPP weic haih duqv ndie-horngh nyei bouc daauh.

Weic tov GHPP, fiev njiec nzengc tov nyei sou. Fax mingh **1-800-440-5318**. Weic hoqc hiuv gauh camv, heuc **1-916-552-9105** fai mingh mangc <http://dhcs.ca.gov/mymedi-cal>.

Buih Nzuonx Nqaang Nyei Medi-Cal (Retroactive Medi-Cal)

Se gorngv meih maaih ndie-zaeqv maiv duqv jaauv fai zorc nyaah nyei zaeqv-daan dongh meih tov Medi-Cal wuov zanc, meih haih naaic weic tengx nzuonx nqaang nyei Medi-Cal. Tengx nzuonx nqaang nyei Medi-Cal haih tengx jaauv ndie-zaeqv fai zorc nyaah nyei zaeqv-daan ndaangc yiem buo hlaax nyieqc meih zoux sou tov nyei hnoi-nyieqc.

Nyungc zeiv, se gorngv meih duqv tov Medi-Cal yiem Feix Hlaax, meih haih duqv tengx jaauv meih nyei ndie-daan zaeqv fai zorc nyaah nyei zaeqv yiem Zih Hlaax, Nyeic Hlaax caux Fa'hlaax nyei.

Weic duqv nzuonx nqaang nyei Medi-Cal Meih a'zuqc:

- Duqv Medi-Cal liuz wuov norm hlaax meih ziouc duqv zipv ndie-horng hzie-weih aqv.
- Duqv zipv ndie-horng fai zorc nyaah nyei nzie-weih dongh Medi-Cal beu nyei
- Naaic lorz yiem yietc hnyangx gu'nyuoz dongh meih duqv zipv nzie-weih beu nyei
- Meih a'zuqc lorz meih nyei buonv-nquenc nyei zeqv-weic tov tengx nzuonx nqaang nyei Medi-Cal

Nyungc zeiv, se gorngv meih duqv zorc taux buoz nauv yiem Zih Hlaax 2017, liuz tov Medi-Cal yiem Feix Hlaax 2017, meih oix zuqc tov tengx nzuonx nqaang nyei Medi-Cal maiv dungx zaih jiex ndaangc Zih Hlaax 2018 weic tengx jaauv ndie nyei zaeqv-daan.

Se gorngv meih duqv jaauv liuz ndie caux zorc nyaah nyei nzie-weih mi'aqv, duqv buo hlaax nyieqc gu'nyuoz meih tov duqv tengx nzuonx nqaang nyei, Medi-Cal yaac haih jaauv nzuonx bun meih nyei. Meih a'zuqc fungx meih tov buih nyei sou yiem yietc hnyangx gu'nyuoz yiem duqv zipv nyei hnoi-nyieqc, fai 90 hnoi duqv dingc gorngv meih nyei Medi-Cal zipv meih aqv, maiv dungx bun lauh jiex ndaangc naaic.

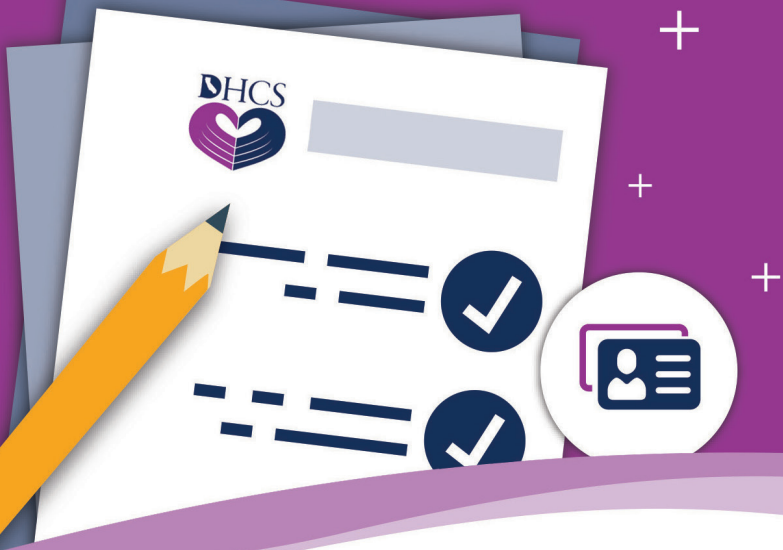
Fungx sou tov buih, meih a'zuqc heuc fai fiev fiex mingh:

Department of Health Care Services
Beneficiary Services
P.O. Box 138008
Sacramento, CA 95813-8008
1-916-403-2007 (TTY 1-916-635-6491)

Tov Buih taux Ndie-Horng, Corngh Zingh Heng-Wangc, Longc Butv Benx Inv Nyei, Caux Yiem Biau Nzie-Weih nyei

Medi-Cal Dental Beneficiary Services
P.O. Box 526026
Sacramento, CA 95852-6026
1-916-403-2007 (TTY 1-916-635-6491)

Tov Buih Zorc Nyaah Nyei.



