

myMedi-Cal

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Kho Mob Uas Koj Xav Tau



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Kev Noj Qab Haus Huv Pab Cuam Them Nqi Nyob Haus California



“Kuv Cov Medi-Cal: Yuav Tau Txoj Kev

Kho Mob Uas Koj Xav Tau Li Cas” qhia rau cov neeg nyob hauv California seb yuav thov Medi-Cal li cas rau ntawv tuav pov hwm kho mob uas tsis tau them nqi li lossis them tus nqi tsawg. Koj yuav kawm txog seb koj yuav tsum tau ua dab tsi thiaj li tsim nyog. Phau ntawv qhia no tseem yuav qhia rau koj seb yuav siv Medi-Cal cov kev pab li cas. Nws qhia rau koj seb yuav qhia txog cov kev hloov thaum twg. Koj yuav tsum tau khaws phau ntawv qhia no thiab siv thaum koj muaj lus nug txog Medi-Cal.

California muaj ob txoj kev thov kev pab them nqi kho mob. Cov ntawd yog “Medi-Cal” thiab “Covered California.” Tag nrho ob txoj kev pab cuam no siv tib daim ntawv thov kev pab.

Medi-Cal Yog Dab Tsi?

Medi-Cal yog California txoj kev pab cuam ntawm Nom Tswv Teb Chaws Medicaid. Medi-Cal muaj kev pab them nqi kho mob uas tsis tau them nqi li thiab them tus nqi tsawg rau cov neeg nyob hauv California uas tsim nyog.

Lub Department of Health Care Services (DHCS) saib xyuas Medi-Cal txoj kev pab cuam.

Koj lub nroog chav fai hauv zos saib xyuas Medi-Cal cov ntaub ntawv feem ntau rau DHCS. Koj yuav tij tauj tau koj lub nroog chav hauv zos hauv online ntawm www.benefitscal.com. Koj tseem yuav hu tau rau koj lub nroog lub chav fai hauv zos.

Yog xav tau tus xov tooj rau koj lub nroog lub chav fai hauv zos, mus rau ntawm:

<http://dhcs.ca.gov/mymedi-cal>

lossis hu rau 1-800-541-5555
(TTY 1-800-430-7077)

Lub nroog lub chav fai hauv zos siv ntau yam lus qhia tseeb los txiav txim seb koj yuav tau hom kev pab dab tsi los ntawm Medi-Cal.

Cov no muaj xws li:

- Koj khwv tau nyiaj npuam li cas
- Koj lub hnuv nyoog
- Lub hnuv nyoog ntawm ib tus me nyuam hauv koj daim ntawv thov kev pab
- Txawm koj cev xeeb tub, dig muag lossis xiam oob qhab
- Txawm hais tias koj tau txais Medicare

Feem coob ntawm cov neeg thov Medi-Cal tuaj yeem tshawb pom yog tias lawv tsim nyog raws lawv cov nyiaj tau los. Rau tej hom Medi-Cal, tej zaum cov neeg tseem yuav tsum tau muab cov lus qhia ntxiv txog lawv cov cuab tam thiab vaj tse. Yog xav paub ntxiv, saib Siv Piv Medi-Cal Cov Kev Pab Cuam nyob rau nplooj 5.

Covered California Yog Dab Tsi?

Covered California yog Xeev qhov chaw yuav ntawv tuav pov hwm kho mob. Koj tuaj yeem sib piv tau cov tuam txhab kho mob noj qab haus uas nrov npe tuav pov hwm kev lag luam lossis nrhiav yuav ib cov phiaj xwm. Yog tias koj qhov nyiaj tau nws ntau zog rau Medi-Cal lawm, tej zaum koj yuav tsim nyog yuav ntawv tuav pov hwm kho mob los ntawm Covered California.

Covered California muaj “kev pab them tus nqi (premium assistance).” Nws pab txo tus nqi kho mob kom tsawg zog rau cov tib neeg thiab tsev neeg uas koom hauv Covered California ib txoj kev pab them nqi kho mob thiab muaj raws li cov cai txog qhov nyiaj tau. Yuav kom tsim nyog rau kev pab them tus nqi, koj qhov nyiaj tau yuav tsum tau qis dua Covered California txoj kev pab cuam cov kev txwv txog nyiaj tau.

Covered California muaj plaub them kev pab uas yuav xaiv tau: Tooj daj, Nyiaj, Kub, thiab Kub dawb. Cov kev pab hauv ib them twg mas nws zoo tib yam nkaus tsis hais seb koj xaiv lub tuam txhab tuam pov hwm twg. Koj qhov nyiaj tau thiab lwm yam lus tseeb yuav txiav txim seb koj tsim nyog rau txoj kev pab cuam twg.

Yog xav paub ntxiv txog Covered California, mus rau ntawm www.coveredca.com lossis hu rau **1-800-771-2156 (TTY 1-888-889-4500)**.

Yuav Tsum Tau Muaj Dab Tsi Thiaj Li Tau Medi-Cal?

Yuav kom tsim nyog rau Medi-Cal, koj yuav tsum tau nyob hauv lub xeev California thiab muaj raws li qee yam cai. Koj yuav tsum muab cov ntaub ntawv qhia txog nyiaj txiag thiab se rau txhua tus neeg hauv koj tsev neeg thiab uas nyob hauv koj daim ntawv them se. Koj kuj yuav tau muab cov ntaub ntawv hais txog koj cov teej tug.

Koj tsis tas yuav tau ua se thiaj li tsim nyog rau Medi-Cal. Rau cov lus nug txog kev ua se, nrog Tuam Tsev Xyuas Se (Internal Revenue Service-IRS) lossis ib tug kws ua se tham.

Tag nrho cov neeg uas thov Medi-Cal yuav tsum tau muab lawv tus naj npawb xaus saus (SSN) yog tias lawv muaj ib tug. Txhua tus neeg uas thov Medi-Cal yuav tsum tau qhia txog lawv txoj kev tuaj nyob teb chaws no. Qhov qhia txog txoj kev tuaj nyob teb chaws no uas muab tam li yog ib feem ntawm Medi-Cal daim ntawv thov kev pab mas yuav tsis qhia rau leej twg paub. Teb Chaws Mis Kas Qhov Chaw Muab Xam Xaj thiab Kev Pab Cov Neeg Tuaj Txawv Teb Chaws Tuaj (United States Citizenship and Immigration Services) yuav siv tsis tau los tswj kev tuaj nyob teb chaws no tshwj tsis yog tias koj dag.

Cov neeg muaj 19 xyoos lossis laus dua tej zaum yuav tsim nyog tau txais txiaj ntsig Medi-Cal txawm tias lawv tsis muaj ib tug naj npawb xaus saus (SSN) lossis muab tsis tau pov thawj txog lawv txoj kev tuaj nyob teb chaws no. Cov kev pab no yuav them rau cov kev pab thaum muaj kub ntxhov, muaj feem rau cev xeeb tub thiab cov kev pab kho cov mob mus ntev (long-term care).

Koj tuaj yeem thov Medi-Cal rau koj tus me nyuam txawm tias koj tsis tsim nyog tau txais cov nqi kho mob rau cov kev pab tag nrho.

Hauv California, txoj kev tuaj nyob teb chaws no mas tsis cuam tshuam rau Medi-Cal cov kev pab rau cov me nyuam uas muaj hnuv nyoog 19 xyoos rov hauv. Tej zaum cov me nyuam yuav tsim nyog tau tag nrho Medi-Cal cov kev pab, tsis hais seb tuaj nyob teb chaws no li cas.

Yog xav paub ntxiv txog cov cai hauv Medi-Cal txoj kev pab cuam, nyeem “Sib Piv Medi-Cal Cov Kev Pab Cuam” nyob rau nplooj tom ntej no.

Sib Piv Medi-Cal Cov Kev Pab Cuam

MAGI

vs.

Non-MAGI

Qhov Nyiaj Tau Ua Ntej Txiav Se Uas Kho (Modified Adjusted Gross Income-MAGI) Medi-Cal siv Nom Tswv Teb Chaws cov cai txog kev ua se los txiav txim seb koj puas tsim nyog raws qhov koj ua se thiab koj qhov nyiaj uas suav tau.

Non-MAGI Medi-Cal suav ntau cov kev pab cuam tshwj xeeb. Cov neeg uas tsis tsim nyog tau MAGI Medi-Cal tej zaum yuav tsim nyog rau Non-MAGI Medi-Cal.



Leej twg thiaj li tsim nyog:



- Cov me nyuam muaj hnuv nyoog 19 xyoos rov hauv
- Cov niam txiv thiab cov neeg saib xyuas cov me nyuam uas tsis tau muaj hnuv nyoog
- Cov laus 19 txog 64 xyoos
- Cov neeg uas cev xeeb tub

- Cov laus hnuv nyoog 65 xyoos lossis laus dua
- Tus me nyuam muaj hnuv nyoog 21 xyoos rov hauv
- Cov neeg uas cev xeeb tub
- Cov niam txiv/Tus txheeb ze uas saib xyuas ib tug me nyuam uas muaj hnuv nyoog tsim nyog
- Tus laus lossis tus me nyuam hauv ib lub tsev tu cov mob mus ntev
- Tus neeg uas tau Medicare
- Dig muag lossis xiam oob qhab



Cov cai txog cuab tam:



Tsis muaj kev txwv txog cuab tam.

- Yuav tsum tau qhia thiab muab pov thawj txog cov cuab tam xws li tsheb, cov as khauj tim tuam txhab tso nyiaj, lossis cov tsev xauj
- Muaj kev txwv rau qhov uas seb muaj khoom ntau npaum li cas hauv tsev neeg

Rau ob qho MAGI thiab Non-MAGI:

- Lub nroog lub chav fai hauv zos yuav xyuas cov lus qhia hauv koj daim ntawv thov kev pab. Tej zaum koj yuav tau muab pov thawj ntxiv.
 - Koj yuav tsum tau nyob hauv California.
 - Cov neeg xam xaj Mis Kas lossis cov neeg thov nkag tam sim no raug cai yuav tsum tau muab lawv tus SSN.
 - Koj yuav tsum tau thov cov nyiaj uas tej zaum koj yuav tsim nyog tau xws li nyiaj poob haujlwm (unemployment benefits) thiab Xeev Txoj Kev Tuav Pov Hwm Rau Kev Tsis Taus (State Disability Insurance).
 - Koj yuav tsum tau ua raws li cov kev tswj hwm kev kho mob* uas yuav:
 - Xyuas seb leej txiv yog leej twg rau ib tug me nyuam lossis rau cov me nyuam uas yug sab nraum txoj kev sib yuav.
 - Tau txais kev pab them nqi kho mob rau ib tug me nyuam lossis cov me nyuam uas nrog niam txiv tsis nyob nrog lawm.
- *Yog koj xav tias koj muaj laj thawj (good reason) zoo es yuav tsis ua raws li txoj cai no, hu rau koj lub nroog lub chav fai hauv zos.*



Kuv Yuav Thov Li Cas?

Koj tuaj yeem thov Medi-Cal txhua lub sij hawm ntawm lub xyoo los ntawm kev xa ntawv, hauv xov tooj, fev, lossis email. Koj tuaj yeem thov online lossis mus thov tim ntsej tim muag.

Koj tsuas thov tau Covered California rau qee lub sij hawm xwb. Yog xav paub seb koj yuav thov tau thaum twg, mus rau ntawm www.coveredca.com lossis hu **1-800-771-2156 (TTY 1-888-889-4500)**.

Hauv kev xa ntawv:

Koj thov tau Medi-Cal thiab Covered California nrog Ib Daim Ntawv Thov Kev Pab Rau Txhua Yam (Single Streamlined Application). Koj yuav tau daim ntawv thov kev pab ua Lus As Nkiv thiab lwm hom lus ntawm: <http://dhcs.ca.gov/mymedi-cal>. Xa cov ntawv thov kev pab uas teb meej mus rau koj lub nroog lub chav fai hauv zos.

Nrhiav koj lub nroog lub chav fai hauv zos qhov chaw nyob ntawm:
<http://dhcs.ca.gov/mymedi-cal>

Koj tseem yuav xa tau cov ntawv thov kev pab mus rau:
Covered California
P.O. Box 989725
West Sacramento, CA 95798-9725

Thov kev pab hauv xov tooj, fev, lossis email:

Hu rau koj lub nroog lub chav fai hauv zos. Koj yuav nrhiav tau tus xov tooj nyob hauv lub vas sab (web) ntawm <http://dhcs.ca.gov/mymedi-cal> lossis hu rau Covered California ntawm **1-800-771-2156**.

Thov online ntawm:

www.benefitscal.com

LOSSIS

www.coveredca.com

Tim ntsej tim muag:

Nrhiav koj lub nroog lub chav fai hauv zos ntawm: <http://dhcs.ca.gov/mymedi-cal>. Koj yuav tau kev pab thov.

Koj tseem yuav nrhiav tau Covered California Tus Kws Pab Ua Ntaub Ntawv Rau Npe Uas Tau Kev Pom Zoo (Certified Enrollment Counselor) lossis Tus Muag Kev Tuav Pov Hwm (Insurance Agent) ntawm www.CoveredCA.com/get-help/local/.

Yuav Siv Sij Hawm Ntev Npaum Li Cas Los Lis Kuv Daim Ntawv Thov Kev Pab?

