



California's Tribal Substance Use Disorder Update

Marlies Perez

Department of Health Care Services (DHCS)

Substance Use Disorder Compliance Division (SUDCD)

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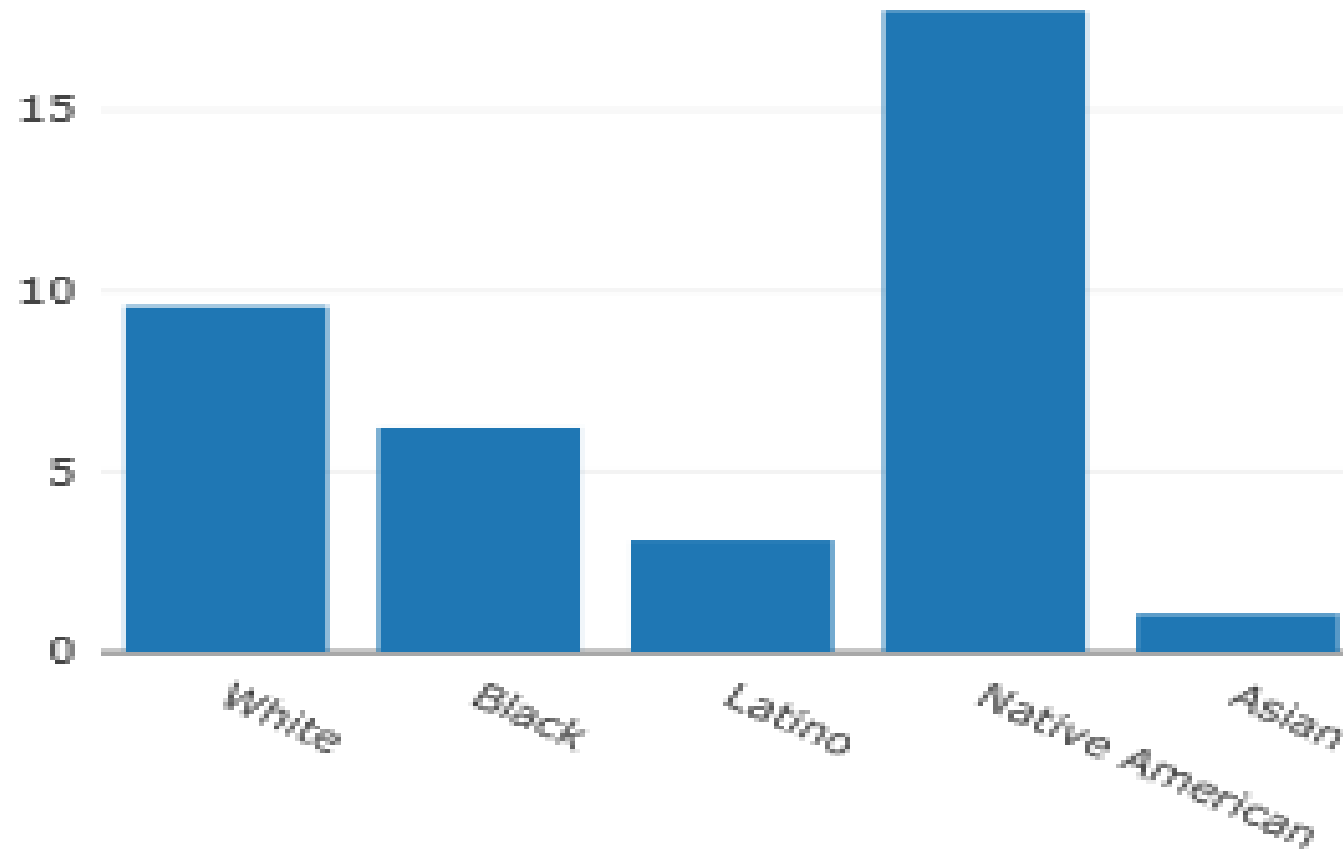


Opioid Use Disorder and CA Tribal Communities

- In 2015, DHCS began conversations with tribal communities regarding the gaps in treatment availability for SUD services.
- Tribal partners, Tribal health clinics and the state began designing a culturally responsive system the 1115 waiver.
- Relationships built from the 1115 process were utilized to design the Tribal MAT Project.
- The state dedicated a portion of federal STR and SOR dollars specifically for the Tribal MAT Project.
- In addition, all other STR and SOR projects are available for Tribal communities and Tribal health clinics.



