

State of California—Health and Human Services Agency Department of Health Care Services



GAVIN NEWSOM GOVERNOR

May 24, 2022

Sent via e-mail to: alan@sbcmh.org

Alan Yamamoto, LCSW, Behavioral Health Director SUD Administrator San Benito County Behavioral Health Services 1131 San Felipe Road Hollister, CA 95023-2809

SUBJECT: Annual SABG County Compliance Unit Findings Report

Dear Director Yamamoto:

The Department of Health Care Services (DHCS) is responsible for monitoring compliance to requirements of the Substance Abuse Block Grant (SABG) and the terms of the Contract operated by San Benito County.

The County Compliance Unit (CCU) within the Audits and Investigations Division (A&I) of DHCS conducted a review of the County's compliance with contract requirements based on responses to the monitoring instrument, discussion with county staff, and supporting documentation provided by the County.

Enclosed are the results of San Benito County's Fiscal Year 2021-22 SABG compliance review. The report identifies deficiencies, required corrective actions, advisory recommendations, and referrals for technical assistance.

San Benito County is required to submit a Corrective Action Plan (CAP) addressing each deficiency noted to the Community Services Division (CSD), Community Support Branch (CSB), Policy, Monitoring and Financing Section (PMFS) Analyst by 7/25/2022. Please use enclosed CAP form and submit the completed CAP and supporting documentation by email to the PMFS analyst at <u>SABGcompliance@dhcs.ca.gov</u>.

If you have any questions, please contact me at emanuel.hernandez@dhcs.ca.gov.

Sincerely,

Emanuel Hernandez (916) 713-8667

Audits and Investigations Division Medical Review Branch Behavioral Health Compliance Section County Compliance Unit 1500 Capitol Ave., MS 2305 Sacramento, CA 95814 http://www.dhcs.ca.gov

Distribution:

- To: Director Yamamoto,
- CC: Mateo Hernandez, Audits and Investigations, Medical Review Branch Acting Chief Lanette Castleman, Audits and Investigations, Behavioral Health Compliance Section Chief Avesha Smith, Audits and Investigations, Behavioral Health Compliance Unit Chief Michael Bivians, Audits and Investigations, County Compliance Monitoring II Chief Cindy Berger, Audits and Investigations, Provider Compliance Unit Chief Tracie Walker, Community Services Division, Community Support Branch Chief Denise Galvez, Community Services Division, Operations Branch Chief Donna Ures, Community Services Division, Policy, Monitoring and Financing Section Chief Jessica Fielding, Community Services Division, Family Services Section Chief Angelina Azevedo, Community Services Division, Prevention Services Unit Chief Ashley Love, Community Services Division, Family Services Unit Chief SABGcompliance@dhcs.ca.gov, Policy, Monitoring and Financing Section MCBHDMonitoring@dhcs.ca.gov, County/Provider Operations and Monitoring Branch Rachel White, San Benito County Behavioral Health, Assistant Director Grizelle Rios, San Benito County Behavioral Health, Quality Improvement Supervisor

COUNTY REVIEW INFORMATION

County:

San Benito

County Contact Name/Title:

Grizelle Rios/Quality Improvement Supervisor

County Address:

1131 San Felipe Road Hollister, CA 95023-2809

County Phone Number/Email:

831-636-4020 grios@sbcmh.org

Date of Review:

03/04/2022

Lead CCU Analyst: Emanuel Hernandez

Assisting CCU Analyst:

N/A

Report Prepared by:

Emanuel Hernandez

Report Approved by:

Ayesha Smith

REVIEW SCOPE

I. Regulations:

- a. California Code of Regulations, Title 22, section 51341.1 Drug Medi-Cal Substance Use Disorder Services
- b. Code of Federal Regulations; Title 45, Part 96; Subpart L; section 96.121 through 96.137: Substance Abuse Prevention and Treatment Block Grant
- c. United States Code, Title 42, Section 300x-21 through 300x-66: Block Grants regarding Mental Health and Substance Use
- d. Health and Safety Code, Division 10.5, Section 11750 11970: Alcohol and Drug Programs
- II. Program Requirements:
 - a. Fiscal Year (FY) 2020-21 Substance Abuse Block Grant (SABG) Application, herein referred to as the SABG Application
 - b. Fiscal Year (FY) 2021-22 Substance Abuse Block Grant (SABG) Application, herein referred to as the SABG Application
 - c. State of California Youth Treatment Guidelines Revised August 2002
 - d. DHCS Perinatal Practice Guidelines FY 2018-19
 - e. National Culturally and Linguistically Appropriate Services (CLAS)
 - f. Mental Health and Substance Use Disorders Services (MHSUDS) Information Notices
 - g. Behavioral Health Information Notices (BHIN)