Nws yuav siv txog 45 hnuv los lis koj daim ntawv thov Medi-Cal. Yog tias koj thov Medi-Cal nrog kev xiam oob qhab, tej zaum nws yuav siv sij hawm txog 90 hnuv. Koj lub nroog lub chav fai hauv zos lossis Covered California yuav xa ib tsab ntawv qhia txog kev txiav txim tuaj rau koj. Tsab ntawv no yog hu ua "Tsab Ntawv Qhia Txog Kev Txia Txim (Notice of Action)." Yog tias koj tsis tau txais ib tsab ntawv li ntawm 45 lossis 90 hnuv, koj thov tau kom muaj "Xeev Rooj Plaub Hais Qhov Ncaj Ncees (State Fair Hearing)." Koj tseem yuav thov tau kom muaj lub rooj hais plaub yog tias koj tsis pom zoo txog txoj kev txiav txim. Yog xav paub ntxiv, nyeem "Kev thov hais dua thiab cov cai hais plaub" nyob rau nplooj 23.

Kuv Yuav Siv Kuv Cov Medi-Cal Cov Kev Pab Li Cas?



Medi-Cal them rau feem ntau cov kev pab kho mob uas tsim nyog yuav tau kho. Qhov no muaj xws li cov kev mus ntsib kws kho mob thiab kws kho hniav, cov tshuaj kws kho mob sau los yuav, kev kho qhov muag, phiaj xwm tsev neeg, kev pab rau txoj kev nyuab siab thiab kev kho txoj kev quav yeeb tshuaj lossis dej caw. Medi-Cal tseem them rau tsheb thauj mus los rau cov kev pab no. Nyeem ntxiv hauv “Covered Benefits” nyob rau nplooj 14.

Thaum uas pom zoo rau koj lawm, koj yuav siv tau Medi-Cal cov txiaj ntsig kev pab tam sim ntawd. Cov neeg tau kev pab tshiab uas tau pom zoo rau Medi-Cal yuav tau Medi-Cal Daim Khaj Qhia Tias Tau Kev Pab (Benefits Identification Card-BIC). Koj cov kws kho mob thiab cov kws kho hniav yuav xav tau koj daim (Benefits Identification Card-BIC) mas thiaj li muab tau cov kev pab rau koj thiab xa tau cov nqi mus rau Medi-Cal. Cov neeg tau kev pab tshiab thiab cov uas thov ib daim khaj tshiab yuav tau BIC daim khaj ua tshiab uas muaj California lub paj. Yuav siv tau BIC ob daim qauv uas nyob rau ntawm no:



Thov hu rau koj lub nroog lub chav fai hauv zos yog tias:

- Koj tsis tau koj daim BIC
- Koj daim BIC xiam lawm
- Koj daim BIC muaj cov ntaub ntawv tsis raug
- Koj daim BIC raug nyiag lawm

Thaum xa ib daim BIC tshiab tuaj rau koj, koj yuav siv tsis tau koj daim BIC qub lawm.

Koj yuav tau tus xov tooj rau koj lub nroog lub chav fai hauv zos ntawm:

<http://dhcs.ca.gov/mymedi-cal>

lossis hu rau:

1-800-541-5555 (TTY 1-800-430-7077)

Kuv Yuav Mus Cuag Ib Tug Kws Kho Mob Li Cas?

Cov neeg feem coob uas nyob hauv Medi-Cal mus cuag kws kho mob los ntawm Medi-Cal Managed Care txoj kev pab them nqi. Cov kev pab them nqi no nws zoo ib yam li cov kev pab them nqi kho mob uas neeg yuav. Nyeem ntxiv txog txoj kev pab kho mob uas koom ua ke pib nplooj tom ntej no mus.

Tej zaum nws yuav siv sij hawm li ob peb as thiv mas thiaj li muab koj tso tau rau ib qho Medi-Cal Managed Care txoj kev pab them nqi. Thaum koj xub rau npe rau Medi-Cal, lossis yog tias koj muaj ib qho teeb meem tshwj xeeb, tej zaum koj yuav tau mus cuag ib tug kws kho mob los ntawm “Nqi-Raws-Kev-Pab Medi-Cal.”

Nqi-Raws-Kev-Pab Medi-Cal Yog Dab Tsi?

Nqi-Raws-Kev-Pab yog ib txoj kev uas Medi-Cal them cov kws kho mob thiab lwm cov kws saib xyuas kho mob. Thaum koj xub rau npe rau Medi-Cal, koj yuav tau koj cov kev pab los ntawm Nqi-Raws-Kev-Pab Medi-Cal kom txog thaum uas koj rau npe koom hauv txoj kev pab kho mob uas koom ua ke.

Ua ntej koj tau kev pab kho mob lossis kho hniav, nug seb tus kws saib xyuas mob puas txais Medi-Cal Nqi-Raws-Kev-Pab. Tus kws saib xyuas mob muaj cai tsis kam txais Medi-Cal cov neeg mob. Yog tias koj tsis qhia rau tus kws saib xyuas mob tias koj tau Medi-Cal, tej zaum koj yuav tau them rau cov nqi kho mob lossis kho hniav koj tus kheej.

Them Cov Nqi Kho Mob lossis Kho Hniav Li Cas hauv Nqi-Raws-Kev-Pab Txoj Kev Pov Hwm?

Koj tus kws saib xyuas mob yuav siv koj daim BIC kom paub tseeb tias koj yeej tau Medi-Cal. Koj tus kws saib xyuas mob yuav paub seb Medi-Cal puas them rau txoj kev kho mob lossis kho hniav. Qee zaus koj yuav tau them rau “tus nqi koom them” rau ib txoj kev kho mob. Tej zaum koj yuav tau them \$1 txhua zaus koj tau kev pab kho mob lossis kho hniav lossis cov tshuaj uas kws kho mob sau los yuav. Tej zaum koj yuav tau them \$5 yog tias koj mus rau tim tsev kho mob loj chav kho mob thaum muaj xeeb ceev thaum uas koj tsis tim tsum kev pab kho mob thaum muaj xwm ceev. Cov neeg txais txiaj ntsig tau tso npe rau koom hauv saib xyuas txoj kev npaj uas koom ua kev tsis tau them tus nqi koom them.

Muaj qee cov kev pab uas Medi-Cal yuav tsum tau tso cai ua ntej koj yuav txais tau. Saib nplooj 10 rau cov lus qhia ntxiv.

Kuv Yuav Tau Txais Cov Kev Pab Kho Mob lossis Kho Hniav Li Cas Thaum Kuv Yuav Tau Them Sib Koom Them Nqi (SOC)?

Tej cov Non-MAGI Medi-Cal cov kev pab cuam kom koj yuav tsum tau them SOC. Tsab Ntawv Qhia Txog Kev Txiaj Txim uas koj tau tom qab pom zoo rau koj tau Medi-Cal yuav qhia rau koj yog tias koj muaj SOC.

Medi-Cal yuav qhia rau koj yog tias koj muaj SOC. Koj qhov SOC yog tus nqi uas koj yuav tsum tau them lossis pom zoo them rau tus kws saib xyuas kev noj qab haus huv thiab kho hniav ua ntej Medi-Cal pib them rau lawv.

Tus nqi SOC rov pib dua txhua lub hli. Koj tsuas tau them rau koj qhov SOC nyob rau lub hlis thaum koj tau txais kev pab kho mob thiab/lossis kho hniav. Tus SOC yog them rau tus kws saib xyuas kev noj qab haus huv lossis kho hniav. Qhov nyiaj them no tsis yog them rau Medi-Cal lossis Lub Xeev. Tej zaum tus kws saib xyuas kev noj qab haus huv cia koj them rau cov kev pab lwm hnuv es tsis yog ua tib zaug them tag nrho. Hauv tej lub nroog, yog tias koj muaj SOC koj tuaj yeem tsis tso npe rau hauv koom hauv saib xyuas.

Yog tias koj them rau cov kev pab cuam saib xyuas kev noj qab haus huv los ntawm ib tus neeg tsis lees txais Medi-Cal, koj yuav suav tau cov kev them nqi ntawd rau koj qhov SOC. Koj yuav tsum tau nqa cov lis xij ntawm cov nqi kho mob mus rau koj lub nroog lub chav fai hauv zos. Lawv yuav ntxiv qhov khab nias nyiaj ntawd rau koj qhov SOC.

Tej zaum koj yuav txo tau cov SOC rau cov hli tom ntej no yog tias koj muaj cov nqi kho mob uas tsis tau them. Nug koj lub nroog lub chav fai hauv zos seb koj cov nqi puas tsim nyog.

Medi-Cal Managed Care Yog Dab Tsi?

Medi-Cal Managed Care yog ib txoj kev tswj zoo los pab kom koj tau txoj kev kho mob uas zoo tshaj plaws thiab noj qab nyob zoo.

“Medi-Cal Managed Care pab koj nrhiav cov kws kho mob, cov chaw nqa tshuaj thiab cov kev pab cuam qhia txog txoj kev noj qab haus huv.”

Cov neeg feem coob yuav tsum tau rau npe rau koom hauv tswj kev npaj saib xyuas txoj kev pab, tshwj tsis yog tias koj muaj raws li tej yam lossis tsim nyog rau ib qho kev zam. Koj cov kev xaiv txog txoj kev npaj saib xyuas noj qab haus huv mas nws nyob ntawm seb koj nyob hauv lub nroog twg. Yog tias koj lub nroog muaj ntau txoj kev npaj saib xyuas noj qab haus huv, koj yuav tau xaiv ib lub uas haum rau koj thiab koj tsev neeg cov kev xav tau.

Txhua Medi-Cal Managed Care txoj kev pab hauv txhua lub nroog muaj tib yam kev pab. Koj tuaj yeem tau txais cov npe ntawm cov koom hauv tswj kev npaj saib xyuas txoj kev pab ntawm <http://dhcs.ca.gov/mymedi-cal>. Koj xaiv tau ib tug kws kho mob uas ua haujlwm nrog koj txoj kev npaj saib xyuas los ua koj tus thawj kws kho mob. Lossis koj txoj kev npaj saib xyuas yuav xaiv tau ib tug thawj kws kho mob sawv cev rau koj. Koj tuaj yeem xaiv Medi-Cal tsev neeg npaj saib xyuas muab kev pab ntawm koj xaiv, suav rau ib tus nyob sab nraum koj txoj kev npaj. Hu rau koom hauv tswj kev npaj saib xyuas txoj kev pab yog xav paub ntxiv.

Koom hauv tswj saib xyuas kev npaj kho mob tseem muaj:

- Tswj kev kho mob
- Cov kev xa mus cuag cov kws kho mob tshwj xeeb
- 24-teev tus xov tooj muab tswv yim los ntawm kws ntsuam mob
- Cov chaw teb xov tooj muab kev pab neeg

Medi-Cal yuav tsum pom zoo rau tej cov kev pab ua ntej koj yuav tau txais cov kev pab ntawd. Tus kws saib xyuas mob yuav paub thaum uas koj yuav tsum tau kev tso cai ua ntej. Feem ntau kws kho mob cov kev pab thiab cov kev mus tim tsev kho mob tsis muaj kev txwv. Tsis tas tau kev tso cai. Nrog koj tus kws kho mob tham txog koj txoj kev npaj kho mob thiab cov sij hawm teem tseg.

Kuv Yuav Rau Npe Li Cas Rau Hauv Koom Hauv Medi-Cal Managed Care Txoj Kev Pab?

Yog tias koj nyob hauv ib lub nroog uas muaj ntau tshaj ib txoj kev xaiv, koj yuav tsum tau xaiv txoj kev npaj saib xyuas noj qab haus huv li ntawm 30 hnub thaum pom zoo rau koj tau Medi-Cal. Koj yuav tau txais ib pob ntawv uas muaj cov lus qhia tuaj rau koj. Nws yuav qhia rau koj txog kev npaj saib xyuas noj qab haus huv uas muaj nyob hauv koj lub nroog. Pob ntawv tseem yuav qhia rau koj seb yuav rau npe li cas hauv koom hauv tswj kev npaj saib xyuas txoj kev pab uas koj xaiv. Yog tias koj tsis xaiv ib txoj kev npaj saib xyuas noj qab haus huv li ntawm 30 hnub thaum pom zoo rau koj tau Medi-Cal, lub Xeev yuav xaiv ib txoj kev pab saib xyuas noj qab haus huv rau koj.

Thov tos koj pob ntawv qhia txog kev npaj saib xyuas noj qab haus huv hauv txev xa ntawv.

“Yog tias koj lub nroog tsuas muaj tib txoj kev npaj saib xyuas noj qab haus huv xwb, lub nroog xaiv txoj kev pab rau koj.”

Yog tias koj nyob hauv Lub **Nroog San Benito**, tsuas muaj tib txoj kev npaj saib xyuas noj qab haus huv xwb. Koj yuav tau rau npe koom rau hauv txoj kev npaj saib xyuas noj qab haus huv no. Lossis koj yuav xaiv tau qhov nyob twj ywm hauv Nqi-Raws-Kev-Pab Medi-Cal.

Yog tias koj lub nroog muaj ntau tshaj ib txoj kev npaj saib xyuas noj qab haus huv, koj yuav tsum tau xaiv ib txoj uas haum rau koj thiab koj tsev neeg xav tau.