CA Deaths - Native American - 2017 Race/Ethnicity : All Opioid Overdose Deaths : Age-Adjusted Percentage Rate per 100k





Ca Dept. of Public Health Dashboard

- The California Opioid Overdose Surveillance Dashboard
 - Annually updated.
 - Can be broken down to reveal stats by drug, age, ethnicity, county, and even zip code for a custom snapshot.
 - Helps reveal the true extent of the problem to stakeholders.
 - Adding meth and fentanyl.
 - Technical assistance available.
- <https://discovery.cdph.ca.gov/CDIC/ODdash/>



CAs Organized Delivery System for Indian Health Care Providers

- Tribal portion of the SUD 1115 waiver
- Focus is ensuring the ODS-IHCP provides treatment services that include Tribal values and cultures.
- The use of Natural Helpers and Traditional Healers is being discussed with CMS.
- Residential services funded.
- Negotiations still in progress with CMS.
- Fold into the 2020 waiver renewal process.
- Upcoming stakeholder engagement opportunities.



Tribal MAT Project

Funded under the Opioid State Targeted Response (STR) and State Opioid Response (SOR) federal grants. A total of \$11 million.

- MAT Champions
- Project Echo
- OUD Suicide Prevention
- Needs Assessment
- Tele-MAT
- Local Opioid Coalitions
- Coordinating Efforts/Technical Assistance

