

State of California—Health and Human Services Agency Department of Health Care Services



GAVIN NEWSOM GOVERNOR

June 27, 2022

Sent via e-mail to: csmith@trinitycounty-ca.gov

Connie Smith, Director Trinity County Behavioral Health Services 1450 Main Street Weaverville, CA 96093

SUBJECT: Annual DMC State Plan County Compliance Unit Findings Report

Dear Director Smith:

The Department of Health Care Services (DHCS) is responsible for monitoring compliance to requirements of the State Plan Drug Medi-Cal (DMC) Contract operated by Trinity County.

The County Compliance Unit (CCU) within the Audits and Investigations Division (A&I) of DHCS conducted a review of the County's compliance with contract requirements based on responses to the monitoring instrument, discussion with county staff, and supporting documentation provided by the County.

Enclosed are the results of Trinity County's State Fiscal Year 2021-22 State Plan DMC Contract compliance review. The report identifies deficiencies, required corrective actions, advisory recommendations, and referrals for technical assistance.

Trinity County is required to submit a Corrective Action Plan (CAP) addressing each deficiency noted to the Medi-Cal Behavioral Health Division (MCBHD), Plan and Network Monitoring Branch (PNMB), County/Provider Operations and Monitoring Branch (CPOMB) liaison by 8/29/2022. Please use the enclosed CAP form and submit the completed CAP and supporting documentation via email to the CPOMB analyst at <u>MCBHDMonitoring@dhcs.ca.gov</u>.

If you have any questions or need assistance, please contact me at becky.counter@dhcs.ca.gov.

Sincerely,

Becky Counter (916) 713-8567

> Audits and Investigations Division Medical Review Branch Behavioral Health Compliance Section County Compliance Unit 1500 Capitol Ave., MS 2305 Sacramento, CA 95814 http://www.dhcs.ca.gov

Distribution:

#### To: Director Smith,

CC: Mateo Hernandez, Audits and Investigations, Medical Review Branch Acting Chief Lanette Castleman, Audits and Investigations, Behavioral Health Compliance Section Chief Ayesha Smith, Audits and Investigations, Behavioral Health Compliance Unit Chief Michael Bivians, Audits and Investigations, County Compliance Monitoring II Chief Cindy Berger, Audits and Investigations, Provider Compliance Unit Chief Sergio Lopez, County/Provider Operations Monitoring Section I Chief Tony Nguyen, County/Provider Operations Monitoring Section II Chief MCBHDMonitoring@dhcs.ca.gov, County/Provider Operations and Monitoring Branch Sherry Chandler, Trinity County SUD Program Manager

# **COUNTY REVIEW INFORMATION**

### County:

Trinity

### County Contact Name/Title:

Sherry Chandler/SUD Program Manager

### **County Address:**

1450 Main Street Weaverville, CA 96093

### **County Phone Number/Email:**

(530) 623-1840 schandler@trinitycounty-ca.gov

## Date of Review:

5/24/2022

### Lead CCU Analyst: Becky Counter

# Assisting CCU Analyst: N/A

#### Report Prepared by: Becky Counter

Decky Counter

### **Report Approved by:**

Ayesha Smith

# **REVIEW SCOPE**

#### I. Regulations:

- a. California Code of Regulations, Title 22, section 51341.1, 51490.1 and 51516.1 Drug Medi-Cal Substance Use Disorder Services
- b. California Code of Regulations, Title 9, Division 4: Department of Alcohol and Drug Programs
- c. Health and Safety Code, Division 10.5, Section 11750 11970: Alcohol and Drug Programs
- d. Welfare and Institutions Code, Division 9, Part 3, Chapter 7, Sections 14021.51-14021.53 and 14124.20-14124.25: Basic Health Care – Drug Medi-Cal Treatment Program
- II. Program Requirements:
  - a. Fiscal Year (FY) 2020-21 State-County Contract, herein referred to as State County Contract
  - b. Fiscal Year (FY) 2021-22 State-County Contract, herein referred to as State County Contract
  - c. Mental Health and Substance Use Disorders Services (MHSUDS) Information Notices
  - d. Behavioral Health Information Notices (BHIN)

# ENTRANCE AND EXIT CONFERENCE SUMMARIES

#### Entrance Conference:

An Entrance Conference was conducted via WebEx on 5/24/2022. The following individuals were present:

- Representing DHCS: Becky Counter, Associate Governmental Program Analyst (AGPA) Michael Ulibarri, Staff Services Manager I (SSM I)
- Representing Trinity County: Torri Cardilino, Deputy Director of Quality Assurance Katie Prunty, Compliance Officer Tiffany Forbes, Staff Services Analyst Sherry Chandler, SUD Program Manager

During the Entrance Conference, the following topics were discussed:

- Introductions
- Overview of review process
- Overview of services provided

#### Exit Conference:

An Exit Conference was conducted via WebEx on 5/24/2022. The following individuals were present:

- Representing DHCS: Becky Counter, AGPA Michael Ulibarri, SSM I
- Representing Trinity County: Torri Cardilino, Deputy Director of Quality Assurance Katie Prunty, Compliance Officer Tiffany Forbes, Staff Services Analyst Sherry Chandler, SUD Program Manager

During the Exit Conference, the following topics were discussed:

- Submitting follow-up evidence
- Due date for evidence submission

# SUMMARY OF FY 2021-22 COMPLIANCE DEFICIENCIES (CD)

# Section

# Number of CD's

1.0	Administration	3
2.0	Covered Services	1
3.0	DMC Certification & Continued Certification	3
4.0	Monitoring	6
5.0	General Provisions	0

# **CORRECTIVE ACTION PLAN (CAP)**

Pursuant to the <u>State County Contract, Exhibit A, Attachment I A1, Part I, Section 4, B, 6 a-b</u> each CD identified must be addressed via a CAP. The CAP is due within sixty (60) calendar days of the date of this monitoring report.

Please provide the following within the completed FY 2021- 22 CAP:

- a) A statement of the CD.
- b) A list of action steps to be taken to correct the CD.
- c) A date of completion for each CD.
- d) Who will be responsible for correction and ongoing compliance.

The CPOMB analyst will monitor progress of the CAP completion.

# Category 1: ADMINISTRATION

A review of the County's services, contracts, and training was conducted to ensure compliance with applicable regulations and standards. The following deficiencies in regulations, standards or protocol requirements were identified:

### COMPLIANCE DEFICIENCIES:

#### CD 1.1:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part I, Section 2, A, 1, a-e

A. Covered Services

- 1. Contractor shall establish assessment and referral procedures and shall arrange, provide, or subcontract for covered services in the Contractor's service area. Covered services include:
  - a) Outpatient drug-free treatment
  - b) Narcotic replacement therapy
  - c) Naltrexone treatment
  - d) Intensive Outpatient Treatment
  - e) Perinatal Residential Substance Abuse Services (excluding room and board)

#### MHSUDS Information Notice No: 18-009

The DMC contract between the Department and a contracting county specifies that the contracting county "shall establish assessment and referral procedures and shall arrange, provide, or subcontract for covered services in the Contractor's service area." (See Fiscal Year 2017-2020 DMC Contract, Exhibit A, Attachment I, Part I, Section 2, Subsection A, Paragraph 1.) The contract goes on to define "covered services" to include the following:

- a) Outpatient drug-free treatment;
- b) Narcotic replacement therapy;
- c) Naltrexone treatment;
- d) Intensive Outpatient Treatment; and
- e) Perinatal Residential Substance Abuse Services (excluding room and board).

(DMC Contract, Exhibit A, Attachment I, Part I, Section 2, Subsection A, Paragraph 1) The contract further requires that a contracting county "maintain continuous availability and accessibility of covered services and facilities, service sites, and personnel to provide the covered services." (DMC Contract, Exhibit A, Attachment I, Part I, Section 2, Subsection B, Paragraph 1.) These services must be provided to Medi-Cal beneficiaries with reasonable promptness, may not be limited due to budgetary constraints, and must be provided to requesting beneficiaries without regard to the county of residence (DMC Contract, Exhibit A, Attachment I, Part I, Section 2, Subsection B, Paragraphs 1 and 2.). A referral to a non-contracting provider or to another county without an appropriate funding agreement does not fulfill a county's contractual obligation to arrange, provide or subcontract for DMC services.

**Findings:** The County did not provide evidence demonstrating the County arranges, provides or subcontracts the following DMC Services:

• Naltrexone treatment.

### CD 1.2:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part II, S, 1 a

S. Nondiscrimination Notice, Nondiscrimination Statement, and Taglines

- The Contractor shall post a DHCS-approved nondiscrimination notice and language taglines in at least the top 16 non-English languages in the State (as determined by DHCS), as well as large print, explaining the availability of free language assistance services, including written translation and oral interpretation to understand the information provided, and the toll-free and TTY/TOY telephone number of the Contractor's member/customer service unit, as follows:
  - a. In all conspicuous physical locations where the Contractor interacts with the public.