Yog xav saib seb muaj cov kev npaj saib xyuas noj qab haus huv li cas hauv koj lub nroog, mus rau ntawm <https://www.healthcareoptions.dhcs.ca.gov/>

Kuv Yuav Rho Npe Tawm Li Cas, Thov Kev Zam ntawm Txoj Kev Yuav Tsum Tau Rau Npe Koom, lossis Hloov Kuv Qho Medi-Cal Managed Care Txoj Kev Pab?

Cov neeg tau Medi-Cal feem coob yuav tsum tau rau npe rau koom hauv Medi-Cal Managed Care txoj kev pab. Yog tias koj rau npe koom rau hauv ib txoj kev pab them nqi kho mob **raws kev xaiv**, koj yuav rho npe tawm tau txhua lub sij hawm. Yog xav rho npe tawm, hu rau Health Care Options ntawm **1-800-430-4263**.

Thaum koj lub nroog muaj ntau tshaj ib txoj kev pab them nqi, koj yuav hu tau rau Health Care Options yog tias koj xav hloov koj txoj kev pab kho mob uas koom ua ke txoj kev pab them nqi kho mob.

Yog tias koj tau kev kho mob los ntawm Nqi-Raws-Kev-Pab Medi-Cal tus kws kho mob, tej zaum koj yuav tsim nyog rau kev zam ib ntus ntawm qhov uas yuav tsum tau rau npe koom rau hauv Medi-Cal Managed Care txoj kev pab them nqi. Nqi-Raws-Kev-Pab tus kws kho mob yuav ua tsis tau ib feem ntawm Medi-Cal Managed Care txoj kev pab them nqi hauv koj lub nroog. Tus kws kho mob yuav tsum tau kho koj rau tej yam mob nyuaj uas yuav mob loj tuaj yog tias koj yuav tau hloov mus rau lwmm tus kws kho mob.

Nug koj tus kws kho mob seb nws puas yog ib feem hauv Medi-Cal Managed Care txoj kev pab them nqi hauv koj lub nroog. Yog tias koj tus kws kho mob tsis yog ib feem ntwam Medi-Cal Managed Care txoj kev pab them nqi hauv koj lub nroog, koj tus kws kho mob yuav teb tau ib daim ntwam nrog koj uas thov kom zam ntwam txoj kev rau npe koom hauv Medi-Cal txoj kev pab kho mob uas koom ua ke txoj kev pab them nqi.

Koj tus kws kho mob yuav tsum tau kos npe rau daim ntwam, muab pov thawj nrog, thiab muab daim ntwam xa mus lossis xa hauv xov tooj xa ntwam mus rau Health Care Options. Lawv yuav soj ntsuam thiab txiav txim seb koj puas tsim nyog rau txoj kev zam ib ntus ntwam kev rau npe koom rau hauv Medi-Cal Managed Care txoj kev pab them nqi. Koj yuav nrhiav tau daim ntwam thiab cov lus qhia ua ntwam

<http://dhcs.ca.gov/mymedi-cal>.

Yog tias koj muaj lus nug, hu rau **1-800-430-4263**.

Yuav Ua Li Cas Yog Tias Kuv Muaj Lwm Yam Pov Hwm Txoj Kev Pab Them Nqi Kho Mob?

Txawm tias koj muaj lwm txoj kev pab them nqi kho mob xws li kev tuav pov hwm kho mob los ntwam koj qhov chaw ua haujlwm los, tej zaum koj tseem yuav tsim nyog rau Medi-Cal. Yog tias koj tsim nyog, Medi-Cal yuav pab them rau cov nqi uas koj thawj qhov kev tuav pov hwm tsis them. Nyob rau hauv nom tswv teb chaws txoj cai, yuav tsum tau xa cov nqi mus rau Medi-Cal cov neeg tau kev pab ntwam daim ntwam tuav pov hwm kho mob ua ntej tso mam li xa cov nqi mus rau Medi-Cal.

Nom tswv teb chaws thiab xeev txoj cai kom Medi-Cal cov neeg tau kev pab yuav tsum tau qhia txog daim ntwam tuav pov hwm kho mob uas yuav sab nraud. Yog xav qhia txog lossis hloov daim ntwam tuav pov hwm kho mob uas yuav sab nraud, mus rau ntwam <http://dhcs.ca.gov/mymedi-cal> lossis hu rau **1-800-541-5555 (TTY 1-800-430-7077)**.

Tawm sab nraum California, hu rau **1-916-636-1980**.

Koj tseem yuav tsum tau qhia mus rau koj lub nroog lub chav fai hauv zos thiab koj tus kws kho mob. Yog tias koj tsis qhia txog daim ntwam tuav pov hwm kho mob uas yuav sab nraud uas koj muaj, koj sam sim ua txhaum cai.

Kuv Puas Yuav Tau Medi-Cal Cov Kev Pab Thaum Kuv Tsis Nyob Hauv California?

Thaum koj tawm sab nraum California lawm, nqa koj daim BIC lossis pov thawj tias koj rau npe koom rau hauv Medi-Cal txoj kev pab them nqi kho mob. Medi-Cal yuav pab rau qee yam, xws li thaum muaj xwm ceev vim kev huam yuaj, kev raug mob lossis muaj mob loj. Tshwj tsis yog rau cov xwm ceev, koj txoj kev pab kho mob uas koom ua ke txoj kev pab them nqi yuav tsum tau tso cai rau cov kev pab kho mob uas tawm sab nraum lub xeev ua ntej koj tau kev pab. Yog tias tus kws kho mob yuav tsis kam txais Medicaid, koj yuav tau them cov nqi kho mob rau cov kev pab cuam koj tau txais sab nraud California. Nco ntsoov: muaj ntau cov kws kho mob uas raus tes rau hauv txoj kev kho mob thaum muaj xwm ceev. Piv txwv li, tus kws kho mob uas kho koj tej zaum txais Medicaid tiam sis qhov chaw yees duab x-ray ho tsis txais. Ua haujlwm nrog koj txoj kev pab kho mob uas koom ua ke txoj kev pab them nqi kom txo tau qhov uas koj yuav tau them. Tus kws kho mob yuav tsum tau xub xyuas ua ntej seb koj puas tsim nyog uas hu rau **1-916-636-1960**.

Yog tias koj nyob ze ntwam ciam teb California thiab tau kev kho mob hauv lwm lub xeev, tej co cai no mas tsis siv rau koj. Yog xav paub ntxiv, hu rau koj lub Medi-Cal Managed Care txoj kev pab them nqi.

“**Koj yuav tsis tau Medi-Cal yog tias koj tsiv tawm hauv California lawm. Tej zaum koj yuav thov tau Medicaid hauv lub xeev uas koj tsiv mus rau.**”

Yog tias koj tsiv mus rau ib lub nroog tshiab hauv California, koj yuav tsum tau qhia rau lub nroog koj nyob lossis lub nroog uas koj yuav mus rau. Qhov no mas yog los ua kom koj tau Medi-Cal cov kev pab txuas mus. Koj yuav tsum tau qhia rau koj lub nroog lub chav fai hauv zos li ntwam 10 hnuv thaum tsiv mus rau ib lub nroog tshiab.

Kuv Yuav Tsum Ua Li Cas Yog Tias Kuv Teem Tsis Tau Sij Hawm lossis Lwm Cov Kev Kho Mob Uas Kuv Xav Tau?

Medi-Cal Managed Care Chaw haujlwm muab kev pab cuam los ntawm tsoom fww nom tswv pab daws ib co teeb meem uas nws ua tus nyob nruab nrab. Lawv xyuas kom koj tau tag nrho cov kev pab uas kam them uas yuav tsum tau.

Lub Chaw haujlwm Muab Kev Pab Cuam Los Ntawm Tsoom Fww Nom Tswv:

- Pab daws teeb meem ntawm Medi-Cal Managed Care cov tswv cuab thiab txoj kev pab kho mob uas koom ua ke cov kev pab them nqi yam uas tsis tuaj ib leej twg tog
- Pab daws teeb meem ntawm Medi-Cal cov neeg tau kev pab thiab lub nroog txoj kev pab rau kev nyuab siab yam uas tsis tuaj ib leej twg tog
- Tshawb fawb txog cov kev tsis txaus siab los ntawm tus tswv cuab txog txoj kev pab kho mob uas koom ua ke cov kev pab them nqi thiab lub nroog txoj kev pab rau kev nyuab siab
- Pab cov tswv cuab txog kev rau npe sai thiab cov teeb meem txog kev rho npe tawm
- Pab Medi-Cal cov neeg tau kev pab kom tau Medi-Cal cov kev pab tshwj xeeb txog kev nyuab siab
- Muab cov lus qhia thiab cov kev xa mus cuag
- Qhia txog cov kev uas yuav ua tau Medi-Cal Managed Care kom zoo zog
- Qhia cov tswv cuab txog seb yuav saib Medi-Cal Managed Care thiab txoj kev pab tshwj xeeb txog kev nyuab siab li cas

Yog xav paub ntxiv txog Chaw haujlwm muab kev pab cuam los ntawm tsoom fww nom tswv, koj hu tau rau:

1-888-452-8609

lossis mus rau ntawm:

<http://dhcs.ca.gov/mymedi-cal>

Medi-Cal Ua Haujlwm Li Cas Yog Tias Kuv Twb Tau Medicare Lawm?

Coob tus neeg laus uas muaj hnuv nyoog 65 xyoos lossis laus dua ntawd lossis cov neeg uas xiam oob qhab mas tsim nyog rau Medi-Cal thiab Medicare tib si. Yog tias koj tsim nyog rau tag nrho ob txoj kev pab cuam, koj yuav tau koj cov kev pab kho mob thiab cov tshuaj kws kho mob sau los yuav feem ntau los ntawm Medicare. Medi-Cal muaj cov kev pab mus ntev thiab txhawb nqa xws li kev tu mob hauv tsev thiab cov kev pab hauv tsev thiab hauv lub zej zos.

“**Medi-Cal kam them rau tej co kev pab uas Medicare tsis kam them.**”

Tej zaum Medi-Cal tseem them rau koj cov nqi yuav Medicare thiab.

Medicare Kev Pab Cuam Them Tus Nqi Yuav (Premium Payment Buy-In Program) yog dab tsi?

Medicare Kev Pab Cuam Them Tus Nqi Yuav (Premium Payment Program), tseem hu ua Medicare Yuav (Buy-In) thiab, cia Medi-Cal them cov nqi yuav Medicare Ntu A (Them Nqi Tim Tsev Kho Mob) thiab/lossis Ntu B (Them Nqi Kho Mob) rau Medi-Cal cov tswv cuab thiab lwm tus neeg uas tsim nyog rau Medi-Cal tej co kev pab cuam.

Medicare Kev Pab Cuam Txuag Nyiaj (Savings Program-MSP) yog dab tsi?

Medicare Cov Kev Pab Cuam Txuag Nyiaj (Savings Programs) tej zaum yuav them rau Medicare Ntu A thiab Medicare Ntu B feem uas them ua ntej (deductibles), koom them nrog ntawv tuav pov hwm (co-insurance) thiab feem yus nrog them (co-payments) yog tias koj muaj raws li qee yam. Thaum koj thov Medi-Cal, koj lub nroog yuav soj ntsuam seb koj puas tsim nyog rau txoj kev pab cuam no. Tej co neeg uas tsis tsim nyog rau Medi-Cal cov kev pab txhua yam mas tej zaum tseem yuav tsim nyog rau MSP.

Yog Tias Kuv Siv Medicare Tus Kws Kho Mob, Kuv Puas Yuav Tau Them Medicare Koom Them Nrog Ntawv Tuav Pov Hwm?

Tsis tau. Yog tias koj tsim nyog rau MSP koj yuav tsis tau koom them nrog ntawv tuav pov hwm (co-insurance) lossis feem uas them ua ntej (deductibles). Yog tias koj tau txais ib daim nqi los ntawm koj tus Medicare kws kho mob, hu rau koj lub Medi-Cal Managed Care txoj kev pab them nqi lossis hu rau **1-800-MEDICARE**.

Yog Tias Kuv Tau Medicare, Kuv Puas Yuav Tsum Tau Siv Cov Kws Kho Mob thiab Lwm Cov Kws Kho Mob Uas Txais Medi-Cal?

Tsis tau. Koj yuav siv tau Medicare tus kws kho mob twg los tau, txawm tias tus kws kho mob ntawd tsis txais Medi-Cal lossis tsis yog ib feem ntawm koj qhov Medi-Cal Managed Care txoj kev pab them nqi. Tej co Medicare kws kho mob yuav tsis txais koj ua ib tug neeg mob.

Koj puas paub?



Medi-Cal qhia txog kev pub niam mis rau me nyuam noj ua ib feem ntawm Kev Xeeb Me Nyuam thiab Kev Tu Me Nyuam Mos Liab.



Koj tsim nyog rau kev soj ntsuam qhov muag ib zaug txhua 24 lub hlis.