Siang-zorc jiex & Siang-Zoux Yie nyei Medi-Cal

Meih a'zuqc tong mbuox meih nyei buonv-nquenc nyei zeqv-weic dongh meih nyei biau zong maaih tiuv yienc nyei yiem 10 hnoi gu'nyuoz.

Meih ganh haih mingh mbuox, Dinc Mungz, yangh finx, Dinc Fienx fai fax. Tuiv nyei jauv haih baeng zuqc meih nyei Medi-Cal tengx nyei jauv nyei.

Meih a'zuqc tong mbuox se gorngv meih:

- Duqv zoux cing-jaa fai duqv leih
- Duqv laanh gu'nguaaz, hlorpv fai bun gu'nguaaz mienh hlorpv
- Bieqc nyei nyaanh tiuv fai jaa-dorngx (se gorngv haih biux mengh)
- Duqv ganh deix heng-wangcb beu-weih liemh yangh gong fai yietc norm gong kor hnavg Medicare
- Suiv dorngx, fai maaih tiuv mienh yiem biau zong
- Maaih tiuv yiem hei-weih nyei bouc daauh
- Maaih tiuv yiem fungx nzou-zinh nyei bouc daauh, liemh tiuv yiem lengc jeiv fungx nzou-zinh nyei jauv
- Maaih tiuv yiem citizenship fai immigration nyei bouc daauh
- Zuqc wuonx jienv loh (loz, wuonx loz, etc.) fai duqv bungx cuotv loh nyei jauv
- Maaih tiuv yiem American Indian fai Alaska Native nyei bouc daauh fai tiuv meih nyei fingx nyei bouc daauh

- Tiuv meih nyei mbuox, cuotv seix hnoi fai SSN
- Maaih haaix nyungc ganh deix tiuv nyei dongh haih nyangz taux meih duqv bieqc nyei nyaanh fai biau zong nyei bouc daauh

Se gorngv Yie Suiv mingh Ganh norm Nquenc yiem California?

Se gorngv meih suiv mingh ganh norm California nquenc, meih haih suiv meih nyei Medi-Cal sou-gorn mingh siang-nquenc nyei. Naaiv se heuc yietc norm Gu'Nyuo Nquenc Zangc Suiv Nyei Jauv (Inter-County Transfer-ICT). Meih suiv mingh yiem siang-dorngx 10 hnoi gu'nyuoz meih a'zuqc tong mbuox nquenc zangc. Meih haih tong mbuox meih tiuv nyei deic-zepv yangh Dinc Mungz, meih ganh mingh mbuox, yangh finx, Dinc Fienx, fai fax. Meih nyei ziux goux beu-weih kou-gong yiem loz-nquenc nyei oix dingh njiec yiem naaic hlaax nqa'haav laai wuov norm hnoi. Meih qiemx zuqc mingh faaux mbuox bieqc norm liuz leiz ziangx nyei ziux goux kou-gong yiem meih nyei siang-nquenc wuov.

Meih cuotv nquenc mingh dangh baav meih nyei Medi-Cal maiv gaeng duqv suiv. Naaiv se liemh jienv yietc laanh fu'jueiv mingh college fai meih ziux goux yietc laanh butv baengc nyei mienh muoz. Lorz taux meih nyei buonv-nquenc zeqv-weic tong mbuox taux biau zong mienh

maaih dangh baav suiv deic-zepv mingh norm siang-nquenc. Buonv-nquenc zeqv-weic oix siang-zorc jiex deic-zepv liuz biau v zong mienh ziouc haih faaux mbuox bieqc norm heng-wangc kou-gong yiem siang-nquenc.

Yie Hnangv Haaix Nor Siang Borqv Yie Nyei Medi-Cal Beu-Weih?

Weic oix siou jienv meih nyei Medi-Cal tengx nyei jauv, meih a'zuqc siang-borqv zoqc zoqc yietc hnyangx yietc nzunc. Se gorngv meih nyei buonv-nquenc maiv haih siang-borqv meih nyei Medi-Cal beu-weih longc electronic sources, ninh mbuo ziouc oix juix kuaaiv siang-borqv nyei zeiv-qorng bun meih. Meih oix zuqc tong mbuox dongh maaih siang nyei fai maaih tiuv yienx nyei. Meih yaac qiemx zuqc bun nzengc yietc zungv meih ih zanc maaih nyei siang fieng. Meih haih juix meih nyei fieng daaux nqaang yangh Dinc Mungz, meih ganh, fai yangh finx fai ganh nyungc electronic beiv taux dongh maaih haih longc yiem meih nyei nquenc zangc nyei. Se gorngv meih ganh fungx nzuonx nor, meih a'zuqc cim jienv mbuox.