**Findings:** The County did not provide evidence demonstrating the posting of a DHCS-approved nondiscrimination notice and language taglines in conspicuous physical locations where interactions with the public occur.

#### CD 1.5:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part I, Section 4, B, 4, a

a) Contractor shall include instructions on record retention in any subcontract with providers and mandate all providers to keep and maintain records for each service rendered, to whom it was rendered, and the date of service, pursuant to W&I Code, Section 14124.1.

#### WIC 14124.1

... Records required to be kept and maintained under this section shall be retained by the provider for a period of 10 years from the final date of the contract period between the plan and the provider, from the date of completion of any audit, or from the date the service was rendered, whichever is later, in accordance with Section 438.3(u) of Title 42 of the Code of Federal Regulations.

**Finding:** The County did not provide evidence demonstrating it includes instructions on record retention in any subcontract with providers mandating all providers to keep and maintain records for each service rendered, to whom it was rendered, and the date of service, pursuant W&I Code, Section 14124.1.

# Category 2: COVERED SERVICES

A review of the County's covered services was conducted to ensure compliance with applicable regulations, and standards. The following DMC deficiency in regulations, standards or protocol requirements was identified:

### COMPLIANCE DEFICIENCY:

#### CD 2.3:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part I, Section 2, B, 5

5. The Contractor shall require all subcontractors to inform the Contractor when a beneficiary that resides in the Contractor's county is referred to, and served by, an out-of-county provider.

**Findings:** The County did not provide evidence demonstrating that subcontractors notify the County when beneficiaries who reside in that County are referred to and receive treatment from an out-of-county provider.

# **Category 3: DMC CERTIFICATION & CONTINUING CERTIFICATION**

A review of the County's certification and re-certification was conducted to ensure compliance with applicable regulations, and standards. The following DMC deficiencies in regulations, standards or protocol requirements were identified:

### COMPLIANCE DEFICIENCIES:

#### CD 3.1:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part I, Section 3, A, 3

3. The Contractor shall require that providers of perinatal DMC services are properly certified to provide these services and comply with the requirements contained in Title 22, Section 51341.1, Services for Pregnant and Postpartum Women.

**Findings:** The County did not provide evidence demonstrating providers of perinatal DMC services comply with the requirements contained in Title 22, Section 51341.1, Services for Pregnant and Postpartum Women. The following requirements are missing, specifically:

- Any of the substance use disorder services listed in Subsection (d) shall be reimbursed at enhanced perinatal rates pursuant to Section 51516.1(a)(3) only when delivered by providers who have been certified pursuant to Section 51200 to provide perinatal Medi-Cal services to pregnant and postpartum women;
- Only pregnant and postpartum women are eligible to receive residential substance use disorder services;
- Perinatal services shall address treatment and recovery issues specific to pregnant and postpartum women, such as relationships, sexual and physical abuse, and development of parenting skills;
- Mother/child habilitative and rehabilitative services (i.e., development of parenting skills, training in child development, which may include the provision of cooperative child care pursuant to Health and Safety Code Section 1596.792);
- Service access (i.e., provision of or arrangement for transportation to and from medically necessary treatment);
- Education to reduce harmful effects of alcohol and drugs on the mother and fetus or the mother and infant; and
- Coordination of ancillary services (i.e., assistance in accessing and completing dental services, social services, community services, educational/vocational training and other services which are medically necessary to prevent risk to fetus or infant).

#### CD 3.3:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part V, Section 4, B, 1, 2, a

a) Contractor shall, on a monthly basis, monitor the status of all providers to ensure they maintain active enrollment in the DMC program. Any subcontracted provider that surrenders its certification or closes its facility must be reported by the Contractor to DHCS' Provider Enrollment Division at <u>DHCSDMCRECERT@ dhcs.ca.gov</u> within five business days of notification or discovery.

**Findings:** The County did not provide evidence demonstrating a process to identify changes to a provider's DMC certification on a monthly basis.

### CD 3.4:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part V, Section 4, B, 1, 2, b

 a) During the monthly status check, the Contractor shall monitor for a triggering recertification event (including but not limited to; change in ownership, change in scope of services, remodeling of facility, or change in location) and report any triggering events to DHCS' Provider Enrollment Division at <u>DHCSDMCRECERT@dhcs.ca.gov</u> within five business days of notification or discovery.