Yog xav paub ntxiv txog seb muaj dab tsi, mus xyuas ntawm:
<http://dhcs.ca.gov/mymedi-cal>



Medi-Cal Cov Kev Pab Uas Kam Them

Medi-Cal muaj ib co kev pab hu ua Cov Kev Pab Kho Mob Uas Tseem Ceeb (Essential Health Benefits). Yog xav paub seb puas kam them rau ib txoj kev pab twg, nug koj tus kws kho mob lossis txoj kev pab them nqi kho mob. Cov Kev Pab Kho Mob Uas Tseem Ceeb muaj:

- Cov kev pab uas tsis pw tim tsev kho mob, xws li mus soj ntsuam mob tom tus kws kho mob lub chav fai
- Cov kev pab thaum muaj xwm ceev
- Kev raug pw tim tsev kho mob
- Kev xeeb me nyuam thiab kev tu me nyuam mos liab
- Cov kev pab txog kev nyuab siab
- Cov kev pab rau kev quav yeeb tshuaj, xws li kev pab rau kev quav yeeb tshuaj lossis dej caw
- Cov tshuaj kws kho mob sau los yuav
- Cov kev pab soj ntsuam roj ntsha, xws li soj ntsuam ntshav
- Cov kev pab cuam xws li kev pab qoj kom ib ce muaj zog (hu ua kev pab kom rov zoo li qub thiab cov kev pab kom paub siv) thiab cov khoom kho mob thiab cov twj xws li cov rooj zaum cab thiab cov taub cua
- Cov kev pab tiv thaiv thiab kev pab kom zoo neej
- Kev tswj cov mob mus ntev
- Cov kev pab rau me nyuam yaus, nrog rau kev soj ntsuam hniav thiab qhov muag
- Cov kev pab tu hauv tsev thiab lwm cov kev pab mus ntev

Kev Pab Txoj Kev Quav Yeeb Tshuaj (Substance Use Disorder Program)

Medi-Cal muaj cov kev pab uas pw lossis tsis pw tim tsev kho mob kho txoj kev quav yeeb tshuaj lossis dej caw. Qhov no tseem hu ua txoj kev pab rau kev quav yeeb tshuaj. Qhov chaw kho mas nyob ntawm hom kev pab kho uas koj xav tau. Cov kev pab muaj:

- Kev Pab Uas Tsis Pw Kho Mob Uas Tsis Siv Tshuaj (kev tawm tswv yim ua ib pab thiab/lossis ib leeg)
- Kev Pab Hnyav Uas Tsis Pw Kho Mob (cov kev pab tawm tswv yim ua ib pab uas yam tsawg peb teev tauj ib hnuv, peb hnuv tauj ib as thiv)
- Kev Kho Mob Hauv Chaw Nyob (cov kev pab kho kom rov zoo thaum uas nyob hauv lub tsev kho mob)
- Kev Pab Txiaiv Yeeb (xws li methadone)

Tej lub nroog muaj ntau cov kev kho mob thiab cov kev pab kom rov zoo los. Qhia rau koj cov kws kho mob txog koj tus mob kom lawv thiaj li xa tau koj mus rau txoj kev kho mob uas yog rau koj. Tej zaum koj tseem yuav xav xa koj tus kheej mus rau lub koom haum muab kev pab kho mob uas ze ntawm koj. Lossis hu rau Kev Quav Yeeb Tshuaj tus xov tooj xa mus uas tsis yog xwm ceev ntawm **1-800-879-2772**.

Medi-Cal Txoj Kev Pab Cuam Them Nqi Kho Hniav (Medi-Cal Dental Program)

Kev muaj hniav zoo yog ib feem tseem ceeb ntawm txoj kev noj qab haus huv. Medi-Cal Txoj Kev Pab Cuam Them Nqi Kho Mob (Medi-Cal Dental Program) kam them rau ntau cov kev pab kom koj cov hniav nws noj qab nyob zoo. Koj yuav tau cov kev pab kho hniav sai li sai tau thaum pom zoo rau koj tau Medi-Cal lawm.

Koj yuav mus xyuas tau cov kev pab kho hniav thiab lwm cov chaw muab kev pab ntawm <http://dhcs.ca.gov/mymedi-cal>. Lossis, koj yuav hu tau rau **1-800-322-6384 (TTY 1-800-735-2922)** Zwj Hli (Monday) txog Zwj Kuab (Friday) thaum 8:00 sawv ntxov txog 5:00 tsaus ntuj.

Kuv Yuav Tau Medi-Cal Cov Kev Pab Kho Hniav Li Cas?

Medi-Cal Txoj Kev Pab Cuam Them Nqi Kho Hniav (Medi-Cal Dental Program) muaj ob txoj kev muab kev pab. Ib txoj yog Kev Pab Kho Hniav Uas Them Tus-Nqi-Raws-Kev-Pab (Fee-for-Service) thiab koj yuav tau qhov no thooob plaws hauv California. Kev Pab Kho Hniav Uas Them Tus-Nqi-Raws-Kev-Pab (Fee-for-Service) nws zoo tib yam li Medi-Cal Tus-Nqi-Raws-Kev-Pab (Fee-for-Service). Ua ntej koj yuav tau cov kev pab kho hniav, koj yuav tsum tau muab koj daim khaj BIC rau qhov chaw kho hniav saib thiab xyuas kom qhov chaw kho hniav nws kam txais Kev Pab Kho Hniav Uas Them Tus-Nqi-Raws-Kev-Pab (Fee-for-Service).

Lwm txoj kev uas Medi-Cal muab cov kev pab kho hniav yog los ntawm Txoj Kev Pab Kho Hniav Uas Koom Ua Ke (Dental Managed Care-DMC). Tsuas muaj DMC hauv lub Nroog Los Angeles thiab hauv lub Nroog Sacramento xwb. DMC cov kev pab them nqi them rau cov kev pab them nqi kho hniav tib yam nkaus li Kev Pab Kho Hniav Uas Them Tus-Nqi-Raws-Kev-Pab (Fee-for-Service). DHCS siv peb txoj kev pab kho hniav uas koom ua ke hauv Lub Nroog Sacramento. DHCS tseem muaj ntawv cog lus nrog peb txoj kev pab them nqi kho mob uas them nyiaj ua ntej hauv Lub Nroog Los Angeles. Cov kev pab them nqi no muaj cov kev pab kho hniav rau cov neeg uas tau Medi-Cal.

Yog tias koj nyob hauv Lub Nroog Sacramento, koj yuav tsum tau rau npe koom rau hauv DMC. Qee zaus, tej zaum koj yuav tsim nyog rau ib qho kev zam uas tsis rau npe koom rau hauv DMC los tau.

Yog xav paub ntxiv, mus rau ntawm Health Care Options ntawm <http://dhcs.ca.gov/mymedi-cal>.

Hauv Lub Nroog Los Angeles, koj yuav nyob tau hauv Kev Pab Kho Hniav Uas Them Tus-Nqi-Raws-Kev-Pab (Fee-for-Service) lossis koj xaiv tau DMC txoj kev pab cuam. Yog xav xaiv lossis hloov koj txoj kev pab them nqi kho hniav, hu rau Health Care Options.

Kev Soj Ntsuam Thiab Kev Ntsuam Xyuas Seb Mob Dab Tsi, Kev Kho Mob Thaum Ntxov thiab Ua Ntu Zus Mus (Early and Periodic Screening, Diagnostic and Treatment-EPSTD)

Yog tias koj lossis koj tus me nyuam muaj hnuv nyoog 21 xyoos rov hauv, Medi-Cal them rau cov kev pab uas tiv thaiv ua ntej, xws li cov kev soj ntsuam txoj kev noj qab haus huv li niaj zaus thiab cov kev soj ntsuam. Cov kev mus ntsuam xyuas mob thiab kev soj ntsuam li niaj zaus seb puas muaj mob dab tsi txog koj txoj kev noj qab haus huv, cov hniav, qhov muag, kev hnov lus, thiab kev nyuaj siab, thiab cov kev siv yeeb tshuaj. Koj tseem yuav tau kev pab txhaj tshuaj tiv thaiv kab mob kom koj noj qab nyob zoo. Medi-Cal kam them rau cov kev pab soj ntsuam txhua lub sij hawm uas xav tau, txawm tias nws tsis yog thaum koj mus ntsuam xyuas mob li niaj zaus. Tag nrho cov kev pab no mas muab rau koj yam uas koj tsis tau them dab tsi li.

Cov kev mus kuaj xyuas thiab tshuaj ntsuam mas nws tseem ceeb kom pab tau koj tus me nyuam tus kws kho mob txheeb xyuas tau cov teeb meem thaum ntxov. Thaum pom tias muaj ib qho teeb meem lub sij hawm mus ntsuam xyuas lossis kuaj xyuas, Medi-Cal kam them rau cov kev pab uas tim tsum kom los kho tau lossis txhim kho tau cov kev pab ntawm lub cev lossis lub hlwb lossis kev mob nkeeg. Koj yuav tau cov kev pab ntsuam xyuas seb mob dab tsi thiab cov kev kho mob uas koj tus kws kho mob, lwm tus kws kho mob, tus kws kho hniav, lub nroog tus kws kho hniav, lub nroog txoj kev pab cuam Tiv Thaiv Me Nyuam Txoj Kev Noj Qab Haus Huv thiab Kev Tsis Taus (Child Health and Disability Prevention program-CHDP),

lossis lub nroog tus kws kho mob rau sab kev xav lossis kev koj kuj pwm hais tias koj tim tsim kom koj zoo zog. EPSDT kam them rau cov kev pab no uas koj tsis tau them dab tsi li.

Koj tus kws kho mob tseem yuav qhia rau koj seb yuav rov qab tuaj ntsuam xyuas txoj kev noj qab haus huv, soj ntsuam, lossis kho mob thaum twg. Yog tias koj muaj lus nug txog kev teem sij hawm mus kho mob lossis seb yuav tau kev pab thauj mus kho mob li cas, Medi-Cal yuav pab tau. Hu rau koj qhov Medi-Cal Txoj Kev Pab Kho Mob Uas Koom Ua Ke (Medi-Cal Managed Care Health Plan-MCP). Yog tias koj tsis nyob hauv MCP, koj yuav hu tau rau koj tus kws kho mob lossis lwm tus neeg muab kev pab lossis mus xyuas ntawm <http://dhcs.ca.gov/mymedi-cal> rau kev pab nrhiav tsheb thauj.

Yog xav paub ntxiv txog EPSDT koj hu tau rau **1-800-541-5555**, mus rau ntawm <http://dhcs.ca.gov/mymedi-cal>, hu rau koj lub nroog txoj Kev Pab Cuam CHDP, lossis koj qhov MCP. Yog xav paub ntxiv txog EPSDT cov kev pab rau Txoj Kev Nyuab Siab Tshwj Xeeb lossis Kev Siv Yeeb Tshuaj, hu rau koj lub qhov chaw pab rau txoj kev nyuab siab lossis kev koj kuj pwm.

Cov Kev Pab Thauj Mus Los

Medi-Cal yuav pab thauj tau mus rau cov sij hawm teem mus kho mob, kev nyuab siab, kev quav yeeb tshuaj, lossis kev kho hniav thaum uas Medi-Cal kam them rau cov sij hawm teem tseg ntawd. Cov kev thauj yuav yog kev thauj thaum tsis yog mus kho mob (nonmedical transportation-NMT) lossis kev thauj mus kho mob uas tsis yog ib qho xwm ceev (nonemergency medical transportation-NEMT). Koj tseem yuav siv tau NMT yog tias koj xav mus nqa tshuaj lossis cov khoom kho mob lossis twj.

Yog tias koj mus tau hauv tsheb, npav, tsheb ciav hlau, lossis tsheb ntiav, tab sis tsis muaj lub tsheb thauj mus rau koj lub sij hawm teem caij, NMT tuaj yeem npaj tau.

Yog tias koj rau npe koom hauv ib txoj kev pab them nqi kho mob, hu rau Cov Kev Pab Tus Tswv Cuab kom qhia seb yuav tau NMT cov kev pab li cas.

Yog tias koj tau Nqi-Raws-Kev-Pab, koj yuav ua tau cov nram qab no:

- Hu rau koj lub nroog Medi-Cal lub chav fai es xyuas seb lawv pab puas tau koj kom NMT tuaj tos.

- Yog xav teem ib lub tsheb tuaj tos, koj yuav tsum tau hu rau koj tus kws kho mob Nqi-Raws-Kev-Pab thiab nug txog cov neeg pab thauj mus los hauv koj cheeb tsam. Lossis, koj yuav hu tau NMT cov neeg muab kev pab hauv koj cheeb tsam uas muaj nyob rau ntawm <http://dhcs.ca.gov/mymedi-cal>.

Yog tias koj xav tau ib lub tsheb thauj mob tshwj xeeb thiaj mus tau rau lub sij hawm teem mus kho mob, qhia rau koj tus kws kho mob paub. Yog tias koj nyob hauv ib txoj kev pab them nqi kho mob, koj tseem yuav tiv toj rau koj txoj kev pab them nqi kom lawv teem tsheb tuaj thauj koj. Yog tias koj nyob hauv Nqi-Raws-Kev-Pab, hu rau koj tus kws kho mob. Txoj kev pab them nqi lossis tus kws kho mob yuav txib tau ib qho NEMT xws li lub tsheb thauj uas thauj tau lub rooj zaum cab, ib lub tsheb thauj neeg pw saum txaj lossis zaum hauv laub, ib lub tsheb thauj mob, lossis lub dav hlau thauj mob.

Nco ntsoov thov kom muaj tsheb tuaj thauj kom sai li sai tau ua ntej lub sij hawm teem tseg. Yog tias koj nquag muaj mus kho mob, koj tus kws kho mob lossis chaw them nqi kho mob yuav thov tau kom muaj neeg thauj mus rau tag nrho cov sij hawm teem tseg tom ntej no.