Se gorngv meih maiv bun dongh qiemx zuqc nyei fieng ei hnoi-nyieqc nor, meih nyei Medi-Cal tengx nyei jauv oix dingh njiec. Meih nyei buonv-nquenc zeqv-weic oix juix zeiv Zaangv Sic Nyei Zeiv-Box yangh fieng bun meih. Meih maaih 90 hnoi zuqc juix nzengc yietc zungv dongh dangx caa nyei buonc fieng mingh meih nyei buonv-nquenc zeqv-weic se maiv zuqc ganh zoux sou tov aqv.

Se gorngv meih bun nzoih dongh dangx caa nyei fieng yiem 90 hnoi gu'nyuoz meih corc duqv jienv Medi-Cal nyei, meih nyei buonv-nquenc zeqv-weic oix aengx bieqc sou meih nyei Medi-Cal ziouc maiv nqaevq zuqc beu-weih.

Leiz & Zuqc gunv nyei buonc



Meih zoux sou tov Medi-Cal wuov zanc, meih oix duqv yietc kuaaiv daan gorngv taux meih nyei leiz caux zuqc gunv nyei buonc. Liemh naaiv funx jienv benx dingc daaih nyei zuqc tong mbuox dongh maaih tiuv deic-zepv fai bieqc nyei nyaanh, fai se gorngv maaih gu'nguaaz fai yungz gu'nguaaz. Meih haih heuc meih nyei buonv-nquenc zeqv-weic fai lorz mangc meih nyei leiz caux zuqc gunv nyei buonc dongh liepc jiez siang nyei daan yiem Dinc Mungz wuov:

<http://dhcs.ca.gov/mymedi-cal>

Faan sic caux Porv Mengh Leiz Zangc

Heng-Wangc Ziux Goux caux Tengx nyei jauv

Meih maaih leiz naaic lorz weic faan sic nyei se gorngv meih maiv buangv hnyouv caux zorc nyaah nyei heng-wangc ziux goux nzie-weih fai tengx nyei jauv.

Se gorngv meih yiem norm Medi-Cal Managed Care liuc leiz ziangx ziux goux nyei kou-gong liuz meih duqv zipv zeiv Zaangv Sic Zeiv-Box fienv gorngv mbuox meih maaih norm heng-wangc ziux goux nzie-weih fai tengx nyei jauv maiv laengz zipv, meih maaih leiz mingh naaic lorz weic faan sic nyei.

Meih a'zuqc zoux zeiv faan sic sou yiem 60 hnoi gu'nyuoz dongh fiev njiec yiem meih duqv zipv wuov zeiv Zaangv Sic Zeiv-Box nyei hnoi-nyieqc wuov. Meih zoux liuz meih nyei faan sic sou, kou-gong oix bun zeiv zunv-daaub meih yiem 30 hnoi gu'nyuoz. Se gorngv meih maiv duqv zipv kou-gong nyei zunv-daaub yiem 30 hnoi fai maiv buangv hnyouv dongh kou-gong nyei zunv-daaub, meih haih tov Muangx Norm Saengv Zangc Porv Mengh Leiz. Maaih weic dunx sic jien oix tengx paan-pei mangc meih nyei sic-gorn. **Da'yietv meih a'zuqc fungx meih nyei faan sic sou caux jienv meih nyei kou-gong mingh ndaangc liuz meih cingx haih tov Muangx Saeng Zangc Porv Mengh Leiz.** Meih a'zuqc tov weic Muangx Norm Saengv Zangc Porv Mengh Leiz yiem 120 hnoi gu'nyuoz ei hnoi-nyieqc dongh kou-gong duqv fiev yiem zunv-daaub faan sic nyei fienv wuov.

Se gorngv meih yiem Nzie-Weih Zinh Medi-Cal liuz meih duqv zipv zeiv Zaangv Sic Nyei Zeiv-Box fienv gorngv mbuox meih maaih norm heng-wangc nzie-weih fai tengx nyei jauv maiv laengz zipv, meih haih liemh zeh tov Muangx Norm Saeng Zangc Porv Mengh Leiz nyei. Meih a'zuqc tov Muangx Norm Saeng Zangc Porv Mengh Leiz yiem 90 hnoi gu'nyuoz ei fiev njiec yiem Zaangv Sic Zeiv-Box wuov.