ENTRANCE AND EXIT CONFERENCE SUMMARIES

Entrance Conference:

An Entrance Conference was conducted via WebEx on 03/04/2022. The following individuals were present:

- Representing DHCS: Emanuel Hernandez, Associate Governmental Program Analyst (AGPA) Angela Rankin, AGPA
- Representing San Benito County:
 - Rachel White, San Benito County Behavioral Health, Assistant Director Grizelle Rios, San Benito County Behavioral Health, Quality Improvement Supervisor Elizabeth Lopez, San Benito Behavioral Health, SUD Program Clinical Supervisor Rumi Saikia, San Benito Behavioral Health, Quality Improvement Supervisor II

During the Entrance Conference, the following topics were discussed:

- Introductions
- Overview of review process
- Overview of services provided

Exit Conference:

An Exit Conference was conducted via WebEx on 03/04/2022. The following individuals were present:

- Representing DHCS: Emanuel Hernandez, AGPA Angela Rankin, AGPA
- Representing San Benito County: Rachel White, San Benito County Behavioral Health, Assistant Director Grizelle Rios, San Benito County Behavioral Health, Quality Improvement Supervisor Elizabeth Lopez, San Benito Behavioral Health, SUD Program Clinical Supervisor Rumi Saikia, San Benito Behavioral Health, Quality Improvement Supervisor II

During the Exit Conference, the following topics were discussed:

- Submitting follow-up evidence
- Due date for evidence submission

SUMMARY OF FY 2021-22 COMPLIANCE DEFICIENCIES (CD)

<u>Section</u>

Number of CD's

| 1.0 | Administration | 1 |
|-----|----------------------------|---|
| 2.0 | Prevention | 0 |
| 3.0 | Perinatal | 2 |
| 4.0 | Adolescent/Youth Treatment | 3 |
| 5.0 | Data/CalOMS | 3 |
| 6.0 | Program Integrity | 2 |
| 7.0 | Fiscal | 1 |

CORRECTIVE ACTION PLAN (CAP)

Pursuant to the <u>SABG County Application</u>, <u>Enclosure 2</u>, <u>Part I</u>, <u>Section 3</u>, <u>B</u>, <u>5-7</u> each CD identified must be addressed via a CAP. The CAP is due within sixty (60) calendar days of the date of this monitoring report.</u>

Please provide the following within the completed FY 2021-22 CAP:

- a) A statement of the CD.
- b) A list of action steps to be taken to correct the CD.
- c) A date of completion for each CD.
- d) The name of the person who will be responsible for corrections and ongoing compliance.

The PMFS analyst will monitor progress of the CAP completion.

Category 1: ADMINISTRATION

A review of the County's Maintenance of Records, service providers, referrals, services, contracts, and general provisions was conducted to ensure compliance with applicable regulations and standards. The following deficiency in regulations, standards or protocol requirements was identified:

COMPLIANCE DEFICIENCY:

CD: 1.4.2:

SABG Application, Enclosure 2, I, 2, B, 2, g

- 2. County shall provide services to all eligible persons in accordance with state and federal statutes and regulations. County shall assure that in planning for the provision of services, the following barriers to services are considered and addressed:
 - g. Needs of persons with a disability

Findings: The County did not provide evidence demonstrating that in planning for the provision of services, the needs of persons with a disability are considered and addressed.