Mus rau ntawm <http://dhcs.ca.gov/mymedi-cal> yog xav paub ntxiv txog cov kev thauj mus los uas NMT cov kws kho mob tau pom zoo.

Cov Kev Pab Txoj Kev Nyuab Siab Tshwj Xeeb

Yog tias koj muaj kev nyuab siab lossis xav tau kev pab rau txoj kev xav uas koj tus kws kho mob kho tsis tuaj yeem kho, muaj cov kev pab kho mob tshwj xeeb txog kev nyuab siab. Ib qho Kev Pab Kho Txoj Kev Nyuab Siab (Mental Health Plan-MHP) muab cov kev pab kho mob tshwj xeeb txog kev nyuab siab. Txhua lub nroog muaj ib qho MHP.

Cov kev pab kho mob tshwj xeeb txog kev nyuab siab mas tej zaum muaj xws li, tiam sis tsis yog tas rau, cov kev pab ib leeg thiab ua ib pab, cov kev muab tshuaj pab, cov kev pab thaum muaj kev kub ntxhov, cov kev tswj ntaub ntawv, cov kev pab hauv tsev thiab tim tsev kho mob, thiab cov kev pab tshwj xeeb los pab cov me nyuam thiab cov hluas.

Yog xav paub ntxiv txog cov kev pab tshwj xeeb txog kev nyuab siab, lossis xav tau cov kev pab no, hu rau koj lub nroog qhov MHP. Koj qhov MHP yuav txiav txim seb koj puas tsim nyog rau cov kev pab tshwj xeeb txog kev nyuab siab. Koj yuav tau MHP tus xov tooj los ntawm Chaw haujlwm muab kev pab cuam los ntawm tsoom fww nom tswv ntawm **1-888-452-8609** lossis mus rau <http://dhcs.ca.gov/mymedi-cal>.

Lwm Cov Kev Pab Cuam & Cov Kev Pab Txog Txoj Kev Noj Qab Haus Huv



California muaj lwm txoj kev pab cuam rau koj cov kev kho mob. Koj yuav thov rau qee tus los ntawm tib lub nroog lub chav fai hauv zos uas saib xyuas Medi-Cal.

Los Ntawm Koj Lub Nroog Lub Chav Fai Hauv Zos

Koj thov tau cov kev pab cuam nram qab no los ntawm tib lub nroog lub chav fai hauv zos uas koj thov Medi-Cal. Koj yuav tau cov xov tooj rau koj lub nroog ntawm <http://dhcs.ca.gov/mymedi-cal> lossis hu rau 1-800-541-5555 (TTY 1-800-430-7077).

Tus Me Nyuam Tu Yav Tas Los (Former Foster Youth)

Yog tias koj tau nrog niam qhuav txiv qhuav nyob hnuv koj muaj 18 xyoo lossis tom qab ntawd, tej zaum koj yuav tau Medi-Cal pub dawb. Txoj kev pab them nqi tej zaum yuav kav kom txog hnuv koj muaj 26 xyoo. Tsis hais seb tau nyiaj li cas. Koj tsis tas yuav teb Medi-Cal daim ntawv thov kev pab lossis qhia txog cov nyiaj tau lossis cov se thaum koj tuaj thov. Rau cov kev pab them nqi tam sim ntawd, hu rau koj lub nroog lub chav fai hauv zos.

Cov Kev Pab Kho Mob Uas Tsis Pub Lwm Tus Paub

Koj thov tau cov kev pab uas tsis pub lwm tus paub yog tias koj muaj hnuv nyoog 21 xyoo rov hauv. Yuav kom tsim nyog, koj yuav tsum:

- Tsis muaj txij nkawm thiab nrog koj niam koj txiv, lossis

- Koj niam koj txiv yuav tsum saib xyuas nyiaj txiag rau koj, xws li yog cov tub ntxhais kawm ntawv

Koj tsis tas yuav tau niam txiv kev tso cai es thiaj li thov tau lossis tau kev pab them nqi. Cov kev pab muaj xws li kev npaj rau tsev neeg thiab kev saib xyuas cev xeeb tub, thiab kev kho cov kev quav yeeb tshuaj lossis dej caw, kab mob sib kis los ntawm kev sib deev, kev tsim txom los ntawm kev sib deev, thiab kev nyuab siab.

250% Kev Pab Cuam Rau Cov Tsis Taus Uas Tseem Ua Haujlwm (Working Disabled Program)

Kev Pab Cuam Rau Cov Tsis Taus Uas Tseem Ua Haujlwm muab Medi-Cal rau cov neeg laus uas xiam oob qhab uas tau nyiaj ntau dua cov neeg uas tau Medi-Cal feem coob. Yog tias koj khwv tau nyiaj xiam oob qhab los ntawm Social Security lossis koj txoj haujlwm yav tas los, tej zaum koj yuav tsim nyog. Qhov kev pab cuam yuav tsum tau them ib tug nqi tsawg txhua hli, li ntawm \$20 mus rau \$250 nyob ntawm koj qhov nyiaj khwv tau. Yuav kom tsim nyog, koj yuav tsum:

- Muaj raws li Social Security lub ntsiab txhais txog kev xiam oob qhab, tau nyiaj xiam oob qhab, thiab tam sim no ho tau me ntsis nyiaj los ntawm kev ua haujlwm
- Muaj raws li cov cai hais txog nyiaj tau hauv txoj kev pab cuam rau cov nyiaj khwv tau thiab cov nyiaj uas tsis yog khwv tau
- Muaj raws li cov cai hauv lwm cov kev pab cuam

Medi-Cal Access Program (MCAP)

MCAP muab nyiaj them nqi kho mob pov hwm txhua yam pheed yig rau cov neeg cev xeeb tub. MCAP tsis muaj feem yus nrog them (copayments) lossis feem uas them ua ntej (deductibles) rau cov kev pab uas nws kam them. Tus nqi tag nrho rau MCAP yog 1.5% ntawm koj cov Nyiaj Tau Hloov Kho Tau Raws Li Cov Nyiaj Tau Los. Piv txwv li, yog tias koj qhov nyiaj tau yog \$50,000 tauj ib xyos, koj tus nqi yuav yog \$750 rau txoj kev pab them nqi. Koj yuav ua tib zaug them tau tag nrho lossis ua 12 lub hlis them. Yog tias koj cev xeeb tub thiab tau kev pab them nqi los ntawm Covered California, tej zaum koj yuav hloov tau mus rau MCAP. Cov me nyuam uas yug rau cov tib neeg uas koom rau hauv MCAP mas tsim nyog rau Medi-Cal Kev Pab Cuam Rau Me Nyuam Mos Liab lossis rau Medi-Cal. Yuav kom tsim nyog rau MCAP, koj yuav tsum:

- Yog ib tug neeg nyob hauv California
- Tsis koom rau hauv Medi-Cal uas tsis them dab tsi li lossis Medicare Ntu A thiab Ntu B thaum lub sij hawm thov kev pab
- Tsis tau kev pab them los ntawm lwm daim ntawv tuav pov hwm kho mob
- Tau nyiaj li hauv txoj kev pab cuam tus qauv qhia txog nyiaj tau

Yog xav paub ntxiv txog MCAP, mus rau ntawm <http://dhcs.ca.gov/mymedi-cal> lossis hu rau 1-800-433-2611.

Cov Kev Pab Hauv Tsev (In-Home Supportive Services-IHSS Program)

IHSS pab them rau cov kev pab kom koj thiaj li nyob tau nyab xeeb hauv koj lub tsev. Yog tias koj tsim nyog rau Medi-Cal, tej zaum koj tseem yuav tsim nyog rau IHSS. Yog tias koj tsis tsim nyog tau Medi-Cal, tej zaum koj tseem yuav tsim nyog rau IHSS yog tias koj muaj raws li lwm yam txog kev tsim nyog. Yog tias koj tau Medi-Cal nrog qhov uas tsis muaj SOC, nws yuav them rau tag nrho koj cov kev pab los ntawm IHSS. Yog tias koj tau Medi-Cal nrog SOC, koj yuav tsum tau muaj raws li koj qhov Medi-Cal SOC ua ntej yuav them rau IHSS cov kev pab. Yuav kom tsim nyog, koj yuav tsum tau muaj yam tsawg **ib** qho nram qab no:

- Hnub nyoo 65 thiab laus dua ntawd
- Dig muag

- Xiam oob qhab (nrog rau cov me nyuam uas xiam oob qhab)
- Muaj ib tug mob mus ntev, ib tug mob tsis taus uas ua rau lub cev tsis haum xeeb mus ntev yam tsawg 12 lub hlis sib law liag lossis xav tias yuav tuag li ntawm 12 lub hlis

IHSS yuav tso cai tau rau cov kev pab xws li:

- Cov kev pab tsev neeg xws li so cov tsee hauv chav ua noj lossis tu chav dej
- Npaj zaub mov
- Ntxhua khaub ncaws
- Mus yuav khoom noj
- Cov kev pab tu tus kheej
- Nrog mus rau cov sij hawm teem mus kho mob
- Muaj kev tiv thaiv zoo rau cov neeg uas tsis meej pem lossis lub hlwb tsis khiav zoo thiab yuav nyob tsis tau hauv nws lub tsev yam nyab xeeb yog tsis muaj neeg saib xyuas
- Cov kev pab los ntawm cov kws pab hauv kev kho mob

Yog xav paub ntxiv, mus rau ntawm

<http://www.cdss.ca.gov/In-Home-Supportive-Services>.

Lwm Lub Xeev Cov Kev Pab Saib Xyuas Kev Noj Qab Haus Huv

Cov kev pab cuam nram qab no muaj cov txheej txheem thov sib txawv ntawm Medi-Cal's. Koj yuav thov lossis kawm ntxiv tau txog txoj kev pab cuam uas siv cov lus qhia tiv tauj uas muaj ntawm no.

Kev Pab Cuam Rau Kev Mob Cancer Hauv Lub Mis thiab Ncauj Tsev Me Nyuam (Breast and Cervical Cancer Treatment Program)

Kev Pab Cuam Rau Kev Mob Cancer Hauv Lub Mis thiab Ncauj Tsev Me Nyuam muab cov kev pab kho cancer thiab cov kev pab uas muaj feem rau cov neeg nyob hauv California uas tau nyiaj tsawg uas tsim nyog. Lawv yuav tsum tau raug soj ntsuam thiab/lossis rau npe koom los ntawm Kev Pab Txhom Kab Mob Cancer (Cancer Detection Program), Suav Txhua Tus Poj Niam (Every Woman Counts), lossis los ntawm Kev Pab Kom Txhob Muaj Me Nyuam, Kev Siv, Kev Saib Xyuas

thiab Kev Kho cov kev pab cuam (Family Planning, Access, Care and Treatment Programs). Yuav kom tsim nyog, koj yuav tsum tau nyiaj tsawg dua qhov uas txwv thiab xav tau kev kho cancer hauv lub mis lossis ncauj tsev me nyuam. Yog xav paub ntxiv, hu rau **1-800-824-0088** lossis email BCCTP@dhcs.ca.gov.

Cov Kev Pab Hauv Tsev thiab Hauv Lub Zej Zos (Home and Community-Based Services)

Medi-Cal cia tej co neeg laus thiab cov neeg uas xiam oob qhab tau kev kho mob hauv tsev lossis hauv zej zos es tsis yog hauv tsev laus lossis lwm lub tuam tsev. Hauv Tsev thiab Hauv Lub Zej Zos Cov kev pab muaj xws li tiam sis tsis yog tas rau kev tswj ntaub ntawv (txhawb nqa thiab tswj txoj kev pab), cov kev pab kho neeg laus tim tsev laus, kev pab kom ua tau (yav nruab hnuv thiab hauv tsev), neeg nyob hauv tsev, tus neeg pab hauv tsev, cov kev qhia noj haus, cov kev pab los ntawm kws ntsuam mob, kev tu tus kheej, thiab kev pab cuam so kom txaus. Koj yuav tsum tau tsim nyog rau Medi-Cal cov kev pab txhua yam thiab muaj raws li tag nrho cov cai hauv txoj kev pab cuam. Yog xav paub ntxiv, hu rau DHCS, Integrated Systems of Care Division ntawm **1-916-552-9105**.

Kev Pab California Cov Me Nyuam (California Children's Services-CCS Program)

CCS txoj kev pab cuam ntsuam xyuas thiab muab kev pab kho mob, tswj kev kho mob, thiab muab cov kev pab kom ib ce rov ua haujlwm thiab rov tu tau tus kheej rau cov me nyuam uas muaj hnuv nyoog 21 xyoos rov hauv uas muaj CCS-cov mob uas tsim nyog. CCS-cov mob uas tsim nyog yog cov uas ua rau ib ce tsis taus lossis yuav tsum tau cov kev pab kho mob, phais mob lossis kev pab kom rov zoo li qub. Cov kev pab uas tau kev tso cai los ntawm CCS txoj kev pab cuam los kho Medi-Cal tus me nyuam uas rau npe koom CCS-cov mob uas tsim nyog tsis tsim yog cov kev pab uas feem ntau txoj kev pab them nqi kho mob kam them rau. Medi-Cal txoj kev pab them nqi tseem muab kev saib xyuas thiab pab cuam kev tiv thaiv kev noj qab haus huv uas tsis cuam tshuam nrog CCS-tsim nyog kho mob.