Meih yaac maaih leiz haih tov Muangx Norm Saengv Zangc Porv Mengh Leiz nyei se gorngv meih maiv buangv hnyouv cuotv daaih dongh meih nyei Medi-Cal nyei jauv-louc fai haih duqv nyei jauv. Naav se haax zanc benx cuotv:

- Meih maiv buangv hnyouv caux norm nquenc fai Saengv Zangc dunx taux meih zoux sou tov Medi-Cal nyei
- Nquenc zangc maiv bun zunv-daaub meih zoux sou tov Medi-Cal nyei yiem 45 fai 90 hnoi gu'nyuoz
- Duqv bieqc buonc Medi-Cal nyei jauv fai Juangc Koi Nyei Zinh tiuv

Duqv bieqc buonc nyei Zunv-Daaub

Se gorngv meih duqv zipv zeiv Zaangv Sic Zeiv-Box fieng gorngv mbuox taux meih duqv bieqc buonc nyei zunv-daaub meih maiv buangv hnyouv caux, meih haih caux meih nyei nquenc nyei duqv bieqc buonc nyei gong-mienh gorngv nyei caux/fai haih tov Muangx Norm Saengv Zangc Porv Mengh Leiz. Se gorngv meih yangh nquenc zangc bun-jaiv maiv duqv meih maiv buangv hnyouv nyei, meih haih tov Muangx Saengv Zangc Porv Mengh Leiz yiem 90 hnoi gu'nyuoz ei fiev njiec yiem Zaangv Sic Zeiv-Box wuov. Meih haih tov Morz yiem meih nyei buonv-nquenc zeqv-weic. Meih yaac haih heuc fai fiev mingh taux:

**California Department of Social Services
Public Inquiry and Response
PO Box 944243, M.S. 9-17-37
Sacramento, CA 94244-2430
1-800-743-8525, (TTY 1-800-952-8349)**

Meih yaac haih fungx meih tov mungx leiz nyei Dinc Mungz yiem:

<http://www.cdss.ca.gov/>

Se gorngv meih sienx maiv yiem leiz zangc sienv doix dekc laaix mienh buonv, fingx, setv, buoqc zaangc, douc-zong, gorn-buonv fingx, yietc guanv nyei mengh fingx, hnyangx-jeiv, corngh zingh hei-weic, sin zangc hei-weih, ndie-horngv nyei bouc daaub, baengc zingh nyei jauv, dorng jaa nyei jauv, buonv-setv, buonv-setv nyei mengh, fai camx buonv huin-bung, meih haih fiev zeiv nzaeng nyei

fieng bun taux DHCS Guoqv Zangc Baeqc Fingx Leiz-Nyeic nyei Zeqv-Weic (Office of Civil Rights).

Meih haih hoqc hiuv hnavg haaix fiev nzaeng taux sienv fingx nyei jauv yiem "Zuangx Zangc Duqv Dingc Maaih Box-Daan mbuox tong mienh camv gorngv taux Maiv Maaih Sienv Fingx Nyei Sic caux Dingc Maaih Koi Nqoi Bun Taux Zuangx Nyei Buonc" cauxyiem 29 minc wuov.

Gorngv taux Muangx Saengv Zangc Porv Mengh Leiz

Saengv Zangc oix mbuox meih ninh duqv zipv meih tov Muangx Porv Leiz mi'auv. Meih oix duqv zeiv box-fieng ziux ziangh hoc, hnoi caux dorngx-daaub meih muangx porv mengh leiz nyei. Div dorng muangx porv leiz nyei mienh oix zuqc paan-pei mangc meih nyei sic-gorn liuz zuqc seix tengx bun-jaiv meih nyei sic. Se gorngv nquenc/Saengv mbenc bun meih ca'laangh waac bun-jaiv duqv meih nyei sic nyei, meih oix zuqc fiev njiec benx nzaangc.

Meih haih nqoi nzuih bun laanh doic tengx fiev, hmuangv doic fai caengx leiz jien tengx meih yiem muangx leiz wuov. Se gorngv meih gengh maiv haih bun-jaiv meih nyei sic yiem nquenc zangc fai Saengv Zangc, meih fai meih nyei div dorng mienh a'zuqc bieqc Muangx Saengv Zangc Porv Mengh Leiz. Meih muangx leiz nyei jauv mienh ganv mingh fai yangh finx. Yietc weic porv leiz jien maiv zoux gong weic nquenc zangc fai Medi-Cal gong kor oix muangx meih nyei sic.

Meih maaih leiz haih baeqc duqv faan waac mienh tengx. Fiev njiec yiem meih tov muangx porv leiz nyei sou. Fai gorngv mbuox div dorng meih nyei mienh meih qiemx zuqc laanh faan waac mienh. Meih maiv haih longc hmuangv doic fai doic tengx faan waac yiem meih muangx porv leiz wuov.

Se gorngv meih maaih hei-weih caux qiemx zuqc tengx weic Heng njiec haih duqv zoux ziangh norm tengx Muangx nzengc sic, Meih haih heuc 1-800-743-8525 (TTY 1-800-952-8349) Meih yaac haih juix Dinc Fienx mingh bun SHDCSU@DSS.ca.gov.