Category 3: PERINATAL

A review of the SABG Perinatal services, outreach and Tuberculosis (TB) monitoring was conducted to ensure compliance with applicable regulations and standards. The following deficiencies in regulations, standards or protocol requirements were identified:

COMPLIANCE DEFICIENCIES:

CD 3.1.2:

SABG Application, Enclosure 2, I, 2, D

D. Perinatal Practice Guidelines

County shall comply with the perinatal program requirements as outlined in the Perinatal Practice Guidelines as listed online: <u>https://www.dhcs.ca.gov/Documents/CSD</u> <u>KS/CSD%20Perinatal%20Services /Perinatal-Practice-Guidelines.pdf</u>.

The County shall comply with the current version of these guidelines until new Perinatal Practice Guidelines are established and adopted. County must adhere to the Perinatal Practice Guidelines, regardless of whether the County exchanges perinatal funds for additional discretionary funds.

Perinatal Practice Guidelines, Section B, 7

7. ASSESSMENT AND PLACEMENT

All SUD providers shall document treatment services, activities, sessions, and assessments.

In addition, the provider shall complete a personal, medical, and substance use history within 30 calendar days of admission to treatment.

Pregnant women who are dependent on opioids and have a documented history of addiction to opioids, may be admitted to maintenance treatment without documentation of a 2-year addiction history or two prior treatment failures.

Physicians shall reevaluate the pregnant woman no later than 60 days postpartum to determine whether continued maintenance treatment is appropriate.

Findings: The County did not provide evidence demonstrating how County and subcontracted providers document treatment services, activities, sessions and assessments for pregnant women, specifically:

- Personal History completed within 30 days of admission to treatment.
- Medical History completed within 30 days of admission to treatment.
- Substance Use History completed within 30 days of admission to treatment.
- Physician reevaluation of pregnant beneficiary no later than 60 days postpartum.

CD 3.2.1:

SABG Application, Enclosure 2, I, 2, D

D. Perinatal Practice Guidelines

County shall comply with the perinatal program requirements as outlined in the Perinatal Practice Guidelines as listed online: <u>https://www.dhcs.ca.gov/Documents/CSD</u> KS/CSD%20Perinatal%20Services /Perinatal-Practice-Guidelines.pdf.

The County shall comply with the current version of these guidelines until new Perinatal Practice Guidelines are established and adopted. County must adhere to the Perinatal Practice Guidelines, regardless of whether the County exchanges perinatal funds for additional discretionary funds.

Perinatal Practice Guidelines, Section B, 13

13. CASE MANAGEMENT

Case management allows for efficient use of resources, skills, and services across systems. Case management services are provided by a single point of contact who arranges, coordinates, and monitors the services to meet the needs of pregnant and parenting women and their families. Furthermore, case management offers cultural sensitivity and advocacy for each client.

SUD treatment providers must provide or arrange for case management to ensure that pregnant and parenting women, and their children, have access to the following services:

- i. Primary medical care, including prenatal care;
- ii. Primary pediatric care, including immunizations;
- iii. Gender-specific treatment; and
- iv. Therapeutic interventions for children to address developmental needs, sexual and psychological abuse, and neglect.

Findings: The County did not provide evidence demonstrating how County and subcontracted providers arrange case management to ensure pregnant and parenting women, and their children, have access to services, specifically:

- Primary medical care, including prenatal care;
- Primary pediatric care, including immunizations;
- Gender-specific treatment; and
- Therapeutic interventions for children to address developmental needs, sexual and psychological abuse, and neglect.

Category 4: ADOLESCENT/YOUTH TREATMENT

A review of the SABG Adolescent/Youth Treatment program and services was conducted to ensure compliance with applicable regulations and standards. The following deficiencies in regulations, standards or protocol requirements were identified:

COMPLIANCE DEFICIENCIES:

CD 4.1.1:

SABG Application, Enclosure 2, II. General, 16

16. Youth Treatment Guidelines

County must comply with DHCS guidelines in developing and implementing youth treatment programs funded under this Enclosure, until new Youth Treatment Guidelines are established and adopted. Youth Treatment Guidelines are posted online at: <u>https://www.dhcs.ca.gov/</u>provgovpart/Pages/Youth-Services.aspx.

Youth Treatment Guidelines Section V, F, 6-7

- F. Treatment Planning
 - 6. The treatment plan should include goals with realistic objectives and timeframes for completing. These should be mutually agreed upon by the program, the youth, and, whenever possible, his or her family/caregiver.
 - 7. The initial treatment plan should be completed at least within 30 days of admission. Progress in treatment should be regularly monitored and treatment plans modified as needs arise or change during treatment, at various stages of the youth's development and recovery, or at least every six months.