Yog xav thov rau CCS, hu rau koj lub nroog CCS lub chav fai hauv zos. Yog xav paub ntxiv, mus rau ntawm <http://dhcs.ca.gov/mymedi-cal> lossis hu rau **1-916-552-9105**.

Kev Pab Cuam Rau Cov Neeg Xiam Oob Qhab Raws Roj Ntsha (Genetically Handicapped Person's Program-GHPP)

GHPP muab txoj kev kho mob thiab kev ua haujlwm khiav ntaub ntawv thiab them rau cov kev pab uas tsim nyog yuav tau kho mob rau cov neeg uas nyob hauv California, muaj hnuv nyoog 21 xyoos rov saud, thiab muaj GHPP-tus mob uas tsim nyog. GHPP-cov mob uas tsim nyog yog cov mob uas tau raws roj ntsha xws li hemophilia, cystic fibrosis, Phenylketonuria, thiab kab mob sickle cell uas ua rau muaj mob loj. GHPP siv tus kaw lus ntawm Cov Chaw Kho Mob Tshwj Xeeb (Special Care Centers-SCCs). SCCs muab kev kho mob puv ntoob rau cov neeg tau kev pab uas muaj tej tug mob uas tsim nyog. Yog tias txoj kev pab tsis nyob rau hauv txoj kev pab them nqi kho mob cov kev pab uas kam them, GHPP tso cai rau SCC kev soj ntsuam txhua xyoo rau Medi-Cal cov neeg laus uas rau npe koom uas muaj GHPP-tus mob uas tsim nyog.

Yog xav thov GHPP, ua daim ntawv thov kev pab. Fev mus rau **1-800-440-5318**. Yog xav paub ntxiv, hu rau **1-916-552-9105** lossis mus rau ntawm <http://dhcs.ca.gov/mymedi-cal>.

Koj puas paub?



Yog tias koj tsim nyog rau nyiaj Supplemental Security Income-SSI, koj yuav cia li tsim nyog rau SSI-linked Medi-Cal.



Koj lub nroog lub chav fai hauv zos yuav pab tau tej co teeb meem hais txog SSI Medi-Cal. Lawv yuav qhia rau koj yog tias koj yuav tsum tau hu rau Lub Koom Haum Muab Nyiaj Laus (Social Security) lub chav fai kom daws tau qhov teeb meem.

Medi-Cal Kev Pab Them Cov Hli Tas Los (Retroactive Medi-Cal)

Yog tias koj muaj cov nqi kho mob lossis kho hniav uas tsis tau them thaum koj thov Medi-Cal, koj yuav thov tau kom Medi-Cal them cov hli tas los. Tej zaum Medi-Cal yuav pab them cov nqi kho mob lossis kho hniav rau peb lub hlis ua ntej hnuv thov kev pab.

Piv txwv li, yog tias koj thov Medi-Cal thaum Lub Plaub Hlis Ntuj, tej zaum koj yuav tau kev pab them rau cov nqi kho mob thiab kev kho hniav uas koj tau thaum Lub Ib Hlis Ntuj, Ob Hlis Ntuj thiab Peb Hlis Ntuj.

Yuav kom tau Medi-Cal txoj kev pab them cov hli tas los koj yuav tsum:

- Tsim nyog rau Medi-Cal hauv lub hlis uas koj tau cov kev pab kho mob
- Tau txais cov kev pab kho mob lossis kho hniav uas Medi-Cal kam them
- Thov qhov ntawd li ntawm ib xyoos ntawm lub hlis uas koj tau txais cov kev pab uas kam them
- Koj yuav tsum tiv tauj rau koj lub nroog lub chav fai hauv zos es thov Medi-Cal kev pab them cov hli tas los

Piv txwv li, yog tias koj mus kho txhais caj npab lov thaum Lub Ib Hlis Ntuj 2017 thiab thov Medi-Cal thaum Lub Plaub Hlis Ntuj 2017, koj yuav tau thov Medi-Cal kev pab them cov hli tas los tsis pub dhau Lub Ib Hlis Ntuj 2018 kom them cov nqi kho mob.

Yog tias koj twb them rau cov nqi kho mob lossis kho hniav lawm uas koj tau hauv peb lub hlis ua ntej ntawd, tej zaum Medi-Cal yuav pab tau kom rov nyiaj rau koj. Koj yuav tsum tau xa koj cov nqi li ntawm ib xyoos ntawm hnuv muab kev pab, lossis li ntawm 90 hnuv tom qab pom zoo rau koj txoj kev tsim nyog rau Medi-Cal, seb qhov twg ntev dua.

Txhawm rau sau ntawv foob, koj yuav tsum tau hu lossis sau ntawv mus rau:

Department of Health Care Services
Beneficiary Services

P.O. Box 138008

Sacramento, CA 95813-8008

1-916-403-2007 (TTY 1-916-635-6491)

Rau Kev Kho Mob, Kev Mob Hlwb, Kev Quav Yeeb
Tshuaj, thiab Cov Kev Pab Hauv Tsev

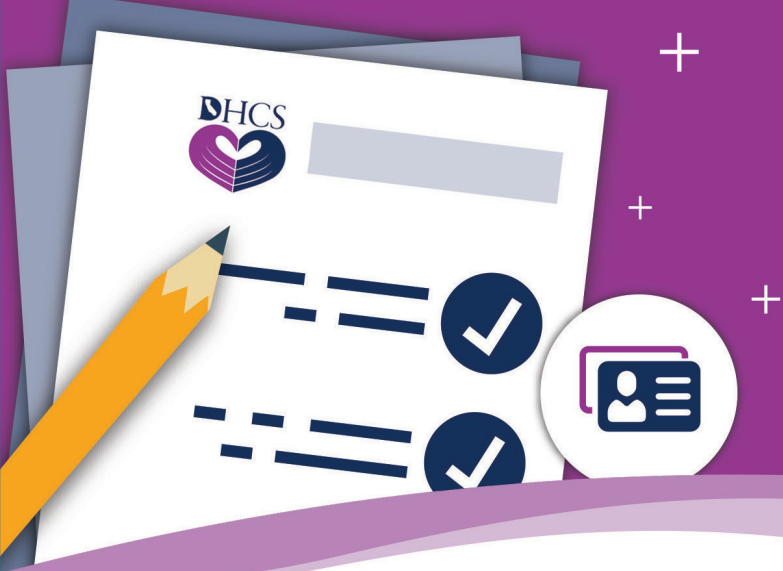
Medi-Cal Dental Beneficiary Services

P.O. Box 526026

Sacramento, CA 95852-6026

1-916-403-2007 (TTY 1-916-635-6491)

Rau Cov Kev Hais Plaub txog Kev Kho Kniav.



Kho & Rov Tauj Kuv Cov Medi-Cal.

Koj yuav tsum tau qhia txog cov kev hloov hauv tsev neeg li ntawm 10 hnuv mus rau koj lub nroog lub chav fai hauv zos. Koj yuav qhia tau txog cov kev hloov uas mus tim ntsej tim muag, hauv online, hauv xov tooj, hauv email lossis fev. Cov kev hloov uas muaj feem cuam tshuam rau koj txoj kev tsim nyog rau Medi-Cal.

Koj yuav tsum tau qhia tuaj yog tias koj:

- Yuav poj niam/youav txiv lossis sib nrau
- Tau me nyuam tshiab, saws me nyuam lossis muab ib tug me nyuam koj mus rau neeg saws
- Muaj kev hloov hauv cov nyiaj tau lossis vaj tse (yog siv tau)
- Tau lwm cov kev pab them nqi kho mob uas suav cov tau los ntawm haujlwm lossis ib txoj kev pab cuam xws li Medicare
- Tshiv tsev, lossis muaj kev pauv hloov hauv cov neeg uas nyob hauv koj lub tsev
- Muaj kev hloov hauv txoj kev tsis taus
- Muaj kev hloov hauv kev ua se, nrog rau kev hloov ntawm cov me nyuam uas tos koj yug
- Muaj kev hloov hauv kev ua xam xaj los siv kev tuaj txawv teb chaws tuaj
- Raug kaw (kaw hauv tsev loj kuj lossis lwm yam zoo li no) lossis tso tawm hauv tsev loj kuj los
- Muaj kev hloov hauv kev ua neeg Khab Mis Kas lossis Neeg Ib Txwm Nyob Teb Chaws Alaska lossis hauv koj pab pawg
- Hloov koj lub npe, hnuv yug lossis SSN
- Muaj lwm yam kev hloov uas yuav cuam tshuam rau koj cov nyiaj tau lossis qhov muaj neeg coob npaum cas hauv tsev neeg

Yog Tias Kuv Tshiv Mus Rau Lwm Lub Nroog Hauv California?

Yog tias koj tshiv mus rau lwm lub nroog hauv California, koj yuav txav tau koj cov ntaub ntawv Medi-Cal mus rau lub nroog tshiab ntawd. Qhov no yog hu ua Kev Txav Ntaub Ntawv Hauv Nroog (Inter-County Transfer-ICT). Koj yuav tsum tau qhia txog qhov pauv chaw nyob mus rau lub nroog li ntawm 10 hnuv tom qab pauv. Koj qhia tau txog koj qhov kev hloov chaw nyob hauv online, tim ntsej tim muag, hauv xov tooj, email, lossis fev. Koj txoj kev pab kho mob hauv koj lub nroog qub yuav xaus rau hnuv kawg hauv lub hlis. Koj yuav tau rau npe koom rau hauv txoj kev pab kho mob uas koom ua ke txoj kev pab them nqi hauv koj lub nroog tshiab.

Thaum koj tawm hauv lub nroog mus ib ntus, koj cov Medi-Cal yuav tsis hloov pauv. Qhov no suav ib tug me nyuam mus kawm ntawv qib siab lossis thaum koj tu ib tug txheeb ze uas muaj mob thiab. Hu rau koj lub nroog lub chav fai hauv zos es qhia txog tus neeg hauv tsev qhov chaw nyob ib ntus mus rau lub nroog tshiab. Lub nroog lub chav fai hauv zos yuav kho qhov chaw nyob kom tus neeg hauv tsev neeg ntawd rau npe koom tau hauv txoj kev pab them nqi kho mob hauv lub nroog tshiab.

Kuv Yuav Rov Tauj Kuv Qhov Medi-Cal Them Nqi Li Cas?

Yuav kom koj tau koj cov kev pab los ntawm Medi-Cal twj ywm, koj yuav tsum tau rov tauj dua yam tsawg ib xyoos ib zaug. Koj lub nroog lub chav fai hauv zos yuav rov tauj tsis tau koj qhov Medi-Cal uas siv cov kev xa raws hluav taws xob, lawv yuav xa cov ntawv rov tauj tuaj rau koj. Koj yuav tsum tau muab cov ntaub ntaub uas yog tshiab lossis tau hloov lawm. Koj tseem yuav tsum tau muab cov lus qhia txog koj tam sim no. Koj yuav xa tau koj cov lus qhia hauv online, tim ntsej tim muag, hauv xov tooj lossis lwm yam kev xa raws hluav taws xob yog tias muaj nyob hauv koj lub nroog. Yog tias koj xa tuaj lossis xa koj daim ntawv rov tauj ntawd tuaj tim ntsej tim muag, yuav tsum tau kos npe rau.

Yog tias koj tsis muab cov lus qhia uas xav tau tuaj ua ntej hnuv uas xav tau ntawd, koj cov kev pab los ntawm Medi-Cal yuav xaus. Koj lub nroog lub chav fai hauv zos yuav xa Tsab Ntawv Qhia Txog Kev Txiav Txim tuaj rau koj. Koj muaj 90 hnuv los muab tag nrho cov ntaub ntawv uas ncu ntawd tuaj rau koj lub nroog lub chav fai hauv zos yam uas tsis tau rov thov kev pab dua. Yog tias koj muab cov ntaub ntawv uas ncu ntawd tuaj li ntawm 90 hnuv thiab tseem tsim nyog rau Medi-Cal, koj lub nroog lub chav fai hauv zos yuav rov qhib koj qhov Medi-Cal uas tsis muaj ncu hauv kev pab.

Koj puas paub?

Cov neeg uas nyob hauv tib tsev neeg yuav tsim nyog tau txais ob qho Medi-Cal thiab Covered California. Qhov no mas vim tias Medi-Cal cov cai txawv rau cov me nyuam thiab cov laus.

Piv txwv li, kev pab them nqi rau ib tsev neeg uas muaj leej niam thiab leej txiv thiab ib tug me nyuam tej zaum yuav zoo li no:



Niam txiv — tsim nyog rau Covered California txoj kev pab them nqi kho mob thiab tau txais nqi se thiab sib koom them nqi kom txo tau nkawv cov nqi



Tus me nyuam — tsim nyog rau Medi-Cal uas tsis tau them ib tug nqi lossis them tus nqi tsawg

Cov Cai & Dej Num



Thaum koj thov Medi-Cal, koj yuav tau ib daim ntawv teev koj cov cai thiab cov dej num. Qhov no muaj qhov uas yuav tsum tau qhia txog kev hloov hauv chaw nyob lossis nyiaj tau, lossis yog tias ib tug neeg cev xeeb tub lossis yug me nyuam. Koj yuav hu tau rau koj lub nroog lub chav fai hauv zos lossis nrhiav daim ntawv qhia tshiab tshaj txog koj cov cai thiab dej num nyob online ntawm:

<http://dhcs.ca.gov/mymedi-cal>

Kev Thov Hais Dua thiab Cov Cai Txog Kev Hais Plaub

Cov Kev Pab Kho Mob thiab Cov Kev Pab

Koj muaj cai thov hais dua yog tias koj tsis pom zoo txog qhov uas tsis pom zoo muab kev pab kho mob lossis muab txoj kev pab rau koj.