Haih duqv tengx yiem meih nyei muangx porv leiz, meih haih tov laanh dorngh leiz mienh tengx fai Welfare Rights zeqv-weic.

Da'Faam Buonc Nyei Beu Jaax Nyei Sic

Se gorngv meih diev norm mun nyei dorngh, meih longc meih nyei Medi-Cal weic zorc nzie-weic. Se gorngv meih zoux sou bun norm beu-weih buih fai haaix laanh zoux bun meih zuqc mun, meih zuqc box mbuox taux Medi-Cal Siqv-Jeiv Zuqc Mun Nyei Sic (Personal Injury-PI)gong kor yiem 30 hnoi gu'nyuyoz yiem meih fungx sou zoux sic gox buih nyei hnoi-nyieqc. Meih a'zuqc gorngv mbuox yi bung meih nyei buonv-nquenc zeqv-weih caux PI gong kor.

Box mbuox taux Medi-Cal PI gong-kor, meih gunv dinh buangv dongh "Buonv-Sin zuqc mun nyei javv-louc an njiec nzengc (Siang-Sic) wuov zeiv-qorng. Se gorngv meih maiv maaih internet nor, gunv naaic meih nyei caengx sic jien fai div dorngh beu-weih gong ciangv nyei tengx box mbuox Medi-Cal PI gong kor div meih. Meih haih lorz duqv box mbuox nyei siang-zeiv-qorng yiem: <http://dhcs.ca.gov/mymedi-cal>.

Se gorngv meih cingv weic caengx sic jien tengx meih zoux sou buih fai gox, meih nyei caengx sic jien zuqc beu taux box mbuox Medi-Cal PI gong kor caux juix zeiv nqoi-zuih fiex nyei javv-louc. Naaiv zeiv nqoi-zuih fiex weic iv congh Medi-Cal nyei gong mienh haih lorz duqv meih nyei caengx sic jien yaac haih caux ca'laangh meih nyei buonv-sin zuqc mun nyei sic. Medi-Cal maiv tengx mbenc div dorngh nyei mienh fai caengx sic jien bun. Gong mienh haih mbuox mengh bun hiuv duqv gorngv caengx sic jien hngangv haaix nor haih tengx mbenc hngangv.

Lorz Buatc Taux Maaih Jaa-Dorngh nyei

Medi-Cal gong kor tengx nyei mienh daic a'zuqc zorqv dongh maaih zinh zoih nzengc njiec nyei

weic buih nzuonx bun Medi-Cal. Buih nzuonx nyei javv se haih bun muonc javv nyei, liemh duqv dingc ziangx ziux goux nyei hlaax-zinh, bun mienh gox biau nyei nzie-weih, biau caux hornggh zangc dorngh nyei nzie-weih, caux nyangz taux ei ndie-dorngh caux cuotv ndie-daan bun nyei nzie-weih dongh wuov zanc duqv tengx nyei:

- Duqv benx laanh baengc mienh yiem mienh gox biau, fai
- Duqv zipv tengx yiem biau caux horngc zangc dorngh nzie-weih jienv fai nqa'haav ninh nyei 55 norm cuotv seix hnoi

Se gorngv daic nyei mienh maiv maaih zinh zoih zengc njiec fai maiv maaih yietc nyungc zengc dongh ninh daic wuov zanc, ziouc maiv zuqc qiemx haaix nyungc aqv.

Haih hoqc hiuv gauh camv, mingh mangc <http://dhcs.ca.gov/er> fai heuc 1-916-650-0590

Medi-Cal tengx nyei

Dorngh nyei nyei javv-louc

Yietc laanh duqv tengx nyei mienh haaix zanc yaac zuqc maaih zorngh-zengx bun Medi-Cal beu-weih nyei javv bun taux ndie-sai ndaangc haih duqv tengx. Lzorc fai zorc nyaah sai, meih oix zuqc mbuox mouz weic ndie-sai fai nyaah sai taux ganh deix ndie-sai fai nyaah sai mbenc jienv zorc meih nyei javv.

Naaiv benx meih zuqc gunv nyei buonc la'guaih longc fai maiv dorngh hornggh longc meih nyei Medi-Cal tengx nyei javv. **Ninh se dorngh leiz nyei sic** haih:

- Bun ganh laanh mienh longc meih nyei Medi-Cal tengx nyei javv
- Longc ndie-sai nyei sou-nzaangc benx javv-sou zorqv ndie

- Maaic fai nzou meih nyei BIC bun ganh laanh mienh fai bun meih nyei BIC ganh laanh longc caux nzie-weih ndie-sai weic duqv Medi-Cal tengx nyei jauv-louc

Longc dorngc BIC/Medi-Cal tengx nyei nyei jauv benx yietc diuc dorngc-leiz nyei sic. Ninh haih zoux bun meih nyei sic ndortv fai zuqc dingc zuiz. Se gorngv meih haiz maaih dorngc Medi-Cal nyei jauv, zoux waaic fai longc dorngc, gunv lengc jeiv nyei tong mbuox heuc mingh taux **1-800-822-6222**.