Findings: The County did not provide evidence demonstrating how County and subcontracted providers comply with treatment planning for adolescent/youth clients.

CD 4.2.2:

SABG Application, Enclosure 2, II. General, 16

16. Youth Treatment Guidelines

County must comply with DHCS guidelines in developing and implementing youth treatment programs funded under this Enclosure, until new Youth Treatment Guidelines are established and adopted. Youth Treatment Guidelines are posted online at: <u>https://www.dhcs.ca.gov/provgovpart/Pages/Youth-Services.aspx.</u>

Youth Treatment Guidelines Section V, K

K. Structured Recovery-Related Activities

Intensive outpatient and residential programs should provide or arrange for both therapeutic and diversionary recreation. Therapeutic activities include art therapy, journal writing, and self-help groups. Diversionary recreation activities include sports, games, and supervised outings.

Findings: The County did not provide evidence demonstrating how County and subcontracted providers of intensive outpatient and residential programs arrange for both therapeutic and diversionary recreation for youth in treatment.

CD 4.2.3:

SABG Application, Enclosure 2, II. General, 16

16. Youth Treatment Guidelines

County must comply with DHCS guidelines in developing and implementing youth treatment programs funded under this Enclosure, until new Youth Treatment Guidelines are established and adopted. Youth Treatment Guidelines are posted online at: <u>https://www.dhcs.ca.gov/provgovpart/Pages/Youth-Services.aspx.</u>

Youth Treatment Guidelines Section VIII, E, 1-2

E. Buildings/Grounds

- 1. All residential facilities must be licensed in accordance with applicable state licensing statutes and regulations and remain in compliance with such requirements.
- 2. All facilities should be clean, sanitary, and in good repair at all times for the safety and wellbeing of youth, staff, and visitors.

Findings: The County did not provide evidence demonstrating how County and subcontracted providers ensure facilities are in compliance with licensing and regulations.

Category 5: DATA/CALOMS

A review of data submissions via CalOMS was conducted to ensure compliance with applicable regulations and standards. The following deficiencies in regulations, standards or protocol requirements were identified:

COMPLIANCE DEFICIENCIES:

CD: 5.1.1:

SABG Application, Enclosure 2, III, 2, C-F

- 2. California Outcomes Measurement System for Treatment (CalOMS-Tx) The CalOMS-Tx business rules and requirements are:
 - C. Electronic submission of CalOMS-Tx data shall be submitted by County within 45 days from the end of the last day of the report month.
 - D. County shall comply with data collection and reporting requirements established by the DHCS CalOMS-Tx Data Collection Guide (<u>https://www.dhcs.ca.gov/provgovpart/Pages/CalOMS-Treatment.aspx</u>) and all former Department of Alcohol and Drug Programs Bulletins and DHCS Information Notices relevant to CalOMS Tx data collection.
 - E. County shall submit CalOMS-Tx admission, discharge, annual update, resubmissions of records containing errors or in need of correction, and "provider no activity" report records in an electronic format approved by DHCS.
 - F. County shall comply with the CalOMS-Tx Data Compliance Standards established by DHCS for reporting data content, data quality, data completeness, reporting frequency, reporting deadlines, and reporting method, as identified online at: https://www.dhcs.ca.gov/provgovpart/Pages/CalOMS-Treatment.aspx

Findings: The County's Open Admissions report is not in compliance.

CD: 5.1.2:

- SABG Application, Enclosure 2, III, 2, C-F
- 2. California Outcomes Measurement System for Treatment (CalOMS-Tx) The CalOMS-Tx business rules and requirements are:
 - C. Electronic submission of CalOMS-Tx data shall be submitted by County within 45 days from the end of the last day of the report month.
 - D. County shall comply with data collection and reporting requirements established by the DHCS CalOMS-Tx Data Collection Guide (<u>https://www.dhcs.ca.gov/provgovpart/Pages/CalOMS-</u> <u>Treatment.aspx</u>) and all former Department of Alcohol and Drug Programs Bulletins and DHCS Information Notices relevant to CalOMS Tx data collection.
 - E. County shall submit CalOMS-Tx admission, discharge, annual update, resubmissions of records containing errors or in need of correction, and "provider no activity" report records in an electronic format approved by DHCS.
 - F. County shall comply with the CalOMS-Tx Data Compliance Standards established by DHCS for reporting data content, data quality, data completeness, reporting frequency, reporting deadlines, and reporting method, as identified online at: https://www.dhcs.ca.gov/provgovpart/Pages/CalOMS-Treatment.aspx

Findings: The County's Open Provider report is not in compliance.