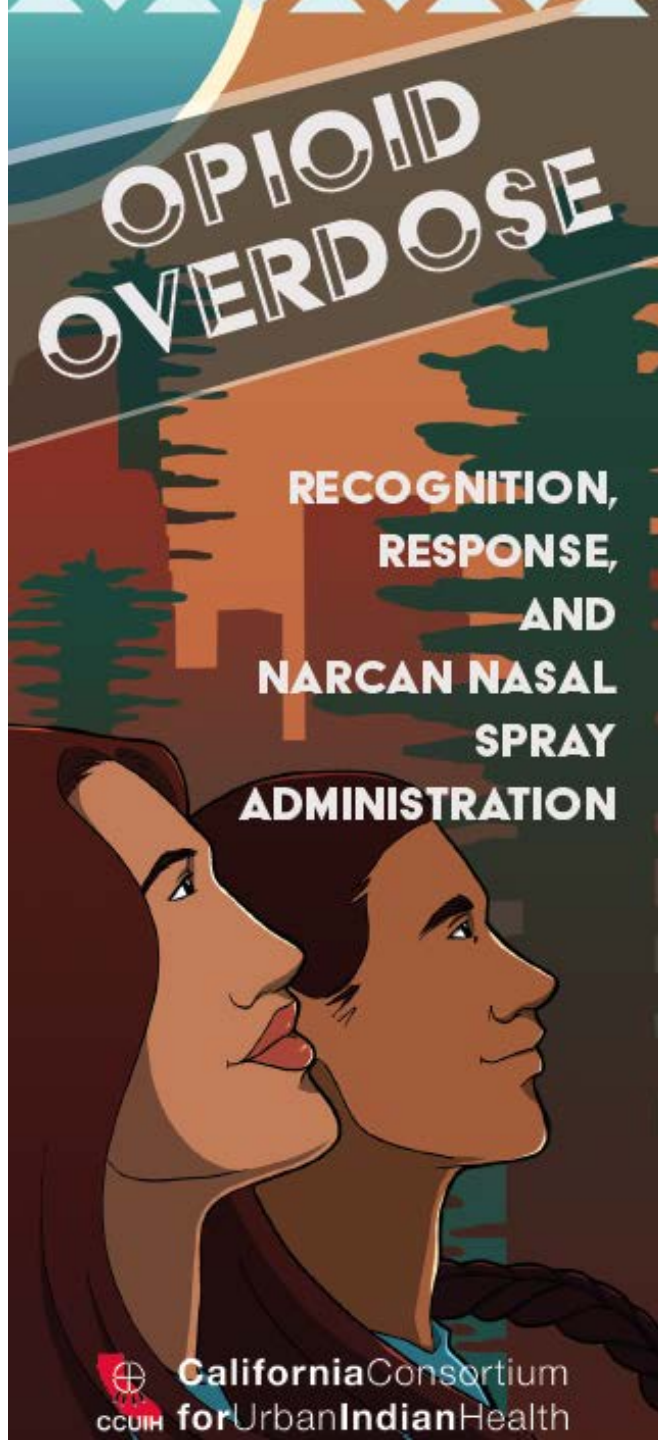


MAT Champions

Five MAT Champions are receiving funding to perform:

- Engagement with county local opioid coalitions or to begin Tribal opioid coalitions.
- Funding for telehealth equipment for OUD
- On-site OUD technical assistance.





MAT Champions

- Distribution of Narcan (naloxone) to Tribal Indian first responders and Native individuals.
- Education materials and OUD campaign.



MAT Champions

Efforts underway:

- CCUIH opioid summit held in September 2018
- CRIHB opioid summit held in December 2018
- CRIHB-CCUIH collaboration to launch statewide California Indian Opioid Safety Coalition in April 2018
- 15 Tribal Opioid Safety Coalitions to be awarded by CRIHB
- 8 Urban Indian health programs awarded subcontracts by CCUIH to participate in the Opioid Safety Coalitions



SAVE THE DATE

*JOIN US FOR
QUARTERLY
CIOSC MEETINGS*

*CALLS WILL BE HELD VIA
ZOOM VIDEO CONFERENCE*



TRIBAL CONTACT:
Tamika Bennett
tbennett@crihb.org



URBAN CONTACT:
Melissa Eidman
melissa@ccuih.org

FROM 1 PM - 3 PM

JULY 18TH, 2019

OCTOBER 17TH, 2019

&

JANUARY 16TH, 2020

**[Tribal
MAT]**

A unified response to
the opioid crisis in
California Indian Country



Tele-MAT

- The contractor is providing MAT telehealth services for patients with OUD and co-occurring disorders in 12 Indian Health Programs statewide.
- Also provided are onsite scheduling of patient visits, Indian Health Provider needs assessment, TA around naloxone and ASAM criteria, as well as several other efforts to enhance the MAT in the Indian Health Provider settings.
- On-site TA and protocols for Tribal clinics adding MAT at their site.



Tele-MAT

Additional Services Provided by the Contractor

- Referral service to contractor for MAT patients with more complex co-occurring disorders.
- The delivery of six educational Webinars to date for participating programs.
- TeleWell website @ www.telewell.org that includes all webinar recordings, all intake materials available for download, coaching/TA materials (including Katie Bell's MAT Handbook).



TeleWell TA for Tribal Clinics

A nurse specializing in MAT in coordination with the Tele-MAT contractor has provided:

- Site specific assistance in starting a new or expanding a MAT program for eight Tribal clinics.
- Counties of clinics benefited are in Riverside, Lake, Humboldt, Inyo, Santa Barbara, Mendocino, Siskiyou and Tuolumne.
- Large presence of MAT patients identified at these clinics will benefit from the TA provided to these clinics.



Native Project ECHO

Tribal MAT ECHO Clinics

- 3rd Tuesday, 12pm-1pm



In partnership with UCLA, Project ECHO is designed to:

- Increase the number of waivered prescribers.
- Provide expanded MAT services that include tribal values and culture and expand MAT in Tribal and Urban communities.



OUD Suicide Prevention

Two Feathers Native American Family Services has developed a Tribal Youth and Family Services consortium consisting of tribal partners that provides the following services:

- OUD prevention, suicide prevention, and intensive case management for Native youth ages 10-24;
- OUD prevention services to the parent(s) or guardian(s) of youths receiving care at the consortium;
- Community activity engagement for youth and their families.
- Services began November 2018.