Zuangx Zangc duqv Dingc Maaih Box Mbuox taux Siqv-Jeiv nyei Nza'hmien-buonc Maiv Maaih Sienv Fingx Nyei Jauv caux Dingc Daaih Koi Nqoi Bun Zuangx nyei

DHCS ei jienv zuangx zangc caux saengv zangc zingx dorngc nyei leiz zangc nyei leiz. DHCS maiv zoux maiv gan leiz zangc sienv laaix mienh buonv, fingx, setv, buoqc zaangc, buonv zangc, mienh fingx buonv, guanh nyei mengh fingx, hnyangx-jeiv, corngh zingh hei-weih, sin zangc hei-weih, zorc baengc nyei bouc daauh, baengc-ngaaz bouc daauh, dorng jaa nyei bouc daauh, buonv-nyungc, buonv-nyungc nyei mengh fai saeng-camx bung-dauh. DHCS maiv zoux maiv gan leiz zangc liemh mienh fai zoux lengc bun ninh mbuo laaix mienh buonv, fingx, setv, buoqc zaangc, buonv zangc, mienh fingx buonv, guanh nyei mengh fingx, hnyangx-jeiv, corngh zingh hei-weih, sin zangc hei-weih, zorc baengc nyei bouc daauh, baengc-ngaaz bouc daauh, dorng jaa nyei bouc daauh, buonv-nyungc, buonv-nyungc nyei mengh fai saeng-camx bung-dauh. DHCS:

- Mbenc baeqc tengx caux nzie-weih taux mienh maaih hei-weih nyei jauv dongh zungv maiv haih jiu tong caux DHCS nyei, beiv hngangv:
 - Zuqc maaih mienh tengx uv benx waac faan mbuox nyei

- Haih duqv fiev benx ganh nyungc nzaangc tong fienv benx ganh deix mau zeiv hngangv domh nzaangc yienx hlo nyei, siou benx waac, haih longc yangh electronic nyei caux yangh ganh nyungc nyei

- Mbenc maaih baeqc tengx waac nyei jauv bun taux dongh ninh mbuo nyei cuotv-seix waac maiv zeiz Anggitv waac, beiv hngangv:

- Haih duqv faan waac mienh
- Haih duqv fiev benx ganh nyungc nzaangc tong fienv mbuox

Se gorngv meih qienv zuqc naaiv deix nzie-weih, heuc lorz taux Guoqc Zangc Baengc Fingx Nyei Leiz-Nyeic Nyei Zeqv-Weic, yiem **1-916-440-7370, (Ext. 711, California State Relay)** fai dinc fienv CivilRights@dhcs.ca.gov.

Se gorngv meih sienx gorngv DHCS zoux bun meih ndortv naaiv deix nzie-weih fai meih zuqc mangc piex sienv cuotv laaix yietc diuc zix diuc mienh buonv, , fingx, setv, buoqc zaangc, buonv zangc, mienh fingx buonv, guanh nyei mengh fingx, hnyangx-jeiv, corngh zingh hei-weih, sin zangc hei-weih, zorc baengc nyei bouc daauh, baengc-ngaaz bouc daauh, dorng jaa nyei bouc daauh, buonv-nyungc, buonv-nyungc nyei mengh fai saeng-camx bung-dauh nor, meih fiev sou gox taux:

Office of Civil Rights
PO Box 997413, MS 0009
Sacramento, CA 95899-7413
1-916-440-7370, (Ext. 711, CA State Relay)
Email: CivilRights@dhcs.ca.gov

Se gorngv meih qienv zuqc tengx fiev sou gox nor, Guoqv Zangc Baeqc Fingx Nyei Leiz-Nyeic nyei Zeqv-Weic haih tengx meih nyei. Gox nyei sou-qorng maaih yiem:

http://www.dhcs.ca.gov/Pages/Language_Access.aspx

Jienv nyei Gorn Zangc



DINC MUNGZ

Domh Medi-Cal Gorn:
<http://dhcs.ca.gov/mymedi-cal>

Duqv the myMedi-Cal smartphone app weic haih tengx meih hoqc hiuv ganh camv taux beu-weih nyei jauv, lorz tengx nyei dorngx, caux gauh camv!