CD: 5.1.3:

SABG Application, Enclosure 2, III, 5, A-D

- 5. Drug and Alcohol Treatment Access Report (DATAR) The DATAR business rules and requirements are:
 - A. The County shall be responsible for ensuring that the County-operated treatment services and all treatment providers, with whom County makes a contract or otherwise pays for the services, submit a monthly DATAR report in an electronic copy format as provided by DHCS.
 - B. The County shall ensure that treatment providers who reach or exceed 90 percent of their dedicated capacity, report this information to <u>DHCSPerinatal@dhcs.ca.gov</u> within seven days of reaching capacity.
 - C. The County shall ensure that all DATAR reports are submitted by either County-operated treatment services and by each subcontracted treatment provider to DHCS by the 10th of the month following the report activity month.
 - D. The County shall ensure that all applicable providers are enrolled in DHCS'web-based DATARWeb program for submission of data, accessible on theDHCS website when executing the subcontract.

Findings: The County's DATAR report is not in compliance.

Category 6: PROGRAM INTEGRITY

A review of the SABG monitoring, privacy, and program integrity was conducted to ensure compliance with applicable regulations and standards. The following deficiencies in regulations, standards or protocol requirements were identified:

COMPLIANCE DEFICIENCIES:

CD 6.1.2:

SABG Application Enclosure 2, I, 3, A, 1, e

- 1. County's performance under the County Performance Contract and the SABG County Application shall be monitored by DHCS during the term of the County Performance Contract. Monitoring criteria shall include, but not be limited to:
 - e. Whether the County conducted annual onsite monitoring reviews of services and subcontracted services for programmatic and fiscal requirements. County shall submit copy of its monitoring and audit reports to DHCS within two weeks of issuance. Reports shall be sent via a Secure Managed File Transfer system specified by DHCS.

Findings: The County did provide evidence demonstrating it conducted onsite monitoring reviews of each County managed program providing SABG funded services.

- The County monitored one (1) of one (1) SABG funded programs. It did not provide evidence that the audit report was submitted to DHCS.
- The County submitted zero (0) of one (1) annual monitoring report secure and encrypted to DHCS.
- The County submitted zero (0) of one (1) annual monitoring report within two weeks of completion to DHCS.

CD 6.2.1:

SABG Application Enclosure 2, II, 19, L

L. Confidentiality of Alcohol and Drug Abuse Patient Records (42 CFR Part 2, Subparts A – E).

SABG Application, Enclosure 2, II, 23

23. Subcontract Provisions

County shall include all of the foregoing provisions in all of its subcontracts.

Findings: The County did not provide evidence demonstrating all of the foregoing SABG Application, Enclosure 2, Section II general provisions are included in all executed subcontracts, specifically the Confidentiality of Substance Use Disorder Patient Records under 42 CFR Part 2, Subparts A-E.

Category 7: FISCAL

A review of the SABG fiscal services was conducted to ensure compliance with applicable regulations and standards. The following deficiency in regulations, standards or protocol requirements was identified:

COMPLIANCE DEFICIENCY:

CD 7.1.1:

SABG Application, Enclosure 2, I, 2, A

A. Restrictions on Salaries

County agrees that no part of any federal funds provided under this Contract shall be used by the County or its subcontractors to pay the salary and wages of an individual at a rate in excess of Level II of the Executive Schedule, as found online at: <u>http://grants.nih.gov/</u> <u>grants/policy/salcap_summary.htm</u>

Findings: The County did not provide evidence demonstrating verification that SABG funds are not used to pay an individual's salary in excess of Level II of the Executive Schedule.

TECHNICAL ASSISTANCE

The County did not make any requests for technical assistance.