Yog tias koj nyob hauv Medi-Cal Managed Care txoj kev pab them nqi thiab koj tau txais Tsab Ntawv Qhia Txog Kev Txiav Txim uas qhia rau koj tias tsis pom zoo rau koj txoj kev kho mob lossis txoj kev pab, koj muaj cai thov hais dua.

Koj yuav tsum tau teev ib daim ntawv thov hais dua nrog koj qhov chaw pab them nqi kho mob li ntawm 60 hnuv ntawm hnuv ua Tsab Ntawv Qhia Txog Txoj Kev Txiav Txim. Tom qab koj teev koj daim ntawv thov hais dua, qhov chaw pab them nqi yuav xa ib qho kev txiav txim tuaj rau koj li ntawm 30 hnuv. Yog tias koj tsis tau ib qho kev txiav txim li ntawm 30 hnuv lossis tsis txaus siab txog txoj kev pab them nqi txoj kev txiav txim, koj yuav thov tau kom muaj Xeev Rooj Plaub Hais Qhov Ncaj Ncees. Ib tug kws txiav txim yuav xyuas koj rooj plaub.

Koj yuav tsum tau teev ib daim ntawv thov hais dua nrog koj qhov chaw muab kev pab them ua ntej koj yuav thov tau ib qho Xeev Rooj Plaub Hais Qhov Ncaj Ncees. Koj yuav tsum tau thov Xeev Rooj Plaub Hais Qhov Ncaj Ncees li ntawm 120 hnuv ntawm hnuv uas qhov chaw pab them nqi sau daim ntawv tuaj qhia txog qhov kev txiav txim ntawm txoj kev thov hais dua.

Yog tias koj tau Nqi-Raws-Kev-Pab Medi-Cal thiab koj tau txais ib Tsab Ntawv Qhia Txog Kev Txiav Txim uas qhia rau koj tias tau tsis pom zoo rau koj txoj kev kho mob lossis kev pab, koj muaj cai thov Xeev Rooj Plaub Hais Qhov Ncaj Ncees tam sim ntawd. Koj yuav tsum tau thov Xeev Rooj Plaub Hais Qhov Ncaj Ncees li ntawm 90 hnuv ntawm hnuv ua Tsab Ntawv Qhia Txog Txoj Kev Txiav Txim.

Koj tseem muaj cai thov kom muaj Xeev Rooj Plaub Hais Qhov Ncaj Ncees yog tias koj tsis pom zoo txog qhov uas tshwm sim rau koj daim ntawv thov kev pab los Medi-Cal lossis kev tsim nyog. Yuav ua tau qhov no thaum:

- Koj tsis pom zoo txog ib lub nroog lossis Xeev txoj kev txiav txim txog koj daim ntawv thov kev pab los ntawm Medi-Cal
- Lub nroog tsis txiav txim rau koj daim ntawv thov kev pab los ntawm Medi-Cal li ntawm 45 lossis 90 hnuv
- Koj txoj kev tsim nyog rau Medi-Cal lossis Sib Koom Them Nqi tau hloov

Cov Kev Txiav Txim Txog Kev Tsim Nyog

Yog tias koj tau txais Tsab Ntawv Qhia Txog Kev Txiav Txim uas qhia rau koj txog ib txoj kev txiav txim txog kev tsim nyog uas koj tsis pom zoo nrog, koj yuav nrog koj tus neeg saib xyuas kev tsim nyog hauv lub nroog tham tau thiab/lossis thov Xeev Rooj Plaub Hais Qhov Ncaj Ncees. Yog tias koj daws tsis tau koj txoj kev tsis pom zoo nrog lub nroog, koj yuav tsum tau thov Xeev Rooj Plaub Hais Qhov Ncaj Ncees li ntawm 90 hnuv ntawm hnuv xa Tsab Ntawv Qhia Txog Kev Txiav Txim. Koj thov tau kom muaj Xeev Rooj Plaub Hais Qhov Ncaj Ncees los ntawm qhov uas hu rau koj lub nroog lub chav fai hauv zos. Tseem yuav hu lossis sau ntawv tau mus rau:

California Department of Social Services
Public Inquiry and Response
PO Box 944243, M.S. 9-17-37
Sacramento, CA 94244-2430
1-800-743-8525, (TTY 1-800-952-8349)

Koj tseem yuav teev tau daim ntawv thov hais plaub hauv online ntawm:

<http://www.cdss.ca.gov/>

Yog koj ntseeg tias tau cais tshwj koj tsis raug cai lawm raws qhov yog poj niam txiv neej, haiv neeg, tawv nqaij, kev ntseeg ntuj, caj ces, teb chaws yug, ib haiv neeg twg, hnuv nyoog, tsis taus hauv txoj kev xav, tsis taus ntawm cev, kev muaj ib tug mob, cov lus qhia txog keeb raws caj ces, kev muaj lossis tsis muaj txij nkawm, yog poj niam lossis txiv neej, kev txheeb tias yog poj niam lossis txiv neej, lossis nyiam nrog txiv neej lossis poj niam sib deev, koj yuav teev tau ib daim ntawv tsis txaus siab mus rau DHCS Chav Fai Saib Xyuas Neeg Cov Cai (Office of Civil Rights).

Koj yuav kawm tau ntxiv txog seb yuav ua ib daim ntawv tsis txaus siab txog kev cais tshwj li cas hauv "Nom Tswv Teb Chaws Kom Yuav Tsum Tau Qhia Rau Tib Neeg Txog Qhov Tsis Pub Muaj Kev Cai Tshwj thiab Qhov Yuav Tsum Muaj Kom Siv Tau" nyob rau nplooj 26.

Txog Xeev Rooj Plaub Hais Qhov Ncaj Ncees

Lub Xeev yuav qhia rau koj tias nws tau txais koj daim ntawv thov ib lub rooj hais plaub. Koj yuav tau txais ib tsab ntawv qhia txog lub sij hawm, hnuv tim thiab qhov chaw yuav mus hais plaub. Ib tug neeg hais plaub yuav soj ntsuam koj rooj plaub thiab sim daws koj qhov teeb meem. Yog tias lub nroog/Xeev pom zoo los daws koj qhov teeb meem, koj yuav tau txais ib tsab ntawv qhia.

Koj tso cai sau ntawv rau tug phooj ywg, ib tug neeg hauv tsev neeg lossis ib tug neeg pab tawm suab los pab koj hauv lub rooj hais plaub. Yog tias daws tsis tau koj cov teeb meem tag nrho nrog lub nroog lossis Xeev, koj lossis koj tus neeg sawv cev yuav tsum tau mus koom Xeev Rooj Plaub Hais Qhov Ncaj Ncees. Koj lub rooj hais plaub yuav ua tau tim ntsej tim muag lossis hauv xov tooj. Ib tug kws txiav txim plaub ntug uas tsis ua haujlwm rau lub nroog lossis Medi-Cal txoj kev pab cuam yuav mloog koj rooj plaub.

Koj muaj cai kom tau kev pab txhais lus dawb. Teem koj hom lus rau hauv daim ntawv thov lub rooj hais plaub. Lossis qhia rau tus neeg sawv cev hauv rooj plaub tias koj xav tau ib tug neeg txhais lus pub dawb. Koj yuav siv tsis tau ib tug txheeb ze lossis phooj ywg los txhais lus rau koj hauv lub rooj hais plaub.

Yog tias koj muaj ib qho kev tsis taus thiab xav tau kev pab kom koom tau hauv tus txheej txheem Hais Qhov Ncaj Ncees, koj hu tau rau
1-800-743-8525 (TTY 1-800-952-8349).
Koj tseem yuav xa tau email mus rau
SHDCSU@DSS.ca.gov.

Yog xav tau kev pab txog koj rooj plaub, koj thov tau kom xa mus rau cov kws pab txog kev cai lij choj. Tej zaum koj yuav tau kev pab txog kev cai lij choj pab dawb hauv koj lub koom haum pab txog kev cai lij choj hauv zos lossis lub chav fai pab txog neeg txoj kev noj qab nyob zoo.

Cov Sab Nraud Thaj Tsob (Third Party Liability)

Yog tias koj raug mob, tej zaum koj yuav siv tau koj qhov Medi-Cal kom tau cov kev pab kho mob. Yog tias koj ua ntawv thov nyiaj tuav pov hwm lossis foob ib tug neeg rau cov kev puas tsuaj vim tias koj raug mob, koj yuav tsum tau qhia rau Medi-Cal Kev Pab Cuam Rau Qhov Tus Kheej Raug Mob (Personal Injury-PI) paub li ntawm 30 hnuv ntawm hnuv koj ua koj daim ntawv foob kev txiav txim. Koj yuav tsum tau qhia rau koj lub nroog lub chav fai hauv zos thiab PI txoj kev pab cuam.

Yog yuav qhia rau Medi-Cal PI txoj kev pab cuam, thov teb daim "Daim Ntawv Qhia Txog Qhov Tus Kheej Raug Mob (Rooj Plaub Tshiab)". Koj yuav nrhiav tau hauv lub vas sab (website) nram qab no. Yog tias koj tsis muaj internet, thov nug koj tus kws lij choj lossis tus neeg sawv cev rau lub tuam txhab tuav pov hwm kom qhia rau Medi-Cal PI txoj kev pab cuam sawv cev koj. Koj yuav nrhiav tau cov ntawv qhia thiab cov ntawv kho tshiab ntawm: <http://dhcs.ca.gov/mymedi-cal>.

Yog tias koj ntiav kws lij choj los sawv cev rau koj cov nqi lossis rooj plaub, koj tus kws lij choj muaj txoj dej num los qhia rau Medi-Cal PI txoj kev pab cuam thiab muab ib daim ntawv tso cai. Txoj kev tso cai no cia Medi-Cal cov neeg ua haujlwm tiv tauj koj tus kws lij choj es tham txog koj rooj plaub raug mob. Medi-Cal tsis muab kev pab sawv cev lossis xa mus rau kws lij choj. Cov neeg ua haujlwm yuav muab tau cov lus qhia uas yuav pab tus kws lij choj hauv tus txheej txheem.

Siv Cuab Yeej Cuab Tam Los Them Nqi Rov Qab

Medi-Cal txoj kev pab cuam yuav tsum tau nrhiav cov nyiaj rov qab los ntawm cov tswv cuab ntawm Medi-Cal qee tus tswv cuab uas tau tag sim neej lawm. Kev them nqi rov qab mas tsuas pub txog qhov uas tau them, nrog rau cov nqi muas txoj kev pab kho mob uas koom ua ke, rau cov kev pab tim tsev laus, cov kev pab hauv tsev thiab hauv zej zos, thiab cov kev pab tim tsev kho mob thiab cov tshuaj kws kho mob sau los yuav thaum tus neeg tau kev pab:

- Yog ib tug neeg pw kho mob hauv ib lub tsev laus, lossis
- Tau txais cov kev kho mob hauv tsev thiab hauv zej zos nyob rau thaum lossis tom qab hnuv nws muaj 55 xyos

Yog tias tus tswv cuab uas tuag lawm tsis muaj ib qho cuab yeej cuab tam uas yuav raug ua pov thawj lossis tsis muaj dab tsi li thaum nws tuag, ces yuav tsis tiv dab tsi li.

Yog xav paub ntxiv, mus rau ntawm
<http://dhcs.ca.gov/er>
lossis hu rau 1-916-650-0590

Kev Dag Medi-Cal

Tus Neeg Tau Kev Pab cov dej num

lb tug neeg tau kev pab mas yuav tsum tau muab pov thawj tias tau Medi-Cal txoj kev pab them nqi rau cov kws kho mob ua ntej yuav tau kev pab. Yog tias koj tau kev pab los ntawm ntau tshaj ib tug kws kho mob lossis kws kho hniav, koj yuav tsum tau qhia rau txhua tus kws kho mob lossis kws kho hniav txog lwm tus kws kho mob lossis kws kho mob hniav uas muab kev pab kho koj.

Nws yog koj txoj dej num los xyuas kom tsis txhob lom txwm lossis siv koj cov kev pab los ntawm Medi-Cal tsis raug cai. Nws yog ib qho **txhaum cai** los:

- Cia lwm tus neeg siv koj cov kev pab los ntawm Medi-Cal
- Tau tshuaj los ntawm kev dag rau tus kws kho mob
- Muag lossis qiv koj daim BIC rau lwm tus neeg lossis muab koj daim BIC rau lwm tus neeg dua li ntawm koj cov kws kho mob raws li qhov yuav tsum tau ua hauv Medi-Cal cov txheej txheem koj

Kev siv BIC/Medi-Cal cov kev pab tsis raug cai yog ib qho txhaum cai. Nws yuav ua rau muaj kev txiav txim tsis zoo rau koj cov ntaub ntawv lossis raug foob tias ua txhaum cai. Yog koj xav tias muaj kev dag Medi-Cal, ua dog ua dig lossis lom txwm, hu tuaj qhia tau uas tsis pub lwm tus neeg paub ntawm **1-800-822-6222**.