Tribal Needs Assessment

- The University of Southern California is performing a statewide needs assessment to determine the MAT needs of the Tribal and Urban Indian communities in California.
- Accomplished with the guidance of a Community Advisory Board (CAB) that consists of 10 representatives that work with Tribal and Urban Indian communities.
- Qualitative data provides an understanding of the specific prevention, treatment, and recovery services needed to reduce substance use, specifically opioids among Tribal and Urban Indian communities in California.



Tribal Needs Assessment

- 10 Tribal/Urban Indian communities are participating in a focus group and key informant interview (KII). The project has reached:
 - 240 in total
 - Adult Focus Groups (n=100)
 - Youth Focus Groups (n=100)
 - KII (n=40) with physicians, behavioral health directors, addiction counselors, youth counselors, etc.
- The outcomes of the needs assessment will be used to focus additional efforts in the areas identified needing additional resources for OUD services.



Tribal Needs Assessment

Focus Group and Key Informant Interviews identified the following areas to focus resources:

- More Treatment centers in areas with AI/AN populations
- More case management
- Implementing the use of Traditional Healers
- More services to decrease wait lists
- More aftercare & follow-up after discharge from treatment
- More women's sober living spaces
- Need for Grief counseling



Project Observations

Stigma is a huge problem—and

mostly not related to culturally specific issues.

It's providers not wanting to have SUD patients in their waiting rooms.

It's counselors not wanting to provide agonist-based medications.



Project Observations

- Providers report pockets of experience of integrating MAT with culturally adapted approaches to 12-step recovery, including White Bison, Wellbriety and the Red Road to Recovery
- Even if tribal providers are interested in offering MAT, their health board or tribal council can be a barrier.
- An area of focus is reconciling traditional healing methods and cultural practices with MAT.