DOUC WAAC MENGH HOC

Medi-Cal Members & Providers:
1-800-541-5555

Medi-Cal Managed Care:
1-800-430-4263
(TTY 1-800-430-7077)

Office of the Ombudsman:
1-888-452-8609

State Fair Hearing:
1-800-743-8525
(TTY 1-800-952-8349)

Covered California:
1-800-300-1533

Medi-Cal Dental Program:
1-800-322-6384

Se gorngv meih sienx gorngv meih zuqc mangc piex laaix mienh fingx, setv, mienh fingx buonv, hnyangx-jeiv, hei-weih fai mienh buonv, meih yaac haih zoux zeiv sou gox taux zingx dorng leiz zangc bun mingh taux Meiv Guoqv Nyei Jien-Horng Houx Taux Heng-Wangc caux Nzie-Weih Mienh (U.S. Department of Health and Human Services) nyei Weic Guoqv Zangc Baeqc Fingx Nyei Leiz-Nyei nyei Zeqv-Weic. Meih haih fungx benx electronic nyei Gox Zongc Fienx yangh Guoqv Zangc Baeqc Fingx Leiz-Nyeic Nyei Gox Zongc Zeqv-Weic yiem <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> fai meih haih juix yangh fienx fai heuc taux:

**U.S. Department of Health
and Human Services**
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, TTY 1-800-537-7697

Meih haih lorz duqv gox nyei sou-qorng yiem:

<http://www.hhs.gov/ocr/office/file/index.html>

Naaiv zeiv sou-nzaangc doix diuc caux Nyei Sou-Horng 508 koi nqoi bun nyei gorn-ndoqv. Naaiv tong zuangx nyei sou-nzaangc yaac haih maaih bun yiem jienv wuov Maengh Nyei Sou-Lamz (Braille) nyei, yienx hlo nyei, caux ganh deix electronic nyei mau zeiv weic bun longc nyei mienh haih duqv kuv-longc nyei ei dongh mienh maaih hei-weih naaic lorz nyei buonc. Weic oix tov yienx cuotv naaiv tong nzuangx nyei yietc zeiv sou-nzaangc benx ganh norm mou zeiv, heuc the Medi-Cal Dingc Horpc Doih Nyei Jien Horng yiem **1-916-552-9200 (TTY 1-800-735-2929)** fai Dinc Fienx MCED@dhcs.ca.gov.

Laainc Izazczorz

Attention: If you speak English, you can call 1-800-541-5555 (TDD 1-800-430-7077) for free help in your language. Call your local county office for eligibility issues or questions. (English)

تنبيه: إذا كنت تتحدث العربية، فيمكنك الاتصال برقم 1-800-541-5555 (TDD 1-800-430-7077) للمساعدة المجانية بلغتك. اتصل بمكتب المقاطعة المحلي للمشكلات أو الأسئلة المتعلقة بالتأهل. (Arabic)

Ուշադրություն: Եթե Դուք հայերեն եք խոսում, կարող եք զանգահարել 1-800-541-5555 (TDD 1-800-430-7077) և անվճար օգնություն ստանալ Ձեր լեզվով: Իրավասություն հետ կապված խնդիրները կամ հարցերի դեպքում զանգահարեք Ձեր շրջանային գրասենյակ: (Armenian)

សម្គាល់: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ អ្នកអាចទូរស័ព្ទទៅលេខ 1-800-541-5555 (TDD 1-800-430-7077) សម្រាប់ជំនួយ ដោយឥតគិតថ្លៃជាភាសារបស់អ្នក។ ទូរស័ព្ទទៅកាន់ការិយាល័យខោន ធានាមូលដ្ឋានរបស់អ្នកសម្រាប់បញ្ជាក់កិច្ចសន្យាដែលបានសេវា ឬក្នុងករណីមានសំណួរណាមួយ។ (Cambodian)

注意: 如果您使用中文, 請撥打1-800-541-5555 (TDD 1-800-430-7077) 免費獲得以您所用語言提供的協助。關於資格的爭議或問題請致電您所在縣的辦事處。(Chinese)

توجه: اگر به زبان فارسی صحبت می کنید، می توانید برای دریافت کمک رایگان به زبان خود با شماره 1-800-541-5555 (TDD 1-800-430-7077) تماس بگیرید. برای مسائل مربوط به صلاحیت یا سوالات، با دفتر محلی شهرستان خود تماس بگیرید. (Farsi)

ध्यान दें: यदि आप हिंदी भाषी हैं, तो आप अपनी भाषा में नि:शुल्क सहायता के लिए 1-800-541-5555 (TDD 1-800-430-7077) पर कॉल कर सकते हैं। योग्यता संबंधी समस्याओं या प्रश्नों के लिए अपने स्थानीय काउंटी कार्यालय को कॉल करें। (Hindi)