Nom Tswv Teb Chaws Kom Yuav Tsum Tau Qhia Rau Tib Neeg Txog Qhov Tsis Pub Muaj Kev Cai Tshwj thiab Qhov Yuav Tsum Muaj Kom Siv Tau

DHCS ua raws li nom tswv teb chaws thiab xeev cov cai hais txog neeg cov cai. DHCS tsis cais tshwj leej twg li raws yog poj niam txiv neej, haiv neeg, tawv nqaij, kev ntseeg ntuj, caj ces, teb chaws yug, ib haiv neeg twg, hnuv nyoog, tsis taus hauv txoj kev xav, tsis taus ntawm cev, muaj ib tug mob, cov lus qhia txog keeb raws caj ces, kev muaj lossis tsis muaj txij nkawm, yog poj niam lossis txiv neej, kev txheeb tias yog poj niam lossis txiv neej lossis nyiam nrog txiv neej lossis poj niam sib deev. DHCS tsis cais tshwj cov neeg lossis saib lawv txawv vim yog poj niam txiv neej, haiv neeg, tawv nqaij, kev ntseeg ntuj, caj ces, teb chaws yug, ib haiv neeg twg, hnuv nyoog, tsis taus hauv txoj kev xav, tsis taus ntawm cev, muaj ib tug mob, cov lus qhia txog keeb raws caj ces, kev muaj lossis tsis muaj txij nkawm, yog poj niam lossis txiv neej, kev txheeb tias yog poj niam lossis txiv neej lossis nyiam nrog txiv neej lossis poj niam sib deev. DHCS:

- Muab kev pab dawb rau cov neeg uas xiam oob qhab los sib txuas lus kom zoo nrog DHCS, xws li:
 - Cov neeg txhais lus piav tes uas tsim nyog
 - Cov lus qhia uas sau ua lwm hom ntawv xws li sau ua cov ntawv loj, kaw ua suab, tso raws hluav taws xob kom saib tau thiab lwm yam
- Muab kev pab txhais lus pub dawb rau cov neeg uas thawj hom lus tsis yog lus As Nkiv, xws li:
 - Cov neeg txhais lus uas tsim nyog
 - Cov lus qhia uas sau ua lwm hom lus

Yog tias koj xav tau cov kev pab no, hu rau Chav Fai Xyuas Txog Neeg Cov Cai, ntawm **1-916-440-7370, (Ext. 711, California State Relay)** lossis email rau CivilRights@dhcs.ca.gov.

Yog koj ntseeg tias DHCS tau tsis muab cov kev pab no rau koj lossis tau cais tshwj koj raws yog poj niam txiv neej, haiv neeg, tawv nqaij, kev ntseeg ntuj, caj ces, teb chaws yug, ib haiv neeg twg, hnuv nyoog, muaj kev tsis taus ntawm kev xav, xiam oob qhab ntem cev, muaj ib tug mob, cov lus qhia txog keeb raws caj ces,

kev muaj lossis tsis muaj txij nkawm, yog poj niam lossis txiv neej, kev txheeb tias yog poj niam lossis txiv neej lossis nyiam nrog txiv neej lossis poj niam sib deev, koj yuav teev tau ib daim ntawv tsis txaus siab ntawm:

Office of Civil Rights

PO Box 997413, MS 0009

Sacramento, CA 95899-7413

1-916-440-7370, (Ext. 711, CA State Relay)

Email: CivilRights@dhcs.ca.gov

Yog tias koj xav tau kev pab teev ib daim ntawv tsis txuas siab, Chav Fai Xyuas Txog Neeg Cov Cai yuav pab tau koj. Muaj cov ntawv tsis txaus siab nyob rau ntawm:

http://www.dhcs.ca.gov/Pages/Language_Access.aspx

Yog koj ntseeg tias tau cais tshwj koj lawm vim haiv neeg, tawv nqaij, teb chaws yug, hnuv nyoog, kev tsis taus lossis yog poj niam los yog txiv neej, koj tseem yuav teev tau ib daim ntawv tsis txaus siab txog neeg cov cai mus rau Teb Chaws Mis Kas Tuam Tsev Xyuas Txoj Kev Pab Txog Kev Noj Qab Haus Huv thiab Neeg (U.S. Department of Health and Human Services), Chav Fai Xyuas Txog Neeg Cov Cai. Koj yuav teev tau raws hluav taws xob ntawm Chav Fai Xyuas Txog Neeg Cov Cai Chaw Teev Kev Tsis Txaus Siab ntawm <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> lossis koj yuav teev tau hauv kev xa ntawv lossis hauv xov tooj ntawm:

U.S. Department of Health
and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, TTY 1-800-537-7697

Koj yuav tau daim ntawv tsis txaus siab ntawm:

<http://www.hhs.gov/ocr/office/file/index.html>

Daim ntawv no muaj raws li Section 508 cov qauv hais txog kev siv. Tseem muaj phau ntawv no ua cov ntawv Braille rau cov neeg tsis pom kev, ua cov ntawv loj, thiab ua lwm hom ntawv uas xa raws hluav taws xob kom teb tau rau txoj kev thov kom muab kev pab uas tsim nyog uas tus neeg xiam oob qhab tau thov txog. Yog xav tau ib daim qauv ntawm phau ntawv no ua lwm hom ntawv, hu rau Medi-Cal Chaw Xyuas Txog Kev Tsim Nyog ntawm **1-916-552-9200 (TTY 1-800-735-2929)** lossis email MCED@dhcs.ca.gov.

Kev Pab Lwm Cov Lus

Attention: If you speak English, you can call 1-800-541-5555 (TDD 1-800-430-7077) for free help in your language. Call your local county office for eligibility issues or questions. (English)

تنبيه: إذا كنت تتحدث العربية، فيمكنك الاتصال برقم المساعدة المجانية بلغتك. اتصل بمكتب المقاطعة المحلي للمشكلات أو الأسئلة المتعلقة بالتأهل. (Arabic)

Ուշադրություն: Եթե Դուք հայերեն եք խոսում, կարող եք զանգահարել 1-800-541-5555 (TDD 1-800-430-7077) և անվճար օգնություն ստանալ Ձեր լեզվով: Իրավասություններ հետ կապված խնդիրների կամ հարցերի դեպքում զանգահարեք Ձեր շրջանային գրասենյակ: (Armenian)

សម្គាល់: ប្រសិនបើអ្នក កនិយាយភាសាខ្មែរ ឬ កអាចទូរសព្ទ ទៅលេខ 1-800-541-5555 (TDD 1-800-430-7077) សម្រាប់ជំនួយ ដោយឥតគិតថ្លៃ ជាភាសាខ្មែរ ឬ កអាចទូរសព្ទ ទៅកាន់ការិយាល័យខោន ធីក្នុងមូ លដ្ឋា នរបស់អ្នក កសម្រាប់បញ្ហា ទាក់ទងនឹងសិទ្ធិទទួលបានសេវា ឬក្នុងករណីមានសំណួរណាមួយ។ (Cambodian)

注意: 如果您使用中文, 請撥打1-800-541-5555 (TDD 1-800-430-7077) 免費獲得以您所用語言提供的協助。關於資格的爭議或問題請致電您所在縣的辦事處。(Chinese)

توجه: اگر به زبان فارسی صحبت می کنید، می توانید برای دریافت کمک رایگان به زبان خود با شماره 1-800-541-5555 (TDD 1-800-430-7077) تماس بگیرید. برای مسائل مربوط به صلاحیت یا سوالات، با دفتر محلی شهرستان خود تماس بگیرید. (Farsi)

Cov Chaw Muab Kev Pab Tseem Ceeb



ONLINE

Medi-Cal Lub Hauv Paus Chaw: <http://dhcs.ca.gov/mymedi-cal>

Mus rub myMedi-Cal qhov app rau hauv xov tooj los pab koj kawm ntxiv txog cov kev pab them nqi, nrhiav cov kev pab hauv zos, thiab ntau yam ntxiv!



NAJ NPAWB XOY TOOJ

Medi-Cal Members & Providers: 1-800-541-5555

Medi-Cal Managed Care: 1-800-430-4263 (TTY 1-800-430-7077)

Office of the Ombudsman: 1-888-452-8609

State Fair Hearing: 1-800-743-8525 (TTY 1-800-952-8349)

Covered California: 1-800-771-2156

Medi-Cal Dental Program: 1-800-322-6384

ध्यान दें: यदि आप हिंदी भाषी हैं, तो आप अपनी भाषा में निःशुल्क सहायता के लिए 1-800-541-5555 (TDD 1-800-430-7077) पर कॉल कर सकते हैं। योग्यता संबंधी समस्याओं या प्रश्नों के लिए अपने स्थानीय काउंटी कार्यालय को कॉल करें। (Hindi)

Lus Ceeb Toom: Yog tias koj hais lus Hmoob, koj tuaj yeem hu rau tus xov tooj 1-800-541-5555 (TDD 1-800-430-7077) kom tau kev pab koj dawb ua koj hom lus. Hu rau lub chaw lis dej num hauv koj lub nroog txog cov teeb meem kev tsim nyog tau txais kev pab los yog cov lus nug. (Hmong)

注意: ご希望により、1-800-541-5555 (TDD 1-800-430-7077) へお電話いただければ日本語で対応いたします。有資格問題または質問などは、地域の代理店までお電話ください。 (Japanese)

주의: 한국어를 말하면, 1-800-541-5555 (TDD 1-800-430-7077) 번으로 무료로 도움을 받으실 수 있습니다. 적격 문제 또는 질문은 해당 지역 카운티 사무소에 문의하십시오. (Korean)

ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ທ່ານສາມາດໂທຫາເບີ 1-800-541-5555 (TDD 1-800-430-7077) ເພື່ອຂໍວາມຊ່ວຍເຫຼືອພູມິໃນພາສາຂອງທ່ານ. ໂທຫາເທື່ອງການເຂດໃນທ້ອງຖິ່ນຂອງທ່ານເພື່ອສອບຖາມກ່ຽວກັບເງື່ອນໄຂໃນການມີສິດໄດ້ຮັບ ຫຼື ມີຄໍາຖາມອື່ນໆ. (Laotian)

Waac-mbung: Se gorngv meih gongv mien waac nor, maaiv zuqc cuotv nyaanh gunv korh waac mingh taux 1-800-541-5555 (TDD 1-800-430-7077) yiem wuov maaih mienh tengx faan waac bun meih hiuv duv. Gunv korh waac taux meih nyei kaau dih nyei mienh, Se gorngv meih oix hiuv taux, meih maaih fai maaiv maaih ndaam-dorng leiz puix duqv ziqv nyei buanc. (Mien)

ਧਿਆਨ ਦਿਓ: ਜੇਕਰ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਸੀਂ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮੁਫਤ ਸਹਾਇਤਾ ਪਾਉਣ ਲਈ 1-800-541-5555 (TDD 1-800-430-7077) 'ਤੇ ਕਾਲ ਕਰ ਸਕਦੇ ਹੋ। ਪਾਤਰਤਾ ਸੰਬੰਧੀ ਵਿਵਾਦਾਂ ਜਾਂ ਸਵਾਲਾਂ ਦੇ ਲਈ ਆਪਣੇ ਸਥਾਨਕ ਕਾਉਂਟੀ ਦਫਤਰ ਨੂੰ ਕਾਲ ਕਰੋ। (Punjabi)

Внимание: Если Вы говорите по-русски, Вы можете позвонить по номеру 1-800-541-5555 (TDD 1-800-430-7077), чтобы получить бесплатную помощь на Вашем языке. Позвоните в Ваш местный окружной офис по вопросам или проблемам, связанным с соответствием требованиям. (Russian)

Atención: Si usted habla español puede llamar al 1-800-541-5555 (TDD 1-800-430-7077) para obtener ayuda gratuita en su idioma. Llame a la oficina local de su condado si tiene algún problema o alguna pregunta sobre elegibilidad. (Spanish)

Atensiyon: Kung nagsasalita ka ng Tagalog, maaari kang tumawag sa 1-800-541-5555 (TDD 1-800-430-7077) para sa libreng tulong sa wika mo. Tawagan ang lokal mong tanggapan sa county para sa mga isyu sa pagiging nararapat o mga tanong. (Tagalog)

โปรดทราบ: หากท่านพูดภาษาไทย ท่านสามารถโทรศัพท์ไปเบอร์ 1-800-541-5555 (TDD 1-800-430-7077) เพื่อรับความช่วยเหลือในภาษาของ ท่านโดยไม่เสียค่าใช้จ่าย กรุณาโทรศัพท์หาสำนักงานประจำท้องถิ่นของท่านเพื่อสอบถามเกี่ยวกับสิทธิของท่าน (Thai)

Увага: Якщо ви розмовляєте українською, ви можете зателефонувати за номером 1-800-541-5555 (TDD 1-800-430-7077), щоб отримати безкоштовну допомогу Вашою мовою. З питань стосовно права на пільги та іншої інформації, телефонуйте до вашого місцевого окружного офісу. (Ukrainian)

Lưu ý: Nếu quý vị nói tiếng Việt, quý vị có thể gọi 1-800-541-5555 (TDD 1-800-430-7077) để được trợ giúp miễn phí bằng ngôn ngữ của mình. Hãy gọi văn phòng quận địa phương của quý vị nếu có các vấn đề hoặc thắc mắc về tính đủ điều kiện. (Vietnamese)

California Department of
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