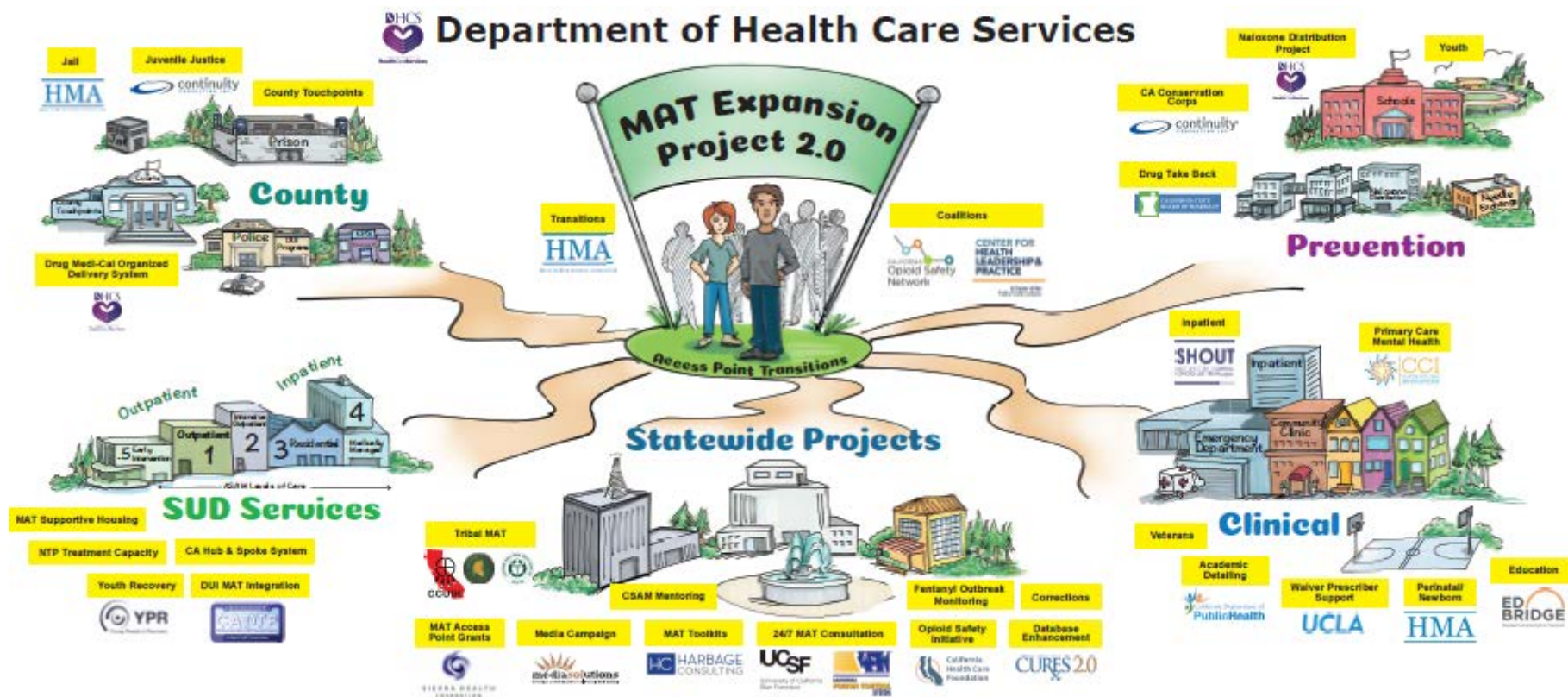
Project Observations

There is a positive shift being noticed at the programs by our contractors:

“When I first meet with a provider they will say, we don’t have a problem with opioids here, our doors are closed to MAT. And then all of a sudden they ask, how soon can you get here?”



MAT Expansion Project





California MAT Expansion Opportunities

Naloxone Distribution Project

- The NDP has distributed approximately 191,000 units of naloxone since the beginning of October 2018.
- Eligible entities include tribal entities.
- Indian Health Programs account for approximately 1500 of those units distributed.
- To download the application & for more information, visit the DHCS website: <https://bit.ly/2w2Vx9f>





Workforce MAT Summits

- CSUS will host two summits about for the SUD workforce.
- The training will provide education and resources pertaining to MAT, tools to address and reduce stigma, and ways the workforce can join California's current efforts to address SUD emerging epidemics and will take place:
 - Northern CA: June 4, 2019 at the DoubleTree Sacramento.
 - Southern CA: June 11, 2019 at the DoubleTree Anaheim
- Complementary registration and CEUs:
www.cce.csus.edu/MATSummit