**Findings:** The County did not provide evidence demonstrating a process to monitor subcontractors for a triggering recertification event on a monthly basis.

# Category 4: MONITORING

A review of the County's monitoring and program integrity was conducted to ensure compliance with applicable regulations, and standards. The following DMC deficiencies in regulations, standards or protocol requirements were identified:

### COMPLIANCE DEFICIENCIES:

#### CD 4.1:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part I, Section 1, B

B. It is further agreed this Contract is controlled by applicable provisions of: (a) the W&I Code, Division 9, Part 3, Chapter 7, Sections 14000, *et seq.*, in particular, but not limited to, Sections 14100.2, 14021, 14021.5, 14021.6, and Article 1.3, Sections 14043, *et seq.*, (b) Title 22, including but not limited to Sections 51490.1, 51341.1 and 51516.1; and (c) Division 4 of Title 9 of the California Code Regulations (hereinafter referred to as Title 9).

#### 22 CCR § 51341.1 (b) (28) (A) (i) (f) (iii)

(A) For outpatient drug free, day care habilitative, perinatal residential and naltrexone treatment services programs the following shall apply:

- (i) The substance use disorder medical director's responsibilities shall at a minimum include all of the following
- (f) Ensure that provider's physicians are adequately trained to perform diagnosis of substance use disorders for beneficiaries, determine the medical necessity of treatment for beneficiaries and perform other physician duties, as outlined in this section.
- (iii) A substance use disorder medical director shall receive a minimum of five (5) hours of continuing medical education in addiction medicine each year.

**Findings:** The County did not provide evidence demonstrating Trinity County's Medical Director, Dr. Armerding, received the annual five (5) hours of continuing medical education units in addiction medicine. Specifically:

• The County did not provide evidence of continuing medical education for Trinity County's Medical Director, Dr. Armerding, for calendar year 2019.

The County did not provide evidence demonstrating Aegis's Medical Director received the annual five (5) hours of continuing medical education in addiction medicine. Specifically:

- The County did not provide evidence of continuing medical education for Aegis's Medical Director (OOCR # 535394, Chico) for calendar year 2019.
- The County did not provide evidence of continuing medical education for Aegis's Medical Director (OOCR # 535394, Chico) for calendar year 2020.

The County did not provide evidence demonstrating Aegis's Medical Director received the annual five (5) hours of continuing medical education in addiction medicine. Specifically:

- The County did not provide evidence of continuing medical education for Aegis's Medical Director (OOCR # 535303, Eureka) for calendar year 2019.
- The County did not provide evidence of continuing medical education for Aegis's Medical Director (OOCR # 535303, Eureka) for calendar year 2020.

The County did not provide evidence demonstrating Empire Recovery's Medical Director received the annual five (5) hours of continuing medical education in addiction medicine. Specifically:

- The County did not provide evidence of continuing medical education for Empire Recovery's Medical Director (OOCR # 530310, Redding) for calendar year 2019.
- The County did not provide evidence of continuing medical education for Empire Recovery's Medical Director (OOCR # 530310, Redding) for calendar year 2020.

### CD 4.2:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part I, Section 3, A, 4, c

- 4. Contractor shall require all the subcontracted providers of services to be licensed, registered, DMC certified and/or approved in accordance with applicable laws and regulations. The Contractor's subcontracts shall require that providers comply with the following regulations and guidelines:
- c) <u>Minimum Quality Drug Treatment Standards</u>, Document 2F(a)

Compliance with the following Minimum Quality Treatment Standards is required in addition to CCR Title 9 and 22 regulations for all SUD treatment programs either partially or fully funded through DMC. If conflict between regulations and standards occurs, the most restrictive shall apply.

#### Document 2F(a), A, 3

- A. Personnel Policies
  - 3. Written code of conduct for employees and volunteers/interns shall be established which addresses at least the following:
    - a) Use of drugs and/or alcohol;
    - b) Prohibition of social/business relationship with beneficiary's or their family members for personal gain;
    - c) Prohibition of sexual contact with beneficiary's;
    - d) Conflict of interest;
    - e) Providing services beyond scope;
    - f) Discrimination against beneficiary's or staff;
    - g) Verbally, physically, or sexually harassing, threatening, or abusing beneficiary's, family members or other staff;
    - h) Protection beneficiary confidentiality;
    - i) The elements found in the code of conduct(s) for the certifying organization(s) the program's counselors are certified under; and
    - j) Cooperate with complaint investigations.

