



### ATTACHMENT 1: SMHS ASSESSMENT DOMAIN DESCRIPTIONS

Each of the 7 domains identified in the first column are required components of the SMHS assessment, which shall be documented in the SMHS assessment and kept in the beneficiary’s medical record. The assessment shall be completed within a reasonable time and in accordance with generally accepted standards of practice.

Descriptions for each domain are set forth in the second column. The descriptions included in the second column provide guidance for addressing each respective domain and are not a prescriptive or required list of elements.

For beneficiaries under the age of 21, the Child and Adolescent Needs and Strengths (CANS) assessment tool may be used to help inform the assessment domains requirements.

Domain	Description
<p><b>Domain 1 requirements:</b></p> <ul style="list-style-type: none"> <li>• <b>Presenting Problem(s)</b></li> <li>• <b>Current Mental Status</b></li> <li>• <b>History of Presenting Problem(s)</b></li> <li>• <b>Beneficiary-Identified Impairment(s)</b></li> </ul>	<p>Chief complaint:</p> <ul style="list-style-type: none"> <li>• Beneficiary-identified problem(s), history of the presenting problem(s), impact of problem(s) on beneficiary.</li> <li>• Beneficiary’s mental state at the time of the assessment.</li> <li>• Impairment identified by the beneficiary including distress, disability, or dysfunction in an important area of life function.</li> </ul>
<p><b>Domain 2 requirements:</b></p> <ul style="list-style-type: none"> <li>• <b>Trauma</b></li> </ul>	<p>History of trauma or exposure to trauma:</p> <ul style="list-style-type: none"> <li>• Any psychological, emotional response to an event that is deeply distressing or disturbing.</li> <li>• A measure of trauma by a trauma screening tool approved by the DHCS (e.g., Adverse Childhood Experiences screening tools), indicating elevated risk for development of a mental health condition.</li> <li>• Experience with homelessness, juvenile justice involvement, or involvement in the child welfare system.</li> </ul>



Domain	Description
<p><b>Domain 3 requirements:</b></p> <ul style="list-style-type: none"> <li>• <b>Behavioral Health History</b></li> <li>• <b>Comorbidity</b></li> </ul>	<p>Mental Health History:</p> <ul style="list-style-type: none"> <li>• Acute and chronic conditions.</li> <li>• Previous community-based treatment, including providers, therapeutic modality (e.g., medications, therapy, rehabilitative interventions, etc.) and response to interventions.</li> <li>• Inpatient admissions.</li> <li>• Crisis-based admissions.</li> </ul> <p>Substance Use History:</p> <ul style="list-style-type: none"> <li>• Exposure/substance use, including past and present use.</li> <li>• Previous community-based treatment, including providers, therapeutic modality (e.g., medication-assisted treatment, rehabilitative interventions, etc.) and response to interventions.</li> <li>• Inpatient psychiatric admissions. Intoxication/detox/withdrawal management-based admissions.</li> </ul>
<p><b>Domain 4 requirements:</b></p> <ul style="list-style-type: none"> <li>• <b>Medical History</b></li> <li>• <b>Current Medications</b></li> <li>• <b>Comorbidity with Behavioral Health</b></li> </ul>	<p>Medical History:</p> <ul style="list-style-type: none"> <li>• Relevant current or past physical health conditions.</li> <li>• Prenatal and perinatal events, and relevant or significant developmental history.</li> <li>• History of medications, medical treatments, and responses.</li> <li>• Allergies to medications.</li> </ul>
<p><b>Domain 5 requirements:</b></p> <ul style="list-style-type: none"> <li>• <b>Social and Life Circumstances</b></li> <li>• <b>Culture/Religion/Spirituality</b></li> </ul>	<p>Psychosocial factors:</p> <ul style="list-style-type: none"> <li>• Living situation, daily activities, social support, and cultural and linguistic factors.</li> <li>• Legal or justice-involved history.</li> <li>• Family history and current family involvement.</li> <li>• Military history.</li> <li>• Tribal affiliation.</li> <li>• LGBTQ.</li> <li>• BIPOC.</li> </ul>



Domain	Description
<p><b>Domain 6 requirements:</b></p> <ul style="list-style-type: none"> <li>• <b>Strengths, Risk Behaviors, and Safety Factors</b></li> </ul>	<p>Strengths, risk behaviors and safety factors:</p> <ul style="list-style-type: none"> <li>• Strengths in achieving goals, including personal motivation, drive, and interest.</li> <li>• Resilience and coping skills.</li> <li>• Protective factors, including the availability of resources, opportunities, and supports (including support persons), interpersonal relationships, systems (family/community/ professional), activities (routines/ social hobbies/ etc.).</li> <li>• Situations and triggers that may induce risky behaviors.</li> <li>• Suicidal/homicidal ideation.</li> <li>• Safety planning, including an individualized plan that can be self-initiated or initiated by a trusted person (e.g. sponsor).</li> </ul>
<p><b>Domain 7 requirements:</b></p> <ul style="list-style-type: none"> <li>• <b>Clinical Summary and Recommendations</b></li> <li>• <b>Diagnostic Impression</b></li> <li>• <b>Medical Necessity Determination</b></li> <li>• <b>Level of Care/Access Criteria</b></li> </ul>	<p>Clinical impression, including etiology, clinical complexity, and impairments:</p> <ul style="list-style-type: none"> <li>• Predisposing, precipitating, perpetuating and protective factors.</li> <li>• Diagnosis/ICD-code consistent with presenting problems, history, mental status exam and/or other clinical data, including any current medical diagnosis. Capture diagnostic uncertainty (provisional or unspecified).</li> <li>• Service recommendations for the treatment episode.</li> <li>• Level of care determination for DMC and DMC-ODS (i.e., ASAM) and/or for SMHS (Access Criteria for SMHS found in <a href="#">BHIN 21-073</a>).</li> </ul>