California Bridge Program

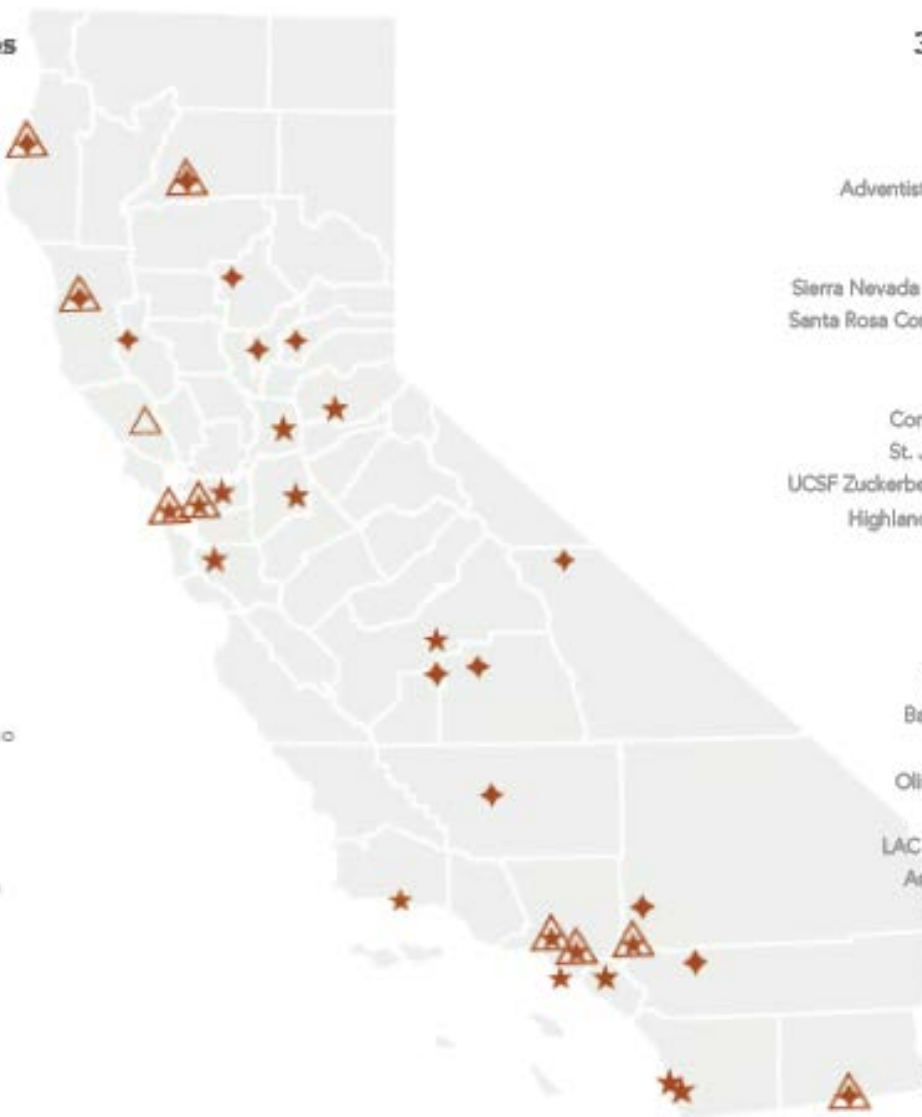


- The CA Bridge Program is developing hospitals and emergency rooms into primary access points for the treatment of acute symptoms of SUDs – enhancing and increasing access to 24/7 treatment in every community in the state.
- As of March 2019, 31 health care facilities are participating in the California Bridge Program, spanning 27 counties throughout the state.
- The program has been profiled in the [New York Times](#) and [Vox](#).
- Technical assistance materials are available to any clinician at www.bridgetotreatment.org.



27 counties

- Alameda
- Butte
- Contra Costa
- El Dorado
- Fresno
- Humboldt
- Imperial
- Inyo
- Kern
- Kings
- Lake
- Los Angeles
- Mendocino
- Nevada
- Orange
- Riverside
- Sacramento
- San Bernardino
- San Diego
- San Francisco
- San Joaquin
- Santa Barbara
- Santa Clara
- Shasta
- Sonoma
- Tulare
- Yuba



31 health care facilities

- St. Joseph Hospital (Eureka)
- Shasta Regional Medical Center
- Enloe Medical Center
- Adventist Health Howard Memorial Hospital
- Sutter Lakeside
- Adventist Health Rideout
- Sierra Nevada Memorial Hospital-Miners Hospital
- Santa Rosa Community Health Center - Brookside
- UC Davis
- Marshall Medical Center
- Contra Costa Regional Medical Center
- St. Joseph's Medical Center (Stockton)
- UCSF Zuckerberg San Francisco General Hospital
- Highland Hospital, Alameda Health System
- Santa Clara Valley Medical Center
- Northern Inyo Hospital
- UCSF Fresno
- Adventist Health Hanford
- Kaweah Delta Hospital Foundation
- Bakersfield Memorial Medical Center
- Santa Barbara Cottage Hospital
- Olive View LAC+ USC Medical Center
- St. Mary's Medical Center
- LAC + USC Medical Center Foundation
- Arrowhead Regional Medical Center
- LAC/Harbor UCLA Medical Center
- UC Irvine
- San Geronio Memorial Hospital
- UC San Diego
- Scripps Mercy Hospital
- El Centro Regional Medical Center

★ Star sites will become regional 'centers of excellence' for initiating treatment for substance use disorders from the inpatient ED, or prenatal settings and work with other hospitals to spread best practices.

◆ Rural Bridge sites will provide new access points for evidence-based treatment for substance use disorders primarily, in the emergency department.