#### Document 2F(a), A, 5

A. Personnel Policies

5. Written roles and responsibilities and a code of conduct for the medical director shall be clearly documented, signed and dated by a program representative and physician.

**Findings**: The County did not provide evidence demonstrating the Code of Conduct for Trinity County's Medical Director, Dr. Armerding, includes all required elements. The following required elements are missing, specifically:

• Signed and dated by the physician;

- Signed and dated by a provider representative;
- Conflict of interest;
- Providing services beyond scope;
- Discrimination against beneficiary's or staff;
- Verbally, physically, or sexually harassing, threatening, or abusing beneficiary's, family members or other staff;
- Protection beneficiary confidentiality; and
- Cooperate with complaint investigations.

The County did not provide evidence demonstrating subcontractor SUD program Medical Directors have a Code of Conduct.

#### CD 4.3:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part I, Section 3, A, 4, c

- 4. Contractor shall require all the subcontracted providers of services to be licensed, registered, DMC certified and/or approved in accordance with applicable laws and regulations. The Contractor's subcontracts shall require that providers comply with the following regulations and guidelines:
- c) <u>Minimum Quality Treatment Standards, (Document 2F(a))</u>

Compliance with the following Minimum Quality Treatment Standards is required in addition to CCR Title 9 and 22 regulations for all SUD treatment programs either partially or fully funded through DMC. If conflict between regulations and standards occurs, the most restrictive shall apply.

#### Document 2F(a), A, 5

- A. Personnel Policies
  - 5. Written roles and responsibilities and a code of conduct for the medical director shall be clearly documented, signed and dated by a program representative and physician.

#### 22 CCR § 51341.1 (b) (28) (A) (i) (a)-(f)

- A. For outpatient drug free, day care habilitative, perinatal residential and naltrexone treatment services programs the following shall apply:
  - (i) The substance use disorder medical director's responsibilities shall at a minimum include all of the following:
    - (a) Ensure that medical care provided by physicians, registered nurse practitioners, and physician assistants meets the applicable standard of care.
    - (b) Ensure that physicians do not delegate their duties to nonphysician personnel.
    - (c) Develop and implement medical policies and standards for the provider.
    - (d) Ensure that physicians, registered nurse practitioners, and physician assistants follow the provider's medical policies and standards.
    - (e) Ensure that the medical decisions made by physicians are not influenced by fiscal considerations.
    - (f) Ensure that provider's physicians are adequately trained to perform diagnosis of substance use disorders for beneficiaries, determine the medical necessity of treatment for beneficiaries and perform other physician duties, as outlined in this section.

**Finding:** The County did not provide evidence demonstrating the written roles and responsibilities for Trinity County's Medical Director, Dr. Armerding, includes all required elements. The following required element is missing, specifically:

Ensure that the medical decisions made by physicians are not influenced by fiscal • considerations.

The County did not provide evidence demonstrating subcontractor SUD program Medical Directors have written roles and responsibilities.

#### CD 4.4:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part 1, Section 4, B, 3, a 3. Program Complaints

a) Report suspected Medi-Cal Fraud online: https://www.dhcs.ca.gov/individuals/Pages/StopMedi-CalFraud .aspx By email: fraud@dhcs.ca.qov By phone: 1-800-822-6222

Finding: The County did not provide evidence demonstrating an implemented process for program complaints of suspected fraud to be reported to DHCS by phone, email or online.

#### CD 4.5:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part 1, Section 4, B, 3, b

- 3. Program Complaints
  - b) All complaints received by the Contractor regarding a DMC provider shall be forwarded to MCBHD within two business days as follows: DMC provider complaints are to be submitted to:

DHCS Medi-Cal Behavioral Health Division 1500 Capitol Avenue, MS# 2623 Sacramento, CA 95814

**Findings:** The County did not provide evidence demonstrating that program complaints regarding DMC providers are submitted to DHCS within two business days.

#### CD 4.7:

State Plan DMC Contract, Exhibit A, Attachment I A1, Part 1, Section 4, B, 3, d

- 3. Program Complaints
  - c) The Contractor shall be responsible for investigating complaints and providing the results of all investigations to DHCS by secure, encrypted e-mail to: MCBHDmonitoriing@dhcs.ca.gov within two business days of completion.

**Finding:** The County did not provide evidence demonstrating the responsibility to investigate complaints.

The County did not provide evidence demonstrating DHCS is provided the results of all complaint investigations by secure, encrypted email within two business days of investigation's completion.

# **TECHNICAL ASSISTANCE**

Trinity County did not request Technical Assistance for FY 21-22.