Lus Ceeb Toom: Yog tias koj hais lus Hmoob, koj tuaj yeem hu rau tus xov tooj 1-800-541-5555 (TDD 1-800-430-7077) kom tau kev pab koj dawb ua koj hom lus. Hu rau lub chaw lis dej num hauv koj lub nroog txog cov teeb meem kev tsim nyog tau txais kev pab los yog cov lus nug. (Hmong)

注意: ご希望により、1-800-541-5555 (TDD 1-800-430-7077) へお電話いただければ日本語で対応いたします。有資格問題または質問などは、地域の代理店までお電話ください。(Japanese)

주의: 한국어를 말하면, 1-800-541-5555 (TDD 1-800-430-7077) 번으로 무료로 도움을 받으실 수 있습니다. 적격 문제 또는 질문은 해당 지역 카운티 사무소에 문의하십시오. (Korean)

ເຂົ້າຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ທ່ານສາມາດໂທຫາເບີ 1-800-541-5555 (TDD 1-800-430-7077) ເພື່ອຂໍຄວາມ ຊ່ວຍເຫຼືອພຣີໃນພາສາຂອງທ່ານ. ໂທຫາບ້ອງການເຂດໃນບ້ອງຕໍ່ ຂອງທ່ານເພື່ອສອບຖາມກ່ຽວກັບເງື່ອນໄຂໃນການມີສິດໄດ້ຮັບ ຫຼື ມີ ຄໍາຖາມອື່ນໆ. (Laotian)

Waac-mbungh: Se gorngv meih gongv mien waac nor, maaiv zuqc cuotv nyaanh gunv korh waac mingh taux 1-800-541-5555 (TDD 1-800-430-7077) yiem wuov maaih mienh tengx faan waac bun meih hiuv duv. Gunv korh waac taux meih nyei kaau dih nyei mienh, Se gorngv meih oix hiuv taux, meih maaih fai maaiv maaih ndaam-dorng leiz puix duqv ziqv nyei buanc. (Mien)

ਧਿਆਨ ਦਿਓ: ਜੇਕਰ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਸੀਂ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮੁਫਤ ਸਹਾਇਤਾ ਪਾਉਣ ਲਈ 1-800-541-5555 (TDD 1-800-430-7077) 'ਤੇ ਕਾਲ ਕਰ ਸਕਦੇ ਹੋ। ਪਾਤਰਤਾ ਸੰਬੰਧੀ ਵਿਵਾਦਾਂ ਜਾਂ ਸਵਾਲਾਂ ਦੇ ਲਈ ਆਪਣੇ ਸਥਾਨਕ ਕਾਉਂਟੀ ਦਫਤਰ ਨੂੰ ਕਾਲ ਕਰੋ। (Punjabi)

Внимание: Если Вы говорите по-русски, Вы можете позвонить по номеру 1-800-541-5555 (TDD 1-800-430-7077), чтобы получить бесплатную помощь на Вашем языке. Позвоните в Ваш местный окружной офис по вопросам или проблемам, связанным с соответствием требованиям. (Russian)

Atención: Si usted habla español puede llamar al 1-800-541-5555 (TDD 1-800-430-7077) para obtener ayuda gratuita en su idioma. Llame a la oficina local de su condado si tiene algún problema o alguna pregunta sobre elegibilidad. (Spanish)

Atensiyon: Kung nagsasalita ka ng Tagalog, maaari kang tumawag sa 1-800-541-5555 (TDD 1-800-430-7077) para sa libheng tulong sa wika mo. Tawagan ang lokal mong tanggapan sa county para sa mga isyu sa pagiging nararapat o mga tanong. (Tagalog)

โปรดทราบ: หากท่านพูดภาษาไทย ท่านสามารถโทรศัพท์ไปที่เบอร์ 1-800-541-5555 (TDD 1-800-430-7077) เพื่อรับความช่วยเหลือในภาษาของท่านโดยไม่เสียค่าใช้จ่าย กรุณาโทรศัพท์หาสำนักงานประจำท้องถิ่นของท่านเพื่อสอบถามเกี่ยวกับสิทธิของท่าน (Thai)

Увага: Якщо ви розмовляєте українською, ви можете зателефонувати за номером 1-800-541-5555 (TDD 1-800-430-7077), щоб отримати безкоштовну допомогу Вашою мовою. З питань стосовно права на пільги та іншої інформації, телефонуйте до вашого місцевого окружного офісу. (Ukrainian)

Lưu ý: Nếu quý vị nói tiếng Việt, quý vị có thể gọi 1-800-541-5555 (TDD 1-800-430-7077) để được trợ giúp miễn phí bằng ngôn ngữ của mình. Hãy gọi văn phòng quận địa phương của quý vị nếu có các vấn đề hoặc thắc mắc về tính đủ điều kiện. (Vietnamese)

California Department of
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