△ Bridge clinics offer 'low-threshold' follow-up for patients started on treatment in the acute care setting, assisting patients with overcoming barriers to continued long term outpatient treatment in the community.



Special Populations: Youth



- The goal of the California Youth Opioid Response (YOR California) is to improve and expand access to prevention, intervention, and recovery services, as well as access points to medications for opioid use disorder (OUD) as indicated, for youth (ages 12–24) and their families, thereby preventing opioid overdose-related deaths.
- This request for applications (RFA) provides up to \$11 million in funds for local and statewide efforts to reduce OUD among youth through increased access to enhanced youth-appropriate continuum of services including but not limited to OUD.



Toolkits

- Informational toolkits will be developed for a variety of stakeholders and target audiences.
- As each toolkit is finalized, an informational webinar will be hosted to summarize the content, and how the toolkit can be best utilized.
- A toolkit for residential treatment providers is available at www.dhcs.ca.gov/provgovpart/Pages/Training-and-Resources.aspx
- Upcoming toolkit topics/audiences include:
 - Consumers
 - Counselors
 - DUI Providers
 - Criminal Justice
 - Employers
 - Hospitals & emergency departments
 - Outpatient Facilities

PART I: Basic Overview of Medication Assisted Treatment

What is Medication Assisted Treatment (MAT)?

Evidence-based treatment for patients in need


MAT is the use of United States Food and Drug Administration (FDA)-approved medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders. MAT is an evidence-based treatment for clients with opioid use disorders (i.e. addiction to heroin, illicit fentanyl, or prescription pain medications) and clients with alcohol use disorders.

The addition of MAT has been shown to significantly reduce the rate of relapse, compared to abstinence-based treatment. For opioid use disorders (OUD), use of methadone or buprenorphine cuts overdose rates by half or more, and reduces rates of HIV and hepatitis C transmission.¹ While MAT is considered standard of care for clients with opioid use disorders and alcohol use disorders, there is no FDA-approved MAT for other substance use disorders available currently.

Clients should have access to MAT while living in a residential treatment facility. Residential treatment facilities are not allowed to deny admission to potential clients because they have a valid

WHAT IS MAT?

FDA-approved medication + Counseling and behavioral therapies = Whole patient approach to treatment




prescription from a licensed health care professional for an FDA-approved medication for MAT.²

In addition, residential treatment without medication for clients with OUD puts them at high risk of overdose after departure.

Residential treatment facilities can provide access to MAT for their clients in treatment, either within the facility (through incidental medical services) or in the community, through relationships with opioid treatment programs, community health centers, or other MAT access points.

REDUCED RATE OF RELAPSE

MAT has been shown to reduce the rate of relapse, compared to abstinence-based treatment.



This resource was created by Harbage Consulting with support from the California Health Care Foundation.

¹ National Institute on Drug Abuse, "Effective Treatments for Opioid Addiction," available at bit.ly/2a2WwLr.
² SB 992, 2018. Available at bit.ly/2a2WwLr.



Media Campaign



Proven treatment for opioid addiction starts here. [ChooseMAT.org](https://www.choosemat.org)



**“Let’s talk
about
treatment
options.”**



**CHOOSE
CHANGE
CALIFORNIA**

Proven treatment for opioid addiction starts here.

Medication Assisted Treatment (MAT) is the use of FDA-approved medications for the treatment of opioid addiction. When coupled with counseling, MAT treats the whole patient and significantly reduces the rate of relapse. Medi-Cal, Medicare and many private insurance plans cover MAT. You can get MAT through a primary care doctor, licensed narcotic treatment programs, outpatient treatment programs, or licensed residential treatment facilities.

Find a proven treatment option that's right for you at [ChooseMAT.org](https://www.ChooseMAT.org).

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- MAT Expansion Project Email
DHCSMATExpansion@dhcs.ca.gov
- DMC-ODS Website:
<http://www.dhcs.ca.gov/provgovpart/Pages/Drug-Medi-Cal-Organized-Delivery-System.aspx>